

1989 USMS National Championship

FOUR MILE SWIM

The Fox Lake Challenge

Saturday August 19, 1989

Fox Lake at Korpan's Landing, Illinois

Sponsored by: Central Masters

Sanctioned by: United States Masters Swimming

RESULTS

August 19, 1989

THE FOX LAKE CHALLENGE 4-MILE SWIM

PLACE	LAST NAME	SEX	AGE	TIME	CITY, STATE, ZIP
48	JENNINGS	F	30-34	1:59:27	DEKALB IL 60115
49	BUGNER	F	40-44	2:00:06	CRYSTAL LAKE, IL 60012
50	HELLMUTH	M	50-54	2:01:05	MADISON WI 53703
51	SKARPIAK	F	13-14	2:03:04	HICKORY HILLS, IL 60457
52	BAYERS	F	30-34	2:03:53	DESPLAINES, IL 60016
53	DJERF	F	19-24	2:05:14	PARK FOREST IL 60466
54	TALLEY	F	11-12	2:05:40	LITTLETON, CO 80121
55	WROBLE	F	13-14	2:05:59	HICKORY HILLS, IL 60457
56	CARROLL	M	25-29	2:08:04	BENSENVILLE, IL 60106
57	BELFORD M.D.	M	30-34	2:10:02	ROCKFORD, IL 61111
58	SCHWARTZ	F	25-29	2:13:00	CHICAGO IL 60657
59	BUGNER	M	13-14	2:13:08	CRYSTAL LAKE, IL 60012
60	BUTLER	M	40-44	2:15:17	OAK PARK IL 60304
61	MURPHY	M	11-12	2:17:05	MIDDLETOWN, NJ 07748
62	POWELL	M	35-39	2:17:57	MASON CITY IA 5040L
63	SHAW	M	40-44	2:19:19	LOMBARD IL 60148
64	ROGERS	F	30-34	2:19:23	NAPERVILLE, IL 60540
65	TEFLER	M	35-39	2:21:15	GLENDALE HTS, IL 60139
66	DEAN	F	19-24	2:23:42	TROY, MI 48083
67	ALGMINAS	M	50-54	2:27:45	PARK RIDGE IL 60068
68	BUSCHER	M	45-49	2:29:55	EUCLID OHIO 44117
69	SPYRISON	M	35-39	2:34:01	FREEPORT IL 61032
70	MATTSON	M	30-34	2:34:16	FREEPORT IL 61032
71	MATTSON	F	30-34	2:34:34	FREEPORT IL 61032
72	DANZ	F	25-29	2:34:44	CAROL STREAM, IL 60188
73	NORDIN	M	50-54	2:38:15	DOWNERS GROVE IL 60516
74	FRIZANE	M	40-44	2:38:23	CHICAGO IL 60631
75	ZEITNER	M	45-49	2:38:54	CHICAGO IL 60618
76	NESVIG	F	60-64	2:45:43	PALATINE IL 60067
77	ACOSTA	M	30-34	2:47:15	CHICAGO IL 60657
78	CAP	F	11-12	2:51:05	CHICAGO, IL 60643
79	VOLLAND	M	45-49	2:53:46	CHICAGO IL 60657
80	DWYER	M	30-34	2:54:04	CHICAGO IL 60618
81	PECZKOWSKI	F	11-12	2:56:46	PALOS HILLS, IL 60465
82	BROWNE	F	70-74	2:58:15	RENO NV 89502
83	WASILEWSKI	M	35-39	3:06:08	ROUND LAKE IL 60073
84	KAPP	M	40-44	3:14:02	CHICAGO IL 60613
85	HUNTTING	F	30-34	3:35:28	CHICAGO IL 60657
86	MOELLER	F	55-59	3:35:41	INDIANAPOLIS IN 46219

