

# Lake Hopatcong Open Water Swim Festival

*Featuring*

**2012 USMS 2 Mile Open Water National Championship**

**2 Mile Open Division**

**1 Mile USMS Division & 1 Mile Open Division**

**Tom Wear Memorial .25 Mile Swim**

**(Wetsuit Divisions for 2 mile open, 1 mile open)**

Proceeds to benefit Southern Tier Police Canine Association,  
11th Hour Rescue & Jefferson Township Municipal Pound

**Lake Hopatcong, NJ**  
**September 9, 2012 – 8:30a.m.**  
**[www.swimlakehopatcong.com](http://www.swimlakehopatcong.com)**



**Hosted by Garden States Masters**

**Sanctioned by New Jersey LMSC, Inc. for USMS, Inc. Sanction #:072-W001**

**Special K9 demonstration/Q&A during registration, swimming & post-race/pre awards. Visit with adoptable dogs. Refreshments served before, during and after the race. Fun for spectators while you swim!**

**Date/Time/Course:** September 9, 2012 at 8:30 a.m. **Check-in, Body Marking, Warm-ups from- 7:15 – 8:00 a.m.** Mandatory meeting for all swimmers at 8:00 a.m. The first wave of the 2 Mile USMS National Championship Division race starts at 8:30 a.m. followed by other waves. The order of waves will be 2 Mile USMS, 1 Mile USMS, 2 Mile Open, 1 Mile Open, and .25 Mile. The wetsuit division will start with the Open Division. Awards begin approximately 30 minutes after the last swimmer completes all races. There will be an in water start and finish. Course is one mile loop starting at Warehouse Grille Dock near Prospect Point Boatyard.

**Location/Directions:** Northern tip of Lake Hopatcong, NJ. Registration at Prospect Point Boatyard on Rte. 181. Parking available. From rte. 80 go rte. 15 North to first Lake Hopatcong/Woodport exit (approximately 6 miles), follow to rte. 181 (first available right after you exit and cross over rte. 15), then approx. 1.4 miles on rte. 181 and then Prospect Point Boatyard and Warehouse Grille are on your left after you cross over water.

**Eligibility:** All swimmers in the USMS Divisions (1 mile & 2 mile) must be registered with USMS for 2012 or foreign equivalents. You must submit a copy of your 2012 USMS card or foreign equivalent with mail in entries, and bring a copy of your current registration to day of registration with on-line entries. The Open & Wetsuit Divisions are open to all other swimmers. Wetsuits are allowed for the 2 mile and 1 mile open divisions, and are scored separately and eligible for awards. **Limited to first 200 swimmers overall.**

**Rules:** Current 2012 U.S. Masters Swimming rules will govern this event. Only Category I swimwear will be allowed in the USMS 2 Mile Open Water National Championship swim.

**Conditions:** Since the safety of swimmers is of prime concern, the swimming event may be delayed or canceled due to bad weather. The Event Director and Lake Hopatcong Marine Police will make this decision. There will be no refund.

**Entry Fee:** \$55 pre-registration by May 31, 2012, \$65 by July 15, 2012, \$75 by August 22, 2012, and \$85 between August 23 and August 31, 2012 for all races except the Tom Wear Memorial .25 Mile, which is a \$25 plus \$25 in paw fundraising (bring to event). On-line registration closes August 31, 2012 11pm EST. Race day registration is available for \$100 entry fee. Fee includes T-shirts for registrations received by August 1, 2012, refreshments, permits, electronic timing, caps, and race bags. After August 1st T-shirts are on as available basis.

**Chip Timing:** Each swimmer will be given a timing chip to wear on the wrist during the race to provide accurate times and finish places. Results and awards will be available within 30 minutes of the last swimmer finishing. Timing provided by Compuscore. Awards will not be mailed.

**Awards:** In the USMS Division, USMS Long Distance National Championship medals will be awarded to the top 6 men & women in each age group. USMS Long Distance National Championship patches will be awarded to the winner of each age group. Age groups are: 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, and 90+. In the Open Division awards for top 3 Overall Male & Female, and top 3 finishers in each age group: 14 & Under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-89, and 90+. Awards in the wetsuit divisions will be for the top 3 Overall Male & Female. Awards will be presented within 30 minutes of the last swimmer finishing. Results will be posted at [www.USMS.org](http://www.USMS.org) and [www.compuscore.com](http://www.compuscore.com).

