

2024 U.S. Masters Swimming Long Distance National Championships
Relay All-Americans

2024 USMS Women's Relay All-Americans (3 Swimmers)										
Age Group	Event	Total Time/ Distance	Club Name	First Name	Last Name	Age	Club Abbr	USMS Registration ID	Individual Time/ Distance	USMS Record
18+	One Hour	13,225	Marcia's Enthusiastic Masters of Oakland	Cathy	Teng	24	MEMO	3845-GA9YA	4,710	
				Beth	McBride	34	MEMO	384C-4YVNP	4,035	
				Carrie	Hahnel	46	MEMO	384Z-GXNY5	4,480	
	5K									
	10K									
	3000	2:02:51.00	New England Masters	Aurora	Beaumont	22	NEM	024S-PS5AS	0:41:29.93	
				Claire	Thomas	38	NEM	0256-JWIFYZ	0:35:43.30	
				Casey	Rickli	40	NEM	0242-07YPG	0:45:38.22	
	6000									
25+	One Hour	14,220	New England Masters Swim Club	Jessie	Feng	27	NEM	024G-H2VG2	4,675	
				Adrienne	Santer	31	NEM	0242-K54EE	4,960	
				Alana	Aubin	34	NEM	0240-07TSR	4,585	
	5K	3:52:29.25	Oregon Masters	Ilsa	Feierabend	32	OREG	374W-69VC2	1:08:52.31	
				Cheryl	Morgen	55	OREG	374D-026FA	1:22:16.99	
				Arlene	Delmage	62	OREG	3746-01Z4F	1:21:19.95	
	10K	7:59:20.91	Oregon Masters	Ilsa	Feierabend	32	OREG	374W-69VC2	2:27:47.36	
				Alyson	Wilson	36	OREG	374Z-07U6E	2:37:41.56	
				Cheryl	Morgen	55	OREG	374D-026FA	2:53:51.99	
	3000	2:58:05.93	Andrew and Walter Young YMCA Masters Swim Team	Sofia	Tenorio Martinez	33	AWYY	454B-CX3A1	0:55:02.00	
				Jini	Thornton	55	AWYY	4558-HHR41	1:11:41.39	
				Sabine	Muhr	57	AWYY	455H-SWXPf	0:51:22.54	
	6000									
	One Hour	14,495	New England Masters Swim Club	Claire	Thomas	38	NEM	0244-JWIFYZ	4,670	
				Brittany	Butcher	39	NEM	024T-0BAUT	4,925	

35+				Sarah	Sutton	41	NEM	024K-XYEC6	4,900	
	5K	3:55:33.79	Masters of South Texas	Emily	Petrescu	37	MOST	4340-9EMFC	1:19:43.30	
				Kathleen	Guise	41	MOST	4344-DD7TH	1:19:56.80	
				Kirsten	Goldhammer	53	MOST	434X-020DN	1:15:53.69	
	10K									
	3000	1:56:04.48	St Pete Masters	Stephanie	Gibson	41	SPM	145E-H37MJ	0:40:16.68	
				Alison	Hayden	53	SPM	144Z-045GD	0:36:05.06	
				Karen	Westerman	57	SPM	144Y-02RX6	0:39:42.74	
	6000	4:19:03.24	Oregon Masters	Julie	Baker	37	OREG	374R-RKC04	1:20:18.25	
				Megan	Tosh	39	OREG	374B-09JSX	1:29:26.99	
				Michelle	Cary	43	OREG	3741-9ZMPV	1:29:18.00	
45+	One Hour	13,995	St Pete Masters Inc	Valerie	Valle	47	SPM	144N-02ER1	4,700	
				Alison	Hayden	53	SPM	144Z-045GD	4,720	
				Paula	Texel	54	SPM	144E-0625D	4,575	
	5K	4:00:37.16	Illinois Masters	Stephanie	Henry	50	IM	2145-09R25	1:17:24.58	
				Marcia	Cleveland	60	IM	214K-MC944	1:18:38.12	
				Karen	Lundgren	60	IM	214J-09E7N	1:24:34.46	
	10K	8:16:09.29	Illinois Masters	Stephanie	Henry	50	IM	2145-09R25	2:38:54.59	
				Marcia	Cleveland	60	IM	214K-MC944	2:41:19.57	
				Karen	Lundgren	60	IM	214J-09E7N	2:55:55.13	
	3000	2:04:21.16	Illinois Masters	Stephanie	Henry	50	IM	2145-09R25	0:39:32.18	
				Sandra	Dold	50	IM	214J-622C7	0:43:11.81	
				Marcia	Cleveland	60	IM	214K-MC944	0:41:37.17	
	6000	4:14:56.78	Illinois Masters	Stephanie	Henry	50	IM	2145-09R25	1:19:38.96	
				Marcia	Cleveland	60	IM	214K-MC944	1:24:23.19	
				Karen	Lundgren	60	IM	214J-09E7N	1:30:54.63	
				Emily	Yasukochi	47	PSM	364M-05V8D	4,115	