THE FOX LAKE CHALLENGE 4-MILE SWIM

PLACE	LAST NAME	SEX	AGE	TIME	CITY, STATE, ZIP
0	POHLONSKI	M	40-44		KALAMAZOO MI 49008
0	HEILMAN	M	40-44		FORTAGE IN 46368
0	MCQUADE	M	30-34		WARREN MI 48093
0	SULLIVAN	M	15-18		EVANSTON IL 60201
0	CASSERO	F	15-18		MELROSE PARK, IL 60164
0	BUCKLEY	M	35-39		CHICAGO IL 60617
1	WILEY	M	19-24	1:20:20	AUSTIN, TX 78759
2	JAHN	F	25-29	1:24:11	PALOS HEIGHTS IL 60463
3	OWENS	M	19-24	1:24:35	BARRINGTON, IL 60010
4	GILLASPIE	M	15-18	1:29:40	HANNA CITY, IL 61536
5	WALTON	M	35-39	1:30:06	KOKOMO IN 46901
6	DORRE	M	15-18	1:31:09	HINSDALE, IL 60521
7	MCGUIRE	M	30-34	1:32:34	CHICAGO, IL 60657
8	GOBLE	M	13-14	1:33:14	LONG GROVE, IL 60047
9	WINTER	M	25-29	1:34:06	HINSDALE, IL 60521
10	FERRIS	M	11-12	1:34:34	NAPERVILLE, IL 60565
11	GILLASPIC	M	13-14	1:35:27	HANNA CITY, IL 61536
12	NOLAN	M	19-24	1:36:15	EAST NORTH PORT, NY 11731
13	PRICE	M	50-54	1:36:19	PALO ALTO CA 94306
14	SHRUM	M	40-44	1:36:49	CHARLOTTESVILLE VA 22901
15	ROTH	M	30-34	1:37:11	PARK FOREST IL 60466
16	FREITAG	M	19-24	1:39:39	ELK GROVE VILLAGE, IL 60007
17	YAWITZ	M	35-39	1:40:01	ST. LOUIS MO 63105
18	POSTICH	M	35-39	1:40:29	BOWLING GREEN, OH 43402
19	KATZ	M	30-34	1:43:21	CHICAGO, IL 60614
20	DOTY	M	11-12	1:40:44	SAYVILLE, NY 11782
21	WALKER	M	25-29	1:43:44	HINSDALE IL 60521
22	TALLEY	F	40-44	1:44:17	LITTLETON CO 80121
23	MULLIKEN	M	45-49	1:44:29	CHICAGO IL 60638
24	HACKERT	M	30-34	1:44:31	FIFIELD WI 54524
25	MILLER	M	40-44	1:45:14	SCHAUMBURG, IL 60194
26	VICKERS	M	25-29	1:45:42	SCHAUMBURG, IL 60193
27	MARTIN	M	30-34	1:46:11	ROCKFORD IL 61111
28	MCVICKER	M	15-18	1:46:12	MARION, IN 46952
29	GIFFORD	M	45-49	1:47:20	PARK FOREST IL 60466
30	CASHMAN	M	25-29	1:49:43	ELK GROVE VILLAGE, IL 60007
31	SHIPPY	M	19-24	1:50:04	WYOMING, MI 49509
32	DREFFEIN	M	35-39	1:50:51	PALATINE IL 60074
33	PARKER	F	13-14	1:51:55	WORTH, IL 60482
34	PHELPS	M	25-29	1:52:53	WATERLOO IA 50701
35	MARZ	M	30-34	1:54:28	PARK FOREST, IL 60466
36	MORRIS	F	30-34	1:54:35	VILLA PARK IL 60181
37	KLEINE	F	15-18	1:55:38	LAKE BLUFF, IL 60044
38	JOHNSON	M	40-44	1:56:13	WAUWATOSA WI 53225
39	MACKERT	M	25-29	1:56:31	CHICAGO, IL 60657
40	GORTOWSKI	F	30-34	1:56:46	NORMAL IL 61761
41	RYSDON	M	35-39	1:57:07	CEDAR RAPIDS IA 52402
42	CAYER	F	11-12	1:57:13	PALOS PARK, IL 60464
43	WATSON	F	25-29	1:57:14	LAKWOOD, CO. 80226
44	GEARHART	M	35-39	1:58:27	CEDER RAPIDS, IA 52406
45	BUTKOVICH	M	35-39	1:58:57	ROCKFORD IL 61107
46	HUDSON	M	30-34	1:59:20	FREEPORT IL 61032
47	MUSCH	M	40-44	1:59:26	NAPERVILLE IL 60565

