Announcements

CERTIFICATION TABLE HOURS

Wednesday 8am to 5pm – <u>Exhibitor Area</u> Thursday 7:00-7:30 am – <u>Exhibitor Area</u> Thursday 7:30-10:00am – Grand A (HOD Room) Thursday afternoon – Saturday – come find Debbie

MEET & GREETS

NEW DELEGATE ORIENTATION Thursday 7:30an – 8:00am

Grand A

LUNCH WITH NEW DELEGATES

Friday 1:15pm – 2:15 pm Details will be available at the Delegate Orientation

MEET THE CANDIDATES FORUM

Thursday 9:15am – 10:00 am – <u>Grand A</u> Meet the candidates running for USMS Officer Positions

USMS HOSPITALITY SUITE

The Long Beach Grunions have graciously agreed to run the USMS Hospitality Suite for us. The suite will be open beginning Wednesday evening. Breakfast – Thur thru Sun, Lunch Thur thru Sat, Evenings snacks and beverages (non-alcoholic). Come socialize with other USMS volunteers!

FITNESS BROWN BAG LUNCH

Attention Fitness Chairs and anyone interested in Fitness! Join other swimmers interested in Fitness activities for a Brown Bag Lunch on **Saturday in <u>Salon</u>** <u>I</u>. This will be an informal session sponsored by the Fitness Education Committee. The majority of our members swim for Fitness and we hope to spark some new ideas for all of you to take back to your clubs and workout groups. Bring your lunch and plan to share ideas, or learn new ideas, on what the LMSC's are doing for fitness swimmers. We hope to see lots of you there!

HYATT HOTEL & MEETING ROOM LAYOUT

Here is the link if you want to map out where your meetings will be taking place <u>http://orangecounty.hyatt.com/content/dam/PropertyWe bsites/regency/alica/Documents/all/ALICA_HR_OC_F P.pdf</u>

EVENING ACTIVITIES

WELCOME RECEPTION Wednesday 7:00pm - 9:00 pm

This welcome reception is hosted by Risk Management, our insurance broker. This will take place in the <u>Exhibitor Area</u> with cash bar and hors d'oeuvres.

> LMSC SOCIAL - In-N-Out Burger Hosted by the Southern Pacific LMSC Thursday 7:30pm - 10:00pm

The In-N-Out Burger Bus will be parked in the "self" parking lot just outside the back door. Burgers for everyone!!!

IMSHOF INDUCTION

Friday 6:00pm – 8:15pm 6:00-6:45 pm – Reception (cash bar) <u>North Tower Garden</u> 6:45-8:15 pm – Induction Ceremony <u>Garden III</u>

All USMS delegates are invited (complimentary tickets) to attend the induction of US Masters Swimmers Edward Cazalet and Ted Haartz

USAS BANQUET

Saturday 7:00pm Grand Ballroom

Each USAS organization will present their annual awards. USMS presents the **Coach of the Year** Award and the **Ransom Arthur** Award.

WORKOUTS

Thursday, Friday & Saturday morning 6:00am - 7:00am

SWIM

Janet Evans Aquatic Center – Fullerton Bus pick up at 5:30 AM (PROMPTLY!) outside the door to the self-parking lot

> DRYLAND <u>Harbor</u>

CONVENTION EVALUATION & FEEDBACK SESSION Sunday 9:00am - 10:00am - <u>TBA</u>

Discussion with USMS Leadership - what when well and/or not so well and suggestions to make our annual convention better!

Announcements

ORIENTATIONS

COMMITTEE CHAIRS

Wednesday 4:00 – 5:00 pm <u>Salon IV</u>

If you are a committee chair, CJ Rushman, USMS Secretary, will provide a Committee Chair Orientation on Wednesday Thursday am. This is where you'll pick up your folder. CJ will explain the procedure for producing minutes and also for getting reimbursement. Zone Chairs should also attend this orientation, since they too will be chairing a meeting. CJ will be sending an email with the forms for you to print out or download to you laptop prior to convention.

DELEGATE

Thursday 7:30 – 8:00 am Grand A

Ed Tsuzuki, VP of Local Operations will provide a "USAS Convention Orientation" at the first House of Delegates (HOD) on Thursday. Ed will introduce several members of the USMS leadership and review valuable information to improve your convention experience.

