

**United States Masters Swimming
Long Distance National Championship**

PRELIMINARY RESULTS

CHAMPIONSHIP EVENT: 2016 3000 Yards ePostal

EVENT DATE(S): 9/15/16 to 11/15/16

SANCTION NUMBER: 596-S004

SANCTIONING LMSC: Snake River

SPONSORING ORG: Sawtooth Masters

EVENT DIRECTOR: Paula Moores

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Boise, ID 83709-1529

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WOMEN

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	√ if a national record
18-24	1	Kelsey	Liu		24	MOVY	2873-0A4V8	36:12.62	
	2	Jenny	Mohn	L	24	DAM	386G-09HD8	37:29.46	
	3	Kim	Gabriel		24	PBM	506R-08BKM	40:13.98	
	4	Kelly	Chmura		21	SFTL	506H-0ADRY	43:12.70	
25-29	1	Marie	Hanft	F	26	SFTL	5069-09T73	36:33.45	
	2	Shannon	Jones		27	NITR	436K-0ADN8	38:01.53	
	3	CJ	Pisano		29	PBM	506X-09MTX	38:08.00	
	4	Kelley	Baum	T	27	PBM	506F-09J2C	39:04.99	
	5	Alanna	Waldman		25	SFTL	5064-0AH12	39:44.76	
	6	Tana	King	M	26	MERR	0960-09UP7	41:00.00	
	7	Amanda	Singleton	L	27	SFTL	5065-07JMK	41:42.41	
	8	Anna	Rosen		29	SFTL	506X-08BKE	43:59.10	
	9	Stephanie	Rock	L	29	PBM	506U-098BE	44:21.21	
	10	Kristy	O'Brien		29	NCMS	137T-097U1	44:44.72	
	11	Danielle	Nagle	Sue	25	CMS	3264-0AN39	45:05.44	
	12	Justine	Fedde	A	26	AQST	527V-09MFP	45:10.00	
	13	Lauren	Meyer	M	25	MERR	096E-0ANEN	45:29.00	
	14	Laura	Richards	M	26	PBM	507B-0AK3M	46:51.31	
	15	Pamela	Staton	J	29	SWED	216S-0AN4B	48:21.18	
	16	Rachel	Hsieh		29	OREG	376R-09VPZ	50:57.80	
	17	Bethany	Roberts	A	28	HOLY	026J-0473Y	52:18.51	

	18	Christine	Burke		26	PBM	506P-0AF45	56:44.35
	19	Edith	Hannigan		29	DAM	3876-07TXP	1:05:28.00
30-34	1	Christina	Horton		33	SFTL	507X-061JZ	36:33.92
	2	Kathleen	Pelczynski		31	NCMS	136F-06W4X	40:30.21
	3	Ara	Bergillos		34	SFTL	5062-0816K	41:13.53
	4	Leia	Matern	M	32	OREG	376J-0ADZT	41:15.16
	5	Mary	Milburn	C	32	PBM	506K-061K0	41:51.33
	6	Amy	Charley	C	31	VMST	1261-061BG	41:57.00
	7	Lenore	Brown	R	30	PBM	5067-0A1F4	42:36.92
	8	Kathleen	Stutz	J	34	SFTL	5066-07K8R	42:41.82
	9	Molly	Brown		30	BUMS	047A-088F6	43:06.99
	10	Vicki	Bolf	A	31	IM	2169-06TMW	43:51.84
	11	Krista	Beeman	M	33	CMS	3279-0A1B2	44:12.61
	12	Cristina	Martinez-Canton	L	32	DAM	3860-05V28	44:26.00
	13	Ellary	Wray	H	34	SFTL	5061-09XVW	44:38.66
	14	Kristen	Ellison	L	31	IM	216N-074H7	45:55.40
	15	Shannon	MacDonald		31	PBM	506C-0ANAG	46:16.90
	16	Amanda	Callahan		34	OREG	377N-06JB5	46:59.69
	17	Sarah	Mulder		32	CMS	326U-06T38	47:56.79
	18	Rebeca	Koehler		33	PBM	5079-0APXR	48:10.33
	19	Sarah	Rich		30	SMST	386W-07X25	48:28.12
	20	Meredith	Anderson	A	30	LOCO	557F-05ZSY	49:27.34
	21	Colleen	Broach	A	34	HUNT	1562-0A2XR	56:57.00
	22	Maria	Emerson		31	SFTL	5074-09RD2	1:05:35.08
	23	Komali	Motaparathi		31	PBM	506P-09PGU	1:09:58.99
	24	Sabra	Shelton	G	32	UC19	196U-07KX2	1:23:34.26
35-39	1	Heather	Congdon	B	38	SFTL	5064-0A4RM	38:11.72
	2	Sonja	Koppenwallner		39	SFTL	507C-01YJF	38:33.44
	3	Melanie	Gentles	H	39	DAM	3863-071K6	40:42.00
	4	Evelyn	Pryor	G	39	OREG	3768-026P2	41:51.00
	5	Sarah	Landrum	F	38	PSM	3668-099B2	42:16.83
	6	Kate	Lorenz		39	IM	216X-063KG	42:21.24
	7	Tatiana	Barbosa	B	37	SFTL	506C-027CP	43:00.16
	8	Sara	Kirchner	R	38	GOLD	506N-0895U	43:13.00
	9	Michelle	Toner	A	36	HOLY	0274-046NR	43:58.13
	10	Callie	Peat		35	BGWM	336B-03WDC	45:15.84
	11	Maria	Morales	F	37	SFTL	506H-05GVT	46:39.55
	12	Stephanie	Knapp		36	MM	3178-0A4AM	46:58.04
	13	Marissa	Filippo	S	38	SWED	217C-07EVU	47:32.78
	14	Sarah	Barber	R	39	SAWS	5968-06NXN	48:48.41
	15	Jennifer	Mohorovic	M	35	LOCO	556U-0A4C5	51:00.78
	16	Jessica	Schofield		37	PBM	506S-09MPZ	51:52.99
	17	Jennifer	Jones	T	39	BUMS	046A-001US	53:02.37