Results of the Fox Lake Challenge August 19th, 1989

11-12 Male

<u>Chris Ferris</u>	1st	1:34:34
Kyle Doty	2nd	1:43:44
Sean Murphy	3rd	2:17:05

11-12 Female

<u>Karissa Cayer</u>	1st	1:57.13
Tiffany Talley	2nd	2:05:40
Claudia Cap	3rd	2:51:05
Kristin Peckowski	4th	2:56:46

13-14 Male

<u>Ryan Goble</u>	1st	1:33:14
Bill Gillaspic	2nd	1:35:27
Dan Bugner	3rd	2:13:08

13-14 Female

<u>Heather Parker</u>	1st	1:51:55
Fawn Skarpiak	2nd	2:03:04
Rhonda Wroble	3rd	2:05:59

15-18 Male

<u>Tim Gillaspie</u>	1st	1:29:40
Eric Dorre	2nd	1:31:09
Jason McVicker	3rd	1:46:12

15-18 Female

<u>Emily Kleine</u>	1st	1:55:38
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19-24 Male

Note: winner of age group was overall winner-everyone moves up		
Chuck Wiley	Overall winner	1:20:20
Rob Owens	1st	1:24:35
Patrick Nolan	2nd	1:36:15
Rob Freitag	3rd	1:39:39
Scott Shippy	4th	1:50:04

19-24 Female

<u>Kimberly Djerka</u>	1st	2:05:14
Kristi Dean	2nd	2:23:42

25-29 Male

<u>Mark Winter</u>	1st	1:34:06
Robin Walker	2nd	1:44:07
Jeff Vickers	3rd	1:45:42
Jeff Cashman	4th	1:49:33
David Phelps	5th	1:52:53
Damon Mackert	6th	1:56:31
Dave Carroll	7th	2:08:04

25-29 Female

Note: Overall female winner was in this age group-everyone moves up

Martha Jahn	Overall female winner	1:24:11
Cathy Watson	1st	1:57:14
Linda Schwartz	2nd	2:13:00
Donelda Danz	3rd	2:34:44

30-34 Male

<u>Michael McGuire</u>	1st	1:32:24
Charles Roth	2nd	1:37:11
Sheldon Katz	3rd	1:43:21
David Hackert	4th	1:44:31
John Alan Martin	5th	1:46:11
Brian Marz	6th	1:54:28
Jeff Hudson	7th	1:59:20
Earel Belford, M. D.	8th	2:10:02
Ron Mattson	9th	2:34:16
Rodolfo Acosta	10th	2:47:15
James Dwyer	11th	2:54:04

30-34 Female

<u>Mary Morris</u>	1st	1:54:35
Debbie Gortowski	2nd	1:56:46
Kathy Jennings	3rd	1:59:27
Patricia Bayers	4th	2:03:53
Rachel Rogers	5th	2:19:23
Ann Skuldt Mattson	6th	2:34:34
Ann Huntting	7th	3:35:28

35-39 Male

<u>Rick Walton</u>	1st	1:30:06
Richard Yawitz	2nd	1:40:01
Steve Postich	3rd	1:40:29
William Dreffein	4th	1:50:51
Jon Rysdon	5th	1:57:07
Nick Gerarhart	6th	1:58:27
Richard Butkovich	7th	1:58:57
Jacob Powell	8th	2:17:57
Bob Tefler	9th	2:21:15
Stephen Spyrison	10th	2:34:01
James Wasilewski	11th	3:06:08

40-44 Male

John Shrum	1st	1:36:49
James Miller	2nd	1:45:14
Tom Johnson	3rd	1:56:13
Thomas Musch	4th	1:59:26
Thomas Butler	5th	2:15:17
Kenneth Shaw	6th	2:19:19
Paul Frizane	7th	2:38:23
Tom Kapp	8th	3:14:02

