

2024 Women's USMS Long Distance All Americans

USMS REGISTRATION ID	Age Group	Gender	First Name	M.I.	Last Name	APP	Birthdate	Age	Club abbr.	LDAA	LDAS	Event	Time or distance	Records
1645-08Y9B	18-24	F	JORDYN		BLOODE			24	UC16			Sprint Distance OW	22:31.00	
384E-09ZR6	25-29	F	VIVIAN		CROW			27	DAM			Sprint Distance OW	24:37.00	
304U-NCNFB	30-34	F	REBECCA		MILLER			30	MINN			Sprint Distance OW	27:35.00	
3046-0907J	35-39	F	EMILY		ZENNER			37	UC30			Sprint Distance OW	25:15.00	
304J-083Z4	40-44	F	HEATHER		LENDWAY			40	SCOTS			Sprint Distance OW	21:09.00	
3041-0258G	45-49	F	RACHEL		HUGHEY			46	MINN			Sprint Distance OW	25:32.00	
224Z-0020W	50-54	F	KRISTEN		GROSS			50	SLAM			Sprint Distance OW	24:13.00	
204R-01YYE	55-59	F	LYNN		ASCIONE			57	HMSWI			Sprint Distance OW	25:12.00	
384X-D0NUT	60-64	F	KIMBERLY		ELSBACH			61	GFDM			Sprint Distance OW	23:06.00	
2046-01R8P	65-69	F	LAURIE		ALIOTO			66	MAMWI			Sprint Distance OW	25:15.00	
124Z-WATER	70-74	F	SHIRLEY		LOFTUS-CHARLEY			73	CM-Y			Sprint Distance OW	25:15.00	
483F-02F1Y	75-79	F	JOANNE		MENARD			76	MMAC			Sprint Distance OW	31:47.00	
304Y-024J3	80-84	F	CAROL		SMOLLEN			80	RLK			Sprint Distance OW	42:26.00	
374X-344DP	18-24	F	LUCY		GRAMLEY			21	OREG			Middle Distance OW	46:25.00	
384Z-0APVD	25-29	F	TARA		HALSTED			29	DAM			Middle Distance OW	43:24.00	
384E-09827	30-34	F	ALLISON		ARNOLD			32	TOC			Middle Distance OW	41:27.00	
384M-J1NG6	35-39	F	JING		LI			36	SMM			Middle Distance OW	47:26.00	
384R-1MM4V	40-44	F	GOLDA		MARCUS			41	BGAC			Middle Distance OW	46:03.00	
384T-03KD2	45-49	F	HEIDI		GEORGE			48	UC38			Middle Distance OW	39:46.00	
3846-03X25	50-54	F	ABBY		PLEDGER			50	NBA			Middle Distance OW	47:11.00	
384H-07UKC	55-59	F	JANICE		CURTIN			57	BAMF			Middle Distance OW	48:06.00	
384U-03M46	60-64	F	LISA		HAZEN			60	UC38			Middle Distance OW	46:29.00	
384E-03G4V	65-69	F	KATY		BASILE			65	MELO			Middle Distance OW	1:11:23.00	
594U-01J02	70-74	F	JILL		WRIGHT			73	SAWS			Middle Distance OW	1:11:06.00	
384V-03G5A	75-79	F	CYNTHIA		DUTRO			76	MELO			Middle Distance OW	1:13:48.00	
1645-08Y9B	18-24	F	JORDYN		BLOODE			24	UC16			Long Distance OW	1:12:48.00	
204A-SA2MV	25-29	F	RACHEL		WERKING			26	WISC			Long Distance OW	1:08:12.00	
404V-JMVNE	30-34	F	CLARE		SLAGEL			31	DASH			Long Distance OW	1:14:10.00	
4045-077VK	35-39	F	LAUREN		LEHENBAUER			37	MILK			Long Distance OW	1:14:07.00	
2046-MWTUE	40-44	F	JULIA		MYNETT			41	UC20			Long Distance OW	1:18:08.00	
384T-01N6R	45-49	F	KRISTIN		DUBY			45	DAM			Long Distance OW	1:24:13.00	
104T-036YJ	50-54	F	KATRINA		SUKDUANG			52	UC10			Long Distance OW	1:19:15.00	
304U-025C1	55-59	F	CARRIE		STOLAR			57	MTKA			Long Distance OW	1:17:04.00	
