



U.S. MASTERS SWIMMING

Capt. Ransom J. Arthur M.D. Award

Deadline: March 15

The Capt. Ransom J. Arthur M.D. Award is U.S. Masters Swimming's most prestigious award. It is presented annually to the USMS volunteer who, over an extended period of time, has served USMS in multiple ways and inspired others to meet the goals and objectives of Masters Swimming.

USMS Goals and Objectives

- To encourage and promote improved physical fitness and health in adults
- To offer adults the opportunity to participate in a lifelong fitness and/or competitive swimming program
- To encourage organizations and communities to establish and sponsor Masters swimming programs
- To enhance fellowship and camaraderie among Masters swimmers
- To stimulate research in the sociology, psychology, and physiology of Masters swimming

Nominee Instructions

The official Nomination Form is available on the USMS web site at <http://www.usms.org/admin/awards>. Complete the form following the exact format and order of information as shown. Please do not extend the form to write lengthy explanations. Be brief and provide only what is asked for in the nomination form. Forms using a different format will be returned.

In addition to the nomination form, submit a one-page Letter of Endorsement, detailing the positive impact of the nominee's contributions to USMS. Provide verifiable examples of what the nominee did that was meritorious, and/or explain how the nominee went above and beyond the scope or significance of expected contributions. How did the contributions help to fulfill or further the objectives and/or mission of USMS at the national, zone and/or LMSC level? The significance of the nominee's contributions are the factors that usually distinguish one candidate from the others.

The nomination deadline is March 15th. The completed Nomination Form and Letter of Endorsement must be in the hands of the RJA Award Coordinator on or before March 15. They will then be circulated to Recognition & Awards Committee members and previous Ra Ransom J. Arthur Award winners for consideration and final selection. The award will be presented at a venue in the recipient's LMSC shortly after the decision is made. Additionally, an award announcement will be made during the USMS Spring Nationals, followed by a more formal presentation at the USMS Convention banquet in September.

Please submit the forms and letters electronically.

Send your nomination by March 15 to: awards@usms.org.

Direct your questions to the Recognition & Awards Committee, Megan Lassen, Chair