

**United States Masters Swimming  
Long Distance National Championship**

## PRELIMINARY RESULTS

**CHAMPIONSHIP EVENT: 2012 USMS One Hour Postal National Championship**

**EVENT DATE(S): January 1-31, 2012**

**SANCTION NUMBER: 362-01**

**SANCTIONING LMSC: Pacific Northwest**

**SPONSORING ORG: Blue Wave Aquatics**

**EVENT DIRECTOR: Judy Williams**

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### WOMEN

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
<i>W18-24 Record: Sarabeth Schweitzer 2000 5550 Yards</i>									
18-24	1	Lizzy	Miller	G	24	CRUZ	382F-03ZKC	5,020	
18-24	2	Amanda	Larson	D	23	DAM	382M-06XP9	4,905	
18-24	3	Kate	Stephensen	A	22	IM	212H-06ZS2	4,900	
18-24	4	Jillian	Oto	M	18	SMM	382K-07KXY	4,895	
18-24	5	Michal	Ross	C	21	UCLA	3321-066ZR	4,850	
18-24	6	Morgan	Sawin	A	24	NEM	022F-06WKD	4,825	
18-24	7	Lauren	Dakin		23	CVMM	332X-06E2W	4,785	
18-24	8	Sarah	Kwon	R	22	SPM	142X-0655R	4,640	
18-24	9	Mary	Young	C	24	UCLA	332W-06KVH	4,570	
18-24	9	Diana	Ciraulo		18	UCLA	332A-07GUJ	4,570	
18-24	11	Marj	Stamer	A	20	NIAG	042J-07AVD	4,385	
18-24	12	Mary	Reischmann		18	SPM	142Z-07DSJ	4,275	
18-24	13	Ali	Machnik		23	NEM	022G-07561	4,220	
18-24	14	Megan	Osgood	M	24	INDY	1622-06Y2G	4,050	
18-24	15	Lauren	Langford	M	23	AKMS	562J-07HS9	4,010	
18-24	16	Caitlin	Reyda	J	22	NEM	022B-07NGD	3,905	
18-24	16	Brittany	Torelli		23	NEM	0222-07H3E	3,905	
18-24	18	Samantha	Mooren	M	24	SPM	142J-04RZT	3,900	
18-24	19	Anna	Erickson	I	24	DAM	3829-07EKB	3,895	
18-24	20	Molly	Hetherington-Rauth	C	20	DAM	3820-06UH4	3,885	
18-24	21	Sophie	Kiss	A	24	DAM	3822-071EW	3,850	
18-24	22	Franchesca	Finnigan	J	18	CRUZ	382D-07GKZ	3,830	
18-24	23	Megan	Crowley	E	24	CRUZ	382M-06BZN	3,800	
18-24	24	Camille	Hausheer	V	24	REDT	0629-06HX0	3,690	
18-24	25	Jacqueline	Olsen	Z	19	DAMM	2625-07NF2	3,630	
18-24	26	Loren	Tordsen	M	24	SMM	382S-06BFH	3,555	
18-24	27	Kristen	Rubin	L	23	NEM	0226-07284	3,520	
18-24	28	Jenna	DeYoung	L	22	DAM	382W-05J9E	3,510	
18-24	29	Abigail	Woodruff		23	DAM	382G-07NJ1	3,500	
18-24	30	Alina	Dallmeier	J	21	SPM	142Y-06688	3,420	
18-24	31	Kelcey	Hanson		19	PMST	5428-07KUF	3,390	
18-24	32	Samantha	Peterson		23	DAM	382F-06Y8P	3,365	
18-24	33	Taryn	Holly		21	NEM	022E-07MG2	3,360	
18-24	34	Caroline	McElroy		23	NEM	022D-07NM3	3,260	
18-24	35	Kelly	Knorr	I	23	NEM	022R-07M8C	3,175	
18-24	36	Bethany	Monda	R	23	O'H*	182R-07HMV	3,100	
18-24	37	Sydney	Stelzer		21	OREG	372W-07K9D	2,890	
18-24	38	Brittney	Dudley	M	24	SKY	412V-073N6	2,850	