384X-D0NUT	60-64	F	KIMBERLY		ELSBACH			61	GFDM			Long Distance OW	1:14:12.00	

2046-01R8P	65-69	F	LAURIE		ALIOTO			66	MAMWI			Long Distance OW	1:26:11.00	
124Z-WATER	70-74	F	SHIRLEY		LOFTUS-CHARLEY			73	CM-Y			Long Distance OW	1:21:38.00	
483F-02F1Y	75-79	F	JOANNE		MENARD			76	MMAC			Long Distance OW	1:44:43.00	
374X-344DP	18-24	F	LUCY		GRAMLEY			21	OREG			Marathon Dist OW	2:47:33.00	
384C-REH1A	25-29	F	STEPHANIE		BLANKLEY			26	USF			Marathon Dist OW	2:48:44.00	
384G-09JZK	30-34	F	LAURA		MARTINEZ			33	AHSM			Marathon Dist OW	3:13:27.00	
4547-9HND5	35-39	F	VESNA		SHELNUTT			39	GAJA			Marathon Dist OW	2:33:07.00	
454N-387JG	40-44	F	LISA		HUGHES			44	UC45			Marathon Dist OW	3:13:36.00	
384P-068K7	45-49	F	TESLA		PROFUMO			47	CRUZ			Marathon Dist OW	2:40:52.00	
3845-CHSWM	55-59	F	CYNTHIA		HERTZER			55	CRUZ			Marathon Dist OW	3:06:07.00	
384X-D0NUT	60-64	F	KIMBERLY		ELSBACH			61	GFDM			Marathon Dist OW	2:52:40.00	
434G-GPDKF	18-24	F	GABRIELLA		MAULDIN			20	TXLA			1 Hour Virtual	4,965	
3840-SYRSD	25-29	F	HANNAH		ORBACH-MANDEL			27	USF			1 Hour Virtual	5,050	
0242-K54EE	30-34	F	ADRIENNE		SANTER			31	NEM			1 Hour Virtual	4,960	
024T-0BAUT	35-39	F	BRITTANY		BUTCHER			39	NEM			1 Hour Virtual	4,925	
024K-XYEC6	40-44	F	SARAH		SUTTON			41	NEM			1 Hour Virtual	4,900	
144N-02ER1	45-49	F	VALERIE		VALLE			47	SPM			1 Hour Virtual	4,700	
554J-01HAD	50-54	F	STACEY		BRUCE			50	PALM			1 Hour Virtual	4,965	
084Y-0226X	55-59	F	LAURIE		HUG			59	1776			1 Hour Virtual	4,745	
384X-D0NUT	60-64	F	KIMBERLY		ELSBACH			61	GFDM			1 Hour Virtual	4,635	
144W-01S73	65-69	F	KAREN		EINSIDLER			68	SHARK			1 Hour Virtual	4,455	
124Z-WATER	70-74	F	SHIRLEY		LOFTUS-CHARLEY			73	CM-Y			1 Hour Virtual	4,355	
024S-01S5E	75-79	F	CHRISTIE		HAYES			76	NEM			1 Hour Virtual	3,725	
384Y-03JTU	80-84	F	DANIELA		BARNEA			80	MELO			1 Hour Virtual	3,000	
324T-03105	85-89	F	JANE		OBERG			87	CMS			1 Hour Virtual	3,050	Y
384Z-6WJ2N	25-29	F	EMILY		WOO			29	MEMO			5K Virtual	1:29:58.73	
374W-69VC2	30-34	F	ILSA		FEIERABEND			32	OREG			5K Virtual	1:08:52.31	
3844-06NAP	35-39	F	LINDSAY		FLORES-GAUDINIER			35	UC38			5K Virtual	1:14:51.24	
434M-0A3TZ	40-44	F	MEREDITH		GARDNER			40	TXLA			5K Virtual	1:15:21.46	
384Z-GXNY5	45-49	F	CARRIE		HAHNEL			46	MEMO			5K Virtual	1:16:23.68	
434X-020DN	50-54	F	KIRSTEN		GOLDHAMMER			53	MOST			5K Virtual	1:15:53.69	
144Y-02RX6	55-59	F	KAREN		WESTERMAN			57	SPM			5K Virtual	1:17:04.25	
384X-D0NUT	60-64	F	KIMBERLY		ELSBACH			61	GFDM			5K Virtual	1:12:58.10	
144W-01S73	65-69	F	KAREN		EINSIDLER			68	SHARK			5K Virtual	1:15:44.10	
124Z-WATER	70-74	F	SHIRLEY		LOFTUS-CHARLEY			73	CM-Y			5K Virtual	1:20:09.23	
