Announcements

CERTIFICATION TABLE HOURS

Wednesday 8am to 5pm & Thursday 7:00am – 7:45am <u>Muehlebach Pre-function Area</u> Thursday afternoon thru Saturday

Back of HOD or come find Debbie

MEET & GREETS

DELEGATE ORIENTATION Thursday 9:15am – 9:45am Imperial Ballroom

NEW DELEGATE LUNCHEON

Friday 11:45am – 1:00 pm <u>**Pizza Bar**</u> (7 minute walk) More Details available at the Delegate Orientation

MEET THE CANDIDATES FORUM

Thursday 12:30pm – 1:30pm – <u>Imperial Ballroom</u> Meet the candidates running for USMS Officer Positions

USMS HOSPITALITY SUITE

The Missouri Valley LMSC has graciously agreed to staff the USMS Hospitality Suite. The suite will be open beginning Wednesday evening thru Sunday morning. Come socialize with other USMS volunteers in **Room 2122**

"ROUND TABLE" LUNCH

Saturday 12:00pm - 1:00pm - Basie A&A1, B&B1.

Enjoy your lunch while networking with your peers who do the same job as you do in the LMSC.

This will be an informal session where like officers will group together and discuss their positions and responsibilities. We hope to see lots of you there!

WORKOUTS

Thursday, Friday & Saturday morning 6:00am - 7:00am

SWIM <u>Central High School Pool</u> Bus pick up at 5:30 AM (PROMPTLY!) Central Street (East side of Marriott Tower building)

> DRYLAND Eisenhower (Salon 6)

EVENING ACTIVITIES

WELCOME RECEPTION Wednesday 7:00pm - 9:00 pm

This theme for this year's welcome reception is "Jazz". This will take place in the <u>Exhibitor Area</u> with cash bar and hors d'oeuvres.

> LMSC SOCIAL – Jack Stack BBQ Hosted by the Missouri Valley LMSC <u>At the Barney Allis Plaza</u> Thursday 7:30pm - 10:00pm

> > IMSHOF INDUCTION

Friday 6:00pm – 8:30pm 6:00-6:45 pm – Reception (cash bar) 6:45-8:45 pm – Induction Ceremony **Basie A&A1**

All USMS delegates are invited (complimentary tickets) to attend the induction of US Masters Swimmers Jack Groselle, David Radcliff & Nancy Ridout

> USAS BANQUET Saturday 7:00pm Imperial Ballroom

Each USAS organization will present their annual awards. USMS presents the **Coach of the Year** Award and the **Ransom Arthur** Award.

HOSPITALITY SUITE HOURS - Room 2122

Wednesday 4:00pm – 6:00pm & 8:30pm – 11:00pm

Thursday 7:00am – 8:00am & 10:00am – 12:15pm 1:45pm – 4:00pm & 9:00pm – 11:00pm

Friday 7:00am – 9:30am & 11:45am – 1:00pm 8:00pm – 11:00pm

> **Saturday** 7:00am – 9:00am 12:00pm – 1:00pm 9:30 pm – 1:00am

Sunday 7:00am – 9:00 am

Announcements **ORIENTATIONS**

COMMITTEE CHAIRS Wednesday 6:30pm – 7:00 pm – <u>Colonial Ballroom</u>

If you are a committee chair, Chris Colburn, USMS Secretary, will provide a Committee Chair Orientation on Wednesday pm. This is where you'll pick up your folder. Chris will explain the procedure for producing minutes and also for getting reimbursement. Zone Chairs should also attend this orientation, since they too will be chairing a meeting. Chris will be sending an email with the forms for you to print out or download to you laptop prior to convention.

DELEGATE Thursday 9:15 – 9:45 am - <u>Imperial Ballroom</u>

Chris Stevenson, VP of Local Operations will provide a "USAS Convention Orientation" at the first House of Delegates (HOD) on Thursday. Chris will introduce several members of the USMS leadership and review valuable information to improve your convention experience.

NEW BOARD MEMBER – USMS GOVERNANCE/LEADERSHIP PRESENTATION Friday 1:00pm – 2:00 pm – <u>Nixon (Salon 5)</u>

Dr. Jim Miller, USMS Past President will provide a "New Board Member Orientation" to new members of the USMS Board on Friday. This orientation includes information on your responsibilities as a member of the USMS Board of Directors. This meeting is also open to those who are interested in serving as an officer in the future.