<i>W25-29 Record: Lisa Hazen 1994 5560 Yards</i>									
25-29	1	Sara	Holman	E	25	GSC	142D-05UV9	5,125	
25-29	2	Mary	Holman	E	25	GSC	142U-06REH	5,055	
25-29	3	Sarah	Hernandez	M	27	DAM	3822-064WN	4,955	
25-29	4	Loriann	Mark		26	SCA	332A-05W8K	4,940	
25-29	5	Elizabeth	Mancuso	A	26	NEM	022R-060W2	4,900	
25-29	6	Amy	Charley	C	26	VMST	122H-061BG	4,885	
25-29	7	Shannon	Greene	E	26	UNAT	382Y-07CD8	4,875	
25-29	8	Tracey	Hemmerle	L	28	1776	0822-05ST7	4,870	
25-29	9	Lisal	Moran	M	27	SMM	3823-05VSW	4,810	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
25-29	10	Claire	Russo	C	28	VMST	122F-046MW	4,605	
25-29	11	Rachel	Wender		27	CAMP	162W-06ZB1	4,600	
25-29	12	Katie	Trembly	F	27	MOST	4329-05VBA	4,590	
25-29	13	Allison	Stewart	H	25	SKY	412P-06MJT	4,550	
25-29	14	Morgan	Adams	B	27	BWAQ	362A-06KNW	4,540	
25-29	15	Elise	Beeger	J	27	NEM	022T-046WU	4,525	
25-29	15	Gabriel	Craig	I	28	DAM	3820-05ZEW	4,525	
25-29	15	Kathleen	Stutz	J	29	TPIT	112Z-07K8R	4,525	
25-29	18	Sabina	Martinez		27	UNAT	152F-07HF0	4,500	
25-29	19	Meghan	Duffy	E	29	SKY	4125-01US5	4,460	
25-29	20	Paula	Makela	M	29	NEM	0220-07NN8	4,450	
25-29	21	Kaitlin	Anelauskas		26	NEM	022D-07J4T	4,425	
25-29	22	Katie	Tiedeman		28	PMST	542M-01HUM	4,400	
25-29	22	Rachel	Senturia		27	UCLA	332V-06U33	4,400	
25-29	24	Lauren	Hoke	B	29	UNAT	1424-06PFB	4,335	
25-29	25	Monica	Carney	M	29	CRUZ	382T-03TGF	4,325	
25-29	26	Stacy	Bjorlie	G	25	DKTA	522K-06K9R	4,310	
25-29	26	Christine	Arneson	E	25	DAM	382C-07MJR	4,310	
25-29	28	Rachel	Rempe	M	28	MPM	382N-03ZNH	4,300	
25-29	28	Kyle	Cutter		26	NEM	022S-05PBB	4,300	
25-29	30	Jenny	Rood		26	NEM	022D-06HVF	4,270	
25-29	31	Julia	Ledewitz		25	NEM	022X-07NU6	4,265	
25-29	32	Kristine	Juno		25	IM	212S-07MGZ	4,215	
25-29	33	Eline	Britz		29	DAM	382D-07EKF	4,210	
25-29	34	Katherine	Graham		29	INDY	162X-061RV	4,200	
25-29	35	Kandace	Waldthaler	L	28	DAM	382U-04R24	4,195	
25-29	36	Jess	Jiang		25	TNYA	062B-071F5	4,190	
25-29	37	Allison	Higgins	L	28	DAM	382F-03SK4	4,185	
25-29	38	Chrislyn	Nefas		27	NEM	022R-07H92	4,150	
25-29	39	Melissa	Spahr	J	25	DAM	382X-067T9	4,145	
25-29	40	Emily	VonJentzen		28	MM	312J-0687T	4,050	
25-29	41	Kate	Hewitt	L	25	UNAT	022W-077S4	4,045	
25-29	42	Hannah	Plimpton		26	1776	0823-05XZT	4,025	
25-29	43	Samantha	Mockford	W	25	DAM	382Y-071K7	4,020	
25-29	44	Monica	Benjamin	J	28	NEM	022P-046VD	4,000	
25-29	45	Renee	Ruhaak		29	DAM	382C-075M8	3,975	
25-29	45	Lynette	Talbott	M	27	TTAM	3828-05GN6	3,975	
25-29	47	Regina	Novak	C	27	SPM	142H-05J01	3,950	
