### Announcements

#### CERTIFICATION TABLE HOURS

Wednesday 8am to 5pm – <u>Exhibitor Area</u> Thursday 8:00-9:00 am – <u>Exhibitor Area</u> Thursday afternoon – Saturday – come find Debbie

# **MEET & GREETS**

## MEET WITH THE PRESIDENT

 $\label{eq:cardinal} Thursday \ 11:45am-1:00pm-\underline{Cardinal}$  Meet and greet the President. No swimsuits required

### LUNCH WITH NEW DELEGATES

Thursday 1:15pm – 2:15 pm Details will be available at the Delegate Orientation

#### MEET THE CANDIDATES FORUM

Friday 8:00am – 9:00 am - <u>Guilford G</u>
Meet the candidates running for
USMS At Large Board of Directors Positions

### USMS HOSPITALITY SUITE

Snacks and beverages will be provided in the USMS Hospitality Suite throughout the convention. There will be breakfast and lunch items, so if you're pressed for time, or just don't want to spend money for these meals and want to socialize with other USMS volunteers, try the hospitality suite!

## **PRESENTATIONS**

### SPORTS MEDICINE

Thursday 6:30pm – 7:15pm Gilford G

#### COACHES

During the Saturday 11:30am – 12:30pm workout at the <u>Greensboro Aquatic Center</u>

Members of the Coaches Committee & the High Performance Camp will be providing mini-clinics for the four strokes.

# FITNESS BROWN BAG LUNCH

Attention Fitness Chairs and Anyone interested in Fitness! Join other swimmers interested in Fitness activities for a Brown Bag Lunch on **Saturday** (location to be announced). This will be an informal session sponsored by the Fitness Education Committee. The majority of our members swim for Fitness and we hope to spark some new ideas for all of you to take back to your clubs and workout groups. Bring your lunch and plan to share ideas, or learn new ideas, on what the LMSC's are doing for fitness swimmers.

We hope to see lots of you there!

# **EVENING ACTIVITIES**

#### INSURANCE RECEPTION

Wednesday 7:00pm - 9:00 pm Club Fifth Season

This welcome reception is hosted by Risk Management, our insurance broker. This will take place on the at the hotel night club and there will be a cash bar and hors d'oeuvres.

### LMSC SOCIAL

North Carolina Barbeque Thursday 7:30pm - 10:00pm USMS Hospitality Suite

### **IMSHOF INDUCTION**

Friday 6:00pm – 8:30pm
All USMS delegates are invited (complimentary tickets) to attend the induction of US Masters swimmers
Carolyn Boak, Mel Goldstein, Tim Birnie & Paul Krup.

6:00-7:00 pm – Reception (cash bar) <u>Victoria A</u> 7:15-8:30 pm – Induction Ceremony <u>Blue Ashe</u>

### **USAS BANQUET**

Saturday 7:00pm Guilford Ballroom

The food is usually pretty good and everyone dresses up, so men, bring a suit, and ladies, bring something dressy.

Each USAS organization will present their annual awards. USMS presents the **Coach of the Year** Award and the **Ransom Arthur** Award.

Groups of people can reserve banquet tables. If your LMSC or some other group of people doesn't reserve a table, don't worry. Just sit at any open seat.

### **SWIM WORKOUTS**

Thursday & Friday morning and Saturday 11:30am - 12:30pm – Greensboro Aquatic Center
Bus pick-up is 5:40 AM (PROMPTLY!) on Thursday & Friday mornings and at 11:10 AM (PROMPTLY!!) on Saturday from Entry Door "F.

## FITNESS SWIM WORKOUT

Attend the Fitness Swim during the Friday morning workout and be pleasantly <u>surprised</u>.

You too can BE FABULOUS!!
The Fitness Swim Workout is sponsored by the Fitness

Education Committee in conjunction with the Coaches
Committee - Coaches Chris Campbell & Tom Mester.
COME BE SURPRISED.

### Announcements

## **ORIENTATIONS**

#### **COMMITTEE CHAIRS**

Wednesday 5:30 – 6:30 pm Pinehurst

If you are a committee chair, CJ Rushman, USMS Secretary, will provide a Committee Chair Orientation on Wednesday. This is where you'll pick up your folder. CJ will explain the procedure for producing minutes and also for getting reimbursement. Zone Chairs should also attend this orientation, since they too will be chairing a meeting. CJ will be sending an email with the forms for you to print out or download to you laptop prior to convention.

#### **DELEGATE**

Thursday 9:15 am Guilford G

Ed Tsuzuki, VP of Local Operations will provide a "USAS Convention Orientation" at the first House of Delegates (HOD) on Thursday. Ed will introduce several members of the USMS leadership and review valuable information to improve your convention experience.

### NEW BOARD MEMBER

Friday 12:00pm – 1:30 pm Arrowhead

Dr. Jim Miller, USMS Past President will provide a "New Board Member Orientation" to new members of the USMS Board on Friday. This orientation includes information on your responsibilities as a member of the USMS Board of Directors. This meeting is also open to those who are interested in serving as an officer in the future.

