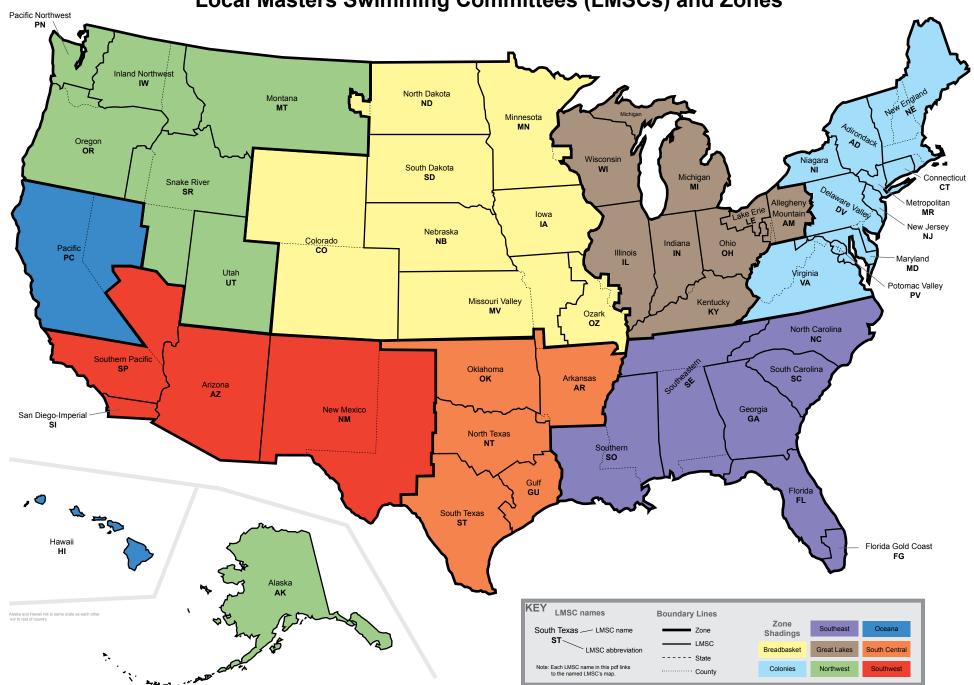
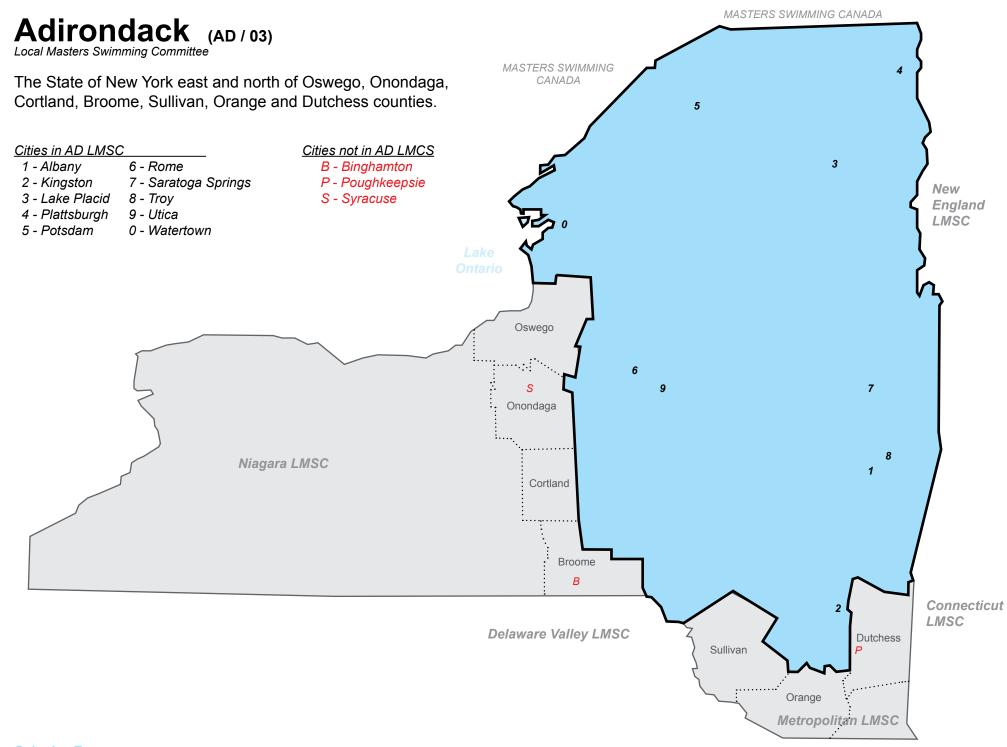
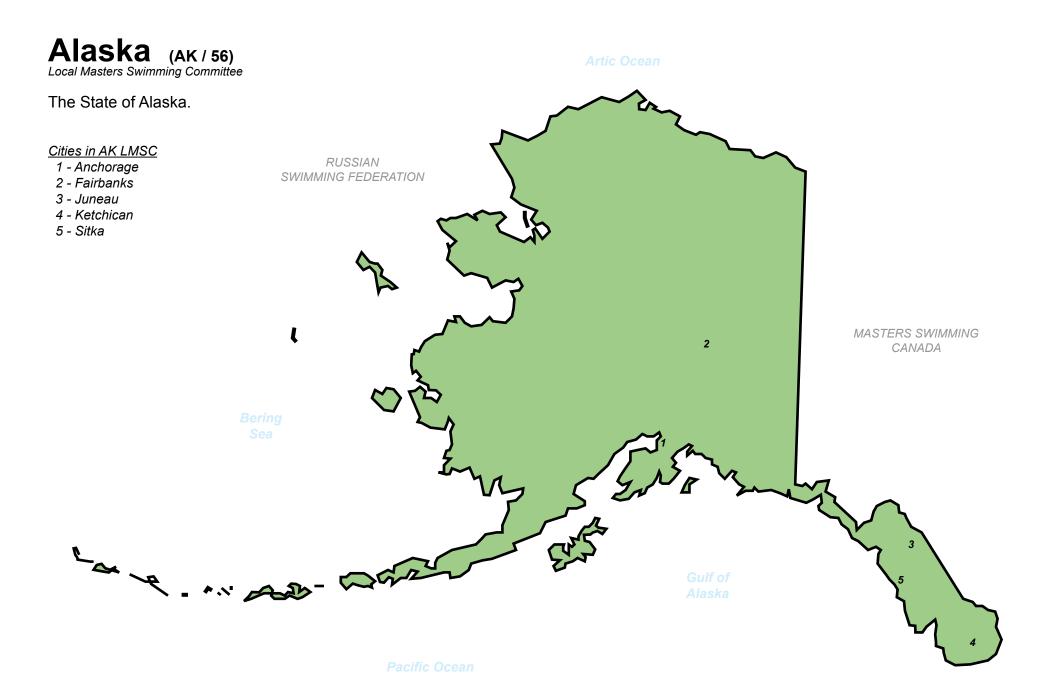
U.S. Masters Swimming
Local Masters Swimming Committees (LMSCs) and Zones



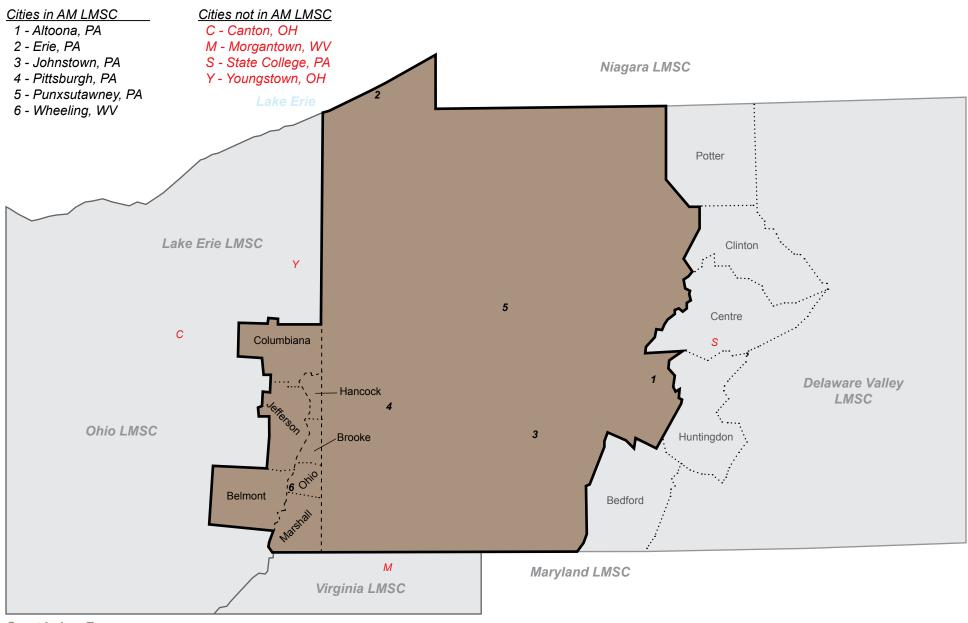




Allegheny Mountain (AM / 11)

Local Masters Swimming Committee

The Commonwealth of Pennsylvania west of Potter, Clinton, Centre, Huntingdon and Bedford counties; in the State of West Virginia, the counties of Hancock, Brooke, Ohio and Marshall; and in the State of Ohio the counties of Columbiana, Jefferson and Belmont.



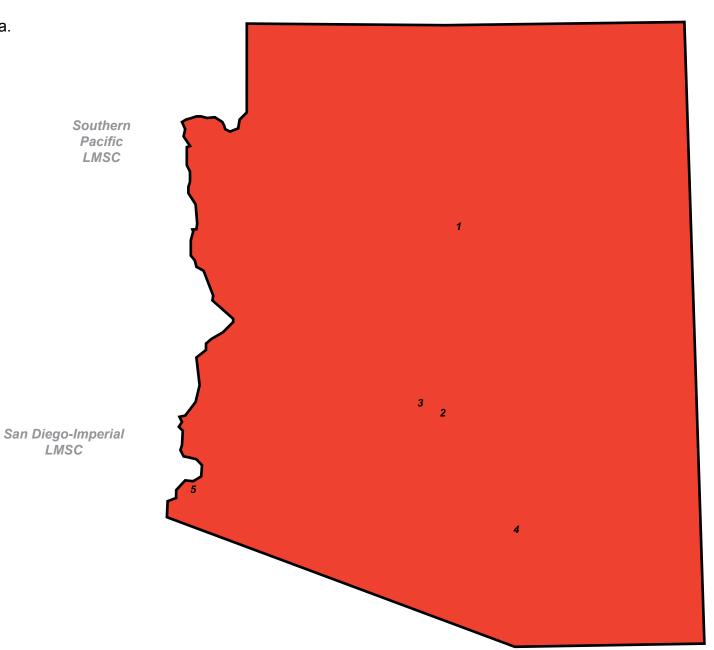
LMSC

Colorado LMSC Utah LMSC

The State of Arizona.