25-29	48	Megan	Greenberg		26	REDT	062C-0648W	3,930	
25-29	49	Katharine	Keenan	A	29	TNYA	062U-06JC3	3,925	
25-29	50	Erica	Barto	L	26	MOST	432W-06SMU	3,920	
25-29	51	Marianne	Teixeira	R	28	NEM	022X-07J6S	3,900	
25-29	52	Cara	Harwood		27	DAM	382P-06AM9	3,805	
25-29	53	Danielle	Pardee	M	26	SCA	332M-076GC	3,730	
25-29	54	Kaitlin	Mccutcheon		25	NEM	022B-07N7N	3,645	
25-29	55	Helen	Lin		27	NEM	022B-06V2A	3,635	
25-29	56	Carla	Dolio	M	28	1776	0828-07NE6	3,580	
25-29	57	Allison	Smith	W	28	NEM	022K-0738H	3,570	
25-29	58	Emily	Warren	T	28	DAM	3824-07GSU	3,510	
25-29	59	Emily	Carroll		27	AGUA	0620-06RZM	3,500	
25-29	60	Jessica	Lopez	E	29	SMS	2426-07HU8	3,490	
25-29	61	Stephanie	Miller	L	29	DAM	3825-066JD	3,475	
25-29	62	Ashley	Patterson		26	ARKM	2321-07B6E	3,460	
25-29	63	Kelsey	Martin	A	25	UDMS	082B-07H67	3,455	
25-29	64	Leslie	Fisher	A	27	SWMS	3723-0777Z	3,430	
25-29	65	Stephanie	Penn	C	28	FGM	382V-01MXD	3,375	
25-29	66	Emily	Curtis	S	25	OREG	372T-075E1	3,330	
25-29	67	Ashley	Alderman	A	28	CVMM	332Z-07D1V	3,325	
25-29	68	Jessica	Hudec		28	OREG	372K-072PJ	3,310	
25-29	69	Kristine	Harper	M	28	FCST	252P-06E8K	3,285	
25-29	70	Lisa	Laffan	M	28	DAM	382V-05ET3	3,275	
25-29	71	Diana	Burkart-Waco	E	27	DAM	3825-06N7N	3,100	
25-29	72	Kelly	Whittaker	J	25	NEM	022G-07KPM	3,060	
25-29	73	Corinne	Schaefer	A	29	DYSM	142T-05HVM	3,005	
25-29	74	Emily	Phillips		27	NEM	0227-05J61	3,000	
25-29	74	Susannah	Perry	S	29	NEM	022Z-046T0	3,000	
25-29	76	Rose	Kormanyos		27	DAM	3820-07OK1	2,940	
25-29	77	Nicolette	Bastien		29	NEM	022K-07M91	2,850	
25-29	78	Nicolle	Paulson		26	PMST	5423-07JCC	2,790	
25-29	79	Rachel	Foote	E	29	TAM	382E-01MWD	2,740	
25-29	80	Amy	Swink		26	SCA	332K-07DX1	2,700	
25-29	81	Becca	Heiser		29	IM	212D-07F4P	2,575	
25-29	82	Amy	D'Agrosa	E	29	OWS	062B-07GRZ	2,350	
25-29	83	Adina	Boyce		27	DAM	3826-06SB5	2,030	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
<i>W30-34 Record: Lisa Hazen 1995 5625 Yards</i>									
30-34	1	Natalie	Griffith	E	30	NEM	022N-05URN	5,100	
30-34	2	Melissa	Chamberlin		31	PNA	3623-00407	5,050	
30-34	3	Erika	Waelyt	D	30	TCAM	382H-040XC	5,025	
30-34	4	Julie	Soltys		33	BERK	072J-01YAD	4,910	
30-34	5	Sarah	Bimson	C	32	DAM	382S-03W41	4,870	
30-34	6	Jenni	Clarke	L	32	INDY	1626-02AR7	4,620	
30-34	7	Brigitta	Gruenberg	M	32	SAWS	5929-01J0F	4,570	
30-34	8	Beth	Shutt	A	32	TPIT	112J-05UDF	4,565	
30-34	9	Shannon	Casey	P	33	BWAQ	3621-04FNM	4,550	
30-34	10	Erin	Popelka	M	30	OREG	372D-05GD1	4,535	
30-34	11	Robin	Sandos	L	31	NEM	022T-076CC	4,525	
