Committee Name: Coaches Session #: Report #:

Committee Chair: Scott Bay Vice Chair: Stu Kahn

Minutes recorded by: Cokie Lepinski Date/time of meeting: 7.10.13 8:00 PM Eastern

## **Motions Passed:**

Number of committee members present: 13 Absent: 7 Number of other delegates present:

Committee members present (list all, including chair and vice chair): Scott Bay (Chair), Stu Kahn, (VC), Ken Brisbin, Bill Brenner (Ex Officio) Chris Campbell, Emmett Hines, Bob Jennings, Cokie Lepinski, Erin Matthews, Tom Mester, Executive Committee Jody Smith, CJ Rushman (Associate Member), Jillian Wilkins (Ex Officio)

Not present: Michael Collins, Lisa Dahl, Alben Fisher, Jared Foster, Kristin Gary, Heather Howland, Frank Marcinkowski,

## **Minutes**

The meeting was called to order at 8:02 p.m. eastern

- 1. Level 4 Review. The Committee discussed the Draft Application for Level 4. One area of discussion was the Achievement section, specifically the >5% Traveling Team Participation. So much of this is outside the control of the coach cost, work schedules, family lives, etc. The alternative might be to look at points per person who travel to the event instead of percentage of swimmers. Or, put that segment in the Extra Credit section. Chris will work on ideas and submit to Scott. Cokie shared that, while challenging and time consuming to complete the app, it can definitely be done. She suggests providing more instruction and/or a template for applicants to submit an application that condenses everything into one PDF document. Our goal is to roll this out at Convention. Scott let us know that they are now determining how applications will be scored and who will be scoring them using some of the mock apps that have been submitted.
- 2. Nationals On Deck –Mission Viejo. Erin let us know that there are still open spaces and we need to fill them! You can sign up here: http://www.signupgenius.com/go/70A0E4EADAB2CAA8-mission.
- 3. Convention: Stu reported that we will have a Dryland Exercise program at the same time as one of the morning workouts. They reached out to the Fitness and Sports Medicine Committees and were put in touch with Kathryn Longwell (presenting Dryland in the Masters Track at ASCA World Clinic this year). It will be equipment free and interactive. Frank is trying to line up a Nutritionist to come and also to line up a Yoga / Stretching based workshop.
  - Scott sent us a spreadsheet of assignments for the pool workouts at Convention. Friday is the Fitness oriented pool workout. On that will be Chris Campbell, Bob Jennings and Tom Mester. We'll have a freestyle based workout and a stroke based workout.
- 4. Goals for 2014. Scott asked us to offer ideas up. There was interest in doing some of the other aspects of masters swimming such as race prep; psychology; nutrition; Dryland, etc. Another suggestion centered around networking; a round table; or building a sense of community around coaches.
- 5. Subcommittee and Task Force Reports

International Coaching – Scott let us know that he did submit to budget the Committee's recommendation for the FINA Montreal Worlds coaching staff for "reasonable and customary expenses and modest stipend".

Web Workouts – Stu Kahn – thinks we have a good product but still aren't getting the word out and would like to see better publication of this. Online coaches can have a 2-year stint in the category they are in but can apply to serve another category. Three coaches are finishing up their 2-year terms. Contract year begins Jan 1.

LMSC Communications – Cokie – nothing new to report. Will be sure and add in the Nationals On Deck sign up link to the next communication where we distribute the minutes from our calls.

Certification – covered above. Bill did report that they are beginning to take bookings for 2014.

Awards – Scott - We should have a report at the end of the month from Heather.

High Performance – Cokie – We are in good shape – our presentation materials have been submitted, campers have committed, and we are ready!

Publications – Cokie - we are filled out through the end of the year! New articles are still being accepted as USMS can now have the luxury of picking articles that match a season or particular theme of SL, SLC. ☺

Web Content – Scott, nothing new to report

Triathlon / Open Water – No report

Fitness – No report

- 6. Old Business no report
- 7. **New Business** SwimFest. We gave a historical perspective on how SwimFest has operated and the impact on swimmers, coaches and the organization. We need to bring back educational opportunities for coaches and swimmers. It is an investment in the organization and membership, and is not a revenue generating clinic. Off years when there is not a Worlds. Could you do it around summer Nationals?

Stu Kahn let us know that Frank Marcinkowski's team, Fairfax County Masters, hit 850 swimmers with Fairfax County Masters!

The meeting was adjourned at 8:55 pm eastern