2020 U.S. Masters Swimming Annual Meeting — Virtual

Committee Name: Adult Learn-to-Swim Programming Committee
Committee Chair: Carrie Stolar
Minutes recorded by: William Kolb
Session #: 1
Vice Chair: Mia Stevens
Date/time of meeting: 8/30/2020 at 8:00 pm EDT

Actions Requiring Approval by the HOD:
1. None.

Motions Passed:
1. MSA to approve June 30 minutes

Number of committee members present: 7
Absent: 0
Number of other delegates present: ?

Committee members present (list all, including chair and vice chair): Carrie Stolar (Chair), Mia Stevens (Vice Chair), William Kolb (Secretary), Lisa Brown, Mike Hamm, Bill Meier, Jeff Waddle

Ex-Officio: Bill Brenner, Jay DeFinis

Minutes
The meeting was called to order at 8:00pm EDT.

1. Old Business — Carrie Stolar moved to accept the minutes from the June 30 meeting. Mike Hamm seconded. No discussion. All aye. The motion carries and the June 30 meeting minutes were approved.

2. Discussions and Projects Since Last Convention — Carrie introduced herself and the committee members and recapped the year of work the committee has completed. Due to the COVID-19 pandemic, much of the committee’s work has changed drastically compared to their goals. Work accomplished includes: working with the LMSC Development Committee to hold a series of peer-to-peer Zoom calls about ALTS programming and seeking to establish an ALTS chair in each LMSC.

To date, two peer-to-peer calls have been held and were received well by the ALTS and USMS communities. First, a panel discussion was held featuring Bill Meier, Lisa Brown, William Kolb, Mike Hamm and Morton Latimore to address reopening ALTS programs or modifying ALTS programming during the COVID-19 pandemic. Then, Jeff Waddle and William Kolb gave presentations about the business end of running their for-profit and nonprofit ALTS programs respectively.

Committee members have been working diligently to investigate whether or not an ALTS chair exists in every LMSC. Individuals who are interested are encouraged to reach out to the committee chair and their LMSC chair. The ALTS programming committee will be releasing a recommended description and list of duties for this position.

3. Approval of June 30 meeting minutes: Complete scheduling of peer-to-peer calls: — The group discussed details about the scheduling of upcoming peer-to-peer ALTS calls in further detail. The schedule developed at the committee’s last meeting is below:
   - Thursday, January 28, 2021 at 8:09 p.m. eastern — a presentation regarding the 2021
SSLF grant opportunity followed by a panel Q&A with members of the committee who have received grants in past

- **February 25, 2021 at 8:00 p.m. eastern** — Teaching Nontraditional Students (Dominic Latella) and Teaching From Your Heart (Morton Latimore)
- **Thursday, March 25 at 8:00 p.m. eastern** — Selling ALTS to Aquatics Directors (Lisa Brown) and How to Have Fun Teaching ALTS (Mike Hamm)
- **Thursday, April 29 at 8:00 p.m. eastern** — ALTS Instructor Work/Life Balance (Megan Lassen) and Holding on to ALTS Graduates (Bill Meier)

Commentary from non-committee members led to the following list of suggested topics to include in future presentations, communications or related resources:
- teaching ALTS to deaf/hard of hearing students
- reaching students from non-English speaking communities
- transitioning ALTS graduates into a pre-Masters program
- reaching multiple generations of students (family programming)

### 4. SWIMMING SAVES LIVES FOUNDATION

Bill Brenner and Jay DeFinis gave brief details on the plans for the 2021 SSLF grant cycle. Jay made committee and audience members aware of an ongoing fundraiser to support the foundation and its COVID-19 relief efforts. Bill announced that everyone should plan to see announcements about the 2021 SSLF grant window in the coming weeks. The grant cycle will likely begin in April 2021.

### 5. COMMUNITY BUILDING/OPEN FLOOR

William recommended the committee allow audience members to introduce themselves, share why they are attending the meeting, and ask any questions of the committee. Questions were answered about:
- the location of ALTS marketing materials on the USMS website
- the location of recorded peer-to-peer calls for later review

Based on conversation, the following suggestions were made and will be considered by the committee in future meetings:
- establishment of a more cohesive ALTS guide to operations for certified instructors, program coordinators and grant recipients
- more marketing/outreach materials and instructions
- detailed written logistics on how to run a large group program using “lead” instructors and “supporting” in-water instructors
- information and best practices about scheduling ALTS programming — for students and volunteers
- information and best practices on training volunteers en mas

### 6. ADJOURNMENT

Carrie Stolar motioned to adjourn the meeting. Mike Hamm seconded. All aye. The meeting was adjourned. at 8:59 p.m. EDT

The meeting was adjourned at 8:59 pm EDT