

# Index

## A

Acceptable times records 40  
 Advertising 15, 70  
 Age determining date 10, 65, 112  
 Age groups 76, 81  
 All-American 40  
   individual 43  
   long distance 81  
   open water 83  
   relay 43  
 All-Star 43  
 Amendments 105  
   authorization 105  
   effective date 107  
   emergency 107  
   FINA rules 119  
   format 33, 105  
   Legislation 101, 105, 106, 142  
   LMSC Development 101, 105, 106  
   Long Distance 75, 78, 101  
     adoption of 106  
     submission of 106  
   publication of proposed 106  
   rules 105  
   submission deadline 105  
   USA Swimming rules 107  
 Anchored xi  
 Announcer 24  
 Annual meeting 92  
 Appeals 86  
 Appointees 91  
 Appointments 100  
   coordinators 103  
   legal counsel 103, 139  
   liaisons 103  
   special assignments 103  
 Assistance and agreements 32  
 At-Large Directors  
   election and term of office 97  
 Awards 31, 76, 83  
   Capt. Ransom J. Arthur, M.D. 149  
   Dorothy Donnelly Service Award 150  
   International Masters Swimming Hall of Fame 154  
   International Swimming Hall of Fame 154  
   Kerry O'Brien Coaching Award 150

National Championship Meets 152  
 Speedo/USMS Coach of the Year 152  
 Ted Haartz USMS Staff Appreciation 156  
 USMS Club of the Year 150  
 USMS Fitness 151  
 USMS June Krauser Communications 151  
 USMS National Championship Meets 152  
 USMS Open Water Service Award 152

## B

Backstroke 3  
   flags and lines 48  
   ledge 47  
   start 3  
 Bidding areas  
   Long Distance National championship 139  
 Blind 50  
 Board of Directors 96  
   appeal to 89  
   meetings 97  
   membership 96  
   permanent committees 98  
   powers 97  
   quorum 98  
   removal of members 99  
   vacancies 100  
   voting privileges 98  
 Breadbasket Zone 131  
 Breaststroke 2  
 Budget requests 104  
 Bulkhead xi, 42  
   markings 45  
   moveable 44  
 Butterfly 3

## C

Cable swim xi  
 Clerk of Course 24  
 Club xi  
   membership 56  
   National Championship scoring 37  
 College Club 55  
 Colonies Zone 133  
 Color 47

# INDEX

---

Commands  
starting 1, 20

Committees 100-103, 141-146  
ad hoc 103  
appointments 103  
audit 98, 145  
championship 100, 141  
coaches 100, 143  
compensation and benefits 98, 153  
diversity and inclusion 142  
elections 99, 150  
executive 99, 101  
finance 98, 153  
fitness education 101, 142  
governance 99, 156  
history and archives 101, 142  
investment 99, 154  
jurisdiction 105  
legislation 101, 142  
    Amendments 99  
LMSC development 101, 143  
long distance 101, 143  
    amendments 99  
officials 102, 143  
open water 102, 143  
permanent, of the board 98  
recognition and awards 102, 144  
records and tabulation 102, 144  
registration 102, 144  
rules 102, 144  
    amendments 103  
sports medicine and science 103, 144  
standing 100  
Swimming Saves Lives Foundation  
    148

Conduct 33, 85  
compliance with rules and regulations  
    85  
enforcement 86  
standards of 85  
unsporting 86

Contract 80  
    National championship 80

Corporation xi

Course xi

**D**

Deaf 51

Deck-seeding xi

Deck entered xi

Deck equipment  
    other 46

Deliberate delay 21

Disabilities 49, 74  
    general 50  
    physical 52

Disabled  
    cognitively 52

Disqualifications 15

Dissolution 104

Diving boards 46

Diversity and inclusion 142

Dixie Zone 131, 140

Drafting xi

Dual meet xi

Dual sanctioned events xi

## E

Electronic timing chip xi

Eligibility 6, 77

End of the course xi

End wall targets 45

Entries 9

Entry fees 35

Entry form 35

Equal opportunity 92

Escort craft xi

Etiquette  
    Lane xii, 12

Event xi, 7

Event director xi, 69

Event limit 8

Events  
    long distance pool 75  
    open water 65  
    postal 77  
    straightaway xiv, 67

Executive Committee 99  
    nonvoting members of 99

Ex officio xii

## F

Facilities 44-49

False starts 21

Fees 104

FINA xii  
    information for participants 119

Financial policy 103  
    budget requests 104  
    fees 104

fiscal year 92  
 Finish xii, 70  
   backstroke 3  
   blind and visually impaired 50  
   breaststroke 2  
   butterfly 3  
   freestyle 4  
 Individual Medley 5  
   open water 67  
 Finish point xii  
 First day of meet xii  
 Fiscal year 92  
 Fitness events xii, 61  
 Flags and lines  
   design 48  
   location 48  
 Foreign swimmer xii, 35  
 Forward start xii, 1  
 Foul xii  
 Freestyle 4  
 Front edge 46

