

# Index

## A

Acceptable times  
records 40

Advertising 14, 73, 115

Age determining date xi, 6, 67, 123, 129

Age groups 6, 77, 82, 129

Aggregate time xiii, 9

All-American  
individual 43  
long distance 84  
open water 84  
relay 43

All-Star 43

Amendments  
authorization 107  
effective date 109  
emergency 109  
FINA rules 109  
format 107  
Legislation 108  
LMSC Development 108  
Long Distance 108  
proposed  
adoption of 108  
modification of 108  
more than one committee 108  
submission of 107  
publication of proposed 108  
rules 108  
submission deadline 107  
USA Swimming rules 107

Anchored xii, 46, 49

Announcer 23

Annual meeting 94

Appeals 88

Appointees 93

Appointments  
coordinators 105  
legal counsel 105  
liaisons 105  
special assignments 105

Approved certifying bodies 113

Assistance and agreements 31

At-Large Directors  
election and term of office 99

Awards 30, 37, 77, 84  
Capt. Ransom J. Arthur, M.D. 159  
Dorothy Donnelly Service Award 160  
International Masters Swimming Hall of Fame 163  
International Swimming Hall of Fame 163  
Kerry O'Brien Coaching Award 160  
National championships 164  
Speedo/USMS Coach of the Year 160  
Ted Haartz USMS Staff Appreciation 162  
USMS Club of the Year 161  
USMS Fitness 161  
USMS June Krauser Communications 161  
USMS National Championship Meets 162  
USMS Open Water Service Award 162

## B

Backstroke 3  
flags and lines 47  
ledge 46  
start 1

Bidding areas  
Long Distance National championship 147

Blind 50

Board of Directors 98-102, 147  
appeal to 90  
meetings 100  
membership 99  
permanent committees 100  
powers 99  
quorum 100  
removal of members 102  
vacancies 102  
voting privileges 100

Breadbasket Zone 141, 149

Breaststroke 2

Budget requests 106

Bulkhead xiii, 42  
markings 45  
moveable 44, 45

Butterfly 3

**C**

Cable swim xiii  
Clerk of Course 23  
Club xiii  
    membership application 58  
    National Championship scoring 83  
Colonies Zone 141, 150  
Color 47  
Commands  
    starting 1, 19  
Committees 102-105, 151-157  
    ad hoc 105  
    appointments 104  
    audit 100, 155  
    championship 102, 151  
    coaches 102, 151  
    compensation and benefits 100, 155  
    elections 101, 152  
    executive iii, 101  
    finance 101, 155  
    fitness education 103, 152  
    governance 101, 155  
    history and archives 103, 152  
    investment 101, 155  
    jurisdiction 103  
    legislation 103, 152  
        Amendments 99  
    LMSC development 103, 153  
    long distance 103, 153  
        amendments 99  
    officials 103, 153  
    open water 103, 153  
    recognition and awards 103, 154  
    records and tabulation 103, 154  
    registration 103, 154  
    rules 103, 154  
        amendments 103  
    sports medicine and science 105, 155  
    standing 102  
    Swimming Saves Lives Foundation  
        155  
Conduct 87  
    compliance with rules and regulations  
        87  
    enforcement 88  
    standards of 87  
    unsporting 88  
Contract  
    National championship 81

Corporation xiii  
Course xiii

**D**

Deaf 50  
Deck-seeding xiii  
Deck entered xiii  
Deck equipment  
    other 46  
Deliberate delay 20  
Disabilities 49-53, 75  
    general 49  
    modifications 49  
    physical 51  
Disabled  
    cognitively 51  
Disqualifications 14  
Dissolution 106  
Diving boards 46  
Dixie Zone 150  
Drafting xiii  
Dual meet xiii  
Dual sanctioned events 118