55+	One Hour	13,845	Puget Sound Masters	Jami	Marks	45	PSM	364H-0AAWV	3,820	
				Michelle	McRae	49	PSM	3647-04FBZ	4,220	
	5K	5:02:48.56	Swim Fort Lauderdale	Jamie	Herrington	59	SFTL	5044-027GB	1:29:00.63	
				Sarah	Bennett	61	SFTL	504H-G00SE	1:49:38.94	
				Cynthia	Henley	66	SFTL	504P-07SFD	1:44:08.99	
	10K									
	3000	2:01:42.50	Oregon Masters	Arlene	Delmage	62	OREG	3746-01Z4F	0:41:40.02	
				Cherie	Touchette	61	OREG	3747-026K8	0:39:17.41	
				Valerie	Jenkins	61	OREG	374R-0265K	0:40:45.07	
	6000	4:35:05.29	Oregon Masters	Cheryl	Morgen	55	OREG	374D-026FA	1:27:39.46	
Cherie				Touchette	61	OREG	3747-026K8	1:21:50.00		
Jeanna				Summers	70	OREG	374N-000PT	1:45:35.83		

65+	One Hour	12,630	New England Masters Swim Club	Beth	Estel	68	NEM	0248-008J3	4,000	Y
				Tracy	Grilli	67	NEM	024C-RDS0X	4,405	
				Leslie	Craven	65	NEM	024U-004WN	4,225	
	5K	4:43:22.97	Palm Beach Masters	Tamara	Burton	66	PBM	5047-099CG	1:29:03.99	
				Meg	Reller	66	PBM	504B-0279B	1:30:58.99	
				Janet	Siniscalchi	68	PBM	5047-079VZ	1:43:19.99	
	10K	8:55:14.97	Palm Beach Masters	Meg	Reller	66	PBM	504B-0279B	3:00:52.99	Y
				Tamara	Burton	66	PBM	5047-099CG	2:56:14.99	
				Catherine	Rust	71	PBM	5044-06WNH	2:58:06.99	
	3000	2:13:47.82	Palm Beach Masters	Meg	Reller	66	PBM	504B-0279B	0:43:06.73	
				Tamara	Burton	66	PBM	5047-099CG	0:44:37.10	
				Catherine	Rust	71	PBM	5044-06WNH	0:46:03.99	
	6000	4:49:58.03	Palm Beach Masters	Tamara	Burton	66	PBM	5047-099CG	1:31:50.00	
				Meg	Reller	66	PBM	504B-0279B	1:28:53.04	
				Janet	Siniscalchi	68	PBM	5047-079VZ	1:49:14.99	