	18	Erica	Lazarus		37	PBM	507E-0APJ1	54:56.38
	19	Dawn	Paynter		38	PBM	506Y-09WR1	59:55.99
	20	Sofia	Liu	G	38	MOVY	287V-09NDM	1:03:01.00
	21	Melissa	Waters	C	38	HUNT	156N-092VN	1:09:00.00
40-44	1	Sara	Nelson	Q	43	OREG	376B-0263K	35:02.88
	2	Stacey	Bruce	L	41	PALM	556F-01HAD	36:42.88
	3	Michelle	McRae		41	PSM	366R-04FBZ	37:33.39
	4	Kate	Elliott		40	DMST	406P-097X9	38:51.47
	5	Julie	Gendler	L	40	SAWS	596X-0A7WR	40:14.00
	6	Suzy	Jajewski		41	OREG	376W-074MV	40:39.52
	7	Kelli	Broussard	A	44	UC15	156H-01T55	41:14.38
	8	Tammy	Regan Koppelberger		44	PSM	366D-09UES	42:23.88
	9	Christine	McCrary		43	SFTL	506W-04PCT	43:50.70
	10	Laura	Hinds	R	41	CMS	327Y-030P6	44:10.82
	11	Tracy	Wells	J	44	WLOO	436E-0AHKW	44:14.00
	12	Madelyn	Tan-Cohen		42	SWED	2179-0A7JT	44:16.38
	13	Kate	Ufford		40	PBM	5078-09ES7	44:25.87
	14	Meredith	Glick		40	SWED	2162-06AXW	44:43.82
	15	Janey	Mayville	C	42	SFTL	506G-001SG	45:11.99
	16	Kathy	Amarasinghe		41	WWM	356C-0867W	45:49.96
	17	Tracy	Williams	A	43	PBM	5065-09DRD	48:01.62
	18	Sarah	Barber	R	40	SAWS	5968-06NXN	48:02.38
	19	Alexandra	Lessem		41	CMS	327R-0743W	48:02.60
	20	Kira	Krier	J	42	NEM	026S-079E3	49:12.63
	21	Jenn	Kelly		40	PBM	5076-0AGYW	49:51.45
	22	Tasmin	Cordie	L	40	SFTL	5065-0AKP6	49:58.41
	23	Hillary	Morris		41	PBM	506R-095WK	50:18.99
	24	Renee	Parys		44	WLOO	436Y-0AKF1	50:21.00
	25	Ali	Massoud		42	SWED	217V-09NW7	51:11.53
	26	Rosina	Bolen		44	YWMA	086A-0ADB6	53:05.35
	27	Ellen	Brown		44	PBM	5079-08EZG	54:25.52
	28	Kristin	Volz	R	43	SFTL	506K-DUCKY	55:00.19
	29	Terri	Tague		44	PBM	506B-0AJSZ	55:16.19
	30	Jeraine	Ketchem	C	42	PBM	507B-07P93	55:59.77
	31	Kara	Baxter		41	PBM	507F-09XJC	1:04:33.99
45-49	1	Dana	Gianniny		46	ROCH	046V-01X7C	36:14.44
	2	Paula	Texel	M	46	SPM	147E-0625D	38:46.83
	3	Rebecca	Friedlander	L	49	SNM	3860-02D8U	38:49.23
	4	Brooke	Bowman	J	49	SPM	1478-004KC	39:33.39
	5	Jayette	Pettit	R	49	OREG	376W-0A8HS	40:00.80
	6	Karen	Westerman	L	49	SPM	1463-02RX6	40:03.83
	7	Megan	Lassen	M	46	SFTL	5060-02KUC	40:59.38
	8	Gillian	Salton	G	48	OREG	3761-05G96	41:34.00

9	Catharine	Cebrowski	L	45	MOST	4362-06P0P	42:48.57
10	Jennifer	Banning		45	O*H*	1862-01PJN	42:49.00
11	Mary	FitzGerald	P	49	HOLY	0276-0A4N0	42:50.25
12	Jodi	Schwartz		48	SPM	1469-083V6	44:22.44
13	Julie	May		49	SKY	4163-06T3A	44:26.71
14	Heidi	Polly	A	49	CMS	3260-00D8R	44:51.00
15	Karen	Charney	L	47	DAM	386B-0423B	45:04.05
16	Karrie	Weaver	G	45	UC30	306F-09G4Z	45:46.89
17	Melinda	Wight	D	45	MOST	436F-09MYN	46:15.54
18	Suzy	Cavanagh		47	SAWS	5965-05J27	46:32.28
19	Diana	Rodriguez	S	49	PBM	5076-0064K	47:31.07
20	Kim	Cullen	M	49	SFTL	507A-028AB	49:06.51
21	Carmela	Bedregal	V	48	PBM	506P-0866F	49:38.00
22	Anne Marie	Gladding		48	MICH	197M-0AP03	50:17.79
23	Sybille	Rex		48	UC02	026T-0ABEK	50:38.34
24	Jennifer	McBride		47	SWED	216D-06MSU	50:49.77
25	Emily Jane	Woo		47	UC10	106N-036PP	51:36.90
26	Melissa	Scott		46	SFTL	506X-09JRW	52:09.66
27	Ruth	Giles-Ott		48	IM	2171-02VKN	52:52.58
28	Ginger	Donnelly		49	PBM	5062-0A52D	53:22.99
29	Ingrid	Bon		46	PBM	506P-07ZM1	54:41.12
30	Lisa	Jillson		49	SWED	217X-09TNU	54:56.79
31	Flavia	Medlin	Z	49	O*H*	1861-02RHK	55:21.50
32	Heather	Schichtel		45	CMS	326S-0A40H	55:42.34
33	Kathy	Miller		49	BGWM	336Y-09GBA	57:01.37
34	Alicia	Geth		49	PBM	5061-089UX	58:58.81
35	Linda	Mueller		49	SWED	217X-09WR9	1:01:40.70
36	Carrie	Levy	C	46	SWED	2165-07Z7P	1:02:02.51
37	Elizabeth	Lynch	B	48	SWED	2179-0APRZ	1:03:22.06
38	Eileen	Kristl		47	SWED	2164-082GV	1:05:32.00
39	Julia	Sanderson	J	45	PBM	5066-0A005	1:07:14.99
40	Kris	Maraney		48	PBM	506D-0AN0R	1:11:40.01
41	Sheila	Vonbergen		46	PSM	366E-09YUK	1:15:48.48
42	Martha	Paniagua	L	49	PBM	506T-0AAM7	1:16:55.99
43	Johannah	Silva		46	SWED	2162-09U47	1:24:48.98

