USMS Coaches Committee Meeting Minutes September 24, 1992

Committee Members

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- Present: Don Mehl (Chairman), John Zell, Michael Collins, Bill Tingley, Leslie Ronacher, Gerry Rodrigues, Carl Chittim, Marilyn Early.
- Absent: Dan Wilson, Tori Smith, Judy Bonning, Nancy Brown, Carolyn Kent, Todd Samland.

<u>On-Deck-Coaching:</u> John Zell addressed the issue of "On-Deck-Coaching" and that we need to expand the data base to give us more access to previous, current and future volunteers. We will provide information to Championship Committee and "Swim" magazine regarding this service. This will acquaint competitors with our program and procedures during warm-up at National Competitions.

Lecture Series: Clay Evens discussed the need to increase lecture attendance at Nationals. Several ideas were suggested: distributing fliers (stating subject matter, time and place), posting these fliers in locker rooms and bathrooms, and providing information in meet packets and "SWIM" magazine. Topics for 1993: S.C.Y. Nationals-- "Five Great Workouts with Five Great Coaches." (If interested in being considered as a "Great Coach," submit your workout proposal to Clay Evans. You must be present at the event to explain your workout and its philosophy). L.C.M. Nationals-- "Power & Strength as You Age."

S.C.Y. Nationals lecture will be held day 1 during the 400 I.M. and the L.C.M. Nationals lecture will be held day 1 during the 400 Freestyle.

<u>Coach of the Year:</u> Bill Tingley and Mike Collins are preparing a cover sheet explaining procedures for nominating and submitting names for coach of the year. LMSC's are again encouraged to elect their own coach of the year and to submit those names for national consideration. After this year Bill Tingley is stepping down as Coordinator of this subcommittee and Michael Collins has been appointed. Don Mehl will request that nomination forms be obtained through the national office and Dorothy Donnelly. The Coaches Committee requests the USMS President ask United States Aquatic Sports to include the names of previous USMS Coaches of the Year in the USAS Convention Book each year.

<u>Stroke Drill Manual:</u> Marilyn Early, after years of dedication (and procrastination!), delivered the first addition of the USMS Stroke Drill Manual. With input from many people, 92 drills were compiled into one illustrated edition. Kerry O'Brien, world renowned USMS cartoonist, supplied the artwork which clarifies the drills. To see a copy of the manual contact a member of the Coaches Committee. Methods of publishing and distributing the manual are being explored.

<u>Video Library:</u> Leslie Ronacher gave the Video Library report for Tori Smith who is expecting her first child any minute...well, in November. The response for tapes has been exceptional and we have a dire need for more tapes and copies of those tapes. Also, we are accepting donations of tapes. Video tapes are available to all USMS Members. The fee is \$8.00 per tape (payable to Tori Smith) which includes round-trip postage and insurance. A deposit of \$50.00 (payable to USMS) and a copy of your USMS card is required. There is a two week checkout period and there is a \$2.00 penalty fee every day the tape is overdue. This will be deducted from your deposit.

<u>Report on ASCA:</u> Michael Collins reported a Masters Clinic was given at the last ASCA convention and response was very favorable. Masters coaches are getting more exposure and prestige among the USS coaches. He recommends training and educational standards be implemented, as in ASCA, to further the development of Masters coaching.

<u>Report on MACA:</u> MACA is supporting the education of Masters coaches. They work closely with ASCA in establishing quality programs for swimmers of all ages. MACA is privileged to have a newsletter exchange program, whereby information is interchanged among their members. MACA and USMS coaches are encouraged to submit articles for publication in the MACA newsletter and "SWIM" magazine.

Respectfully Submitted,

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Don Mehl Chairman, Coaches Committee

cc: Carl Chittim

TO: All coaches, meet or event sponsors, directors or supervisors, USMS club presidents, workout supervisors and other club, event or workout personnel

FROM: Thomas N. Tripp 614 475-2233 5420 Clark State Rd., Gahanna, OH 43230-1956 USMS/Ohio Local Master Swim Committee Safety Coordinator

SUBJECT: Pool safety and emergency procedures

DATE: 27 May 1992

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> As all of you are aware, safety and our liability insurance coverage are virtually our most important considerations in operating USMS and each of our local committees and clubs. As a result of some unfortunate experiences in the past our insurers have requested that we talk about safety and emergency procedures with various responsible parties in order to insure as much safety consciousness and emergency preparedness as is possible.

We would like to ask you to identify, within you own club or workout group and for any meets or events sponsored by you, the following information which should then be posted in a conspicuous place at each workout, event, etc., and be made available to workout, meet and pool officials.

1. Where the telephone is located in your regular facility or in any facility which you use on a temporary basis.

2. The emergency numbers to call in case of injury or illness.

3. Who is responsible for and capable of rendering emergency assistance to injured or ill victims.

4. Who is responsible for guarding people in the pool under normal circumstances and who is responsible for guarding in an emergency, if the guard is the person responsible for taking over in an emergency.

5. Who completes the 'Report of Occurrence', USMS form, for ALL incidents, no matter how small, and forwards it to the LMSC safety coordinator or USMS insurance representatives.

Please remember, no one person is responsible for all of these items, but someone should be responsible for each of them. Please also remember, without our insurance coverage, there is no USMS, so it behooves all of us to be certain procedures are followed and emergencies can be handled quickly and competently. Precautions and quick and knowledgeable response can minimize hazards and save lives.

UNITED STATES MASTERS SWIMMING CONVENTION

SEPTEMBER 23 - 27, 1992 MINNAPOLIS, MINNESOTA

COACHEZ COMMITTEE

CHAIRMAN

VOTING MEMBERS PRESENT:

ON MEHL

JOHN ZELL - OREGON, MICHAEL COLLINS - PACIFIC, BILL TINGLEY LES ie Ronacher-Gulf, GERRY KOSRIGUES-SPMA, CARL CHITTIM

RECORDER

CARL CHITTIM

NON-VOTING MEMBERS, VOICE AT OPTION OF THE CHAIRMAN Paul Fortoul - Metrupulitar LMSC NAME PATWIILSON SOUTHEASTERN Carl Phittim Arizona Masters Berle Maryland Martha Vredeveld (for Nancy Brown) Maryland Masters Betry Queus - advoudack Hugh Moore - Partichu Betty & Barry - Diagara Bab Krotee - Del. Valley CRISALLEN-PACIFIC Mark Clark - N. ITXAS RARARTE ZGTNER - CMSA Goupsider NV Suzanne Raque - Metropolity DICK BOWER - SOUTHERN

Please attach a copy of the Minutes of your meeting to this form and return it as soon as possible to Mel Goldstein, USMS Secretary. It must be handed in <u>BEFORE</u> you leave the Convention.

All Committee actions require approval of the House of Delegates. Any such actions <u>MUST</u> be handed to Mel Goldstein <u>PRIOR</u> to the House of Delegates meeting.

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