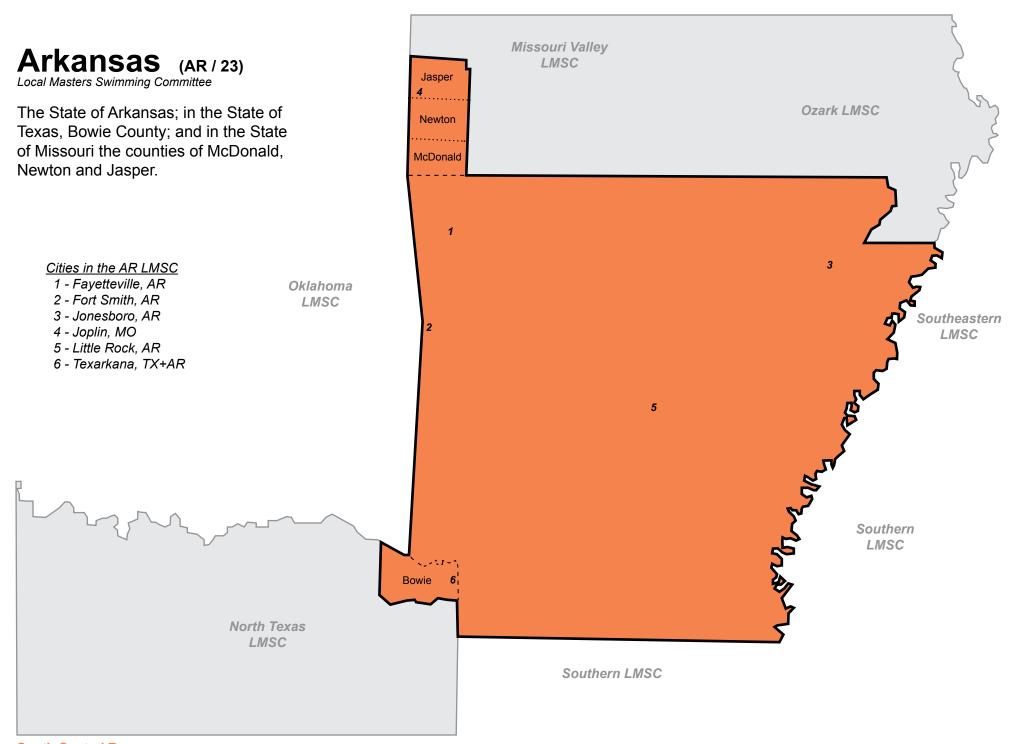
Cities in AZ LMSC

- 1 Flagstaff
- 2 Mesa
- 3 Phoenix
- 4 Tucson
- 5 Yuma



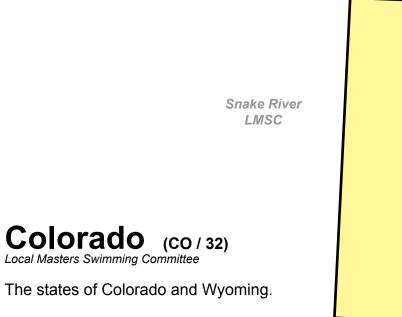
New Mexico **LMSC**

MEXICAN SWIMMING FEDERATION



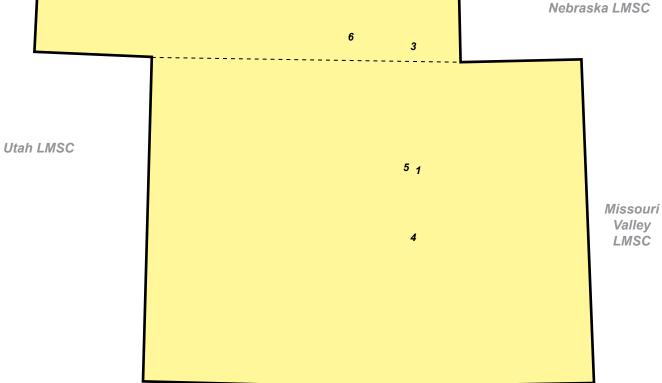
South Central Zone





Cities in CO LMSC

- 1 Aurora, CO
- 2 Casper, WY
- 3 Cheyenne, WY
- 4 Colorado Springs, CO
- 5 Denver, CO
- 6 Laramie, WY



2

Arizona LMSC New Mexico LMSC Oklahoma LMSC

South Dakota LMSC

Connecticut (CT / 05) Local Masters Swimming Committee

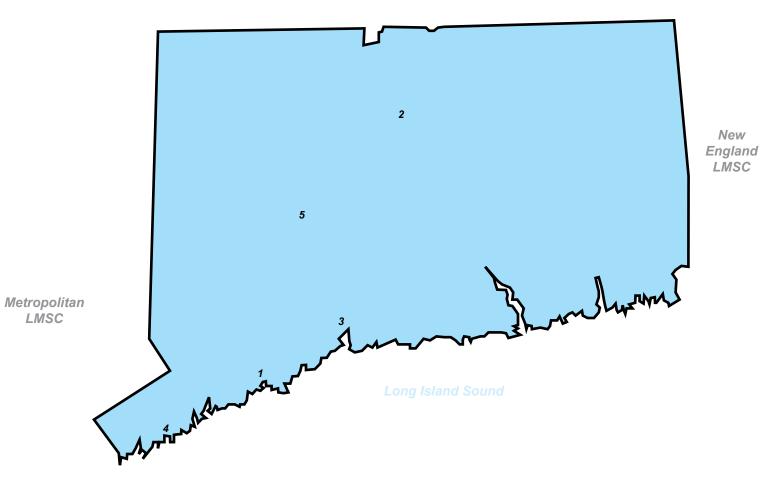
The State of Connecticut.

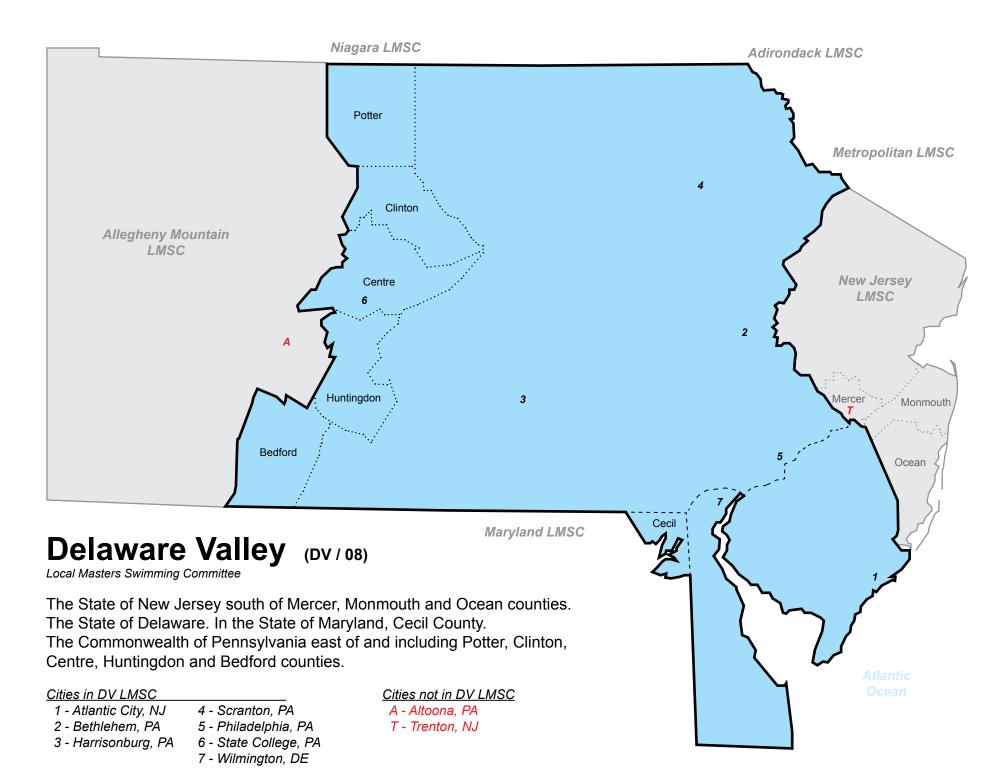
Cities in CT LMSC

- 1 Bridgeport
- 2 Hartford
- 3 New Haven
- 4 Stamford
- 5 Waterbury

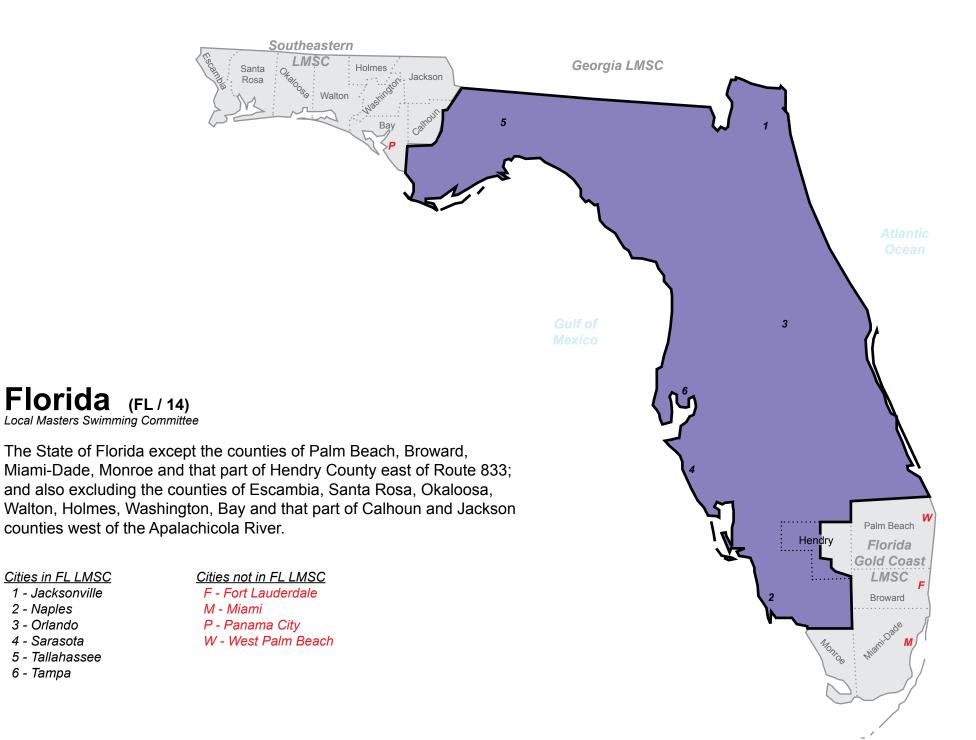




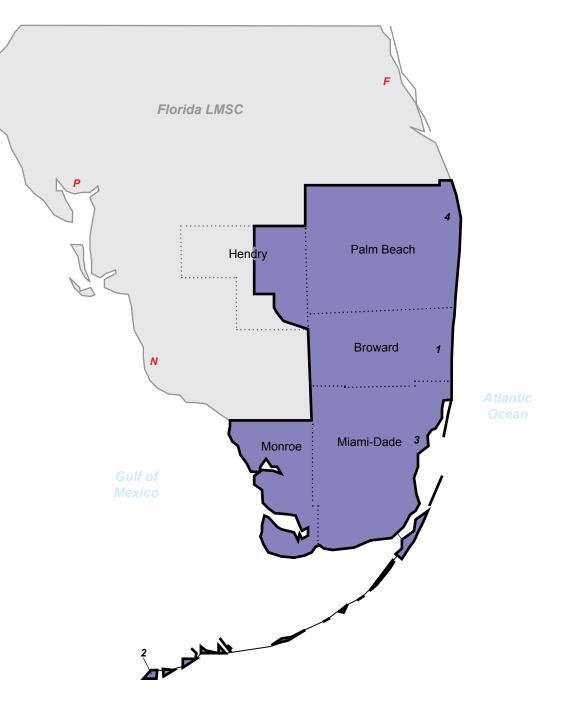




Colonies Zone



Southeast Zone page 10



Florida Gold Coast (FG / 50) Local Masters Swimming Committee

In the State of Florida, the counties of Palm Beach, Broward, Miami-Dade and Monroe, and that part of Hendry County east of Route 833.

Cities in FG LMSC

- 1 Fort Lauderdale
- 2 Key West
- 3 Miami
- 4 West Palm Beach

Cities not in FG LMSC

F - Fort Pierce

N - Naples

P - Port Charlotte

Southeast Zone

Georgia (GA / 45)

Local Masters Swimming Committee

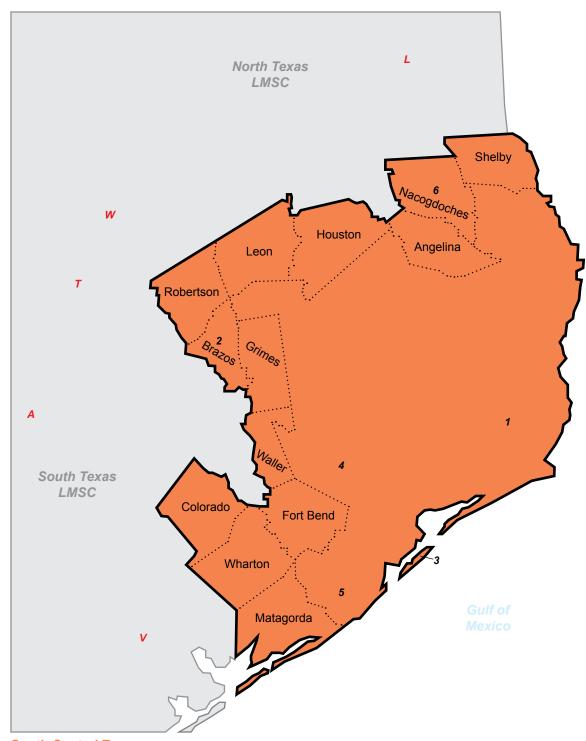
The State of Georgia.