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1	Ellen	Reynolds	M	52	SAWS	597S-01J04	34:12.91
2	Rebecca	Friedlander	L	50	SNM	387H-02D8U	36:30.70
3	Charlotte	Brynn	J	50	NEM	0270-034BA	38:08.77
4	Beth	Strauss	A	51	PBM	5062-02876	40:12.99
5	Birgit	Lohberg		50	PBM	5064-027M6	40:13.82
6	Heidi	Kafka		54	IM	216E-02X7X	41:21.71
7	Cheryl	Kupan	A	52	SPM	147N-01SAD	41:52.00
8	Jamie	Herrington	S	50	SFTL	5074-027GB	41:55.72
9	Marcia	Cleveland	E	52	IM	216F-01S4Y	42:26.37

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10	Dawn	Clark	D	52	SPM	146F-05VRX	42:56.00		
11	Linda	Irish Bostic		52	PBM	507W-06BTX	43:26.99		
12	Pamela	Figoras	C	51	PBM	5064-06K1C	43:43.99		
13	Kris	Rebert	L	53	YWMA	0875-070MC	44:07.03		
14	Anne	Rasmussen	C	51	NCMS	136H-0A5DR	44:16.03		
15	Krissy	Ferry Phillips		54	PBM	506R-003S8	44:26.90		
16	Caroline	Loomis		53	DAM	3867-06ERJ	44:50.19		
17	Debra	Butler	L	53	CMS	3265-0945B	45:22.70		
18	Jennifer	Gervais		51	OREG	377R-09A4P	45:59.18		
19	Ann	Brown	M	54	MERR	096J-0759J	46:36.82		
20	Deborah	Drewke		50	SWED	216T-0A9WX	46:47.45		
21	Diane	Happel	M	52	UC40	406F-0469G	47:19.92		
22	Allison	Villarreal		53	MATT	156E-094UE	47:47.53		
23	Jeanne	Danford	G	53	PBM	5063-028BV	47:49.99		
24	Jennifer	Phalen	R	52	DAM	387C-JENNY	48:12.00		
25	Rebecca	Brinich		50	PBM	507W-01JH8	48:47.71		
26	Kathy	Joy		54	MHSA	386S-095FD	48:48.36		
27	Yumiko	Luke	H	51	SAWS	596X-09XTD	49:24.01		
28	Sarah	Bennett	L	53	SFTL	5060-G00SE	49:58.51		
29	Rebecca	Dodson-Webster		50	WASC	086X-09P8V	50:33.00		
30	Allison	LaField		53	MOST	436C-06MXY	50:37.10		
31	Lisa	Hines		54	MINN	306J-073JY	51:03.00		
32	Mary	Eklund		52	LOCO	557E-07HXG	51:39.37		
33	Cathy	Goodwin	W	50	PBM	506F-08CWV	52:25.40		
34	Kim	Hyland	J	54	OREG	376C-072ND	53:37.33		
35	Maureen	Bell	M	51	OREG	3760-026HN	53:56.88		
36	Colleen	Toumayan		50	TSTT	336Y-08DSU	54:56.25		
37	Roberta	Varela-Hein	K	52	MOST	436V-02NGX	55:51.96		
38	Lisa	Hake	E	54	OREG	3770-03SNK	57:00.00		
39	Patti	Collins		54	PBM	507T-081TB	58:36.95		
40	Alicia	Andersen	H	54	PBM	507J-08C31	59:38.99		
41	Susan	Smith	M	52	PBM	507Z-0A55G	59:58.99		
42	Dina	Fiore	M	50	PBM	507M-0A9M6	1:00:32.00		
43	Beth	Stormshak	A	50	OREG	376P-06JDC	1:00:47.70		
44	Mindy	Parsons		54	PBM	506J-09WV1	1:01:26.00		
45	Junko	Altman		51	PBM	506J-09XJ9	1:01:55.99		
46	Andrea	Brands	B	53	SWED	217F-09MKJ	1:01:59.44		
47	Alice	Caroompas		52	BUMS	0463-0A6HE	1:09:54.39		
48	Ana	Muth	M	51	PBM	506Z-0AJTY	1:16:04.29		
49	Kate	Sullivan	E	52	OREG	376A-09Y0F	1:57:35.12		
55-59	1	Kelly	Parker Palace		55	VMST	126E-02HWU	35:35.02	Y
	2	Ellie	Najjar	S	55	CMS	3273-045G5	37:25.89	
	3	Denise	Brown	H	57	MICH	1963-01U86	38:17.72	
	4	Jo-Ann	Elo		55			40:17.70	