45+	One Hour	14,330	Longhorn Aquatics	Joseph	Gardner	49	TXLA	434X-AHPA1	4,860	
				Ned	Muñoz	53	TXLA	4349-02NR9	4,850	
				Larry	Wood	70	TXLA	434K-02NJF	4,620	
	5K	3:29:18.34	Oregon Masters	Kurt	Grote	51	OREG	3745-082KF	1:07:41.84	
				Scot	Sullivan	58	OREG	374B-003C6	1:11:52.57	
				Daniel	Jorgensen	56	OREG	374M-001GM	1:09:43.93	
	10K	8:20:26.48	Illinois Masters	Andrew	Walberer	52	IM	2141-005XM	2:35:04.10	
				Chris	Layton	65	IM	2143-02VAE	2:38:10.88	
				Phil	Dodson	71	IM	214N-02UY2	3:07:11.50	
	3000	1:51:04.62	Longhorn Aquatics	Joseph	Gardner	49	TXLA	434X-AHPA1	36:05.31	
				Branch	Archer	65	TXLA	4343-08689	35:32.44	
				Larry	Wood	70	TXLA	434K-02NJF	39:26.87	
	6000	3:49:30.00	Longhorn Aquatics	Joseph	Gardner	49	TXLA	434X-AHPA1	1:13:28.88	
				Branch	Archer	65	TXLA	4343-08689	1:12:34.50	
				Larry	Wood	70	TXLA	434K-02NJF	1:23:26.62	
55+	One Hour	14,280	New England Masters Swim Club	Matthew	Gilson	57	NEM	024G-033F6	4,565	
				Chris	French	62	NEM	024Z-034EP	4,580	
				Stuart	Cromarty	60	NEM	0246-03437	5,135	
	5K	6:08:48.50	Oregon Masters	Brian	Halter	58	OREG	3742-2YTRE	1:35:08.00	
				Walter	Carter	69	OREG	374G-05XRU	2:02:00.99	
				John	Foges	80	OREG	3740-026R3	2:31:39.51	
	10K									
	3000	2:03:29.90	Illinois Masters	John	Thomas	59	IM	214H-436U5	40:44.99	
				James	Sullivan	63	IM	215T-04U13	40:49.15	
				Phil	Dodson	71	IM	214N-02UY2	41:55.76	
	6000									
65+	One Hour	13,050	Illinois Masters	Chris	Layton	65	IM	2143-02VAE	4,230	
				Andreas	Seibt	66	IM	214V-02VB9	4,810	
				Phil	Dodson	71	IM	214N-02UY2	4,010	
	5K	4:11:59.86	Oregon Masters	Robert	Main	66	OREG	3747-03MF9	1:31:03.99	
				Dan	Kirkland	76	OREG	3748-069B3	1:17:30.88	
				Bob	Bruce	76	OREG	3741-025YX	1:23:24.99	
	10K	9:54:49.24	Oregon Masters	Walter	Carter	69	OREG	374G-05XRU	4:06:21.99	
				Dan	Kirkland	76	OREG	3748-069B3	2:45:04.26	
				Bob	Bruce	76	OREG	3741-025YX	3:03:22.99	
	3000	2:18:14.66	Oregon Masters	David	Roach	69	OREG	374M-0UA7D	46:59.00	
				Robert	Main	66	OREG	3747-03MF9	45:35.30	
				Jimmy	Unger	71	OREG	374Z-026HR	45:40.36	
	6000	4:33:39.67	Oregon Masters	Kermit	Yensen	71	OREG	374H-025Y1	1:46:13.00	
				Dan	Kirkland	76	OREG	3748-069B3	1:19:19.68	
				Bob	Bruce	76	OREG	3741-025YX	1:28:06.99	
	One Hour	12,760	Oregon Masters	Dan	Kirkland	76	OREG	3748-069B3	4,705	Y
				Bob	Bruce	76	OREG	3741-025YX	4,310	

75+				Matt	Henderson	75	OREG	374A-07UME	3,745	
	5K									
	10K									
	3000	2:11:10.52	Oregon Masters	Matt	Henderson	75	OREG	374A-07UME	49:20.00	
				Dan	Kirkland	76	OREG	3748-069B3	38:45.71	
				Bob	Bruce	76	OREG	3741-025YX	43:04.81	
	6000									

2024 USMS Mixed Relay All-Americans (2 Women, 2 Men)										
Age Group	Event	Total Time/ Distance	Club Name	First Name	Last Name	Age	Club Abbr	USMS Registration ID	Individual Time/ Distance	USMS Record
18+	One Hour	17545	Dolphins of the Desert	Aidan	Barg	24	DDSA	4843-1TSYK	3,810	
				Julien	Mathias	29	DDSA	484D-0PYNW	5,100	
				Christina	DiGiacomo	37	DDSA	484Z-7DEDG	4,150	
				Ellen	Geiger	45	DDSA	484G-05Z9U	4,485	
	5K	5:44:22.44	Palm Beach Masters	Max	Eulenhoefer	20	PBM	504G-SBD7M	1:16:03.99	
				Michael	Rush	45	PBM	504K-01H2M	1:32:29.47	
				Tamara	Burton	66	PBM	5047-099CG	1:29:03.99	
				Catherine	Rust	71	PBM	5044-06WNH	1:26:44.99	
	10K									
	3000	2:38:15.08	Alamo Area Masters at Alamo Heights	Kyla	Leibel	23	AAMAH	434W-XU1SB	37:13.00	
				Cathleen	Pruden	30	AAMAH	434P-0VVBT	42:50.19	
				Ty	Richardson	51	AAMAH	435F-02PPW	40:15.48	
				Andrew	Plummer	53	AAMAH	4348-098P9	37:56.41	
	6000	5:32:53.31	Alamo Area Masters at Alamo Heights	Kyla	Leibel	23	AAMAH	434W-XU1SB	1:18:01.94	
				Cathleen	Pruden	30	AAMAH	434P-0VVBT	1:26:45.00	
				Jack	Pidgeon	32	AAMAH	434Z-7P00H	1:24:18.16	
				Ty	Richardson	51	AAMAH	435F-02PPW	1:23:48.21	
25+	One Hour	19910	St Pete Masters Inc	Cameron	Chambers	34	SPM	1449-09T9S	5,400	
				Christopher	Stickle	34	SPM	144M-06HTS	5,090	
				Valerie	Valle	47	SPM	144N-02ER1	4,700	
				Alison	Hayden	53	SPM	144Z-045GD	4,720	
	5K	4:47:38.03	Oregon Masters	Ilsa	Feierabend	32	OREG	374W-69VC2	1:08:52.31	
				Kurt	Grote	51	OREG	3745-082KF	1:07:41.84	
				Daniel	Jorgensen	56	OREG	374M-001GM	1:09:43.93	
				Arlene	Delmage	62	OREG	3746-01Z4F	1:21:19.95	
	10K	9:58:52.84	St Pete Masters Inc	Cameron	Chambers	34	SPM	1449-09T9S	2:07:55.79	
				Christopher	Stickle	34	SPM	144M-06HTS	2:20:14.99	
				Sarah	Swoch	39	SPM	144S-02TVT	2:51:02.06	
				Suzanne	Dearworth	52	SPM	144J-027H7	2:39:40.00	
	3000	2:33:24.83	Oregon Masters	Simon	Shi	27	OREG	374R-49J7Y	30:04.30	
				Grant	Aldred	31	OREG	374M-084PG	40:22.00	
				Julie	Baker	37	OREG	374R-RKC04	38:48.88	

