

**United States Masters Swimming
Long Distance National Championship**

RESULTS

CHAMPIONSHIP EVENT: 2012 USMS 3000 yard Postal National Championship

EVENT DATE(S): September 15, 2012 - November 25, 2012

SANCTION NUMBER: 332-S010

SANCTIONING LMSC: SPMS

SPONSORING ORG: Long Beach Grunions

EVENT DIRECTOR: Jacqueline Cole

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RELAYS

WOMEN'S (3 Swimmers)

Age group	Place	Club Name	Total Time	Names of Swimmers		MI	Age	Club Abbr	USMS #	Individual Time	√ if a National Record
				First Name	Last Name						
25+	1	Oregon Masters	2:04:24.51	Ellen	Lee	L	31	OREG	3722-06E84	0:40:29.98	
				Anne	Davies	C	48	OREG	372Y-0728A	0:42:01.83	
				Evelyn	Pryor	G	35	OREG	372U-026P2	0:41:52.69	
25+	2	St Pete Masters Inc	2:05:48.00	Adrienne	Forkois		33	SPM	1429-02T8G	0:42:58.00	
				Dawn	Clark		48	SPM	142K-05VRX	0:40:59.00	
				Melissa	Harasz	M	52	SPM	1420-05H1D	0:41:51.00	
25+	3	Galter Swim Club	2:54:47.96	Marissa	Filippo		34	GLTR	212B-07EVU	0:47:52.00	
				Marla	Cohen		57	GLTR	212E-06AY3	1:14:35.32	
				Terrie	Albano	S	49	GLTR	2139-081K6	0:52:20.64	
35+	1	Puget Sound Masters	2:00:45.88	Elizabeth	Kassen	K	60	PSM	362P-04F98	0:43:41.00	
				Haleigh	Werner	A	43	PSM	363X-02M0U	0:34:59.90	
				Geraldine	Vander Haegen	E	45	PSM	362W-05V7N	0:42:04.98	
35+	2	Oregon Masters	2:00:54.15	Jayna	Tomac	M	40	OREG	372G-05EJN	0:37:24.30	
				Gillian	Salton	G	44	OREG	372H-05G96	0:41:51.00	
				Jennifer	Feola		42	OREG	3732-07N65	0:41:38.85	
35+	3	Illinois Masters	2:21:44.24	Ruth	Giles-Ott		44	IM	2120-02VKN	0:49:16.89	
				Ines	Lein		44	IM	213A-0720J	0:42:52.69	
				Laura	Perez		51	IM	212W-02WJZ	0:49:34.66	
35+	4	MOVY Masters	2:47:15.95	Heidi	Loecke		40	MOVY	2820-05F8P	0:45:34.28	
				Bonnie	Liscek		42	MOVY	283Y-06EPN	0:54:26.67	
				Twyla	Dubois	L	59	MOVY	2827-06102	1:07:15.00	
45+	1	Illinois Masters	1:55:41.41	Andrea	Block	J	50	IM	213Z-02VBE	0:35:57.55	
				Heidi	Kafka		50	IM	212M-02X7X	0:38:57.28	
				Marcia	Cleveland	E	48	IM	212K-01S4Y	0:40:46.58	
45+	2	Oregon Masters	1:59:33.34	Terri	Tynnismaa	L	50	OREG	3721-05W95	0:39:54.75	
				Karen	Matson	A	49	OREG	372M-0266T	0:39:09.91	
				Kris	Denney	A	52	OREG	3726-02726	0:40:28.68	
45+	3	Michigan Masters	2:10:21.30	Maddie	Diedo		54	MICH	192Z-028U9	0:47:50.62	
				Rebecca	Beebe	J	51	MICH	192Z-0296N	0:44:00.00	
				Denise	Brown	H	53	MICH	192Z-01U86	0:38:30.68	
45+	4	Aquatics of Georgetown Masters	2:26:10.15	Shirley	Bibles		50	AGM	432N-06BKX	0:50:28.43	
				Dorothy	Starr		52	AGM	4328-07V5P	0:49:02.53	
				Shawn	Feather	M	51	AGM	432K-01KRP	0:46:39.19	
45+	5	St Pete Masters Inc	2:35:36.61	Katy	Kline		51	SPM	142K-063WA	0:53:50.00	
				Patricia	Nardoizzi	J	53	SPM	1420-02RG2	0:50:06.61	
				Storm	Eddy	S	62	SPM	142A-02REW	0:51:40.00	
45+	6	Florida Maverick Masters	3:26:06.53	Mary	Stein	A	62	FMM	142T-061WR	1:13:50.82	
				Patricia	Bond	M	74	FMM	1424-02RDM	0:52:03.16	
				Sue	Moucha	A	54	FMM	142B-02RNM	1:20:12.55	
55+	1	Oregon Masters	2:16:24.94	Mary	Sweat		55	OREG	372C-025UM	0:38:04.29	
				Madeleine	Holmberg	S	60	OREG	3722-0262K	0:45:38.65	
				Sarah	Olson		62	OREG	3726-02160	0:52:42.00	

MEN'S (3 Swimmers)