5	Sharon	Steinmann	B	58	SPM	146W-02RG3	40:21.05
6	Melissa	Harasz		56	SPM	146X-05H1D	40:57.11
7	Julia	Leo	E	55	PBM	506T-0966W	41:16.23
8	Tamara	Burton		58	PBM	506R-099CG	41:55.86
9	Sharon	Blaha	L	56	DAM	387A-DAM82	45:02.00
10	Margaret	Haskins	C	58	NEM	027P-05UC8	45:51.01
11	Ellen	Itzler	R	57	SFTL	507C-027D0	47:13.10
12	Anne	McGuigan	M	55	BUMS	047F-07S1F	47:25.20
13	Katy	Kline		56	SPM	146F-063WA	47:31.00
14	Maddie	Diedo		58	MICH	1963-028U9	47:53.00
15	Patricia	Nardozzi	J	57	SPM	146X-02RG2	47:53.72
16	Jenifer	Slonaker	L	58	UC24	247Z-005E3	48:17.13
17	Margot	Wheeler		57	PBM	5073-0A4GN	48:37.00
18	Christina	Fox	M	55	OREG	376X-0264J	48:42.00
19	Cynthia	Henley	P	58	SFTL	507P-07SFD	48:49.94
20	Dallas	Turner	L	58	SAWS	596N-06K3S	49:03.00
21	Kathy	Francis	M	57	CMS	3260-030EC	49:23.08
22	Paula	Moores	J	58	SAWS	596N-01J0E	49:55.92
23	Ann	Thomas	B	56	SFTL	5072-0287G	50:25.09
24	Allison	Lehman	R	58	ARIZ	486D-086FS	50:36.00
25	Carol	Miller	L	55	YWMA	087S-02J52	51:19.69
26	Gale	Tinglov	A	59	MINN	306W-073TV	51:24.00
27	Nancy	Wright	E	56	PBM	507W-09WDH	52:30.99
28	Jo-Ann	Berry		59	PBM	506E-027YV	53:37.00
29	Debra	Attin Neville		56	SFTL	507B-027HM	54:00.00
30	Helene	Hirsch	I	59	TSTT	336E-06023	54:12.24
31	Linda	Gannon	T	58	PBM	507T-09940	54:56.33
32	Terese	Butler	A	59	ARIZ	487T-061ZM	56:01.00
33	Kathryn	Cronin		58	PBM	506J-033U1	56:14.00
34	Marci	Grady	A	57	SFTL	507A-05HJC	56:53.88
35	Gail	Musk	G	59	SFTL	5061-07W6S	57:20.78
36	Debby	Eisinger	W	58	SFTL	5062-095ZS	57:26.11
37	Katie	Hynes-Petty	M	56	OREG	377X-0APSS	57:40.35
38	Carrie	Jacobson	L	57	PMST	547G-05HGJ	59:29.41
39	Donna	Urban	D	57	CMS	326P-085N4	59:35.00
40	Heidi	Juhl		55	PBM	5074-0APB0	59:46.99
41	Nancy	Richards		58	OREG	377D-06P22	59:57.99
42	Isabela	Goldbas	C	55	SFTL	507D-09CE6	1:00:31.99
43	Adrienne	Chin-Ogilvie		56	SFTL	506E-028EA	1:00:40.99
44	Kim	McFall	A	58	UC48	487F-0AP8Y	1:00:51.11
45	Phyllis	Scheidt	A	56	SPM	146U-07NP2	1:04:53.00
46	Sabina	Cowie	A	59	PBM	506U-09DVT	1:06:28.99
47	Debbie	Buehler		58	CMS	326U-09RS3	1:07:36.62
48	Marie	DeGennaro	E	56	MOST	436R-02PWE	1:08:28.48
49	Aliza	Becker	C	58	SWED	217E-090J4	1:11:43.03

	50	Lucianne	Pugh		56	PSM	3679-09H8J	1:20:02.00	
	51	Nancy	Munro		58	PBM	507X-06D1M	1:20:04.99	
60-64	1	Colette	Crabbe	M	60	OREG	376E-02645	38:52.36	
	2	Darcy	LaFountain	H	61	PBM	506G-0212Z	40:21.88	
	3	Elaine	Valdez	S	61	MOST	4361-02POH	40:23.19	
	4	Catherine	Rust	M	63	PBM	506U-06WNI-	40:49.96	
	5	Debbie	Wilson	R	62	NCMS	137S-02318	42:32.55	
	6	Elizabeth	Kassen	K	64	PSM	366C-04F98	43:35.99	
	7	Cindy	Gilmore		61	SUSA	3476-05J4V	45:34.01	
	8	Jeanna	Summers		62	OREG	377N-000PT	46:25.41	
	9	Linda	Larson	L	61	SFTL	5064-2WNSA	47:00.73	
	10	Cecile	Many		62	SMS	247W-01TAF	49:09.20	
	11	Betty	Lampe		60	SVY	086S-06WFE	49:24.27	
	12	Lynn	Rhue	M	64	UC48	4864-0306N	49:25.55	
	13	Janet	Siniscalchi		60	PBM	506R-079VZ	50:18.99	
	14	Linda	Callaway		63	MOST	437K-02NEV	51:18.78	
	15	Paula	Yankauskas	J	62	NEM	0277-W0WSA	51:18.97	
	16	Valerie	Golbus		61	IM	216A-09DCM	53:09.55	
	17	Susan	Collins	D	64	WWM	3575-006T7	53:33.31	
	18	Janine	Sellers	L	60	NCMS	137E-09XKP	54:14.41	
	19	Dara	Jwaideh	N	60	DAM	386F-0AHGM	55:06.98	
	20	Karen	Saef	B	62	SYSM	1472-KBSPH	55:54.00	
	21	Deanna	Johnson	L	60	DAM	387K-041KE	56:29.00	
	22	Katy	Lantz	C	63	DAM	386D-040UN	56:48.00	
	23	Blair	Brockman	S	61	TULS	2772-080YC	58:01.12	
	24	Sue	White	J	61	OREG	376T-095U4	1:01:14.99	
	25	Alana	Watts		60	PBM	5076-0AGRM	1:01:47.47	
	26	Twyla	Dubois		63	MOVY	286P-06102	1:02:07.00	
	27	Laurie	Moses	E	64	OREG	3773-0A3T4	1:02:48.43	
	28	Connie	Shuman		61	OREG	3763-026A0	1:03:08.44	
	29	Laura	Richardson	A	61	LOCO	5579-01HA2	1:04:09.16	
	30	Joan	Collins	K	63	SMS	247G-0APDU	1:06:00.01	
	31	Theodora	Fox		63	DART	3463-092VU	1:06:13.00	
	32	Mary Ellen	Rosen		62	SFTL	506E-094CK	1:06:43.72	
	33	Rita	Maynard		64	NCMS	1365-06J2A	1:14:49.49	
	34	Marla	Cohen		62	SWED	216Z-06AY3	1:17:30.10	
	35	Sandi	DuBose		62	PBM	507D-09XVK	1:18:01.99	
	36	Florence	Estes	S	64	SWED	2174-0APEH	1:20:12.89	
	37	Jane	Montes	A	60	SWED	216R-06NXH	1:26:50.32	
65-69	1	Shirley	Loftus-Charley	A	65	VMST	127Z-WATER	38:40.25	Y
	2	Fran	Hare	E	66	PBM	507W-02XHC	44:46.99	
	3	Jill	Wright	M	65	SAWS	5967-01J02	48:52.28	
	4	Susan	Korsedal	D	66	LOCO	556F-09KFA	50:07.88	