Cities in GA LMSC

- 1 Atlanta
- 2 Augusta
- 3 Columbus
- 4 Macon
- 5 Savannah

Southeastern LMSC





Southern LMSC

Gulf (GU / 25) Local Masters Swimming Committee

That part of the State of Texas bounded on the north by and including the counties of Shelby, Nacogdoches, Angelina, Houston, Leon and Robertson; and on the west by and including the counties of Brazos, Grimes, Waller, Fort Bend, Wharton, Colorado and Matagorda.

Cities in GU LMSC

1 - Beaumont

2 - College Station

3 - Galveston

4 - Houston

5 - Lake Jackson

6 - Nacogdoches

Cities not in GU LMSC

A - Austin

L - Longview

T - Temple

W - Waco

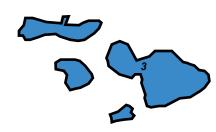
V - Victoria

South Central Zone



Pacific Ocean





Pacific Ocean

Hawaii (HI / 39) Local Masters Swimming Committee

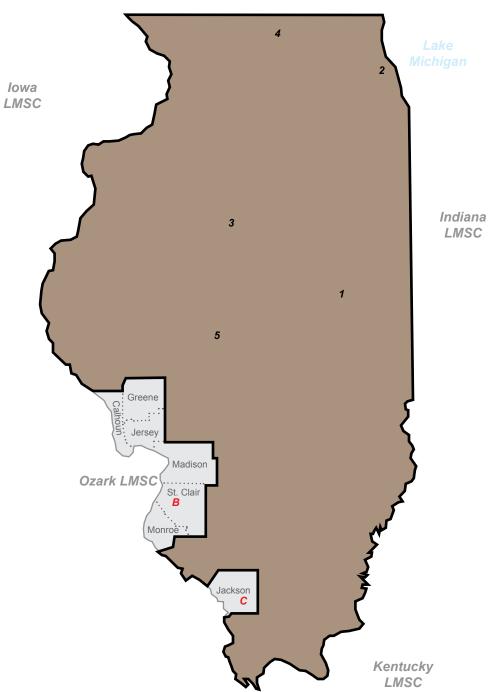
The State of Hawaii.

Cities in HI LMSC

- 1 Hilo, Hawaii
- 2 Honolulu, Oahu
- 3 Kahului, Maui
- 4 Kapaa, Kauai



Wisconsin LMSC



Illinois (IL / 21) Local Masters Swimming Committee

The State of Illinois except the counties of Calhoun, Greene, Jersey, Madison, St. Clair, Monroe and Jackson.

Cities in IL LMSC

- 1 Champaign
- 2 Chicago
- 3 Peoria
- 4 Rockford
- 5 Springfield

Cities not in IL LMSC

B - Belleville

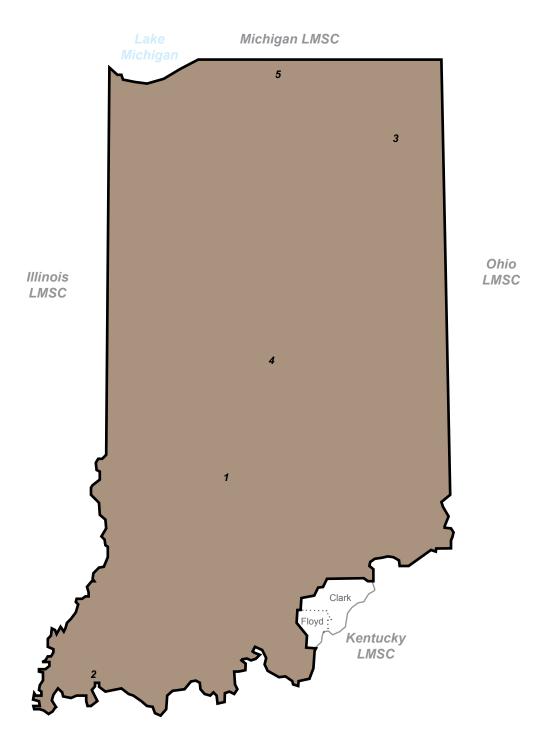
C - Carbondale

Indiana (IN / 16) Local Masters Swimming Committee

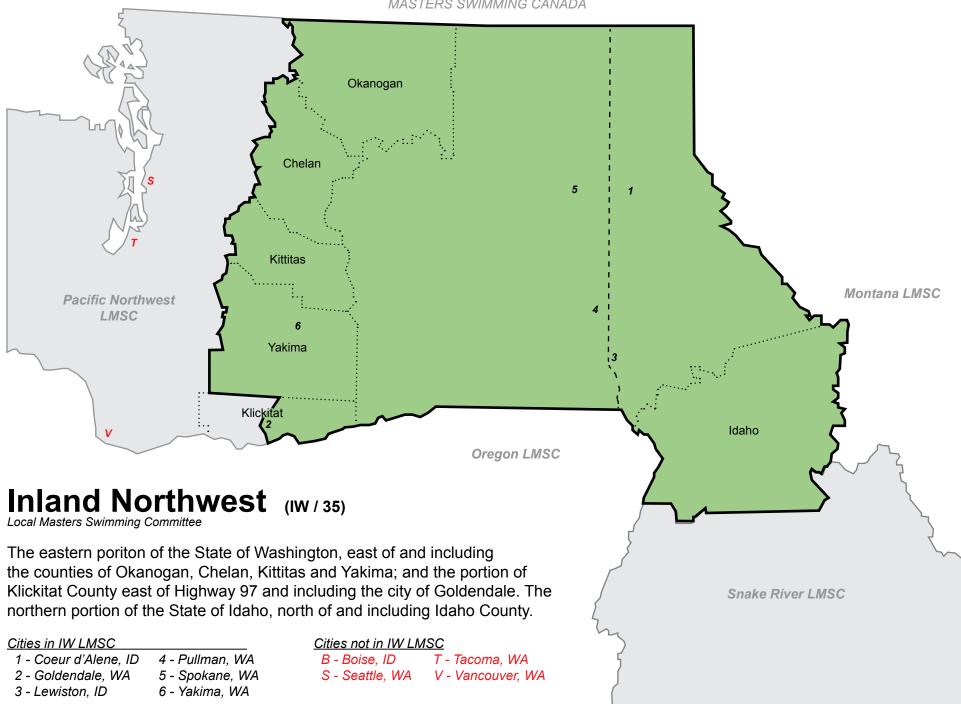
The State of Indiana except the counties of Floyd and Clark.

Cities in IN LMSC

- 1 Bloomington
- 2 Evansville
- 3 Fort Wayne
- 4 Indianapolis
- 5 South Bend







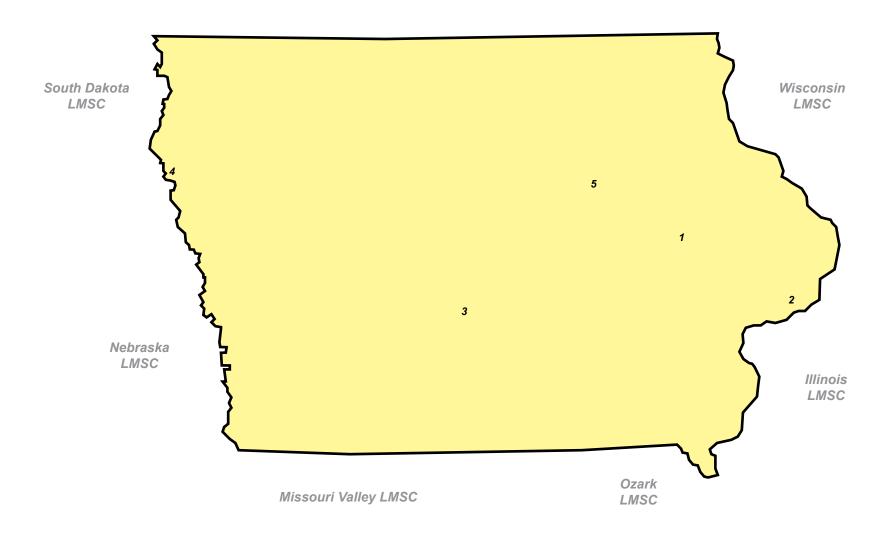
lowa (IA / 40) Local Masters Swimming Committee

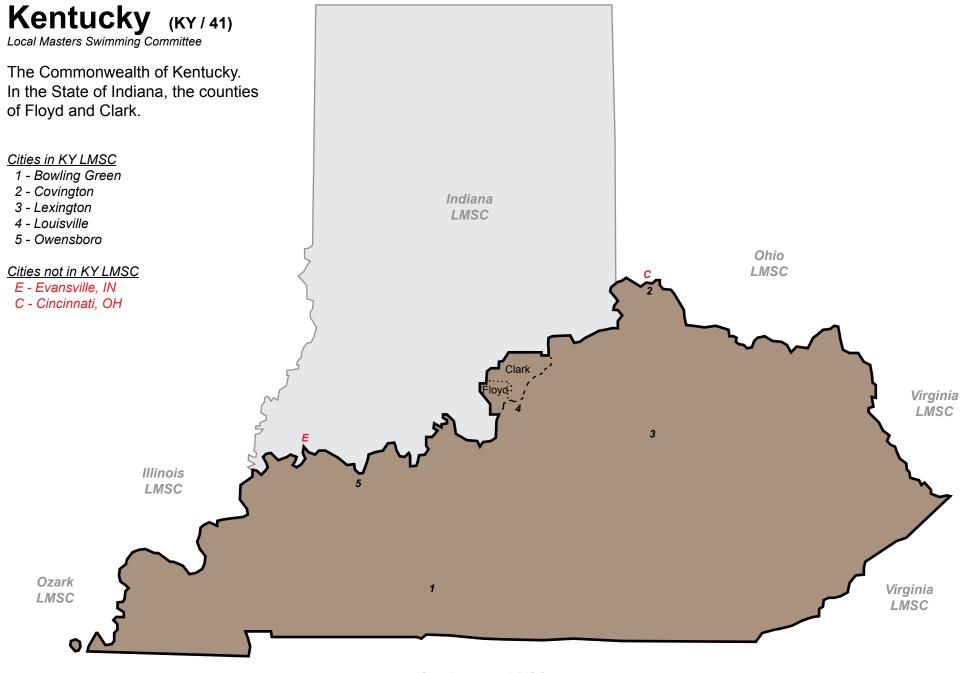
The State of Iowa.

Cities in IA LMSC

- 1 Cedar Rapids
- 2 Davenport
- 3 Des Moines
- 4 Sioux City
- 5 Waterloo

Minnesota LMSC





Southeastern LMSC

Lake Erie (LE / 18)

Local Masters Swimming Committee

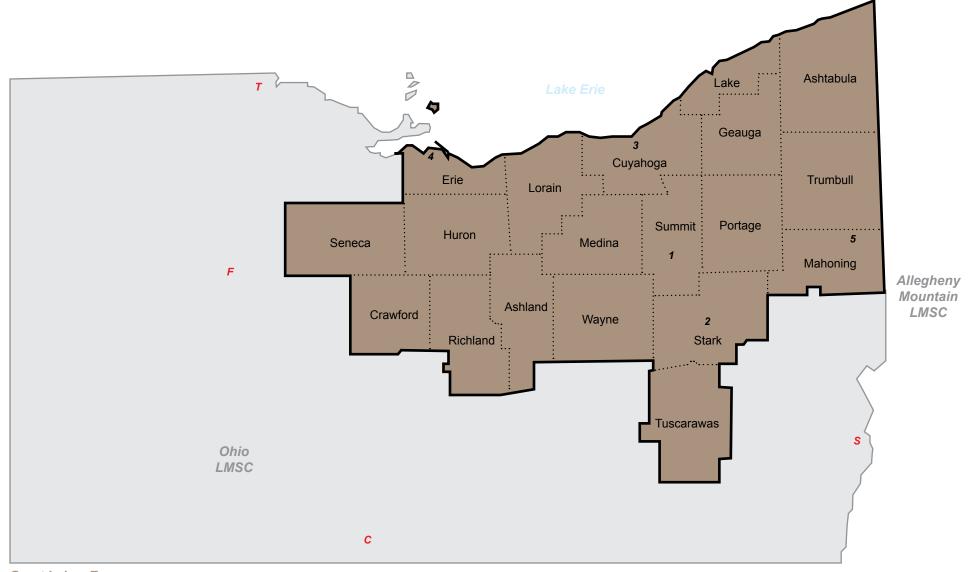
In the State of Ohio the counties of Seneca, Crawford, Erie, Huron, Richland, Lorain, Ashland, Cuyahoga, Medina, Wayne, Summit, Lake, Geauga, Portage, Stark, Tuscarawas, Ashtabula, Trumbull and Mahoning.