# **EDUCATION**

### **COACHES CERTIFICATION**

Wednesday September 12<sup>th</sup>

Greensboro Marriott Downtown, Greensboro, NC (one day before the USAS convention)

Level 1 and 2 certification (9am - 5pm), or Level 3 certification (9am - 4pm; Level 2 a prerequisite). Online registration only. Registration closes at midnight pacific time on September 11, 2012 or when the course enrollment reaches 40.

Level 1&2 <a href="https://www.clubassistant.com/club/clinics/reserve.cfm?c=1758&cid=54466">https://www.clubassistant.com/club/clinics/reserve.cfm?c=1758&cid=54468</a> Level 3 <a href="https://www.clubassistant.com/club/clinics/reserve.cfm?c=1758&cid=54468">https://www.clubassistant.com/club/clinics/reserve.cfm?c=1758&cid=54468</a>

For more information contact Bill Brenner bill.brenner@usms.org

## INSURANCE PRESENTATION

Thursday 10:45-11:30 am - Guilford G

Sandi Blumit our Insurance Broker with Risk Management Services will present an overview of the USMS insurance coverage and answer any questions you may have.

# NATIONAL OFFICE SOFTWARE TUTORIALS

Registration, On Line Sanctions, Meet Results & Top 10  $\,$ 

Thursday 11:45am - 12:45pm, 2:30pm - 3:30pm, 4:00pm - 5:00 pm - Pinehurst

These one-on-one tutorials are designed for volunteers who use our software to perform their volunteer roles. Need help uploading meet results? Can't figure out how to create a membership report? Trying to approve a sanction request? Stop by at your convenience and get your questions answered by Webmaster Jim Matysek, Web Developer Luke Shaheen, Membership Director Anna Lea Matysek and Julie Austin from Club Assistant.

# Announcements

## LMSC WORKSHOPS

### **#1 Effective Meetings in the Virtual World**

# Friday 10:30am - 11:30am - Sandpiper

This workshop will cover effective meeting techniques such as adapting Roberts Rules of Order for teleconferencing and the importance of the agenda and the role of the facilitator. Then we'll demonstrate some web-based virtual meeting tools including free teleconferencing, survey and voting tools, and scheduling tools to find optimal meeting times.

## #2 Managing Member/Volunteer Dynamics in your LMSC

## Friday 10:30am - 11:30am - Tanglewood

How to prevent differences from becoming conflicts and how to deal with these situations. What to do when differences need official LMSC/USMS intervention.

#### **#3 Practice Safe Swimming**

### Friday 10:30am - 11:30am - Pinehurst

Come and join the discussion on safer swimming. This highly interactive session will focus on participant safety concerns as well as real life past incident data to explore safety vulnerabilities and to come up with practical solutions to these potential problems. Participants are encouraged to bring their safety issues, ideas and questions for group discussion and problem solving.

## #4 Investing in LMSC Infrastructure, Volunteers, Programs & Services

### Friday 12:15pm - 1:15pm - Sandpiper

Begin with a brief overview of how to analyze your financial statements to determine if your LMSC has adequate reserves. Then get ideas for how to maximize the impact of any "extra" assets to temporarily fill volunteer deficits and invest in member services and programs. Bring your own ideas to share, too!

### **#5 Partnering with USA Swimming**

## Friday 12:15 – 1:15pm - Tanglewood

The focus of this workshop will be developing a relationship between LMSCs, USA Swimming clubs and Local Swim Committees (LSCs). Presentation to include overview of the swim meet dual sanctioning process, how LMSCs can better help meet hosts understand dual sanction format trade-offs, and ideas for pooling and sharing resources to keep athletes "Swimming for Life" in their transition from USA Swimming to USMS.

## #6 USMS & LMSC Web Site Design Best Practices

# Friday 12:15pm - 1:15pm - Pinehurst

This interactive workshop will first review key elements and best practices of website design and content and see how the presentation and major features of NGB websites like usms.org, usaswimming.org, usatriathlon.org, usasynchro.org uses them. Then we'll critique LMSC and/or club websites, submitted by attendees in advance, to see how they could better apply the concepts presented initially. If you would like to submit your LMSC's website as a candidate, please send the URL to webmaster@usms.org.

#### LMSC OFFICERS - LMSC STANDARDS

### **Saturday 10:00-11:00am – Guilford G**

Breakout groups to learn how "Brainwriting" can help us all generate and receive potential solutions to the things that plague us in our volunteer jobs. We'll finish the workshop with a brief overview of the LMSC Standards survey process, an overview of the results and some time for questions and answers.

#### ARE YOU BRINGING A LAP TOP?

There will be external power supply in the HOD but we will not know the amount of "convenient" outlets.

Please bring an extension cord to make sure you can "plug in".

#### WILL YOU NEED TO RENT A CAR?

USAS has a reservation/registration number with Hertz Our number is:CV#02RH007