**G**

Grease xii  
 Great Lakes Zone 133, 140

**H**

Hard of hearing 51  
 Hearings  
   documentation 89  
   filing fee 89  
   recognition and enforcement 89  
 Heat xii  
 Heats  
   assignments 9  
   minimum 10  
   pairing of 12  
 Height 46  
 High School  
   differences between 111  
 Horizontal xii  
 House of Delegates 93  
   meetings of 94  
   membership 93  
   powers 94

**I**

Illumination 45  
 Individual events 6  
 Individual Medley 4

Initial distance xii  
 Installation 48  
 Insurance 104  
   coverage 104  
   indemnification 104  
 IOC xii

**J**

Judges 21  
   chief 21  
   jurisdiction of 22  
   stroke 21  
   turn 22  
 Jurisdiction 22, 62, 86, 105

**K**

Kick  
   breaststroke 2  
   butterfly 3  
   disability 52  
   scissors xiv

**L**

Ladders 46  
 Lane xii  
   assignments 9  
   numbers 45  
   swimmers of similar speed in same 11  
   timers 21  
 Lane line xii  
 Lane lines  
   floating and dividers 47  
   number of 45  
 Lane markers xii, 45  
 Last day of the meet xii  
 Leadoff xii  
 Leg xii  
 Legislation  
   amendments 106  
   committee 101, 142  
 Length xii, 44  
 Liability release 64  
 Lighting 46  
 LMSC xii  
   abbreviations 140  
   annual meeting 92  
   boundary  
     descriptions 92  
   bylaws 92  
   changing affiliation 56

# INDEX

---

filing of 92  
election of officers 92  
financial controls 92  
fiscal year 92  
jurisdiction of 62, 86  
membership 92  
numeric codes 140  
officers 92  
options 31  
records and record keeping 92  
responsibility 40  
requirements 62  
Local Masters Swimming Committee, 92  
LMSC Development  
    rules amendments 105  
    committee 101  
LMSC Options 31  
Long course xi  
Long course (50) meters xi  
Long Distance  
    age 76  
    All-Star Team 83  
    amendments 105  
    distance-based 78  
    multiple per lane 77  
    officials 76  
    pool size 76  
    postal 76  
    relay  
        cumulative 76  
        sequential 76  
        open water 67  
    representation 65  
    results 82  
    sanctions 65  
    time-based 77  
    timing 77  
Long Distance Pool 75

## M

Malfunction 26  
Manual start xiii  
Mark xiii  
Marshals 24  
Masters Swimming xiii  
May xiii  
Medical  
    Identification Item xiii  
Meet xiii

Meet director 17  
Meet results 121  
Meets  
    cancellation 13  
    categories 31  
    championship 31  
    change of program and postponement 13  
    committee 18  
    documents  
        storage requirements for 121  
    postponement 13  
    results, preparation of 121  
    triangular 30  
Member xiii  
Members  
    conduct of 85  
Membership  
    affiliate 91  
    allied 91  
    annual 55  
    application 55  
    categories 91  
    club 56  
    equal opportunity 92  
    fee 56  
    individual 55  
LMSC  
    changing affiliation 56  
    long distance 65  
    mandatory 91  
    representation 55  
Misconduct 21  
Must xiii

## N

National Board of Review 86  
    authority of 87  
    chair 88  
    hearing panel procedure 88  
    jurisdiction of 86  
    LMSC decision  
        Appeal of 88  
National championship 30  
    assistance 31  
    bid  
        awarding of 30  
        deadline 31  
        eligible 31

- information 31
    - solicitation of 30
  - club scoring 37
  - conduct of 31
  - distance events 36
  - entry
    - deadline 34
    - form 34
    - procedures 34
  - heat sheets 33
  - local clubs 37
  - long course xi
  - long distance
    - Bidding Areas 137-138
  - meet schedule/format 33
  - multiple courses 37
  - open water 65
  - personnel 17, 18
  - program 63
  - protests 16, 75
  - regional clubs 37
  - results 38
  - short course xi
  - site selection 79
  - warm-up schedule 33
  - NCAA
    - differences 111-117
  - Northwest Zone 133, 142
- O**
- Oceana Zone 133, 143
  - Officers 95
    - elections and term of office 95
    - positions 95
  - Officials
    - administrative 19
    - qualification of 18
  - Official time 27
  - One-event registration 55
  - Open Water 65
    - All-Star Team 83
    - disabilities 74
    - disqualifications 73
    - escorted 68
    - events 65
    - noncompetitive 75
    - finishes 72
    - incomplete swim 75
    - officials 69
    - organization 65
  - relay
    - cumulative 67
    - distance basis 67
    - point basis 67
    - sequential 68
    - time basis 67
  - safety 68
  - sanctions 65
  - scoring 68
    - age group 68
    - swimwear 70
  - seeding 72
  - starts 72
  - swimwear
    - category I 70
    - category II 71
  - Operations guide
    - open water 65
  - Optional accessories 49
  - Overflow recirculation system 46
- P**
- Pace clocks 48
  - Paddler xiii
  - Parliamentary authority 104
  - Participation 85
  - Penalties 9
  - Permanent course 45
  - Places 12
  - Pool xiii
    - bottom lane markers 45
    - certification 40
    - markings 45, 47
    - racing course
      - dimensions 44
      - walls 45
    - water
      - depth 44
      - temperature 46
    - width 44
  - Postal events 77
  - Postal event xiii
  - Power source 49
  - Preseeding xiii
  - Press steward 24
  - Propulsive xiii
  - Protection 85
  - Protests 16
- Q**
- Quorum 98