40-44 Female

Sonnie Talley	1st	1:44:17
Linda Bugner	2nd	2:00:06

45-49 Male

William Mulliken	1st	1:44:29
David Gifford	2nd	1:47:20
Neil Buscher	3rd	2:29:55
Robert Zeitner	4th	2:38:54
George Volland	5th	2:53:46

50-54 Male

Kent Price	1st	1:36:19
Phillip Hellmuth	2nd	2:01:05
Leo Algminas	3rd	2:27:45
Kenneth Nordin	4th	2:38:15

55-59 Female

Anne Marie Moeller	1st	3:35:41
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60-64 Female

Jacklyn Nesvig	1st	2:45:43
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70-74 Female

Ivy Browne	1st	2:58:45
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THE FOX LAKE CHALLENGE

FOUR MILE SWIM

THE FOX LAKE CHALLENGE FOUR MILE SWIM

U.S.M.S. AND U.S.S. SWIMMING NATIONAL LONG DISTANCE SWIMMING CHAMPIONSHIPS

EVENT OPEN TO ALL U.S.S. AND U.S.M.S. REGISTERED SWIMMERS

WHEN: Saturday, August 19th. Check in at 7:00 AM to 7:30 AM. Race begins at 8:00 AM.

ENTRY DEADLINE: No race day entries will be accepted.

WHERE: Fox Lake, IL--start begins at Korpan's Landing. See attached map.

WHO TO CONTACT: David Usrey, 526 Kingston Blvd., McHenry, IL 60050. Phone 312-587-1395

TYPE OF COURSE: A unique four mile straight line swim.

TRANSPORTATION BACK TO START: Provided by boat, bus or van. NOTE: Your gear will be transported to the finish for you by race personnel.

AWARDS: U.S.S. Championship medals and watches & U.S.M.S. Championship Medals

RACE awards include trophies to 15% of entrants in each age group by male and female divisions. Age groups are as follows: Male and Female--ages 10 and Under, 11-12, 13-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

CHAMPIONSHIP REQUIREMENTS:

- (a) One cap, one suit, goggles, ear plugs and grease will be allowed. (NO WET SUITS OR FLOTATION DEVICES)
- (b) Any assistance during the race will result in disqualification. Feeding is permissible but use of alcohol or illegal drugs are forbidden.
- (c) Swimmers will be disqualified if there is any intentional physical contact with another swimmer or another person or objects.

ENTRY FEES: \$20.00 for participants who provide their own personal safety canoe and crew.

NOTE: Swimmers must make arrangements for same on their own--the race does not provide individual support boats.

\$25.00 for participants with no personal safety canoe (official boats will patrol the course)

NOTE: fee includes t-shirt, cap and awards for participants as well and brunch for participants and crews.

SAFETY:

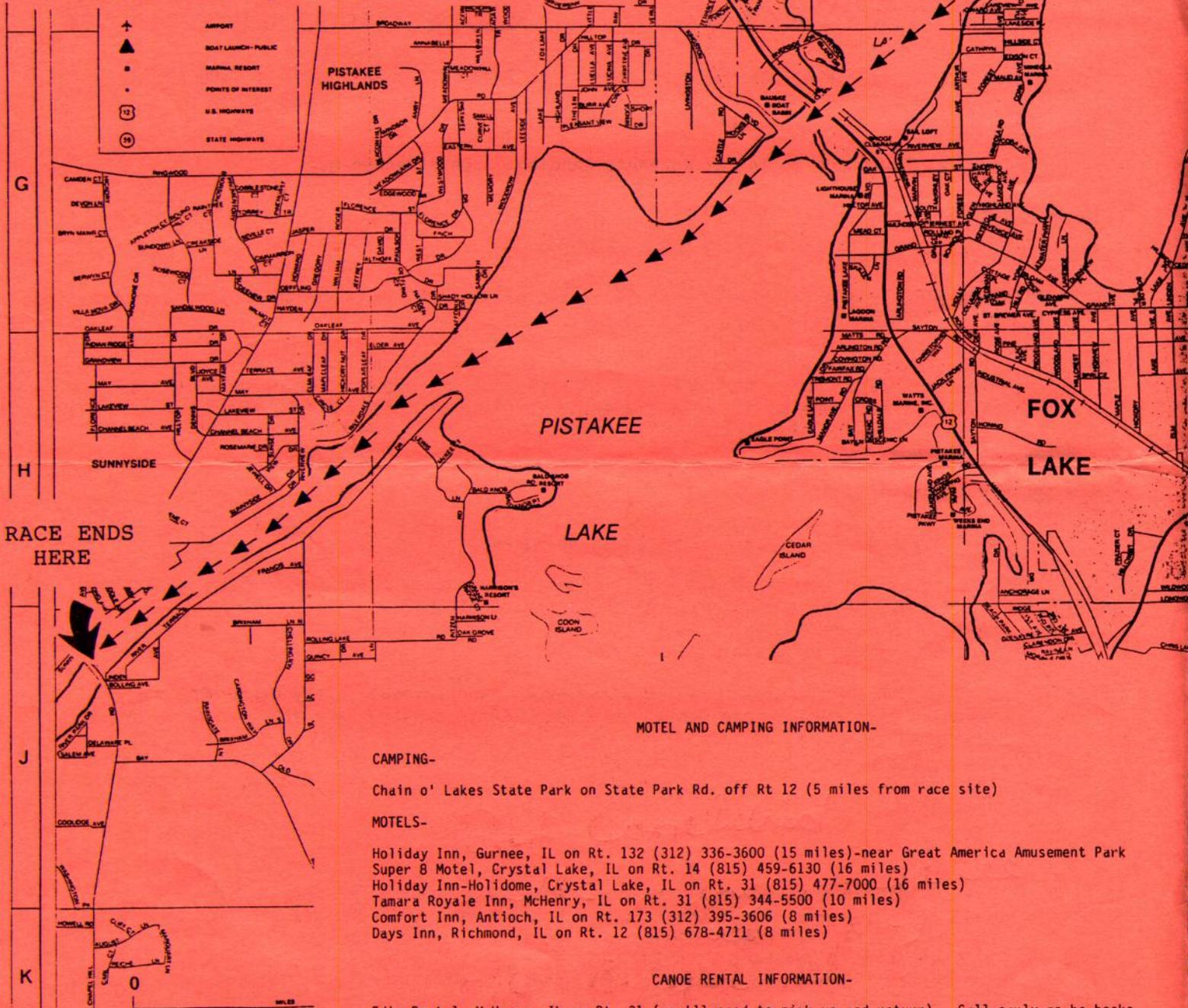
- (a) Due to insurance coverage all swimmers must be a member of either U.S.M.S. or U.S.S. To join if you are 18 and under, contact Helen Kelly, Illinois Swimming Inc., P. O. Box 112, Aurora, IL 60507. If you are age 19 and over, please contact Pat Sengstock, 923 Sunset Rd., Wheaton, IL 60187.
- (b) Those participants who provide a canoe and crew will receive a discount on the entry fee. The canoe must move with the participant. We encourage the slower, younger or less confident swimmer to provide a personal safety boat. NOTE: Personal safety boats will be prohibited from moving in next to their swimmer until swimmers are spread over a safe distance from the mass start.
- (c) The start will be in waves if deemed necessary by the race directors.
- (d) If two participants decide to pair up with one canoe and crew then those swimmers must swim together.
- (e) Swim caps will be furnished and color coded by age division.
- (f) Sheriff's patrol boats will lead, conclude and patrol the entire course.

FOX LAKE CHALLENGE

FOUR MILE SWIM

AUGUST 19, 1989

FOX LAKE, ILLINOIS



MOTEL AND CAMPING INFORMATION-

CAMPING-

Chain o' Lakes State Park on State Park Rd. off Rt 12 (5 miles from race site)