Cities in LE LMSC

- 1 Akron
- 2 Canton
- 3 Cleveland
- 4 Sandusky
- 5 Youngstown

Cities not in LE LMSC

- C Columbus
- F Findlay
- S Steubenville
- T Toledo



Maryland (MD / 09)

Local Masters Swimming Committee

The State of Maryland, except the counties of Cecil, Montgomery and Prince George's.

Cities in MD LMSC

- 1 Annapolis2 Baltimore4 Frederick5 Hagerstown
- 3 Cumberland 6 Salisbury

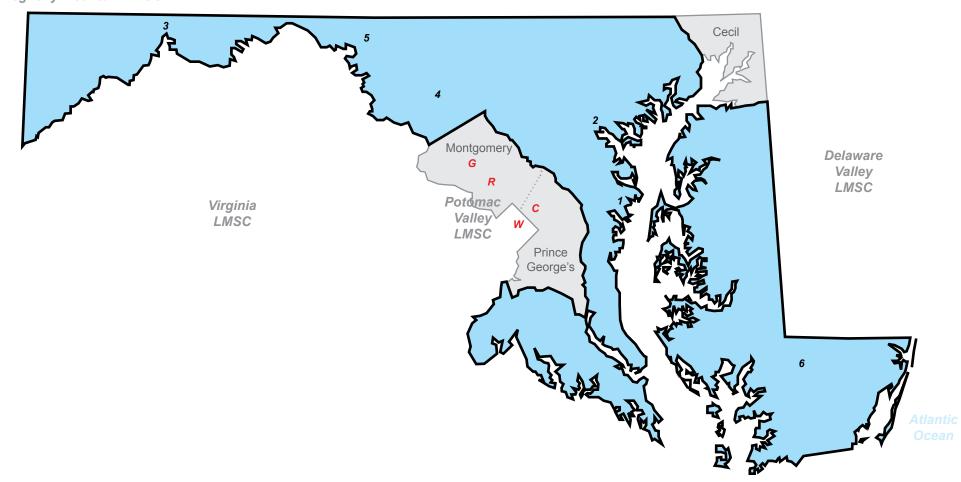
Cities not in MD LMSC

- C College Park R Rockville
- G Gaithersburg W -

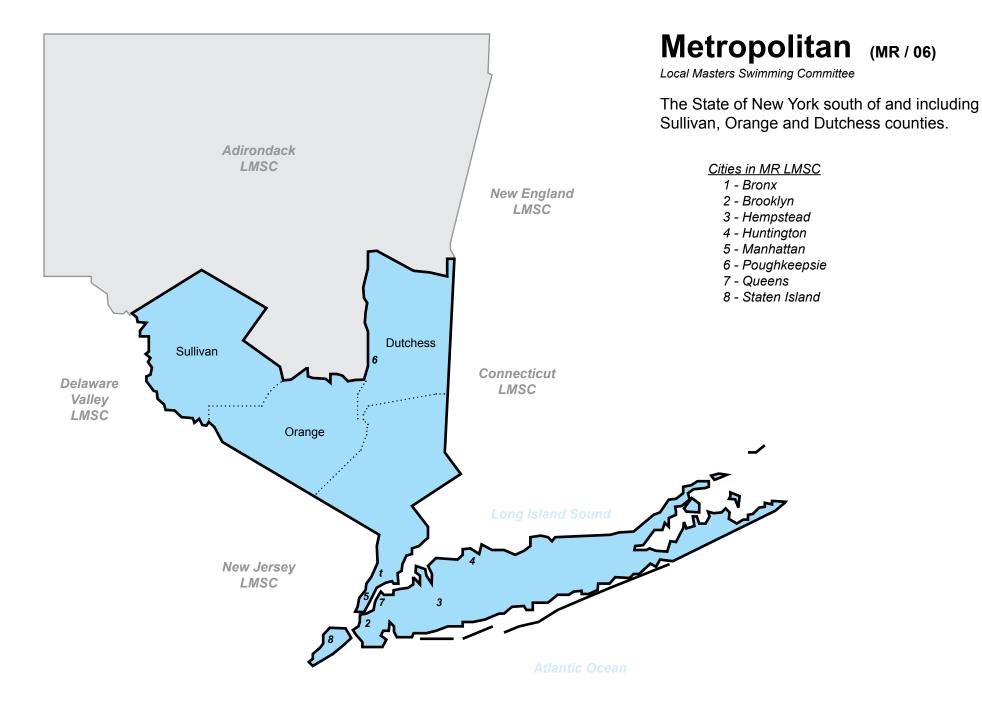
W - Washington, DC

Allegheny Mountain LMSC

Delaware Valley LMSC



Virginia LMSC



Colonies Zone page 22



Michigan (MI / 19)

Local Masters Swimming Committee

The State of Michigan.

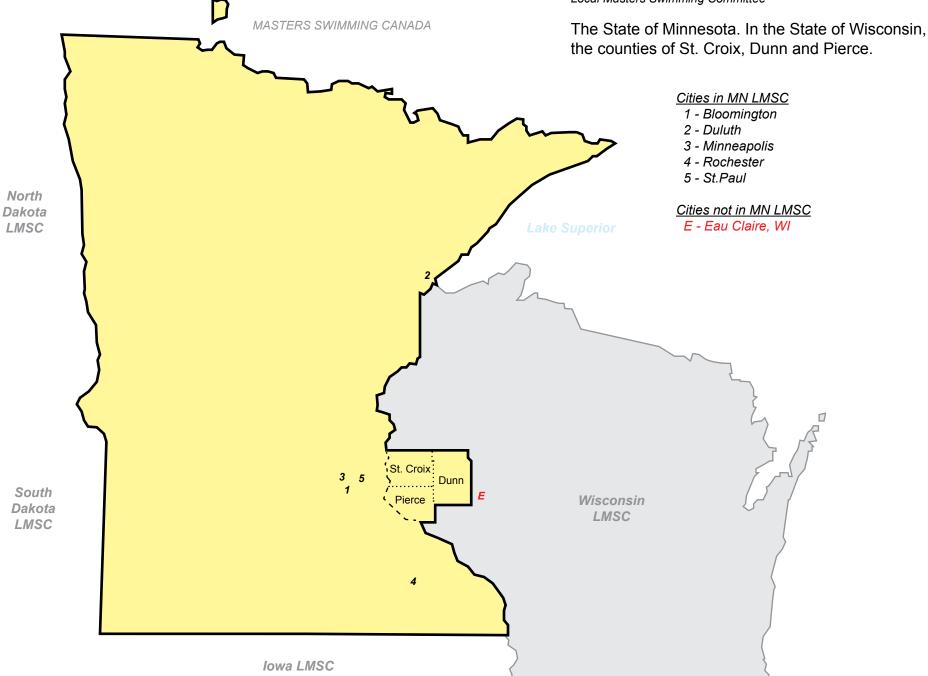
Cities in MI LMSC

- 1 Ann Arbor
- 2 Flint
- 3 Detroit
- 4 Grand Rapids
- 5 Lansing
- 6 Sault Ste. Marie
- 7 Traverse City
- 8 Warren

Great Lakes Zone

Minnesota (MN/30)

Local Masters Swimming Committee



Missouri Valley (MV / 28)

Local Masters Swimming Committee

The State of Kansas. The State of Missouri west of and including the counties of Schuyler, Adair, Macon, Randolph, Audrain, Callaway, Cole, Moniteau, Morgan, Benton, Hickory, Polk, Greene, Christian and Taney; excluding the counties of Jasper, Newton and McDonald.

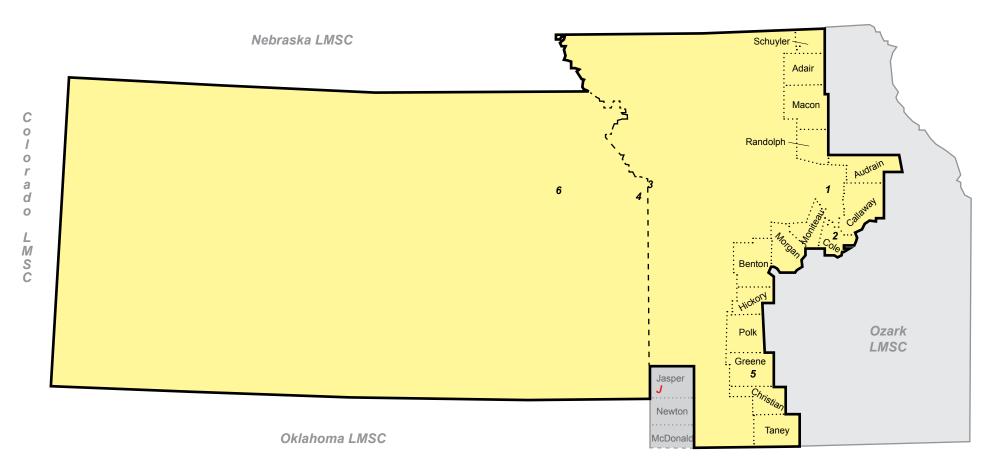
Cities in MV LMSC

- 1 Columbia, MO
- 2 Jefferson City, MO
- 3 Kansas City
- 4 Overland Park, KS
- 5 Springfield, MO
- 6 Topeka, KS
- 7 Wichita, KS

Cities not in MV LMSC

J - Joplin, MO

Iowa LMSC



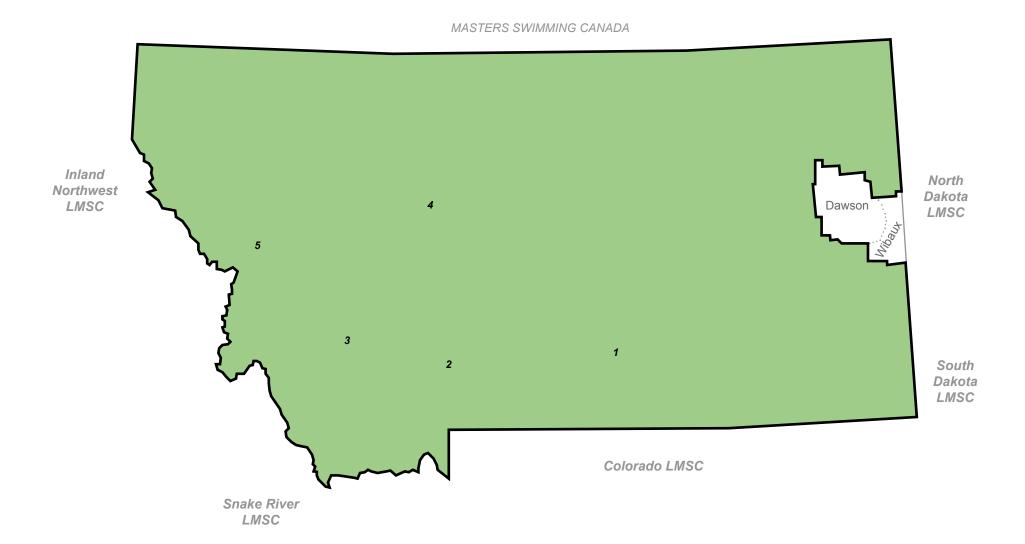
Arkansas LMSC

Montana (MT / 31) Local Masters Swimming Committee

The State of Montana except the counties of Dawson and Wibaux.