30-34	12	Jamie	Hubbard	R	30	SALT	342V-07KEZ	4,520	
30-34	13	Serena	Johnson	H	34	SWMS	372G-06K7N	4,510	
30-34	14	Becky	Hunnewell	J	31	NEM	022J-046VH	4,500	
30-34	15	Jennifer	Downing		33	NEM	022V-034VS	4,475	
30-34	15	Alanna	Spees	M	32	DAM	3820-07NFS	4,475	
30-34	15	Paige	Grunnagle	C	30	ARKM	2320-0657M	4,475	
30-34	18	Melinda	Williams	B	30	NEM	0223-035DF	4,455	
30-34	19	Shauna	O'Leary	Y	34	SMM	382G-03N9M	4,450	
30-34	20	Andrea	Cardy	M	32	RMST	1023-0017K	4,435	
30-34	21	Meaghan	Casey	C	30	NEM	0222-06S0H	4,425	
30-34	22	Sandy	Bluhm	A	33	BERK	072H-01YNA	4,400	
30-34	23	Beth	Atnip	L	32	SKY	412H-001A0	4,380	
30-34	24	Beth	Schaler		30	MINN	302A-07HXU	4,290	
30-34	25	Ellen	Lee	L	30	OREG	3722-06E84	4,280	
30-34	26	Erin	Garriepy	L	33	LBG	3329-01SMY	4,250	
30-34	27	Abigail	Fairman	A	34	REDT	062B-05GPA	4,245	
30-34	28	Evelyn	Pryor	G	34	OREG	372U-026P2	4,230	
30-34	29	Erin	Ferer	J	32	UNAT	122W-05GXR	4,215	
30-34	30	Adrienne	Forkois	M	32	SPM	1429-02T8G	4,205	
30-34	31	Evalyn	Carbrey	M	32	SCAM	3827-039E6	4,200	
30-34	32	Cara	Hancy	J	32	NEM	0229-035WM	4,155	
30-34	33	Keri	Nappi		33	NEM	022D-07C7F	4,125	
30-34	33	Lidia	MacDonald-Carr	A	30	NEM	022J-06JHD	4,125	
30-34	35	Kathryn	Ostertag	L	33	NEM	0225-035AZ	4,120	
30-34	36	Kealey	Sitler	M	34	SWMS	372M-0272M	4,110	
30-34	37	Katharine	Owen		32	NEM	0225-07283	4,100	
30-34	37	Deb	Ginzl		33	MINN	302F-0259H	4,100	
30-34	37	Linn	Schroeder	E	33	AQST	5228-05F69	4,100	
30-34	40	Molly	Clark		30	OREG	372H-026VG	4,080	
30-34	40	Katy	Sahm	L	34	INDY	162D-02BND	4,080	
30-34	42	Dawn	Kalmar	C	34	NEM	0224-03S1H	4,065	
30-34	43	Carmel	Stewart	L	33	DAM	382H-03HBW	4,050	
30-34	43	Callie	Peat		30	UNAT	4825-03WDC	4,050	
30-34	45	Stephanie	Allin	W	30	NEM	022E-07HAG	4,035	
30-34	45	Jessica	Tucker-Mohl	E	33	DAM	382Y-001V9	4,035	
30-34	47	Sarah	Shore	A	30	TCAM	3822-03VVD	4,025	
30-34	48	Nia	Doyle	B	30	MEMO	382T-03SDC	4,010	
30-34	49	Laura	Shevy	E	34	NEM	0220-02YA0	4,000	
30-34	50	Shannon	Florea	C	34	SKY	412F-01WD2	3,985	
30-34	51	Carolyn	Bennett	M	34	FISH	0621-05HKD	3,960	
30-34	52	Laura	Mangarelli-Kallenberg		34	NTEX	262Y-07K2X	3,950	
30-34	53	Christina	Dwiggins	A	32	NEM	022R-046YF	3,945	
30-34	54	Emily	Notch		32	NEM	0228-05PUJ	3,935	
30-34	55	Margaret	Thompson	A	31	MAM	382A-03U4F	3,860	
30-34	55	Lesley	Wong	S	30	SMM	382H-073ZF	3,860	
30-34	57	Alison	Henderson	W	34	PNA	362R-07CTD	3,810	
30-34	58	Rachel	Cohen	F	33	REDT	0629-02GUA	3,770	
30-34	59	Amy	Zipp	J	32	DAM	382J-062WC	3,720	
30-34	60	Rachel	Duncan		32	MARY	092T-07K33	3,715	