EDUCATION

ADULT LEARN TO SWIM INSTRUCTOR AND COACH CERTIFICATIONS

USMS is hosting the following educational opportunities on Wednesday, September 30, 2014 Courtyard Kansas City at Briarcliff – 4000 North Mulberry Dr, Kansas City, MO 64116

USMS Adult Learn to Swim Instructor Certification

Adult learn-to-swim Instructor Certification

USMS Coach Certification

Levels 1 & 2 Coach Certification Level 3 Coach Certification

For registration and more details please click the links above.

LMSC WORKSHOPS

Media – Laura Hamel

Friday 9:30am – 10:30am – <u>Bennie Moten A&B</u>

Ever wonder what goes on behind the scenes of USMS publications? How articles get chosen for *SWIMMER* magazine? How to get an announcement into an issue of *STREAMLINES*? Do you have great story ideas and want to know how to share them? Or how about a suggestion on how communications can be improved in your LMSC? Do you have a communications plan when you're trying to obtain local press coverage for your event? What about social media – is your club struggling with how to best use it to promote your team locally and nationally through USMS's social media channels? Bring your questions and join USMS Communications and Publications Director Laura Hamel for an overview of USMS publications and communications.

Governance and Leadership – Ed Tsuzuki & Patty Miller Friday 1:00pm – 2:00pm – Truman B

How does your LMSC fit into the aquatics world? Do you serve on the board of a non –profit organization? If so, what are your duties and responsibilities? Can a non-profit make a profit? Learn the answers to these questions and improve your leadership effectiveness by learning more about LMSC governance in this session. This workshop was first presented at the 2015 LMSC Leadership Summit and is back by popular demand!

Announcements

Recruiting and Managing Volunteers for Competitions and Leadership- Susan Ehringer

Friday 1:00pm – 2:00 – <u>Colonial Ballroom</u>

In this workshop we'll relate national statistics on volunteering to the USMS Masters Swimming population and identify key steps in developing a volunteer program that helps you discover ways to recruit volunteers for boards and meets.

Why Do We Swim - Paige Buehler

Friday 1:00pm - 2:00pm - Lido

Join us for a frank and introspective discussion on why people join U.S. Masters Swimming. Share the inspiration to better speak to and serve your LMSC's membership. This session was developed for the 2015 Leadership Summit and modified for the broader convention audience.

Staff Speed Dating – Dan Cox

Saturday 10:30am - 11:30am - Basie A&A1, B&B1

Simple, easy and fun ways to learn more about what your USMS national office staff does for you!

Program Developer Program – Bill Brenner

Saturday 11:30am - 12:00pm - Basie A&A1, B&B1

Are you passionate about swimming and the benefits Masters Swimming provides? Are you looking for an exciting and meaningful volunteer opportunity supporting your LMSC? Bill Brenner, USMS Education Director, will give a brief overview of this free inclassroom seminar for volunteers interested in learning how to support the clubs, workout groups, coaches and instructors in your LMSC.

*Free Lunch Money give away for a few lucky people who stay to hear this presentation

Sports Medicine Presentation – The Benefits of Creating a Positive and Supportive Environment in Physical Activity Settings Friday 2:15pm – 3:15pm – <u>Imperial Ballroom</u>

Dr. Mary Fry, an associate professor in sport and exercise psychology and the Director of the **KU** Sport and Exercise Psychology Lab will be presenting her research on **The Benefits of creating a positive and supportive environment in physical activity settings**. She and her students conduct a lot of research examining the benefits of participants being in caring environments where the focus is on individuals feeling good when they give their best effort, see improvement, and cooperate with others.

Open Water Workshop – NAVIGATING OPEN WATER SANCTIONING AND SAFETY PLANNING Friday 8:00am – 9:00am – <u>Imperial Ballroom</u>

Whether you have put on a swim before or are interested in learning how, this workshop will guide participants through the open water swim sanctioning and safety planning process. Come learn how to apply for a sanction, select a swim venue, develop entry information, staff your event, making a safety plan and more.



Are you a Swimming Saves Lives Foundation Donor?

Any House of Delegate Member who contributed to the Swimming Saves Lives Foundation during the 2015 registration year will receive an acknowledgement button at convention registration. Contributions can be made online at <u>www.usms.org/giving</u>