

USMS Convention — Jacksonville, Florida 2014

Committee Name: Coaches	Session #:	Report #:
Committee Chair: Scott Bay	Vice Chair: Cokie Lepinski	
Minutes recorded by: Matthew Edde	Date/time of meeting: September 19, 2014	

Actions Requiring Approval by the HOD:

- 1.

Motions Passed:

- 1.

Number of committee members present: 11 **Absent: 6** **Number of other delegates present: 45**

Committee members present (list all, including chair and vice chair): Chair: Scott Bay (Florida), Vice Chair: Cokie Lepinski (Pacific), Ex Officio: Bill Brenner (Florida), E.C. Jody Smith (Oregon), Chris Campbell (Pacific), Brian Cummings (Indiana), Matthew Edde (Northwest), Bob Jennings (Florida), Katherine Longwell (Allegheny), Dustin Poe (Gulf), EX Officio C J Rushman (Kentucky), Heather Howland (Illinois), Kerry O'Brien (Pacific)

Not present: Kimberly Lloyd (New England), Erin Matthews (Maryland) Jillian Wilkins (Florida) Ken Brisbin (Pacific), Marty Hendrick (Gold Coast), Sue Nutty (Nebraska),

Minutes

The meeting was called to order at 8:01 a.m. eastern

1. Chair Welcome – Scott Bay (Florida).
 - 1.1. Introductions of Coaches Committee.
2. 2014 Review – Scott Bay (Florida).
 - 2.1. Role out of Coach's Certification.
 - 2.2. High Performance Camp- 20 campers/4 coaches.
 - 2.3. LMSC Communications-
 - 2.3.1. Phone Reach Outs-Not a lot of success.
 - 2.3.2. Trying to improve communications with coaches chairs of each LMSC.
 - 2.4. Publications- Vamped up, but could always use more articles.
3. 2015 Goals – Scott Bay (Florida).
 - 3.1. Create level 5 in-house.
 - 3.2. Create educational project.
 - 3.2.1. What would you like to see?
 - 3.2.2. Masters National Clinic 2015 – Approved by Finance
 - 3.3. How to engage the fitness swimmer from a coach's perspective?

4. Subcommittee and Task Force Reports

4.1. Certification –

4.1.1. Level 4 certification inaugural class awards presented by Scott Bay (Florida) and Cokie Lepinski (Pacific)

1. Bill Brenner, Sarasota YMCA Sharks (Florida LMSC)
2. Chad Durieux, Rose Bowl Masters (California, Southern Pacific Masters LMSC)
3. Charlotte Brynn, Stowe Masters (workout group of New England Masters, New England LMSC)
4. Cokie Lepinski, Swymnut Masters (California, Pac Masters LMSC)
5. Diane Bartlett, Grand Strand Masters Swimming (South Carolina LMSC)
6. Dick Sidner, Team Noblesville Adult Swim Team, NASTi (Indiana LMSC)
7. Laura Schuster, Mountain View Masters (California, Pac Masters LMSC)
8. Leslie Scott, Greenville Splash YMCA Masters (South Carolina LMSC)
9. MJ Gasik, Team Tri Right (Illinois Masters)
10. Sue Welker, Naperville Waves (Illinois Masters)

4.1.2. Recognition of Selection Committee

4.1.3. Skip Thompson (Wisconsin)- Packet does not have safety training. Requests that it is put into the packet.

4.1.3.1. Cokie Lepinski (Pacific)-

4.1.3.1.1. Acknowledges hardship.

4.1.3.1.2. Coaches Committee will be offering a fillable PDF.

4.1.3.1.3. Coaches Committee will require a single PDF.

4.1.3.1.4. Coaches Committee wants to expand to the process to 4 weeks.

4.1.3.2. Sue Welker (Illinois)- Expressed related concern.

4.1.3.3. Skip Thompson (Wisconsin)- Third-party safety classes are an inconvenience.

4.1.3.4. Scott Bay (Florida)- It is a learning experience and a work in progress.

4.1.3.5. Jody Smith (Oregon)- suggests a FAQ

4.1.3.6. Katherine Longwell (Allegheny)- Is a certified instructor who could travel around for training.

4.1.3.7. Chris Campbell (Pacific)- Point of Data: Asked for raise of hands to indicate use of certified lifeguards at practice and coaches safety at the pool.

4.1.4. Bill Brenner (Florida)- Levels 1-3

4.1.4.1. In 2014 offered levels 1&2 - 23 times, level 3 - 8 times.

4.1.4.2. There is still more opportunities to gain more coaches certifications, and Levels 1-3 will continue through 2015.