**E**

Electronic timing chip xiii  
Eligibility 6, 57, 82, 117  
End of the course xiii  
End wall targets 45  
Entries 8  
Entry fees 35  
Entry form 34  
Equal opportunity 94  
Escort craft xiii  
Etiquette  
    Lane 11  
Event xii, 7  
Event director 74  
Event limit 8  
Events  
    long distance pool 77  
    open water 70  
    postal 77  
    straightaway xvi, 69  
Executive Committee 101  
    nonvoting members of 101  
Ex officio xiii

**F**

Facilities 43-49

False starts 20  
 Fees 35, 106, 131  
 FINA xiii  
   information for participants  
     USMS 129-131  
 Financial policy 105  
   budget requests 106  
   fees 105  
   fiscal year 105  
 Finish xiv, 72  
   backstroke 4  
   blind and visually impaired 50  
   breaststroke 2  
   butterfly 3  
   freestyle 4  
   Individual Medley 5  
   open water 72  
 Finish point xiv  
 First day of meet xiv  
 Fiscal year 94  
 Fitness events xiv, 59  
 Flags and lines  
   design 47  
   location 47  
 Foreign swimmer xiv  
 Forward start xiv  
 Foul xiv  
 Freestyle 4  
 Front edge 46

**G**

Grease xiv  
 Great Lakes Zone 150

**H**

Hard of hearing 50  
 Hearings  
   documentation 90  
   filing fee 90  
   recognition and enforcement 90  
 Heat xiv  
 Heats  
   assignments 10  
   minimum 10  
   pairing of 12  
 Height 46  
 High School  
   differences between  
     USMS 124-129  
 Horizontal xiv

House of Delegates 96  
   meetings of 96  
   membership 96  
   powers 96

**I**

Illumination 46  
 Individual events 6  
 Individual Medley 4  
 Initial distance xiv  
 Installation 47  
 Insurance 106  
   coverage 106  
   indemnification 106  
 IOC xiv

**J**

Judges 21  
   chief 20  
   jurisdiction of 21  
   stroke 21  
   turn 21  
 Jurisdiction 88

**K**

Kick  
   breaststroke 2  
   butterfly 3  
   disability 52

**L**

Ladders 45  
 Lane xiv  
   assignments 9  
   numbers 45  
   swimmers of similar speed in same 11  
   timers 21  
 Lane line xiii  
 Lane lines  
   floating and dividers 47  
   number of 47  
 Lane markers xiv, 42  
 Last day of the meet xiv  
 Leadoff xiv  
 Leg xiv  
 Legislation  
   amendments xii  
   committee 99, 103, 170  
 Length xiv, 44  
 Liability release 65

# INDEX

---

- Lighting 46
- LMSC
  - abbreviations 160
  - annual meeting 94
  - boundary
    - descriptions 94
  - bylaws 94
    - filing of 94
  - election of officers 94
  - financial controls 94
  - jurisdiction of 60
  - membership 94
  - numeric codes 142
  - officers 94
  - records and record keeping 94
  - responsibility 40
    - records 94
- Local Masters Swimming Committee
  - xiv, 94
- LMSC Development
  - rules amendments 107
    - committee 103, 107
- LMSC Options 30
- Long course xii
- Long course (50) meters xiii, 7, 31, 40
- Long Distance
  - age 67
  - All-Star Team 85
  - amendments 107
  - distance-based 78
  - membership 67
  - multiple per lane 78
  - officials 78
  - pool size 78
  - postal 77
  - relay
    - cumulative 77
    - sequential 77
    - open water 69
  - representation 67
  - results 83
  - sanctions 63
  - time-based 78
  - timing 78
- Long Distance Pool 77
- Marshals 23
- Masters i, ix
- Masters Swimming i, ix, xv
- May xv
- Medical
  - examination 41
  - Identification Item xv
- Meet xv
- Meet director 16
- Meet results 131
- Meets
  - cancellation 13
  - categories 31
  - championship 31
    - LMSC 94
  - change of program and postponement 13
  - committee 16
  - documents
    - storage requirements for 131
  - name 31
  - postponement 13
  - results, preparation of 131
  - triangular 30
- Member xv
- Members
  - conduct of 87
- Membership
  - affiliate 93
  - allied 93
  - annual 57, 58
  - application 57
  - categories 93
  - club 58
  - equal opportunity 94
  - fee 58
  - individual 53
- LMSC
  - changing affiliation 58
  - long distance 63
  - mandatory 93
  - one-event 57
  - representation 58
- Misconduct 19
- Must xv