Age group	Place	Club Name	Total Time	Names of Swimmers		MI	Age	Club Abbr	USMS #	Individual		√ if a National Record
				First Name	Last Name					Time	National Record	
25+	1	Galter Swim Club	2:38:15.97	Les	Inch		61	GLTR	212F-05Y1K	0:56:02.96		
				Nathaniel	Niesen		31	GLTR	2130-081UK	0:44:44.82		
				Jose	Carrasquillo	I	51	GLTR	213N-0810Y	0:57:28.19		
35+	1	Oregon Masters	1:51:34.83	Patrick	Allender		54	OREG	3728-025Y4	0:37:56.72		
				Mark	Frost		45	OREG	3722-07KU4	0:37:54.91		
				Matt	Miller	D	35	OREG	3724-07EEF	0:35:43.20		
35+	2	Puget Sound Masters	2:09:49.01	Tom	Schulz		41	PSM	362D-02KZK	0:42:17.01		
				Doug	Jelen		38	PSM	362B-02N9A	0:41:23.00		
				Alexey	Panteyev		37	PSM	363X-0802M	0:46:09.00		
35+	3	St Pete Masters Inc	2:12:43.00	Joshua	Smith	C	44	SPM	142C-064F4	0:40:24.00		
				Philip	Harasz		54	SPM	142Y-07GD6	0:50:40.00		
				Bryant	Davies	H	50	SPM	1421-02S2N	0:41:39.00		
35+	4	MOVY Masters	2:25:00.27	Kent	Mc Donald	C	60	MOVY	282A-01NS4	0:42:52.31		
				Allen	Kossoy	F	59	MOVY	282N-01NRW	0:55:20.87		
				Marty	Gura		40	MOVY	2821-06SNV	0:46:47.09		
45+	1	Oregon Masters	1:46:36.15	Kris	Calvin		50	OREG	372P-008NK	0:37:12.00		
				Timothy	Nelson	D	46	OREG	372U-025ZB	0:36:47.16		
				Hardy	Lussier	C	47	OREG	3723-025VX	0:32:36.99		
45+	2	Illinois Masters	1:53:14.43	Seth	Hoff		50	IM	212K-003C9	0:36:43.50		
				David	Sebastian		51	IM	212T-02WHJ	0:38:27.93		
				John	Pratt	L	49	IM	213P-02V62	0:38:03.00		
55+	1	Longhorn Aquatics	1:45:23.22	Larry	Wood		58	TXLA	432M-02NJF	0:36:06.02		
				Jim	Sauer		55	TXLA	432R-06N4M	0:34:04.83		
				Dick	Worrel	W	59	TXLA	432A-02NHM	0:35:12.37		
55+	2	Michigan Masters	1:58:14.47	Joe	Aumiller		55	MICH	192R-029JT	0:40:54.78		
				Douglas	Templeton	W	58	MICH	193H-028Y3	0:39:57.23		
				Frank	Thompson	L	60	MICH	192Z-028XC	0:37:22.46		
55+	3	Oregon Masters	2:01:58.94	Charlie	Swanson	E	60	OREG	3729-026EP	0:40:32.23		
				Steve	Johnson	M	64	OREG	372W-0264Y	0:40:10.01		
				Jim	Teisher	L	62	OREG	3726-025UE	0:41:16.70		
55+	4	St Pete Masters Inc	2:03:56.52	Timothy	Kennedy	C	56	SPM	142E-02RF0	0:39:31.92		
				Stephan	Freeman	J	56	SPM	142B-02REX	0:39:57.60		
				Robert	Aldrich	E	63	SPM	142E-02T7P	0:44:27.00		
55+	5	Florida Maverick Masters	3:35:39.06	Gregory	Rotole	S	58	FMM	1420-02RFK	1:16:36.43		
				Charles	Weatherbee	E	79	FMM	142B-02RR4	0:59:10.22		
				Charles	Schlegel	H	82	FMM	142N-02RE3	1:19:52.41		
65+	1	Oregon Masters	2:09:06.77	David	Radcliff		78	OREG	372F-025V8	0:41:21.68		
				Tom	Landis		70	OREG	3725-025X1	0:41:49.99		
				Ralph	Mohr	A	71	OREG	372D-0261C	0:45:55.10		

MIXED (2 Men, 2 Women)