	5	Wendy	Scherwat Ducourneau		66	TSTT	3376-0A2JN	56:13.67	
	6	Maureen	Fitzpatrick		65	PBM	507Y-081KH	57:41.99	
	7	Greta	Van Meeteren		69	NCMS	137C-0232R	1:00:23.38	
	8	Michelle	Martin	E	67	SFTL	506X-02D6V	1:02:23.69	
	9	Karen	Cole		65	BUMS	046F-07RVE	1:03:55.32	
	10	Sue	Moldovanyi		66	WASC	086R-0911Z	1:04:34.01	
	11	Jane	Wright	E	67	SAWS	597W-077FJ	1:08:21.23	
	12	Michele	Chattaway	J	65	PBM	5073-02XSD	1:08:59.99	
	13	Jan Elisa	Mosca		66	NCMS	136J-07HB6	1:18:21.86	
	14	Diane	Wagner	J	68	ARIZ	487N-0729H	1:32:05.00	
	15	Robyne	Camp		69	PBM	507H-09K1B	1:40:00.31	
70-74	1	Pat	Sherman		71	OREG	3766-09ABT	56:26.00	
	2	Leslie	Westergaard	M	73	DAM	3861-03GEZ	59:53.00	
	3	Lynda	Christiansen		72	OREG	376A-025XV	1:01:22.84	
	4	Carolynn	Foley		73	PBM	5069-01W0J	1:05:48.00	
	5	Karin	Bivens		72	ARIZ	487W-02F9S	1:19:26.00	
	6	Gail	Newton	S	72	OREG	3764-026HT	1:29:18.92	
75-79	1	Sarah	Kopsky	L	75	TULS	276R-01JW6	51:17.29	Y
	2	Patricia	Bond	M	78	SYSL	146T-02RDM	53:06.92	

**United States Masters Swimming
Long Distance National Championship**

PRELIMINARY RESULTS

CHAMPIONSHIP EVENT: 2016 3000 Yards ePostal

EVENT DATE(S): 9/15/16 to 11/15/16

SANCTION NUMBER: 596-S004

SANCTIONING LMSC: Snake River

SPONSORING ORG: Sawtooth Masters

EVENT DIRECTOR: Paula Moores

Address 1267 S. Linda Vista Ave.

Boise, ID 83709-1529

Phone 208-323-1471

E-mail pjycling8@gmail.com

MEN

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	√ if a national record
18-24	1	Sean	Monahan	P	24	SFTL	506M-0A8E7	32:44.48	
	2	Greg	Stoffa	J	22	BUMS	046R-0ANUM	34:42.90	
	3	Alexander	May	M	22	DAM	386U-094R5	38:20.00	
	4	Brandon	Haag	J	18	WLOO	4367-0AKKM	45:10.00	
25-29	1	Nolan	Slesnick	D	27	WLOO	437R-07XFR	32:07.28	
	2	Eric	Jackwin	L	27	SFTL	5061-07R38	33:49.75	
	3	Tiago	Schulz	A	25	SFTL	5063-0AJTS	34:59.73	
	4	Clayton	Harris	D	28	LOCO	556S-0AJZC	38:09.48	
	5	Robert	Kingery	K	27	CMS	3267-09747	38:15.01	
	6	David	Dallmer	J	27	MERR	0972-09T8R	40:45.00	
	7	Mark	Fedorchak		29	BUMS	0462-06MB5	41:00.38	
	8	Logan	McGuire	J	25	SFTL	506F-0A4WN	41:24.47	
	9	Sean	Maynard		25	NCMS	136R-0729X	47:19.34	
	10	Jason	Baum	D	28	PBM	506E-0A5UG	59:03.99	
30-34	1	Andrew	Schaefer	F	33	BUMS	046M-06Z6S	35:58.99	
	2	Tony	White		31	NASH	1568-01WYV	36:00.00	
	3	Juan	Cuellar	C	33	SFTL	5060-09NRG	36:08.84	
	4	Jason	Brozek	J	32	MOVY	286U-025EK	36:58.26	
	5	Daniel	Ramos	E	31	SFTL	506V-0A35W	37:28.15	
	6	Sebastian	Cuellar		31	SFTL	5078-09K5H	37:56.59	

7	Alonso	Yabar		31	PBM	506D-09D96	42:39.99
8	Todd	Wilson	M	31	PBM	5064-04PPW	42:54.85
9	Adam	Brenneman	L	32	PBM	507J-0965V	43:00.85
10	Chris	Perry		34	PBM	5060-09UN7	43:48.99
11	Daniel	Owens		34	CMS	3868-06G7H	44:34.03
12	Luke	Robbins	D	31	BUMS	046R-098AH	44:41.06
13	Aaron	Rothenberg		30	SFTL	506M-08DVD	44:58.40
14	David	Reynolds	C	32	PBM	507F-09C4Z	45:38.74
15	Travis	Garrison	A	31	PALM	557Y-070BB	46:41.43
16	Michael	Cowen	W	31	IM	216U-064YZ	47:08.84
17	Ryan	Armpriester		31	SFTL	506N-0A3P2	49:53.91
18	Ed	Nichols		31	PBM	506P-0AM74	1:09:05.00
19	Derrick	Steinour		31	PBM	506F-0AJ5J	1:10:25.67

35-39

1	Matthew	Roper	D	35	DAM	3866-03TFC	33:51.66
2	Brent	McAuliffe	T	35	SFTL	5068-06WXK	34:55.10
3	Matt	Miller		39	OREG	376N-1500F	35:07.84
4	Patrick	Billingsley		36	PBM	506U-06G1T	36:43.37
5	Leonardo	Brea		37	SFTL	506T-0A62S	38:05.91
6	Mehdi	Addadi		38	CMS	326S-04TCK	38:06.30
7	Igor	Galati	C	39	SFTL	5072-09X5J	38:08.40
8	Johnny	Van Velthuyzen		37	PSM	367D-06TTA	38:31.70
9	Andrew	Dittoe		36	SFTL	5063-0288S	39:58.17
10	Scott	Loder		35	PBM	5062-0A4E9	41:01.09
11	Deryck	Fullwood	I	38	SFTL	506B-09ZD8	41:18.64
12	Tyler	Magarity	D	38	SFTL	506B-0286E	41:34.38
13	Daniel	Lotano		36	PBM	5062-0A95Y	41:40.60
14	Andrew	Anderson		39	PBM	506K-094US	43:13.99
15	John	Batchelder	R	35	CMS	326X-086NY	43:20.79
16	Ignacio	Castano-Aguado		35	DAM	3862-06BZT	45:02.00
17	Rhett	Paul	T	39	AQST	526W-09RT2	50:05.00
18	Gustavo	Calderon	S	37	PBM	506V-0AJC4	56:23.99
19	Timothy	Douglass	M	36	WASC	086K-0A5ZW	1:04:27.50