30-34	61	Krista	Striano	L	32	1776	082K-060XP	3,700	
30-34	62	Marrie	Chen	A	34	DAM	3822-03ZX9	3,685	
30-34	63	Taryn	Stejskal	M	33	INDY	1627-06H2K	3,660	
30-34	64	Meghan	Bailey		33	NEM	022T-07J05	3,645	
30-34	65	Rachel	Northrop	B	32	DAM	382N-03UDG	3,635	
30-34	66	Lauren	Dewey	M	30	TNYA	062D-062X4	3,615	
30-34	66	Shay	Strong	B	31	CMYM	0927-07MX3	3,615	
30-34	68	Aimee	Herring		30	OREG	372P-07BP6	3,605	
30-34	69	Kimbra	Wellock		34	BWAQ	362H-07C2C	3,600	
30-34	70	Victoria	Boivin		34	PNA	3623-07541	3,560	
30-34	71	Alison	Skinner		31	DAM	3824-064KE	3,555	
30-34	72	Elaine	Howley	K	34	NEM	022H-046VJ	3,550	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
30-34	73	Janie	Booth	M	33	DAM	382D-03KF3	3,545	
30-34	74	Jessica	Bailey	D	33	MEMO	382V-03KK7	3,540	
30-34	75	Nicole	Martinez		33	MOST	432E-07J32	3,515	
30-34	76	Megan	Gordon	M	33	DAM	382B-03V2C	3,485	
30-34	77	Whitney	Sutherland	G	33	ARKM	2328-06P7Y	3,440	
30-34	78	Ilene	Boucher		31	NEM	022T-061RX	3,425	
30-34	79	Lena	McMahon	M	33	TNYA	062U-06ZfV	3,400	
30-34	80	Shannon	Rodine	T	33	OREG	3723-07ABG	3,390	
30-34	81	Erin	McCreless		30	CRUZ	382P-064V4	3,385	
30-34	82	Liz	Gately		30	TNYA	062U-06HYR	3,370	
30-34	83	Lynn	Nakayama Wong	S	32	DAM	382B-040N9	3,280	
30-34	84	Rebekah	Jakeman		33	HMS	352V-07HK7	3,250	
30-34	85	Stephanie	Skerritt		33	FISH	0621-07GB9	3,200	
30-34	86	Rose	Jones		33	INDY	162T-023PR	3,180	
30-34	87	Hayley	Friedman		31	REDT	062N-06XBE	3,170	
30-34	88	Jason	Stephen		33	NEM	0226-07NT2	3,165	
30-34	89	Anna	Juarez	E	31	SKY	412B-05FJ6	3,140	
30-34	90	Caye	VanZandt		33	MICH	1924-079VB	3,125	
30-34	91	Jill	Ellingson	R	33	BWAQ	362Y-07M2T	3,100	
30-34	92	Julianne	Lohr-Shelton	M	31	DAM	382U-06X7N	3,040	
30-34	93	Sanaa	Alaoui	S	34	MOST	4320-07HSB	3,005	
30-34	94	Karli	Mordue		32	NEM	022K-07MXM	3,000	
30-34	95	Gloria	Petruzzelli		32	DAM	382P-07MP0	2,990	
30-34	96	Tonya	Vandermeij		33	ARKM	2327-002JJ	2,970	
30-34	97	Mary	Kailihiwa		33	CVMM	332U-06ADF	2,940	
30-34	98	Erin	Rock		33	SKY	412Y-07NFX	2,930	
30-34	99	Joscelyne	Gray	T	34	PNA	362B-07G2D	2,925	
30-34	100	Lauren	Crownshaw	A	32	DAM	382C-060MX	2,900	
30-34	101	Heather	Ness	L	33	NCMS	132W-07NKA	2,875	
30-34	102	Bree	Hoomans	J	32	OREG	3724-06KHW	2,770	
30-34	103	Tanja	Paolini		31	FGM	382S-07E8S	2,765	
30-34	104	Shannon	Blake	E	31	NEM	022T-060VH	2,750	
30-34	105	Dana	Pugh	N	30	LBG	332G-071SX	2,700	
30-34	106	Melissa	Nesbitt		34	CVMM	3322-07MOZ	2,530	
30-34	107	Emily	Leventhal		34	NEM	022G-07NET	2,475	
30-34	108	Julie	Heck		34	CVMM	3326-06TC7	2,365	