Cities in MT LMSC

- 1 Billings
- 2 Bozeman
- 3 Butte
- 4 Great Falls
- 5 Missoula

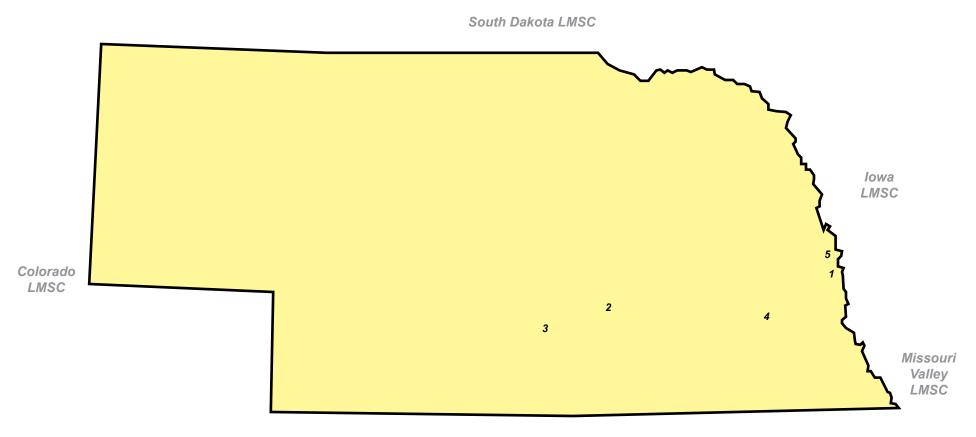


Nebraska (NB / 29) Local Masters Swimming Committee

The State of Nebraska.

Cities in NB LMSC

- 1 Bellevue
- 2 Grand Island
- 3 Kearney
- 4 Lincoln
- 5 Omaha



Missouri Valley LMSC

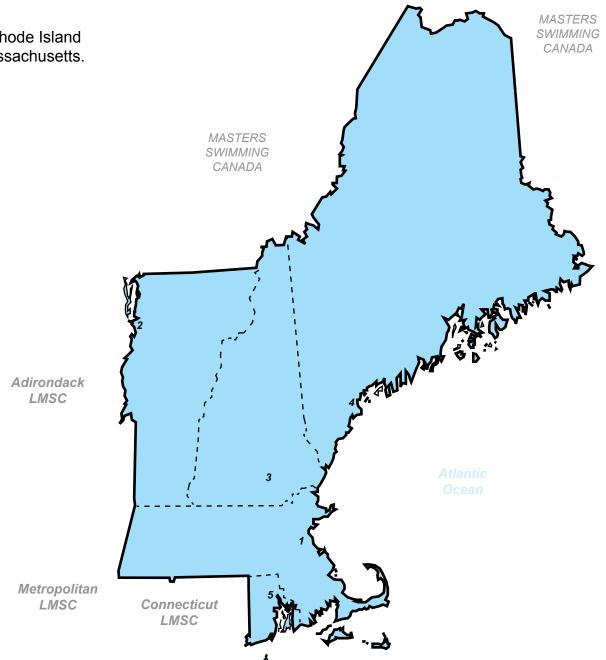
New England (NE / 02)

Local Masters Swimming Committee

The states of New Hampshire, Vermont, Rhode Island and Maine, and the Commonwealth of Massachusetts.

Cities in NE LMSC

- 1 Boston, MA
- 2 Burlington, VT
- 3 Manchester, NH
- 4 Portland, ME
- 5 Providence, RI



New Jersey (NJ / 07)

Local Masters Swimming Committee

The State of New Jersey north of and including the counties of Mercer, Monmouth and Ocean.

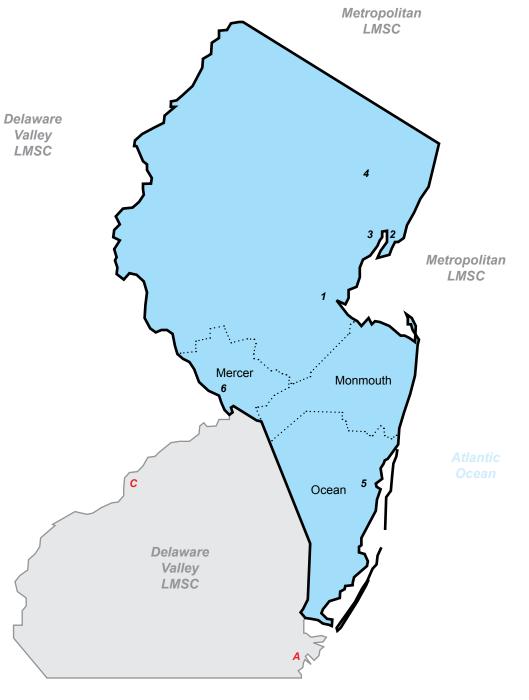
Cities in NJ LMSC

- 1 Edison
- 2 Jersey City
- 3 Newark
- 4 Paterson
- 5 Toms River
- 6 Trenton

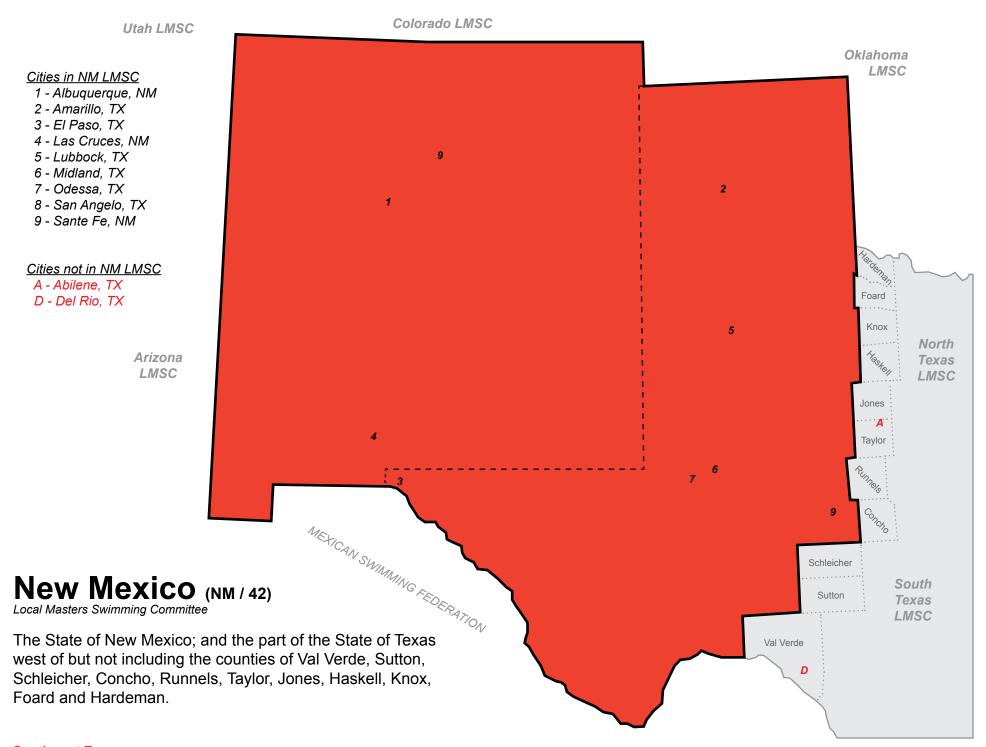
Cities not in NJ LMSC

A - Atlantic City

C - Camden

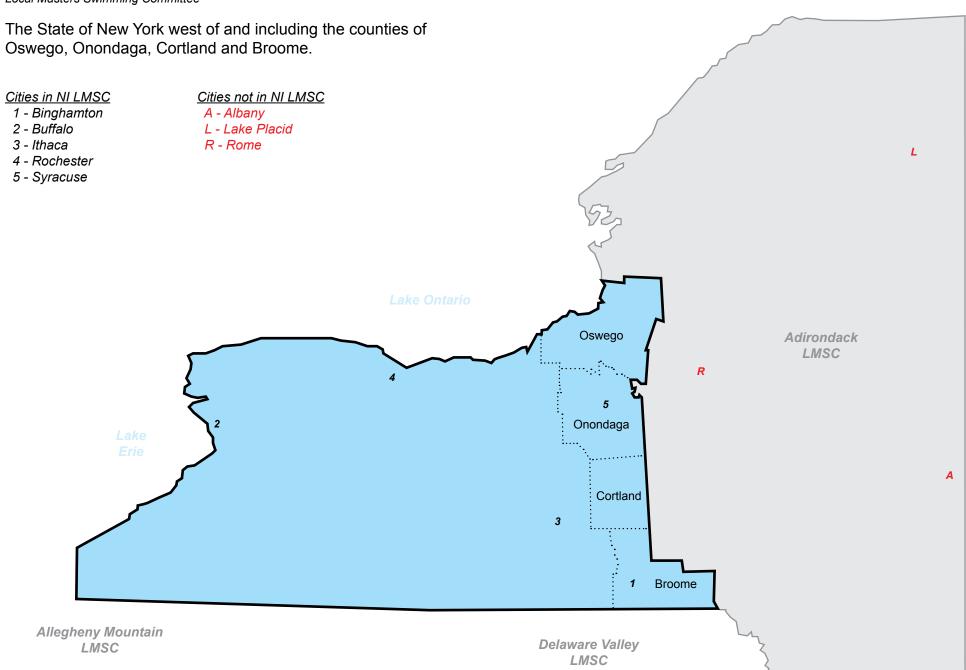


Colonies Zone



Niagara (NI / 04)

Local Masters Swimming Committee



Colonies Zone

North Carolina (NC / 13)

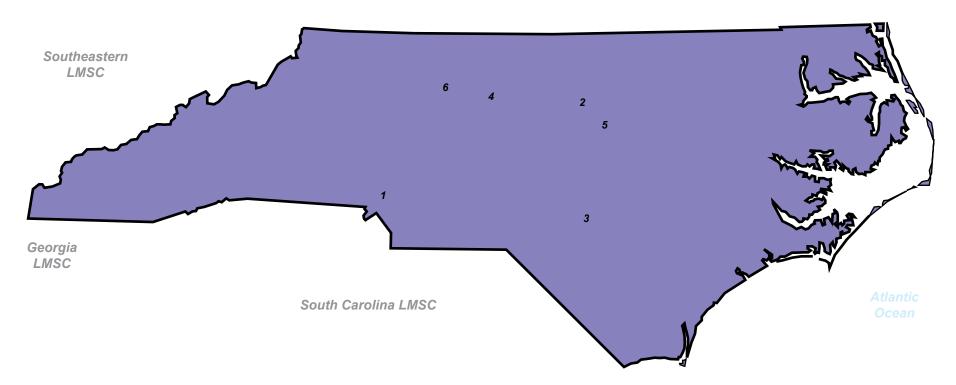
Local Masters Swimming Committee

The State of North Carolina.

Cities in NC LMSC

- 1 Charlotte
- 2 Durham
- 3 Fayetteville
- 4 Greensboro
- 5 Raleigh
- 6 Winston-Salem

Virginia LMSC



North Dakota (ND / 52) Local Masters Swimming Committee

The State of North Dakota. In the State of Montana, the counties of Dawson and Wibaux.