484Z-02F1Y	75-79	F	JOANNE		MENARD			76	MMAC			5K Virtual	1:35:07.07	
374K-026R8	80-84	F	JUDY		ZIEMER			80	OREG			5K Virtual	2:09:01.99	
324T-03105	85-89	F	JANE		OBERG			87	CMS			5K Virtual	1:53:22.40	Y
374W-69VC2	30-34	F	ILSA		FEIERABEND			32	OREG			10K Virtual	2:27:47.36	
3844-06NAP	35-39	F	LINDSAY		FLORES-GAUDINIER			35	UC38			10K Virtual	2:36:03.17	

4344-DD7TH	40-44	F	KATHLEEN		GUISE			41	MOST			10K Virtual	2:42:38.59	
434X-020DN	50-54	F	KIRSTEN		GOLDHAMMER			53	MOST			10K Virtual	2:37:19.59	
374D-026FA	55-59	F	CHERYL		MORGEN			55	OREG			10K Virtual	2:53:51.99	
384X-D0NUT	60-64	F	KIMBERLY		ELSBACH			61	GFDM			10K Virtual	2:31:56.05	
144W-01S73	65-69	F	KAREN		EINSIDLER			68	SHARK			10K Virtual	2:34:04.22	
124Z-WATER	70-74	F	SHIRLEY		LOFTUS-CHARLEY			73	CM-Y			10K Virtual	2:46:04.60	
434W-XU1SB	18-24	F	KYLA		LEIBEL			23	AAMAH			3000 Virtual	37:13.00	
1441-V99EX	25-29	F	MACARENA		MARTIN MAYOR			26	SPM			3000 Virtual	39:13.81	
3844-0AG6V	30-34	F	FELICIA		LEE			32	TOC			3000 Virtual	36:00.04	
0256-JWFYZ	35-39	F	CLAIRE		THOMAS			38	NEM			3000 Virtual	35:43.30	
145E-H37MJ	40-44	F	STEPHANIE		GIBSON			41	SPM			3000 Virtual	40:16.68	
265W-DP9AE	45-49	F	JACQUELINE		DAY			46	TFAM			3000 Virtual	38:41.51	
144Z-045GD	50-54	F	ALISON		HAYDEN			53	SPM			3000 Virtual	36:05.06	
084K-022E0	55-59	F	ANNE		CAPPOLA			55	1776			3000 Virtual	38:25.34	
3340-01J04	60-64	F	ELLEN		REYNOLDS			60	TRB			3000 Virtual	35:16.16	Y
144W-01S73	65-69	F	KAREN		EINSIDLER			68	SHARK			3000 Virtual	40:18.64	
124Z-WATER	70-74	F	SHIRLEY		LOFTUS-CHARLEY			73	CM-Y			3000 Virtual	40:28.25	
3046-02A9M	75-79	F	BABS		LARSEN			77	MINN			3000 Virtual	57:22.62	
384G-03GEZ	80-84	F	LESLIE		WESTERGAARD			81	DAM			3000 Virtual	1:06:36.89	
434W-XU1SB	18-24	M	KYLA		LEIBEL			23	AAMAH			6000 Virtual	1:18:01.94	
1441-V99EX	25-29	M	MACARENA		MARTIN MAYOR			26	SPM			6000 Virtual	1:18:23.00	
434P-0VWBT	30-34	M	CATHLEEN		PRUDEN			30	AAMAH			6000 Virtual	1:26:45.00	
374R-RKC04	35-39	M	JULIE		BAKER			37	OREG			6000 Virtual	1:20:18.25	
3741-9ZMPV	40-44	M	MICHELLE		CARY			43	OREG			6000 Virtual	1:29:18.00	
104F-037H5	45-49	M	KATIE		PALAVECINO			46	ALEX			6000 Virtual	1:24:58.00	
435V-020DN	50-54	M	KIRSTEN		GOLDHAMMER			53	MOST			6000 Virtual	1:19:29.96	
084K-022E0	55-59	M	ANNE		CAPPOLA			55	1776			6000 Virtual	1:19:27.44	
3340-01J04	60-64	M	ELLEN		REYNOLDS			60	TRB			6000 Virtual	1:12:40.00	Y
144W-01S73	65-69	M	KAREN		EINSIDLER			68	SHARK			6000 Virtual	1:21:46.91	
124Z-WATER	70-74	M	SHIRLEY		LOFTUS-CHARLEY			73	CM-Y			6000 Virtual	1:24:07.17	
184Y-01WC8	75-79	M	SUSAN		PARIS			78	O*H*			6000 Virtual	2:15:15.16	