## M

- Malfunction xiv
- Manual start xiv
- Mark xiv

## N

- National Board of Review 88
  - authority of 89

- chair 90  
 hearing panel procedure 90  
 jurisdiction of 88  
 LMSC decision  
   Appeal of 90  
 National championship 31  
   assistance 31  
   bid  
     awarding of 31  
     certification of 31  
     deadline 31  
     eligible 31  
     information 31  
     solicitation of 31  
   club scoring 34, 79  
   conduct of 29-37  
   distance events 73  
   entry  
     deadline 35  
     form 32  
     procedures 34  
   equipment 39  
   event limit 33  
   facilities 39  
   financial 81  
   heat sheets 32  
   local clubs 37  
   long course 75  
   long distance  
     Bidding Areas 165  
   long distance events 75  
   meet schedule/format 32  
   multiple courses 36  
   open water 79-86  
   personnel 16  
   program 29  
   protests 16, 76  
   regional clubs 36  
   results 37  
   short course 78  
   site selection 80  
   warm-up schedule 32  
 NCAA  
   differences 118-124  
   Northwest Zone 141, 150
- O**
- Oceana Zone 151  
 Officers 97  
   elections and term of office 97  
   positions 97  
 Officials  
   administrative 18  
   qualification of 17  
 Official time 26  
 One-event registration 57  
 Open Water 67  
   All-Star Team 85  
   disabilities 75  
   disqualifications 75  
   escorted 71  
   events 70  
     noncompetitive 76  
   finishes 72  
   finish order 72  
   incomplete race 76  
   officials 74  
   organization 67  
   relay  
     cumulative 69  
     distance basis 69  
     point basis 69  
     sequential 69  
     time basis 69  
   safety 71  
   sanctions 67  
   scoring 70  
     age group 77  
     swimwear 73  
   seeding 72  
   starts 72  
   swimwear  
     category I 73  
     category II 74  
 Operations guide  
   open water 67  
 Optional accessories 49  
 Overflow recirculation system 45
- P**
- Pace clocks 48  
 Paddler xv  
 Parliamentary authority 106  
 Participation 87  
 Penalties 8  
 Permanent course 45  
 Places 12  
 Pool xv  
   bottom lane markers 45  
   certification 40  
   markings 45, 48