NEW BOARD MEMBER

Friday 1:00pm – 2:00 pm Grand A

Dr. Jim Miller, USMS Past President will provide a "New Board Member Orientation" to new members of the USMS Board on Friday. This orientation includes information on your responsibilities as a member of the USMS Board of Directors. This meeting is also open to those who are interested in serving as an officer in the future.

EDUCATION

COACHES CERTIFICATION

The USMS Coaches Committee and Club and Coach Services have developed three levels of Masters coach certification in partnership with the American Swimming Coaches Association. Full details with course outlines and on how Masters coach certification works are available at http://www.usms.org/content/coachcert.

Wednesday September 11th Hyatt Regency Orange County

Level 1 Certification 8:00am – 12:00pm – <u>Terrace ABC</u> Level 2 Certification 1:00pm – 5:00pm – <u>Terrace ABC</u> Level 3 Certification 9:00am – 3:00pm – <u>Terrace DEF</u>

Online registration only. Registration closes at midnight pacific time on September 10, 2013 or when the course enrollment fills - Level 1&2 (40), Level 3 (30). Fees: \$170 for Levels 1 and 2 Certification. \$95 for Level 1 or Level 2 only. \$225 for Level 3 Course.

Registration Online: http://www.usms.org/content/coachcertsched

For more information contact Bill Brenner bill.brenner@usms.org

INSURANCE PRESENTATION – What's Covered and What's Not.

Friday 10:45-11:30 am – <u>Grand A</u> Our Insurance Broker will present an overview of the USMS insurance coverage and answer any questions you may have.

LMSC LEADERSHIP SUMMIT – Swimmers Serving As Organizational Leaders: Meeting the Challenge – Betty Stallings

Saturday 9:45am - 1:00pm - Grand A

The LMSC Development Committee invites you to join international author/speaker Betty Stallings, an expert in leadership and volunteer engagement, in a highly interactive and humorous session dealing with practical solutions to recruiting all generations to become leaders in USMS and building the commitment and competency of volunteer leaders already involved. Plan to attend this unopposed workshop and receive links *available only to USMS participants* to resources and training modules to bring Betty's information back to your local level.

LMSC WORKSHOPS

#1 Marketing Resources – Kyle Deery, USMS Marketing Coordinator

Friday 9:30am - 10:30am - Barcelona

Join USMS Marketing Coordinator Kyle Deery to learn how your local swimming group and LMSC can more effectively use USMS' resources to engage more swimmers and form new relationships.

#2 Logical Strategies for Working With Your Aquatic Facility – Jim Wheeler

Friday 9:30am - 10:30am - Seville

Feel like your Masters program always gets the short end of the stick on pool schedules and support? Jim Wheeler will walk you through management hierarchies, health statistics and the Power of the Taxpayer to develop messages you can take to conversations with your local pool managers that have win-win results.

#3 Swim in My Lane – Bill Brenner, USMS Club and Coach Services Director

Friday 4:30pm - 5:00pm - Barcelona

Learn how to tie the USMS mission, values and goals into growth for your program. Bill Brenner, USMS Club & Coach Services, explores the traits of a successful adult swim program as well as the challenges. As a group we will identify why we swim, swim as part of a Masters program and continue to swim and how that factors into membership recruiting and retention.

#4 Streamlining a Dual-sanctioned Meet – Leo Letendre

Friday 4:30pm - 5:00pm - Seville

Registration Committee Chair Leo Letendre will guide participants through the dual-sanction process and highlight procedures that help bridge the gap between Masters and age-group swimming. LMSC volunteers will learn how to mentor event directors in choosing a dual-sanction format that best meets their audience of swimmers.

SPORTS MEDICINE PRESENTATION

Thursday 6:00pm - 7:00pm - Grand A

Sally Guthrie, Jim Miller, MD and Steve Munatones will give a panel presentation with plenty of time for questions. They will discuss health and medical issues that can arise during open water swimming, both training and competition, how to avoid them and how to deal with them.

OPEN WATER SAFETY DIRECTORS CLINIC - Part 1: Pre-Event Planning

Thursday 12:30pm - 2:30pm - Grand A

Friday 4:30pm - 5:30pm - Grand A

The Open Water Committee-sponsored Safety Directors clinics are an extension of the presentations made by Jim Wheeler in the past three years (see May 5, 2013 Safety Webinar video on the USMS Guide to Operations). The clinics will provide details and "how to" information for implementing the USMS Safety Guidelines. Clinic goals include developing safety directors who are able to run safe events, act as safety monitors for events at all levels and mentor/train other safety directors.