				Michelle	Cary	43	OREG	3741-9ZMPV	44:09.65	
	6000	5:28:57.82	St Pete Masters	Macarena	MartinMayor	26	SPM	1441-V99EX	1:18:23.00	
				Christopher	Stickle	34	SPM	144M-06HTS	1:14:32.83	
				Sarah	Swoch	39	SPM	144S-02TVT	1:27:55.99	
				Jeffrey	Gould	61	SPM	144W-01YC1	1:28:06.00	
35+	One Hour	19040	New England Masters Swim Club	Brittany	Butcher	39	NEM	024T-0BAUT	4,925	
				Haroldo	Kawakami	36	NEM	024C-07ZMT	4,920	
				Tim	Johnson	42	NEM	024R-066XE	4,295	
				Sarah	Sutton	41	NEM	024K-XYEC6	4,900	
	5K	5:19:42.43	Oregon Masters	Michelle	Cary	43	OREG	3741-9ZMPV	1:28:01.99	
				Cheryl	Morgen	55	OREG	374D-026FA	1:22:16.99	
				Scot	Sullivan	58	OREG	374B-003C6	1:11:52.57	
				Dan	Kirkland	76	OREG	3748-069B3	1:17:30.88	
	10K									
	3000									
45+	One Hour	18585	New England Masters Swim Club	Julie	Baker	37	OREG	374R-RKC04	1:20:18.25	
				Michelle	Cary	43	OREG	3741-9ZMPV	1:29:18.00	
				Kermit	Yensen	71	OREG	374H-025Y1	1:46:13.00	
				Bob	Bruce	76	OREG	3741-025YX	1:28:06.99	
	5K	5:15:33.99	Illinois Masters	Chris	Plankey II	46	NEM	024P-16VD9	4,600	
				Kysa	Crusco	48	NEM	0240-07Z08	4,420	
				Kaan	Duru	54	NEM	0244-06GNG	4,785	
				Tara	Mack	52	NEM	0242-033P8	4,780	
	10K	10:33:29.14	Illinois Masters	Stephanie	Henry	50	IM	2145-09R25	1:17:24.58	
				Andrew	Walberer	52	IM	2141-005XM	1:18:55.30	
				John	Thomas	59	IM	214H-436U5	1:20:35.99	
				Marcia	Cleveland	60	IM	214K-MC944	1:18:38.12	
	3000	2:42:43.49	Illinois Masters	Stephanie	Henry	50	IM	2145-09R25	2:38:54.59	
				Andrew	Walberer	52	IM	2141-005XM	2:35:04.10	
				Marcia	Cleveland	60	IM	214K-MC944	2:41:19.57	
				Chris	Layton	65	IM	2143-02VAE	2:38:10.88	
	6000	5:30:01.27	Illinois Masters	Stephanie	Henry	50	IM	2145-09R25	39:32.18	
				John	Thomas	59	IM	214H-436U5	40:44.99	
				James	Sullivan	63	IM	215T-04U13	40:49.15	
				Marcia	Cleveland	60	IM	214K-MC944	41:37.17	
	One Hour	18535	New England Masters Swim Club	Andrew	Walberer	52	IM	2141-005XM	1:18:00.56	
				Stephanie	Henry	50	IM	2145-09R25	1:19:38.96	
				Marcia	Cleveland	60	IM	214K-MC944	1:24:23.19	
				Phil	Dodson	71	IM	214N-02UY2	1:27:58.56	
	One Hour	18535	New England Masters Swim Club	Mary	Walton	58	NEM	024J-08471	4,475	
				Charlotte	Brynn	58	NEM	0240-034BA	4,345	
				Stuart	Cromarty	60	NEM	0246-03437	5,135	
				Chris	French	62	NEM	024Z-034EP	4,580	