# INDEX

---

- racing course
    - dimensions 44
    - walls 45
  - water
    - depth 45
    - temperature 45
    - width 45
  - Postal events 77
  - Postal event xv
  - Power source 48
  - Preseeding xv
  - Press steward 23
  - Propulsive xv
  - Protection 87
  - Protests 16, 76
- Q**
- Quorum 100
- R**
- Recall device 48
  - Recall rope operator 20
  - Recognized events xv, 61
  - Recorder of records 23
  - Records 39, 85, 111
    - application 135
    - deadlines 39
    - long distance 85
    - requirements for
      - pool measurement 39
      - Top 10 41
      - USMS 42
      - world 43
  - Referee xiii, 17
    - optional instructions 19
    - preparation 19
  - Register xv
  - Relay
    - age groups 8
    - card 8
    - cumulative 69, 77
    - freestyle 5
    - medley 5
    - rules 5
    - sequential 69, 77
    - takeoffs
      - blind and visually impaired 50
  - Relay takeoff judge 21
  - Release 65
  - Reporting
    - officials and meet personnel 17
  - Representation 57
    - long distance 67
    - open water 67
  - Required personnel 16
  - Responsibilities 49, 76
  - Results
    - individual events
      - preparation of 37, 131
      - meet 18, 37
      - national championships 37, 79, 83
  - Rules amendments 107-108
- S**
- Safety
    - electrical 48
    - open water 71
  - Safety plan xv, 71
  - Sanction
    - open water 63
    - pool 59
    - records 39
    - requirements 39, 64
    - withdrawal or denial of 65
  - Scissors Kick xv
  - Scoring 30, 83
    - divisions 70
  - Scratch xvi
  - Scratch procedures 8
  - Seeding 72
    - events in a 50-meter course 9
    - fast-to-slow 9
    - national championships 35
    - open water 72
    - slow-to-fast 9
    - two-to-a-lane 10
  - Session xvi
  - Shall xvi
  - Short course xiii
  - Short course (25) meters 7, 31
  - Short course (25) yards 7, 31
  - Should xvi
  - Size 47
  - Slope 46
  - Soft Touch xvi
  - Solo swim xii
  - South Central Zone 151
  - Southwest Zone 151
  - Special Appointments 156

- FINA Sports Medicine Committee  
156
- ISHOF Liaison 156
- National Board of Review Chair 156
- Parliamentarian 156
- U.S. Aquatic Sports Representative  
156
- UANA 156
- USMS Liaison to International Gay  
and Lesbian Aquatics 156
- USMS Liaison to USA Swimming  
156
- Splits  
preparation of results 130, 131
- Split Time xvi, 78
- Start 1  
backstroke 3  
blind and visually impaired 50  
breaststroke 2  
butterfly 3  
freestyle 4  
Individual Medley 4  
open water 72  
physical disability 50  
running 72  
stationary 72
- Starter 2, 19
- Starting  
command 1  
from alternate ends 10  
grips 46  
platforms 46  
signal 68  
visual signal 50
- Starting system  
equipment 19  
loudspeaker 48  
strobe light location 50
- Still water xvi
- Straightaway swim xvi, 69
- Strokes  
backstroke 3  
breaststroke 2  
butterfly 2  
freestyle 4  
Individual Medley 4
- Submitted times xvi
- Swimwear  
design 14, 73
- T**
- Ties 30
- Timed finals xvi
- Timers 17, 21  
chief 21  
head lane 22  
lane 22
- Timing  
accuracy 26  
adjustment for difference 25  
adjustment for heat malfunction 25  
adjustment for lane malfunction x, 25  
altitude adjustment 33, 132  
backup 73  
chip xiii  
electronic xiii  
equipment 22, 23  
automatic 22, 48  
manual xiv, 22  
operator 22  
semiautomatic 24  
time display board 49  
malfunction  
adjustment for x, 24, 25  
primary 23  
manual 23  
primary 23  
resolution 27  
secondary 24  
semiautomatic 23  
tertiary 24
- Tobacco  
no smoking signs 46  
products 16
- Touch xvi
- Touchpads 44, 48
- Travel permits 59
- Turn  
backstroke 3  
blind and visually impaired 50  
breaststroke 2  
butterfly 3  
freestyle 4  
Individual Medley 4
- U**
- Unattached 34, 57
- USAS xvi
- USA Swimming  
differences between

## INDEX

---

USMS 113

meets

Combined 118

Interwoven 118

Parallel 118

dual sanctioned events 118

USMS xvi

## V

Venue xvi

Visually impaired. *See* Blind

## W

Wall xvi, 45

Warm-down 6

availability 6

procedure 7

Warm-up. *See* Warm-down

Warning signal xvi, 20

Water conditions xi, 68

Wave xvi, 72

Will xvii

World championship 168

Workout Group xvii

## Z

Zone xvii, 87

boundary 95

chair 95

championship meet 95

communication 95

meeting 95

policy 95