40-44

1	Kurt	Zilch	E	44	PBM	506E-09D22	35:52.99
2	Ryan	Williams	D	43	SFTL	507B-08AH6	36:44.78
3	Andrew	Davis	J	43	SFTL	5064-005XG	37:09.50
4	John	Potts	M	40	PBM	5079-0763V	37:35.99
5	Robert	Pardo	R	42	SFTL	506T-0733U	37:36.31
6	Jeremy	Cole	F	40	PBM	506Z-BAJAN	38:00.54
7	Terry	Vogler	R	44	PALM	557G-02K3A	38:12.24
8	Jarek	Tadla		44	SFTL	506Z-096YC	38:29.87
9	Grant	Sutton	C	41	SWED	2162-091GB	38:53.22
10	Andy	Holck		44	SWED	2168-09322	38:56.03
11	Brian	Amersi		44	PBM	507S-0A106	39:50.74

12	Andrew	Gendron	D	42	PBM	507U-0APXW	41:05.24
13	David	Kalange	C	42	HUNT	1574-03GUB	41:16.86
14	Matt	Buyers		44	CMS	326V-091S6	41:35.00
15	Matthew	Ringler	R	41	PBM	506C-0AG6H	43:06.63
16	Alexander	Koval		44	SFTL	5065-095EB	43:09.99
17	Barry	Gordon	Ira	42	OREG	376D-0AK0Z	43:10.39
18	Joseph	Biello	A	44	DAM	386Y-03YFV	43:37.00
19	Anthony	Lucas	F	44	PBM	507F-080AZ	44:00.54
20	Jason	Murray		41	SKY	416U-084ND	44:37.80
21	Michel	Vogel		40	SFTL	507J-080T2	44:53.95
22	Douglas	Gawriljuk		44	PBM	507V-0A421	45:21.64
23	Lucas	Pantaleon		43	SKY	417N-080ZU	45:52.00
24	Michael	Buchholtz		44	SPM	146M-0AJTH	49:22.00
25	Luca	Lioce		44	PBM	506M-09HM3	51:07.00
26	David	Vogel		43	PBM	506W-08EP0	51:38.99
27	Jock	Jones		43	PBM	507B-09C XK	54:43.99
28	Jason	Lassen	D	44	SFTL	507A-04F74	54:54.73
29	David	Gonzalez	R	41	SFTL	5064-0AKNM	58:52.24
30	Vance	Cohick	W	42	WASC	086R-0AJR4	1:02:00.95
31	Elton	Wells	R	42	WLOO	436F-0AKVK	1:05:19.00
32	Shawn	Faulkner	A	42	SFTL	506U-07B62	1:52:34.97

45-49

1	Kurt	Dickson	F	49	ARIZ	4867-02EM5	32:43.03
2	Christopher	Beach	E	47	PBM	5060-049NK	35:23.76
3	Billy	Cordero		49	SWED	216F-065ZF	36:19.88
4	Mark	Frost		49	OREG	3773-07KU4	36:47.18
5	Mark	Rubacky	S	47	NCMS	1373-070MN	36:58.66
6	Kit	Koenig	M	47	SFTL	507E-027FM	37:52.53
7	Lennart	Lindahl		46	PBM	506N-0A42Z	38:23.96
8	Rob	Abcug	A	46	PBM	506J-027UY	38:50.99
9	Michael	Guirl	J	45	MOST	437A-02PWZ	39:27.15
10	Andy	Fischer		49	SFTL	506Y-0356H	39:29.84
11	Jeffrey	Pave	W	48	SFTL	506J-05VZ2	39:37.85
12	Eddie	Ames		46	PBM	506W-027CN	40:16.00
13	Trent	Edwards		46	PBM	5063-07PDN	40:26.99
14	Bret	Haag	A	45	WLOO	436J-06DJ2	40:34.00
15	Robert	Clayton		48	SAWS	5969-062GB	40:38.00
16	Russell	Weaver	L	49	SFTL	5061-0289S	40:47.77
17	John	Leonard	R	46	MOST	436A-02NWN	41:36.87
18	Christian	Tujo	F	45	OREG	376X-026K2	41:55.00
19	Sean	Ware		46	IM	2160-07H2V	42:36.56
20	Matt	Buyers		45	CMS	326V-091S6	42:51.62
21	Gregory	Taylor		46	PBM	507R-09DN0	43:11.99
22	Salim	Haji		45	CMS	327G-05R5G	44:05.06
23	Thomas	Spino	J	49	PBM	507U-008AD	44:58.74

24	Eduardo	Cruz		47	CMS	326V-05XNM	45:05.24
25	Peter	Marcy		49	SWED	216B-02X13	45:11.89
26	Gary	McClellan	J	49	PBM	506J-08496	45:20.00
27	Victor	Aimi	A	46	SFTL	506B-07NYE	45:42.58
28	William	Ketchem	M	45	PBM	507D-07P95	45:54.99
29	Patrick	Manley	W	48	SFTL	507B-082KG	45:57.16
30	Tom	Yeager		48	PBM	5069-096FZ	48:12.99
31	Ron	Preston	J	49	ROCH	046J-0AN02	48:30.09
32	David	Wang	M	45	NCMS	1368-07E8T	48:35.06
33	Mark	Bednorz		45	OREG	376U-06PF6	49:16.00
34	Richard	Ratray	D	49	PBM	5077-04PH3	51:27.99
35	John	VanEps	A	46	PBM	506W-0A98U	52:04.54
36	Matt	Cooper		47	OREG	376B-090WS	52:24.46
37	Gregory	Henzel	N	46	PSM	3661-0A1ES	56:58.14
38	John	Ulmer	H	46	PBM	507P-09TFD	57:46.99
39	Jason	Bundy	E	46	DAM	386U-040P2	1:02:37.99
40	Ralph	Bynoe	AH	47	SFTL	506B-091F5	1:05:20.17