**Safety – Our Primary Concern:** For safety reasons, swimmers unable to complete 1 mile in 45 minutes and 2 miles in 1.5 hours are advised not to enter. Swimmers still on the course after that time limit will be stopped and listed as DNF in the results. In case of inclement weather, the race director may close the course and prevent swimmers from completing the swim. Entry fee includes a highly visible swim cap that must be worn as the top cap during the swim and each swimmer must have their race number on their arm and shoulder. Lifeguards, safety boats, and kayaks will monitor the entire race course and local EMTs and medical personnel will be present. Medical cards are available at day of registration for you to complete and submit to EMTs if you would like to alert them to potential issues (i.e. diabetes, allergies).

**Water Temperature:** 66 to 71°F (based on prior 3 years in early September)

**Accommodations & Social Event:** Please see [www.swimlakehopatcong.com](http://www.swimlakehopatcong.com) for a list of local hotels and area attractions, and planned social events and group swim pre event.

For more information please see [www.swimlakehopatcong.com](http://www.swimlakehopatcong.com) or contact Bridgette Hobart via email at [bhobart@ptcllc.com](mailto:bhobart@ptcllc.com), or via phone at 973.663.3663.

**ON-LINE REGISTRATION LINK AVAILABLE AT [WWW.SWIMLAKEHOPATCONG.COM](http://WWW.SWIMLAKEHOPATCONG.COM).**  
**EVENT UPDATES, SOCIAL EVENT INFORMATION, HOTEL AND AREA ATTRACTION INFORMATION WILL BE POSTED ON [WWW.SWIMLAKEHOPATCONG.COM](http://WWW.SWIMLAKEHOPATCONG.COM).**

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**Entry Form – Please provide the following information (print clearly):**

**First Name** \_\_\_\_\_ **Middle Initial** \_\_\_\_\_ **Last Name** \_\_\_\_\_

**Email** \_\_\_\_\_ **Sex** \_\_\_\_\_

**Age on 9/9/12** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_ **Club** \_\_\_\_\_

**Telephone #** \_\_\_\_\_ **USMS # \*** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Emergency Contact Name:** \_\_\_\_\_ **Telephone #:** \_\_\_\_\_

**Check One:** \_\_\_\_\_ **\*2012 USMS 2 Mile Open Water National Championship Division**  
\_\_\_\_\_ **\*USMS 1 Mile Open Water Division**  
\_\_\_\_\_ **2 Mile Open Division**  
\_\_\_\_\_ **1 Mile Open Division**  
\_\_\_\_\_ **.25 Tom Wear Memorial Swim**  
\_\_\_\_\_ **2 Mile Wetsuit Division**  
\_\_\_\_\_ **1 Mile Wetsuit Division**

**1650 Free Time:** \_\_\_\_\_ **(may be used for seeding waves)**

*\* A copy of your USMS Registration Card is required to enter the USMS Event.*

**T-Shirt Size:** \_\_\_\_\_ **Small** \_\_\_\_\_ **Medium** \_\_\_\_\_ **Large** \_\_\_\_\_ **X Large** \_\_\_\_\_ **XX Large**

**CHECK OR MONEY ORDER PAYABLE TO:** PARADIGM TECHNOLOGY CONSULTING, LLC

**SEND ENTRIES TO:** LHOWSF 2012, c/o Bridgette Hobart - Event Director, 8 Lorettacong Drive,  
Lake Hopatcong, NJ 07849. Questions please call Bridgette at 973.663.3663 or email at  
[bhobart@ptcllc.com](mailto:bhobart@ptcllc.com). You can also register on-line via link on our site  
[www.swimlakehopatcong.com](http://www.swimlakehopatcong.com), On-line registrations preferred.

**US MASTERS SWIMMING or FOREIGN EQUIVALENT SWIMMERS SIGN:**

**RELEASE OF LIABILITY BY PARTICIPANT:** I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks in open water swimming and agree to assume those risks.

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Signature

Date

**ALL SWIMMERS SIGN:**

**LIABILITY/PUBLICITY RELEASE:** (failure to sign with date will delay processing of your application.) Please accept my entry in this event. I hereby state that I have conditioned myself to participate in this event. I myself, my executors, administrators and assignees, do hereby release and discharge the event committee, USMS, NJMS, host facilities, event sponsors, volunteers, Marine Police, Coast Guard, EMTs, or any individual officiating at the event or supervising such activities from any and/or all claims or liabilities from damages or injuries occasioned by my participation in this event. I agree that if I have a medical condition I will fill out an informational form at registration, or bring my own documents and I will take full responsibility to ensure the event director or EMTs receive this information. I understand this information is being submitted only for informational purposes if an emergency should occur, and my conditions noted do not impair my ability to successfully complete this event. I understand that this information is not being used by EMTs or the event in any other way other than if an emergency should occur, and it is not being used to give priority safety watch over other athletes. Further, I grant to all foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

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Signature

Date

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Signature of parent/guardian if under 18

Date