Age group	Place	Club Name	Total Time	Names of Swimmers		MI	Age	Club Abbr	USMS #	Individual	
				First Name	Last Name					Time	√ if a National Record
25+	1	Oregon Masters	2:38:00.46	Jennifer	Feola		42	OREG	3732-07N65	0:41:38.85	
				Patrick	Allender		54	OREG	3728-025Y4	0:37:56.72	
				Ellen	Lee	L	31	OREG	3722-06E84	0:40:29.98	
				Mark	Frost		45	OREG	3722-07KU4	0:37:54.91	
25+	2	St Pete Masters Inc	2:55:07.61	Adrienne	Forkois	M	33	SPM	1429-02T8G	0:42:58.00	
				Joshua	Smith	C	44	SPM	142C-064F4	0:40:24.00	
				Patricia	Nardoizzi	J	53	SPM	1420-02RG2	0:50:06.61	
				Bryant	Davies	H	50	SPM	1421-02S2N	0:41:39.00	
35+	1	Oregon Masters	2:30:48.18	Kris	Denney	A	52	OREG	3726-02726	0:40:28.68	
				Kris	Calvin		50	OREG	372P-008NK	0:37:12.00	
				Matt	Miller	D	35	OREG	3724-07EEF	0:35:43.20	
				Jayna	Tomac	M	40	OREG	372G-05EJN	0:37:24.30	
35+	2	Puget Sound Masters	2:40:44.89	Tom	Schulz		41	PSM	362D-02KZK	0:42:17.01	
				Doug	Jelen		38	PSM	362B-02N9A	0:41:23.00	
				Haleigh	Werner	A	43	PSM	363X-02M0U	0:34:59.90	
				Geraldine	Vander Haegen	E	45	PSM	362W-05V7N	0:42:04.98	
35+	3	MOVY Masters	3:22:54.42	Bonnie	Liscek		42	MOVY	283Y-06EPN	0:54:26.67	
				Kristin	Eldridge	A	44	MOVY	283V-081RR	0:50:14.24	
				Allen	Kossoy	F	59	MOVY	282N-01NRW	0:55:20.87	
				Kent	Mc Donald	C	60	MOVY	282A-01NS4	0:42:52.31	
45+	1	Oregon Masters	2:28:28.81	Karen	Matson	A	49	OREG	372M-0266T	0:39:09.91	
				Timothy	Nelson	D	46	OREG	372U-025ZB	0:36:47.16	
				Terri	Tynnismaa	L	50	OREG	3721-05W95	0:39:54.75	
				Hardy	Lussier	C	47	OREG	3723-025VX	0:32:36.99	
45+	2	Illinois Masters	2:30:06.26	Andrea	Block		50	IM	213Z-02VBE	0:35:57.55	
				Seth	Hoff		50	IM	212K-003C9	0:36:43.50	
				David	Sebastian		51	IM	212T-02WHJ	0:38:27.93	
				Heidi	Kafka	J	50	IM	212M-02X7X	0:38:57.28	
45+	3	Michigan Masters	2:39:50.37	Rebecca	Beebe	J	51	MICH	192Z-0296N	0:44:00.00	
				Douglas	Templeton	W	58	MICH	193H-028Y3	0:39:57.23	
				Frank	Thompson	L	60	MICH	192Z-028XC	0:37:22.46	
				Denise	Brown	H	53	MICH	192Z-01U86	0:38:30.68	
45+	4	St Pete Masters Inc	2:42:19.52	Dawn	Clark		48	SPM	142K-05VRX	0:40:59.00	
				Melissa	Harasz		52	SPM	1420-05H1D	0:41:51.00	
				Timothy	Kennedy	C	56	SPM	142E-02RF0	0:39:31.92	
				Stephan	Freeman	J	56	SPM	142B-02REX	0:39:57.60	
45+	5	Galter Swim Club	4:23:43.59	Ronna	Feldman		64	GLTR	212V-02UU9	1:15:37.12	
				Marla	Cohen		57	GLTR	212E-06AY3	1:14:35.32	
				Les	Inch		61	GLTR	212F-05Y1K	0:56:02.96	
				Jose	Carrasquillo	I	51	GLTR	213N-0810Y	0:57:28.19	
55+	1	Oregon Masters	2:44:25.18	Madeleine	Holmberg	S	60	OREG	3722-0262K	0:45:38.65	
				Steve	Johnson	M	64	OREG	372W-0264Y	0:40:10.01	
				Charlie	Swanson	E	60	OREG	3729-026EP	0:40:32.23	
				Mary	Sweat		55	OREG	372C-025UM	0:38:04.29	
55+	2	St Pete Masters Inc	3:39:25.00	Robert	Aldrich	E	63	SPM	142E-02T7P	0:44:27.00	
				Storm	Eddy	S	62	SPM	142A-02REW	0:51:40.00	
				Sandy	Steer	L	73	SPM	1429-02RFC	1:07:13.00	
				Robert	Beach	E	82	SPM	142N-02REM	0:56:05.00	
55+	3	Florida Maverick Masters	4:21:40.63	Gregory	Rotole	S	58	FMM	1420-02RFK	1:16:36.43	
				Mary	Stein	A	62	FMM	142T-061WR	1:13:50.82	
				Patricia	Bond	M	74	FMM	1424-02RDM	0:52:03.16	
				Charles	Weatherbee	E	79	FMM	142B-02RR4	0:59:10.22	

Family Relay, Unofficial

1	FAMILY RELAY, UNOFFICIAL	2:38.30.35	Amy	Charley	C	27 VMST	122H-061BG	0:37:17.13
			Shirley	Loftus-Charley		61 VMST	123T-02HKM	0:37:53.41
			Craig	Charley	R	29 RCA	1228-02HRA	0:38:25.41
			Terry	Loftus	P	57 NOVA	3320-07H8R	0:43:55.00