50-54

1	Eilhard	Lussier	C	51	OREG	376U-025VX	32:09.06
2	Peer	Snoop		51	SFTL	506Y-028BK	36:28.69
3	John	Chalmers		53	OREG	3761-06RND	38:19.40
	Phil	Wotton		50	PBM	5066-09X6C	40:56.11
4	Peter	Horwitz	C	52	SFTL	506H-09ZPC	41:14.50
5	Christopher	Spearing	M	51	UC05	056G-085HN	41:28.11
6	Paul (Tank)	McNamara	F	53	OREG	3762-0601J	42:56.75
7	William	Finch	H	51	CSI	1670-02BFS	43:26.01
8	David	Mahoney		51	SFTL	5065-09EG5	44:14.71
9	Douglas	Meckelnburg	T	51	PBM	506W-03NBT	44:21.99
10	Amadeo	Quiroga		54	SFTL	5068-04PFA	45:05.08
11	Steve	Moats		51	CMS	326V-0ANP4	46:05.71
12	David	Severance	A	53	CMS	326X-01RJ2	46:20.05
13	Robert	Jillson		52	SWED	2177-088NP	46:42.84
14	Doug	Garcia	A	54	CMS	327P-01N12	48:34.71
15	Albert	Litter		54	SFTL	506T-061RF	49:33.30
16	David	Livengood	L	53	OREG	377H-026UY	49:33.45
17	Jeff	Dziczkowski		54	SAWS	596X-08D36	50:03.70
18	Troy	Holloway		54	PBM	5067-07NEV	51:12.99
19	Matthew	Bronson	F	51	KM	3570-01ZZG	52:11.93
20	Dan	Wheeler		51	PBM	507C-0818S	52:44.99
21	Scott	Allison	C	53	DAM	386Y-08BTA	54:39.00
22	Stephan	Thornton	N	52	SFTL	506K-02HKC	55:02.22
23	Dwayne	Schalles	L	51	PALM	557S-08B0B	55:03.37
24	Edward	DeJesus		52	ANCM	1065-06F62	56:53.71
25	Byron	Burt	A	50	SFTL	5069-0AC0D	57:06.14
26	Curt	Malam	M	52	PBM	5060-09E9U	1:00:21.99

27	Roberto	Marujo	C	53	SFTL	506B-0770G	1:01:42.24
28	Antonio	Lima	C	53	SFTL	506E-07T5P	1:03:50.15
29	Steve	Crist		53	PBM	5078-0APVN	1:13:43.59

55-59

1	James	Biles	B	55	WMAC	207J-SWMMF	35:50.53
2	Mark	Johnston	A	55	FLOW	316U-031WD	36:43.21
3	Chris	Layton		57	IM	216V-02VAE	37:37.88
4	John	Seton		58	OREG	376U-06M4D	38:05.06
5	Chuck	Beatty		57	O*H*	1868-085KM	38:52.17
6	John	Andrews	S	58	SFTL	5065-027G2	38:57.73
7	David	Toney	J	59	SFTL	506H-02M1V	39:12.76
8	Michael	Aubrey		55	PBM	507N-090CM	39:19.99
9	David	Zubero	L	57	SFTL	506G-0279E	39:41.57
10	Matthew	Bickley	H	55	TMAS	127K-02HRM	39:49.97
11	William	Hennessy		55	XCL	076J-00303	40:21.56
12	Marty	Hendrick		58	SFTL	5063-027T9	40:59.38
13	John	Adair	H	55	SFTL	506P-04PM7	41:30.38
14	Mark	Doyle		56	NCMS	1366-023Y2	41:57.57
15	Paul	Pfenning	D	57	CMS	3268-07KSF	42:03.12
16	Alan	Rowland	D	59	DAM	387D-03HG4	42:44.00
17	Joe	Aumiller		59	MICH	196B-029JT	42:44.29
18	Flip	Campon		57	BUMS	0477-07S0P	43:21.99
19	Jan	Voeller		55	OREG	3762-07297	44:15.00
20	Kenneth	Nichols	C	58	PBM	507A-01YE8	44:50.99
21	Chip	Green		56	PBM	507A-06SX1	44:54.67
22	Laurent	Cali	R	57	SFTL	506N-0AEKN	44:58.87
23	Carlos	Berrocal	J	59	PBM	507H-004KJ	44:59.99
24	John	West	A	55	BUMS	046N-01XD9	45:58.72
25	Douglas	Graeber		57	OREG	3768-09X74	46:27.99
26	John	Lomasney		58	BUMS	0469-01XVD	46:40.50
27	Duane	Grassell	V	59	O*H*	186K-01PH5	47:44.89
28	Matt	Handel		55	PBM	5064-06K5H	47:51.99
29	Nathan	Nevid	E	59	PBM	5060-027P3	48:08.99
30	Doug	Garcia	A	55	CMS	327P-01N12	48:23.99
31	Steven	Hagar		58	PBM	5073-0APX0	49:03.99
32	Richard	Jackson-Gistelli		55	OREG	3767-0AMVJ	49:19.12
33	Nicholas	Solomon	S	59	IM	2163-09PB4	50:43.00
34	Ronald	Wiendl	K	59	PBM	507R-0APEG	51:02.56
35	John	Higley	E	55	PBM	506A-09UC8	51:10.99
36	William	Benko	J	57	SAWS	5960-01J1Y	51:49.11
37	Philip	Harasz		58	SPM	1464-07GD6	51:59.13
38	Kevin	McGuigan		56	BUMS	0472-07S1H	53:41.40
39	Dave	Shula		57	SFTL	507Z-08826	54:45.44
40	Jose	Carrasquillo	I	55	SWED	217B-0810Y	55:21.22
41	Rex	Noble	E	55	PBM	507G-07UM6	58:03.35

42	Mark	Lane		59	OREG	376M-06R2Y	59:31.99
43	Cris	Branden		56	SFTL	506X-02880	59:56.29
44	Tom	Uhrig	P	55	PBM	506J-09WT0	59:59.45
45	Len	Rodriguez		59	PBM	506A-05HNP	1:01:32.99
46	Glenn	Schrager	B	59	SFTL	506K-028GJ	1:04:58.30