MOTELS-

Holiday Inn, Gurnee, IL on Rt. 132 (312) 336-3600 (15 miles)-near Great America Amusement Park
 Super 8 Motel, Crystal Lake, IL on Rt. 14 (815) 459-6130 (16 miles)
 Holiday Inn-Holidome, Crystal Lake, IL on Rt. 31 (815) 477-7000 (16 miles)
 Tamara Royale Inn, McHenry, IL on Rt. 31 (815) 344-5500 (10 miles)
 Comfort Inn, Antioch, IL on Rt. 173 (312) 395-3606 (8 miles)
 Days Inn, Richmond, IL on Rt. 12 (815) 678-4711 (8 miles)

CANOE RENTAL INFORMATION-

Ed's Rental, McHenry, IL on Rt. 31 (you'll need to pick up and return). Call early as he books up. Cost approximately \$15.00. (815) 385-3232.
 Twin Lakes Canoe Shop, Twin Lakes, WI (414) 877-3329. Cost is approximately \$16.00. He will deliver to race site and return if he gets enough rentals. This has worked great for people in past years.

POWER BOAT INFORMATION-

We discourage any power boats other than those volunteering for the race. All official boats will be marked as such. Other power craft will be removed from the raceway by police patrols. If you have a power boat you care to volunteer please inform us. Also the Chain o' Lakes require a user permit. The race has one for all boats involved in the race. Any boats without race markings is subject to being ticketed.



THE FOX LAKE CHALLENGE

****FOUR MILE SWIM****

THE FOX LAKE CHALLENGE

APPLICATION, RELEASE AND INDEMNIFICATION FORM

In consideration of the acceptance of my entry in the Fox Lake Challenge, (The Event):

- I hereby agree to comply with all the rules and regulations and event instructions of the EVENT and its directors.
- For myself, my executors, administrators, heirs, next of kin, successors, and assigns I hereby:
 - Intending to be legally bound, waive and release any and all claims for loss or damages against United States Masters Swimming, Inc., Central Masters Swimming Association, United States Swimming Association, the event committee, their officers, directors, employees, members, volunteers, agents, sponsors, or any one or more of them or their executors, administrators, heirs, next of kin successors or assigns, ("The Releasees"), including any and all claims for damage caused by the negligence of any of them, as a condition of my participation in the EVENT and its related activities, together with any costs including attorneys' fees that may be incurred as a result of such claim whether valid or not; and
 - Indemnify and hold harmless the Releasees and each of them against any such claim that I or my guests or any one or more of my or their executors, administrators, heirs, next of kin, successors, or assigns may have or assert and against any costs including reasonable attorneys' fees with respect thereto.
- I hereby acknowledge participation in the Fox Lake Challenge competition carries with it potential hazard and water safety cannot be guaranteed.
- I hereby acknowledge that I have sole responsibility for my personal possessions and athletic equipment during the EVENT and its related activities.
- I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that my physical condition has been verified by a licensed medical doctor.
- I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness related to the EVENT.
- I hereby acknowledge the EVENT committee reserves the right to change the event distances, particularly if weather or water conditions should prove adverse on the day of the EVENT.

SIGNATURE OF PARTICIPANT

SIGNATURE OF PARENT IF UNDER 18

DATE _____



THE FOX LAKE CHALLENGE

JOIN THE CHALLENGE

NAME _____ AGE _____
ADDRESS _____
CITY/STATE _____ ZIP _____
PHONE () _____ SEX _____
U.S.M.S./U.S.S. SWIMMER REGISTRATION # _____ (REQUIRED)
T-SHIRT SIZE PREFERRED S M L XL
I WILL FURNISH MY OWN SAFETY BOAT WITH CREW . \$20.00
I AM ENTERING WITHOUT A PERSONAL SAFETY BOAT. \$25.00
*****If you would like a confirmation of entry please send a self-addressed, stamped envelope*****
EXTRA T-SHIRTS CAN BE ORDERED FOR YOUR BOATMEN AT A COST OF \$9.25.
HOW MANY AND WHAT SIZES _____

TOTAL ENCLOSED \$ _____

****A word of caution to all our participants. We hope you take this four mile distance seriously and be conditioned appropriately****

SEND ENTRY TO: DAVID USREY
526 Kingston Blvd.
McHenry, IL 60050
(312) 587-1395

MAKE CHECKS PAYABLE TO: THE FOX LAKE CHALLENGE