



April ALTS Month Program Name	City	State	More information
Memorial Park Natatorium	Jasper	AL	hdarnold@gmail.com
Lakeshore Foundation	Birmingham	AL	wilndyl@lakeshore.org
Arizona Aquatic Sports Foundation	Mesa	AZ	laura@mesaswims.com
Ahwatukee Community Swim and Tennis Ctr	Phoenix	AZ	joycefoote@ahwatukeehoa.com
Competitive Tri-Swim Masters	Covina	CA	christine_dahlstrom@yahoo.com
Embarcadero YMCA	San Francisco	CA	JBeckland@ymcasf.org
Presidio Community YMCA	San Francisco	CA	keaneman@ymcasf.org
Salvation Army Kroc Center San Diego	San Diego	CA	andrea.sanford@usw.salvationarmy.org
Anita Cole, instructor	Long Beach Thousand	CA	anita.chixwithstix@gmail.com
Conejo Valley Masters	Oaks	CA	nancy@conejovalleymultisportmasters.com
Silver Peak Performance	Pasadena	CA	626-818-9224
Loveland Masters	Loveland	CO	debbiebuehler@gmail.com
YMCA of Delaware	Wilmington	DE	crford@ymcade.org
For Fun, For Fitness, For Life	The Villages	FL	connie.greb.cg@gmail.com
Palm Beach Masters	Jupiter	FL	PalmBeachMasters@gmail.com
Rebekah's Freedom Floaters	Kissimmee	FL	rebekahstephens@comcast.net
Sarasota Tsunami Masters	Sarasota	FL	jeffwaddle@yahoo.com
KISO Swim Club	Boca Raton	FL	561-232-2010
Zionsville Aquatic Masters	Zionsville	IN	lbrown@zcs.k12.in.us
Terre Haute Torpedoes	Terre Haute	IN	partingco@gmail.com
Indy Aquatic Masters	Indianapolis Louisville, Shelbyville	IN	pschenkel@aol.com
Kentucky Masters	Shelbyville	KY	kycommunications@usms.org
Wildcat Masters	Lexington	KY	cyeoman138@gmail.com
Gulf Coast Multi-Sport	Slidell	LA	miaerick@yahoo.com
Pittsfield Polar Bears Masters	Pittsfield Vineyard	MA	mmclydon@yahoo.com
YMCA of Martha's Vineyard	Haven	MA	cutlerl@comcast.net
Worcester Area Masters	Worcester	MA	cj.qkona@gmail.com
Pittsfield Polar Bears Masters	Pittsfield	MA	mmclydon@yahoo.com
Charles River Masters	Cambridge	MA	swimmingsaveslives@gmail.com
YMCA of Southern Maine, Casco Bay	Freeport	ME	bstcyr@ymcaofsouthernmaine.org
Twin Cities Aquatics Cooperative	Minneapolis	MN	tcaquaticskooperative@gmail.com
Brainerd Family YMCA	Brainerd	MN	mbalach@blymca.org
Bozeman Masters Swim Club	Bozeman	MT	president@bozemanmasters.org
SwimMAC	Charlotte	NC	alts@swimmaccarolina.org
Great Bay Masters	Dover	NH	603-516-6441
Cranford Masters	Cranford	NJ	908-7090-7260 x 2307
Brigantine Aquatic Center	Brigantine	NJ	sari821@live.com
Carson Valley Swim Center	Minden	NV	fishcannon@rocketmail.com
Sylvania Masters	Toledo	OH	karenegeiser@gmail.com>
Bowling Green Swim Club	Bowling Green	OH	BGSCMasters@gmail.com

Contact: Holly Neumann
941-556-6285 | hneumann@usmastersswimming.org



Salem Community Center	Salem	OH	(330) 332-5885
Westlake Rec Center	Westlake	OH	440-617-4420
Grants Pass Family YMCA	Grants Pass	OR	mgrant@grantspassymca.net
Hood River Valley Parks and Rec	Hood River	OR	541-386-1303
Greenville Splash Masters	Greenville	SC	greenvillesplash@gmail.com
Sun City Hilton Head Swim Club	Hilton Head Is.	SC	debrakwalsh@att.net
N. Charleston/Palmetto Masters	N. Charleston	SC	byatagan@northcharleston.org
YMCA of Metro Chattanooga	Chattanooga	TN	esawyer@ymcachattanooga.org
Frisco Masters	Frisco	TX	kbarndt@texasfordaquatics.com
Queer Utah Aquatic Club	Salt Lake City	UT	president@quacquac.org
Richmond Swims	Richmond	VA	karen@richmondswims.org
Sport & Health McLean	McLean	VA	ALTS@sportandhealth.com
The Swimming Hole	Stowe	VT	802-253-9229