60-64

1	Sandy	Mac Donald	M	60	SMST	386Y-03H4C	34:31.16
2	Kern	Davis	M	61	SPM	146P-02RET	36:25.15
3	James	Cottam	A	60	NCMS	136P-022YZ	38:19.56
4	Michael	Yagemann	L	61	PBM	506U-01SMZ	39:20.65
5	Timothy	Kennedy	C	60	SPM	146Z-02RF0	39:21.72
6	Stephan	Freeman	J	60	SPM	146J-02REX	39:57.68
7	John	Phillips	F	60	SFTL	5070-008CK	41:07.30
8	Timothy	Shead	M	64	SFTL	507Z-SHEAD	41:10.26
9	John	Nixon	L	61	SPM	1469-034RW	41:12.00
10	Beda	Dondi	C	61	SFTL	506T-027TN	41:29.64
11	David	Smith	D	62	COPM	256R-0834J	41:35.00
12	Rick	Wery		64	SMS	246V-01P6N	42:46.46
13	Robert	Richardson	B	63	OREG	3770-049YA	43:31.00
14	Kermit	Yensen	D	63	OREG	3760-025Y1	43:54.00
15	Peter	Branson	A	60	AKMS	5672-0A43F	44:42.86
16	Kent	Mc Donald	C	64	MOVY	286K-01NS4	45:19.06
17	Todd	Erickson	L	62	MOST	4366-02PMS	46:06.00
18	Tom	Taylor	G	64	SMS	246R-07ZXY	46:37.00
19	Robert	McFall	N	60	UC48	487G-0794C	46:43.22
20	Jim	Near	B	61	PALM	5573-08FA5	47:06.48
21	Robert	Gibson	J	60	PBM	506P-07F9R	49:38.99
22	Robert	Hopkins		60	BUMS	0460-09BRA	50:43.00
23	Michael	De Seguin		62	CMS	326F-031V6	51:28.68
24	Tom	Fritschen	M	60	PSM	366A-0924K	51:33.08
25	Lee	Porisch	A	61	MOST	4367-02PNA	52:02.00
26	Bruce	Schroeder	E	64	SUSA	3471-088HG	52:12.00
27	Allen	Kossoy	F	63	MOVY	287M-01NRW	56:08.11
28	Timothy	Mcgonigal	D	61	PBM	506R-0733W	58:37.00
29	Gene	Berman	A	62	SFTL	5071-0284C	1:03:14.98
30	Jeff	Ettinger	C	60	MHSA	3878-07WHU	1:06:35.92
31	Martin	Dubois	K	64	MOVY	2863-09PZJ	1:10:27.00
32	Jeff	Papenhausen		61	WLOO	437U-0AIEFK	1:16:00.00

65-69

1	Jim	Mc Conica		65	VCM	336R-03B07	36:01.33
2	Dan	Kirkland	L	68	PSM	366C-069B3	36:50.16
3	Hubie	Kerns		67	VCM	336S-HUB1E	37:45.64
4	Bob	Bruce	A	68	OREG	376X-025YX	39:51.21
5	Glenn	Gruber	A	67	VCM	336E-03A1R	41:33.68
6	Steve	Johnson	M	68	OREG	3766-0264Y	42:46.52

Y

7	Robert	Aldrich	E	67	SPM	146Z-02T7P	47:18.00
8	Neil	Salkind	J	69	ARIZ	486N-01NSF	47:22.01
9	Bruce	Diel	N	67	NCMS	137K-01NY6	48:39.94
10	Andrew	Scheer	J	67	SFTL	506V-05H8W	51:00.81
11	Bud	Foshee		67	GWSC	3371-0A21J	51:26.00
12	Walter	Woolley	C	67	SFTL	507G-028N2	52:56.88
13	Les	Inch		66	SWED	2170-05Y1K	52:58.73
14	Stuart	Pechter	B	65	PBM	507C-007SA	53:08.99
15	Richard	Sutton	K	68	LMAO	2961-01JC7	53:25.00
16	Robert	Tipple	W	68	PBM	5074-094YN	56:52.99
17	David	Taylor	V	68	ARIZ	487R-06KB0	57:29.00
18	David	Weychert		68	PBM	5067-09PH0	1:06:25.99
19	Timothy	Andrepoint	I	65	LOCO	5562-01GWM	1:25:09.59
20	Don	Merritt		68	ARIZ	4869-0A69E	1:35:54.00

70-74

1	Dave	Quiggin		72	PBM	507D-01PH6	40:05.82
2	Bill	Dawson		74	MELO	387N-03HJW	45:00.59
3	Larry	Raffaelli	L	73	VCM	336C-03B35	45:49.17
4	Mervyn	Goldbas	E	74	SFTL	5079-0933H	48:55.65
5	Ralph	Leonard	F	73	CONN	0571-09SCM	50:11.00
6	David	Putnam		71	PBM	507K-076J4	50:54.99
7	John	Foges		72	OREG	376Y-026R3	55:23.56
8	Marcos	Szeinfeld		71	SFTL	506B-0A5RV	56:05.55
9	Edward	Aston	G	70	PBM	5071-0AF5Z	56:49.99

75-79

1	Ralph	Mohr		75	OREG	376G-0261C	48:22.00
2	Patrick	Cannan		75	PBM	506V-07KE4	1:00:11.99
3	Denny	Ebert		76	BUMS	046H-092SV	1:03:20.59
4	Rodger	Bivens		75	ARIZ	4864-02FYC	1:05:02.00
5	Richard	Creel	E	76	UC24	2468-0A7J4	1:08:41.27
6	Phil	Simpson		75	ARIZ	486D-07PWH	1:10:34.00
7	Leonard	Kershaw	R	75	ARIZ	487C-0728B	1:25:10.00

80-84

1	David	Radcliff	A	82	OREG	3770-025V8	45:37.91
2	Pete	Palmer		81	LOCO	557V-01GXS	1:00:14.44
3	Jerry	Marchbanks	L	80	PBM	5074-02NH0	1:04:22.99
4	Douglas	Holmes	A	80	SMS	246E-01T5M	1:08:08.58
5	George	Thayer	D	80	OREG	376R-025X2	1:16:48.99

85-89

1	Robert	Beach	E	86	SPM	146D-02REM	58:32.00
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90-94

1	Willard	Lamb	J	93	OREG	376Z-026V7	1:04:22.15
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