**R**

Recall device 48  
Recall rope operator 21  
Recognized events 59  
Recorder of records 24  
Records 40-43  
    application 42, 134  
    deadlines 40  
    long distance 84  
    requirements for  
        pool measurement 41  
    Top 41  
    USMS 42  
    world 43  
Referee 18  
    optional instructions 20  
    preparation 20  
Register xiii  
Relay  
    age groups 9  
    card 9  
    cumulative 67, 76  
    freestyle 5  
    medley 5  
    rules 5  
    sequential 68, 76  
    takeoffs  
        blind and visually impaired 50  
Relay takeoff judge 22  
Release 64  
Reporting  
    officials and meet personnel 18  
Representation 57  
Required personnel 17  
Responsibilities 50  
Results  
    individual events  
        preparation of 121  
    meet 38  
    national championships 38

**S**

Safety  
    electrical 49  
    open water 68  
Safety plan xiv  
Sanction  
    open water 61  
    pool 57

    requirements 40, 57  
    withdrawal or denial of 63  
Scissors Kick xiv  
Scoring 30  
    divisions 68  
Scratch xvi  
Scratch procedures 9  
Seeding xiv  
    events in a 50-meter course 10  
    fast-to-slow 10  
    national championships 36  
    open water 71  
    slow-to-fast 10  
    two-to-a-lane 10  
Session xiv  
Shall xiv  
Short course xi  
Should xiv  
Size 46, 77  
Slope 46  
Soft Touch xiv  
South Central Zone 131, 141  
Southwest Zone 131, 141  
Special Appointments 146  
    FINA Sports Medicine Committee  
        146  
    ISHOF Liaison 146  
    National Board of Review Chair 146  
    Parliamentarian 146  
    U.S. Aquatic Sports Representative  
        146  
    UANA 146  
    USMS Liaison to International Gay  
        and Lesbian Aquatics 146  
Split Time xiv, 78  
Start 1  
    backstroke 3  
    blind and visually impaired 50  
    breaststroke 2  
    butterfly 3  
    freestyle 4  
    Individual Medley 4  
    open water 72  
    physical disability 50  
    running 72  
    stationary 72  
Starter 2, 20  
Starting  
    command 20  
    from alternate ends 11

- grips 47
  - platforms 46
  - visual signal 51
  - Starting system
    - equipment 20
    - loudspeaker 48
    - strobe light location 51
  - Still water xiv
  - Straightaway swim xiv
  - Strokes
    - backstroke 3
    - breaststroke 2
    - butterfly 2
    - freestyle 4
    - Individual Medley 4
  - Submitted times xiv
  - Swimwear
    - design 14, 70
- T**
- Ties 31
  - Timed finals xiv
  - Timers 22
    - chief 22
    - head lane 23
    - lane 23
  - Timing
    - accuracy 28
    - adjustment for heat malfunction 26
    - adjustment for lane malfunction x, 26
    - altitude adjustment 34, 122
    - backup 72
    - chip xi
    - electronic xi
    - equipment
      - automatic 24, 48
      - manual xiv, 25
      - operator 23
      - semiautomatic 25
      - time display board 49
    - malfunction
      - adjustment for 26
      - primary 26
      - resolution 28
      - secondary 25
      - semiautomatic 25
      - tertiary 25
  - Tobacco
    - no smoking signs 46
    - products 17
  - Touchpads 44
  - Turn
    - backstroke 3
    - blind and visually impaired 50
    - breaststroke 2
    - butterfly 3
    - freestyle 4
    - Individual Medley 4
- U**
- USAS xiv
  - USA Swimming
    - differences between
      - USMS 111
    - meets
      - Combined 118
      - Interwoven 118
      - Parallel 118
    - dual sanctioned events 118
  - USMS xv
- V**
- Venue xv
  - Video 16, 24
  - Visually impaired. *See* Blind
- W**
- Wall xv
  - Warm-down 6
    - availability 6
    - procedure 7
  - Warm-up. *See* Warm-down
  - Warning signal xv
  - Water conditions 66
  - Wave xv
  - Will xv
  - World championship 160
  - Workout Group xv
- Z**
- Zone
    - boundary 93
    - chair 93
    - championship meet 93
    - communication 93
    - meeting 93
    - policy 93