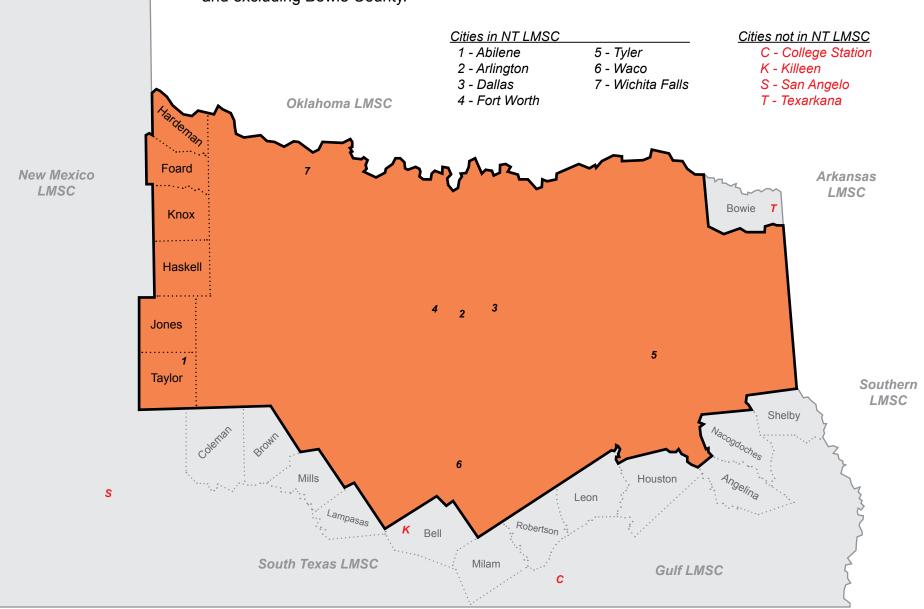
- Cities in ND LMSC
- 1 Bismark
- 2 Fargo
- 3 Glendive, MT
- 4 Grand Forks
- 5 Minot
- 6 Williston

MASTERS SWIMMING CANADA



North Texas (NT / 26) Local Masters Swimming Committee

The northern part of the State of Texas bounded on the west by and including the counties of Hardeman, Foard, Knox, Haskell, Jones and Taylor; on the south by but not including the counties of Coleman, Brown, Mills, Lampasas, Bell, Milam, Robertson, Leon, Houston, Angelina, Nacogdoches and Shelby; and excluding Bowie County.



Ohio (OH / 17) Local Masters Swimming Committee

The State of Ohio except the counties of Seneca, Crawford, Erie, Huron, Richland, Lorain, Ashland, Cuyahoga, Medina, Wayne, Summit, Lake, Geauga, Portage, Stark, Tuscarawas, Ashtabula, Trumbull, Mahoning, Columbiana, Jefferson and Belmont.

Cities in OH LMSC

- 1 Cincinnati
- 2 Columbus
- 3 Dayton
- 4 Findlay
- 5 Toledo

Cities not in OH LMSC

A - Akron

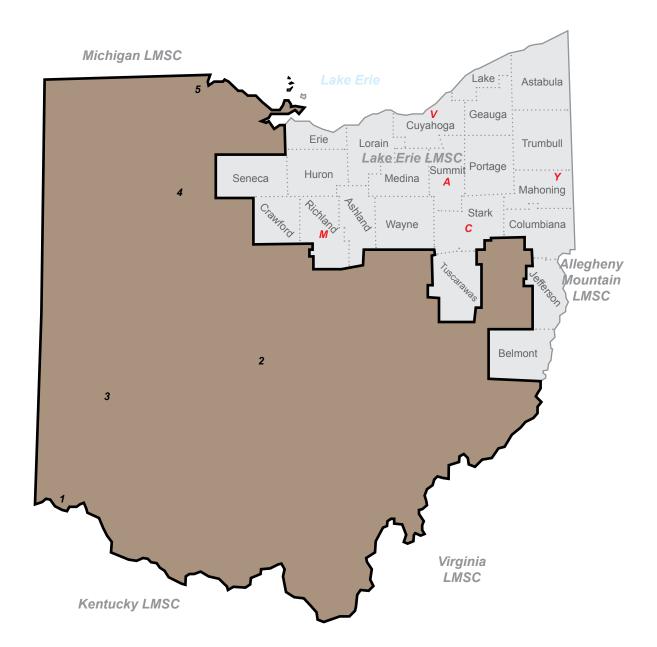
C - Canton

V - Cleveland

M - Mansfield

Y - Youngstown

Indiana LMSC

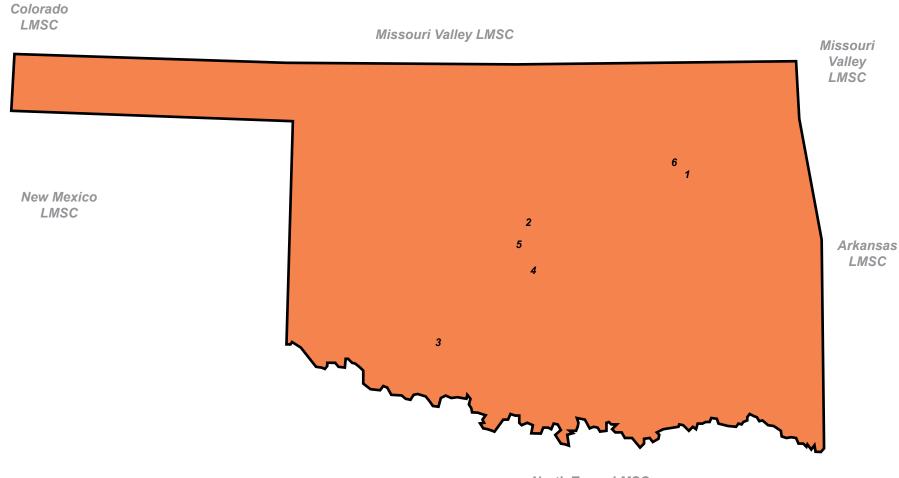


Oklahoma (OK / 27) Local Masters Swimming Committee

The State of Oklahoma.

Cities in OK LMSC

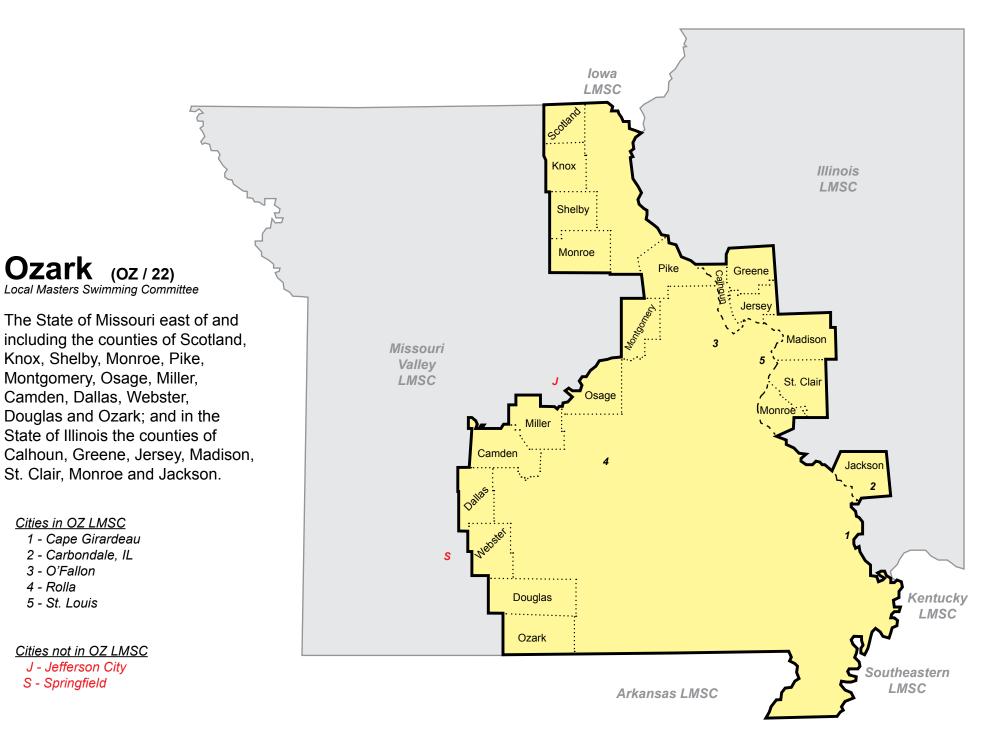
- 1 Broken Arrow
- 2 Edmond
- 3 Lawton
- 4 Norman
- 5 Oklahoma City
- 6 Tulsa



North Texas LMSC

Oregon (OR / 37) Local Masters Swimming Committee The State of Oregon except Malheur County; and in the State of Washington, the counties of Cowlitz, **Pacifc** Northwest Clark, Skamania and that portion of **LMSC** Klickitat County west of Highway 97. Inland Northwest LMSC Cowlitz Skamania Klickitat Clark Cities in OR LMSC 1 - Bend 2 - Eugene 3 - Hillsboro 4 - Portland 5 - Salem 5 6 - The Dalles 7 - Vancouver, WA Snake River **LMSC** 2 Malheur

Pacific LMSC



Cities not in OZ LMSC J - Jefferson City

S - Springfield

5 - St. Louis

Cities in OZ LMSC 1 - Cape Girardeau 2 - Carbondale, IL 3 - O'Fallon 4 - Rolla

Breadbasket Zone

Oregon LMSC

Cities in PC LMSC

- 1 Carson City, NV
- 2 Fresno, CA
- 3 Reno, NV
- 4 Sacramento, CA
- 5 San Franciso, CA
- 6 San Jose, CA
- 7 Winnemucca, NV

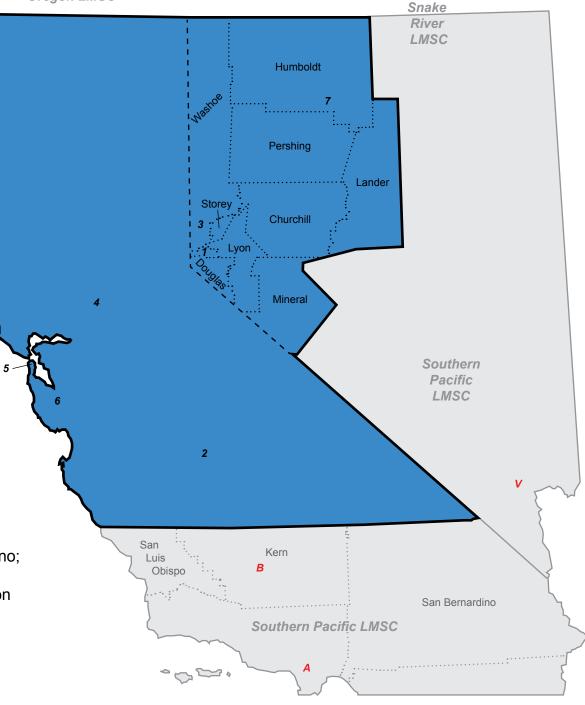
Cities not in PC LMSC

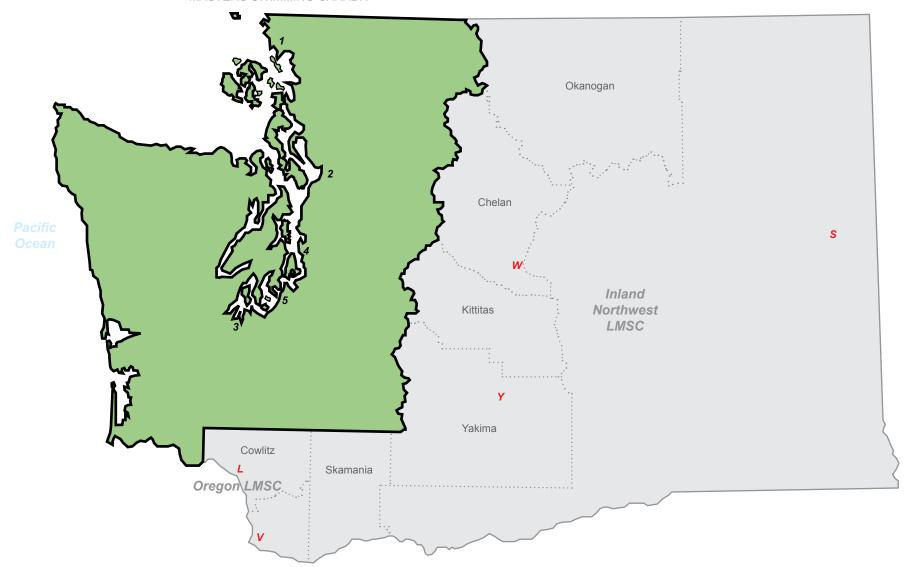
- B Bakersfield, CA
- A Los Angeles, CA
- V Las Vegas, NV

Pacific (PC/38)

Local Masters Swimming Committee

The State of California north of but not including the counties of San Luis Obispo, Kern and San Bernardino; and in the State of Nevada the counties of Washoe, Humboldt, Pershing, Lander, Churchill, Storey, Carson City, Douglas, Lyon and Mineral.