4.1.4.3. Coaches' training is a great opportunity to educate others about USMS or educate non-coaches about technique.

4.1.4.4. Tom Moore (Minnesota)- Offered idea of educate swimming USMS 101.

4.1.4.5. Jody Smith (Oregon)- Suggests taking that point to the Fitness Committee.

4.1.4.6. Chris Campbell (Pacific)- Club has developed an intro to masters class, which is one of several that has started around the US.

4.2. International Coaching –

4.2.1. Heather Howland (Illinois)- Worlds at Montreal-

4.2.1.1. There were four coaches.

4.2.1.2. Heard good feed back about the on-deck coaching.

4.2.2. Dean Hawks (Indiana)- 1500 at Worlds.

4.2.3. Scott Bay- Appreciation for the coaches on deck for working hard.

4.2.4. David Morel (Georgia)- Will there be coaches at the Pan Americans in Columbia 2015?

4.2.4.1. Expressed need for coaches.

4.2.5. Jody Smith- Complimented committee for bringing back international coaching.

4.2.5.1. Said David Morel's request will be looked into.

4.3. **Awards** –

4.3.1. Heather Howland (Illinois)- Coach of the Year.

4.3.1.1. There was a push to increase nominations (8 this year).

4.3.2. Kerry O'Brien (Pacific)- Kerry O'Brien award.

4.3.2.1. First year for more nominations than awards.

4.3.3. Scott Bay (Florida)- Recognized past Kerry O'Brien Award winners.

4.4. **Publications** –

4.4.1. Cokie Lepinski (Pacific)- Requests articles for submittals

4.4.2. Chris Campbell (Pacific)- There is a large verity of topics, encouraging others to submit articles.

4.4.3. Dustin Poe (Gulf)- Encouraged finding others to write as well.

4.5. **Communications** – See 2014 Review.

4.6. **High Performance** –

4.6.1. CJ Rushman (Kentucky)- First experience as high performance coach.

4.6.1.1. It was a great experience.

4.6.1.2. 10 Male swimmers/10 Female swimmers.

4.6.2. Sue Welker (Illinois)- Requested a staff of coaches who would return each year.

4.6.3. Cokie Lepinski (Pacific)- The plans were to have 2-year contracts, with 2 returning coaches each year.

4.6.4. Scott Bay (Florida)- Details for 2015 to be launched soon.

4.6.5. Megan Lassen- Suggested scholarships for swimmers to go to High Performance Camp.

4.6.6. Scott Bay (Florida)- Committee will look into making decision process earlier to help improve air travel costs.

4.7. **Web Workouts** –

4.7.1. Coaching Categories

4.7.1.1. High intensity

4.7.1.2. Open Water

4.7.1.3. High Volume

4.7.1.4. Maternity

4.7.1.5. Stroke and IM

4.7.1.6. Basic Training

4.7.1.7. Triathlon

4.7.2. Suggested future categories

4.7.2.1. USRT- Ultra Short Race Training

4.7.2.2. Dryland

4.7.3. Scott Bay (Florida)-Application for next year coaching is estimated to be mid-October.

4.8. **On deck/Convention** –

4.8.1. Scott Bay (Florida)- Recognition of Nationals Coaches.

4.8.1.1. Confirmed continued use of Signup Genius because of its success.

5. **Old Business** - No Old Business

6. **New Business** –

- 6.1. Gale Dummer (Michigan) Expressed concern of recognized coaches not having to be certified coaches
 - 6.1.1. Skip Thompson (Wisconsin)- Suggested that certified coaches should get more recognition.
 - 6.1.2. Scott Bay (Florida)- Recognized Coaches is a policy issue. Agreed certified coaches need to be more recognized.
 - 6.1.3. Bill Brenner (Florida)- Has already made recommendation to IT.
 - 6.1.4. Scott Bay (Florida)- Before, recognized coach could be anyone, but now they are required to pay \$30 for the recognition, which deters those from simply checking a box.
 - 6.1.5. CJ Rushman (Kentucky)- Past IT Liaison- Wanted to make a point of clarity that IT Department has many things on its agenda.
 - 6.1.6. Richard Garza (Gold Coast)- Discussion of the differences between recognized coaches and other members.
 - 6.1.6.1. Bill Brenner (Florida)- Recognized coaches allows sponsors to benefit those specific coaches.

7. **Good of the Order-**

- 7.1. Scott Bay (Florida)- Thanks to Education Services.
- 7.2. Bill Brenner (Florida)- Will continue Coach and Club Services.

The meeting was adjourned at 9:15 am eastern