Pacific Northwest (PN / 36) Local Masters Swimming Committee

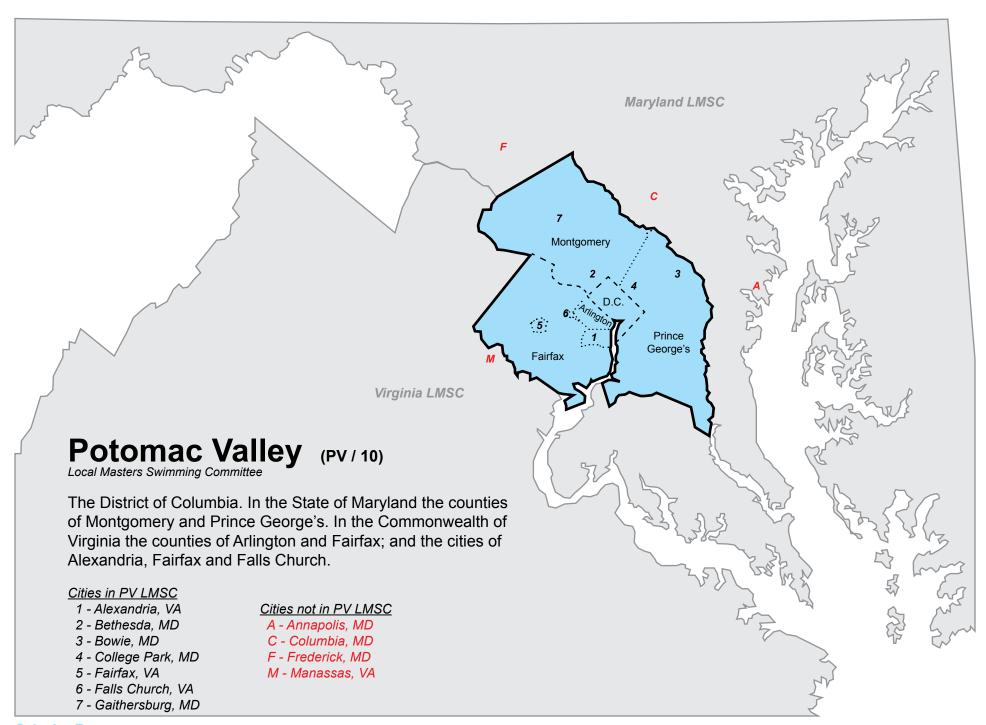
The State of Washington west of but not including the counties of Okanogan, Chelan, Kittitas and Yakima, and north of but not including the counties of Cowlitz and Skamania.

Cities in PN LMSC

- 1 Bellingham
- 2 Everett
- 3 Olympia
- 4 Seattle
- 5 Tacoma

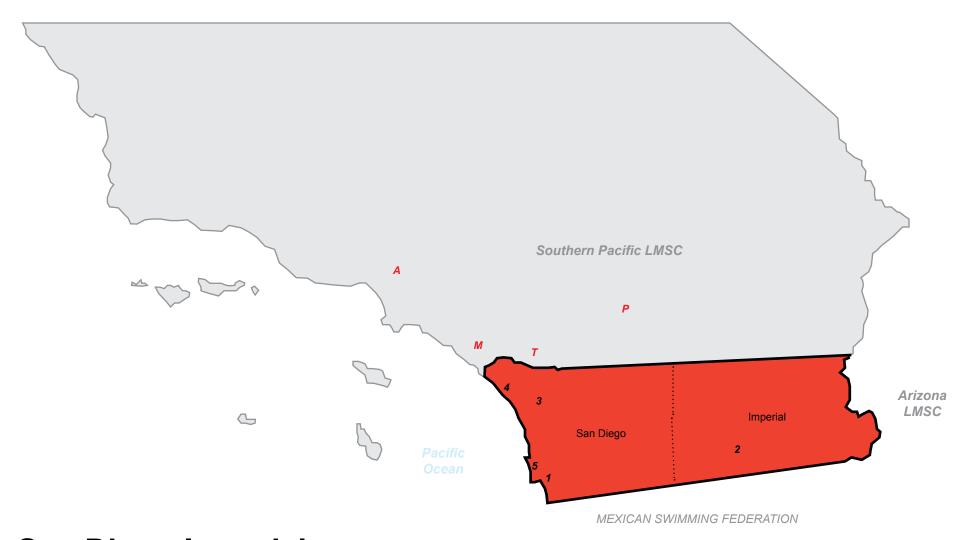
Cities not in PN LMSC

- L Longview
- S Spokane
- W Wenatchee
- V Vancouver
- Y Yakima



page 41

Colonies Zone



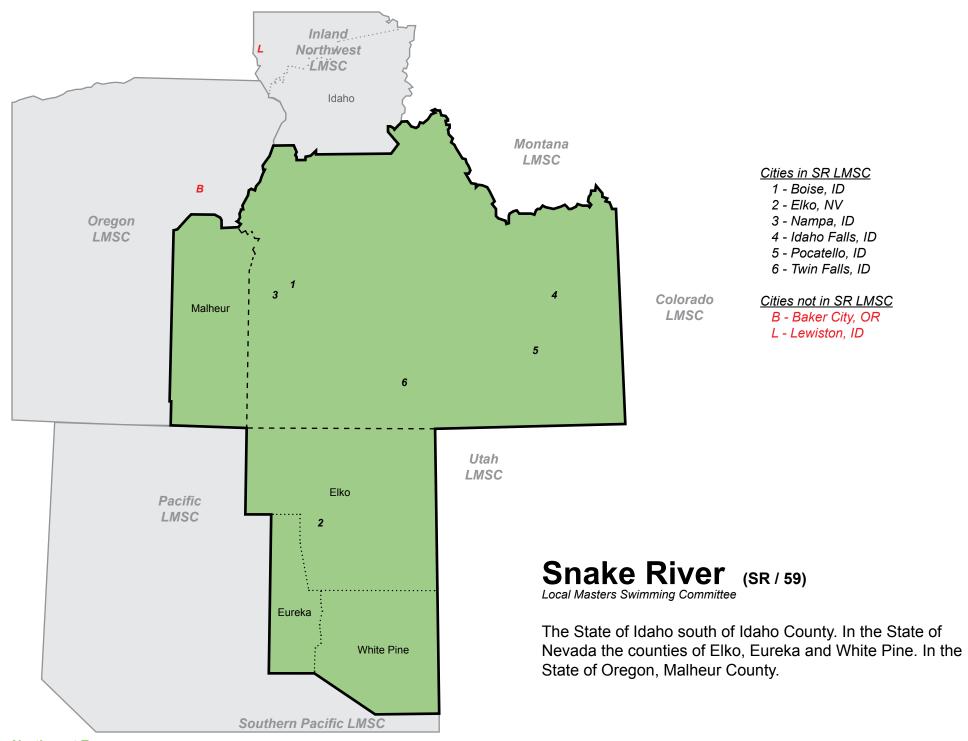
San Diego-Imperial (SI / 44)

Local Masters Swimming Committee

In the State of California the counties of San Diego and Imperial.

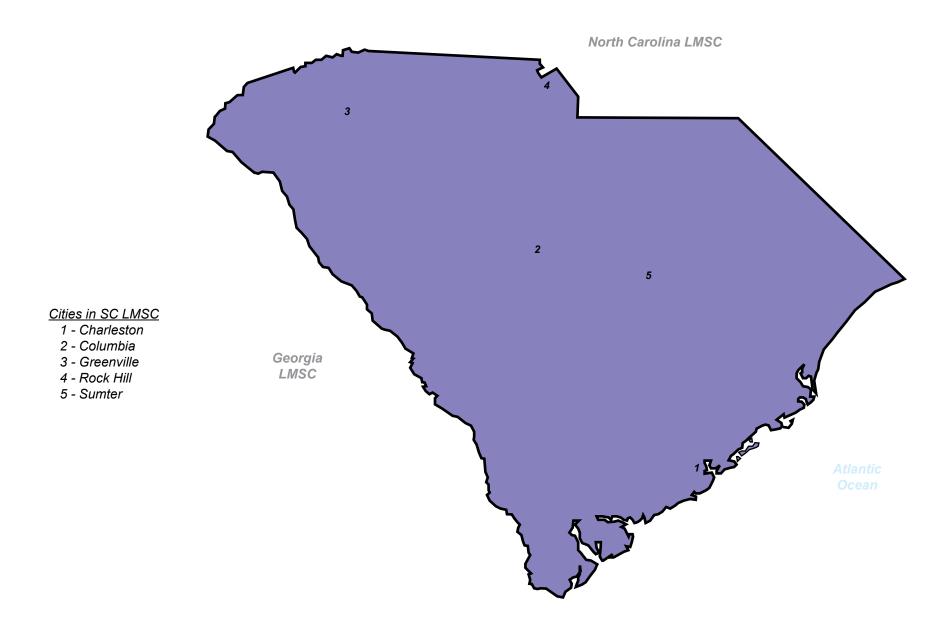
Cities in SI LMSC	<u>Cities not in SI LMSC</u>
1 - Chula Vista	A - Los Angeles
2 - El Centro	M - Mission Viejo
3 - Escondido	P - Palm Springs
4 - Oceanside	T - Temecula

5 - San Diego



South Carolina (sc / 55) Local Masters Swimming Committee

The State of South Carolina.



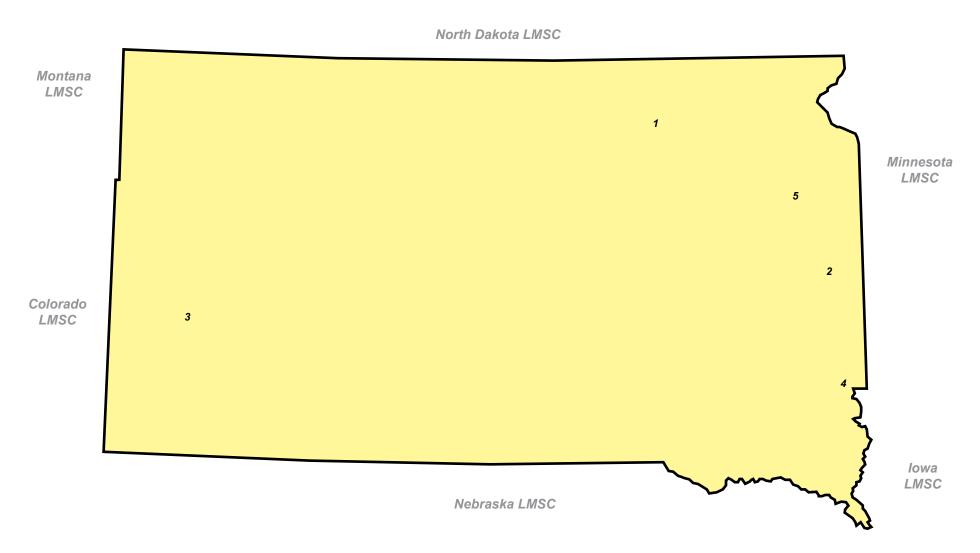
South Dakota (SD / 54)

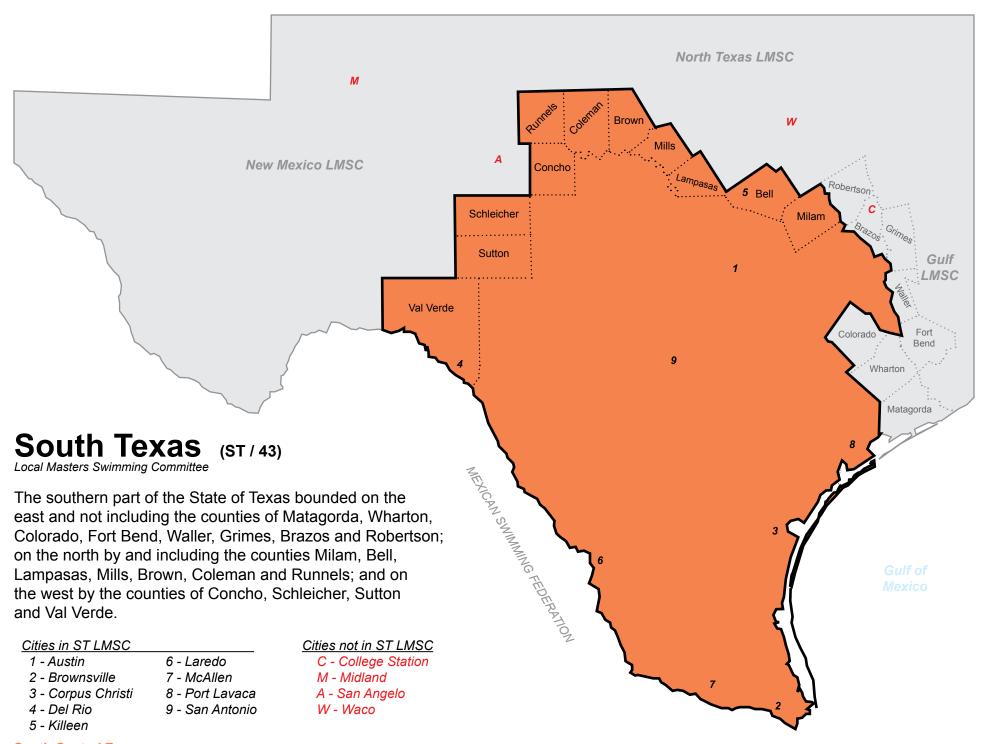
Local Masters Swimming Committee

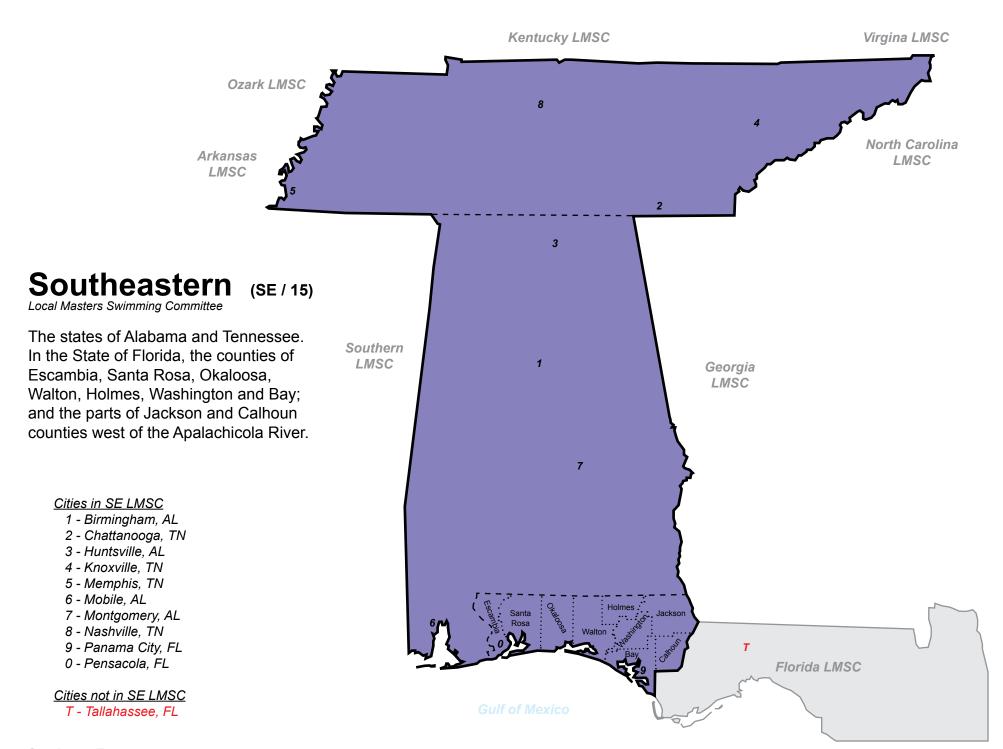
The State of South Dakota.

Cities in SD LMSC

- 1 Aberdeen
- 2 Brookings
- 3 Rapid City
- 4 Sioux Falls
- 5 Watertown







Southern (so / 24)
Local Masters Swimming Committee

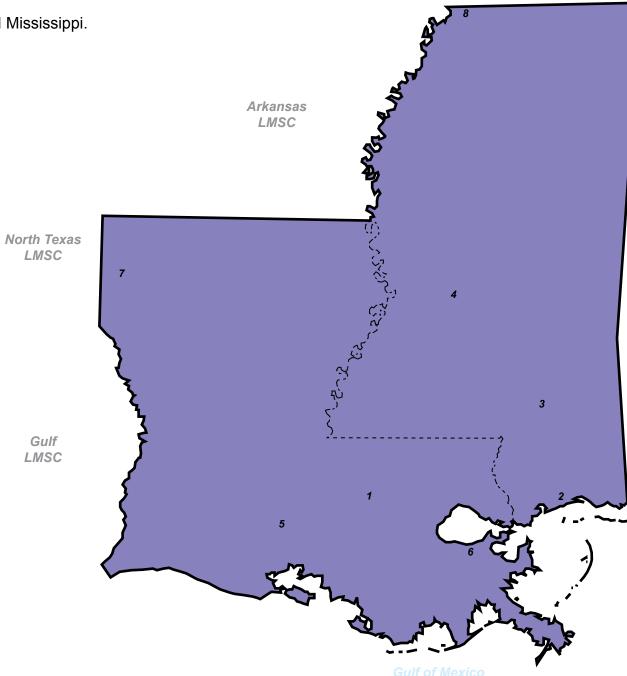
The states of Louisiana and Mississippi.

Cities in SO LMSC

- 1 Baton Rouge, LA
- 2 Gulfport, MS
- 3 Hattiesburg, MS
- 4 Jackson, MS
- 5 Lafayette, LA
- 6 New Orleans, LA
- 7 Shreveport, LA
- 8 Southhaven, MS

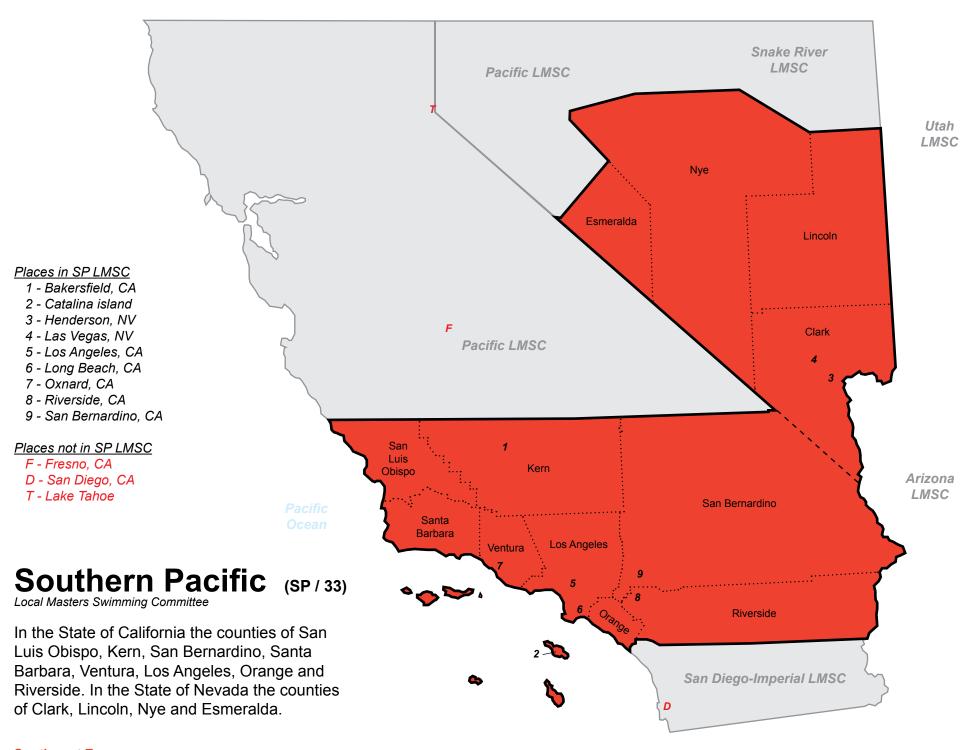
Cities not in SO LMSC

M - Memphis, TN



Southeastern **LMSC**

Southeastern LMSC



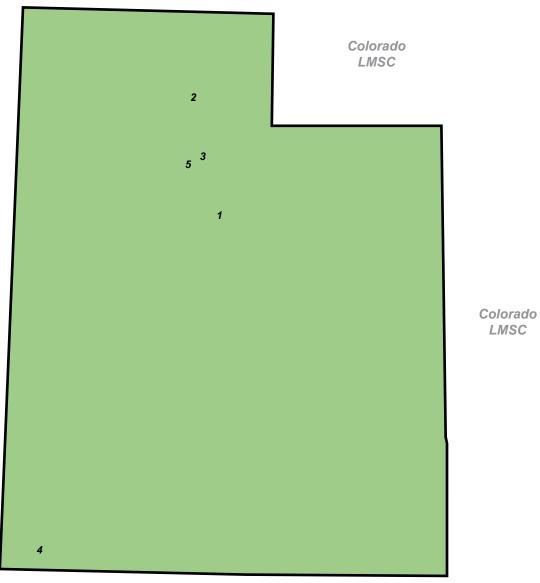
Utah (UT / 34) Local Masters Swimming Committee

The State of Utah.

Cities in UT LMSC

- 1 Provo
- 2 Ogden
- 3 Salt Lake City
- 4 St. George
- 5 West Valley City

Snake River LMSC



Southern Pacific LMSC

Snake River

LMSC

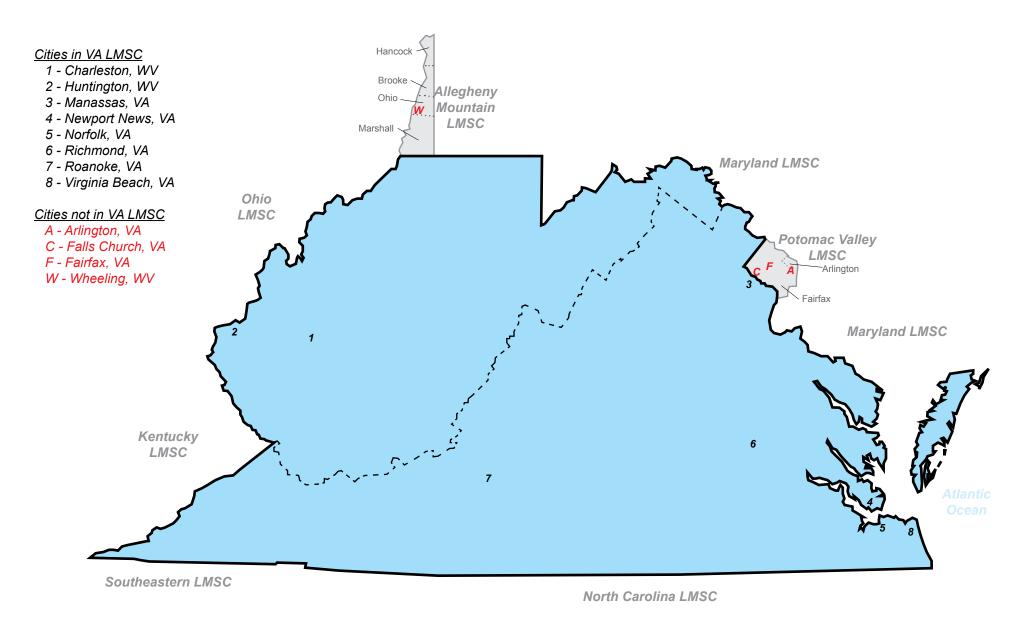
Arizona LMSC

New Mexico LMSC

Virginia (VA / 12)

Local Masters Swimming Committee

The Commonwealth of Virginia except the counties of Arlington and Fairfax and the cities of Alexandria, Fairfax and Falls Church. The State of West Virginia except the counties of Hancock, Brooke, Ohio and Marshall.



Colonies Zone page 51

Wisconsin (WI / 20) Local Masters Swimming Committee

The State of Wisconsin except the counties of St. Croix, Dunn and Pierce.

Cities in WI LMSC

- 1 Eau Claire
- 2 Green Bay
- 3 Kenosha
- 4 Madison
- 5 Milwaukee
- 6 Racine



Illinois LMSC