*W35-39 old Record: Alison H Zamanian 2010 5560 Yards*

*W35-39 New Record: Heidi S George 2012 5645 Yards*

35-39	1	Heidi	George	S	35	UNAT	382U-03KD2	5,645	√
35-39	2	Annie	Hayman		35	TMM	142F-03BHZ	5,175	
35-39	3	Kristi	Lee	D	36	SAWS	592B-01J12	5,035	
35-39	4	Chio	Hatakeyama	E	36	WSC	3927-038FP	4,920	
35-39	5	Andrea	Packard	H	37	NCMS	1325-033B8	4,910	
35-39	6	Kira	Pfisterer	D	39	SAWS	592A-01J1J	4,885	
35-39	7	Rebecca	Newton	L	35	SCA	332M-06RA4	4,800	
35-39	8	Andee	Bell		36	DAM	382Y-01WN9	4,790	
35-39	9	Kristyne	Blackburn		39	TXLA	432C-05RKU	4,780	
35-39	10	Eileen	Epley	A	36	UAR	1723-07CG9	4,775	
35-39	11	Sheryl	Bierden		38	NEM	022M-06G7J	4,650	
35-39	12	Stacy	Sweetser	L	36	NEM	0226-036UY	4,630	
35-39	13	Michelle	Kondo	C	35	1776	082H-03K4U	4,610	
35-39	14	Sara	Nelson	Q	39	OREG	372R-0263K	4,590	
35-39	15	Julie	Sakalares	R	38	ARKM	2321-07NJ0	4,550	
35-39	16	Andrea	Pecota		37	SHMS	382M-068KV	4,530	
35-39	17	Hannah	Borgeson		39	TNYA	0628-0224P	4,485	
35-39	18	Brenda	Tomtan-Brayman	K	38	PNA	362C-005ZZ	4,475	
35-39	19	Rachel	White	P	36	DAM	382F-03FZ8	4,470	
35-39	20	Jill	Guerrera	S	38	MICH	192E-006B1	4,460	
35-39	21	Chris	Lindstrom		39	MVM	382E-0057R	4,410	
35-39	22	Breana	Lewis	L	35	SKY	412P-05Y1B	4,400	
35-39	23	Saori	Hanaki-Martin		37	SKY	4122-01WV2	4,380	
35-39	24	Christina	Baudis		35	NEM	022C-075SS	4,355	
35-39	25	Juliet	Port	E	36	INDY	162N-02B1Z	4,320	
35-39	26	Shannon	Wolford	D	39	TAM	382V-03R86	4,315	
35-39	26	Suzu	Jajewski		36	UNAT	3721-074MV	4,315	
35-39	28	Julie	Baker	B	35	DAM	382E-03HB2	4,310	
35-39	29	Tina	Hall	K	37	PNA	362Z-07HA1	4,275	
35-39	30	Anicia	Criscione		38	OREG	372B-025V4	4,230	
35-39	30	Beccah	Rothchild	D	38	MAM	382Z-03ZWE	4,230	
35-39	32	Amanda	Eckler	S	35	TNYA	062X-02ZEJ	4,205	
35-39	32	Kathy	Farrell Guizar		39	HMS	352P-07HUJ	4,205	
35-39	34	Lena	Mughannam		37	SMM	382K-03F7N	4,170	
35-39	34	Laila	Payne	S	35	OREG	372A-02707	4,170	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
35-39	36	Grace	Tkach	P	38	NEM	022G-07692	4,160	
35-39	37	Lisa	Porcella	R	38	UNAT	382Y-04ZGN	4,150	
35-39	38	Jennifer	Smith	A	37	NEM	022S-064DF	4,130	
35-39	39	Karla	Rees	E	39	MVM	382R-03GB5	4,120	
35-39	40	Isabel Rute	Faria	S	36	DAM	382P-03S8B	4,115	
35-39	41	Jen	Baker		35	NCMS	1323-037S0	4,095	
35-39	42	Amanda	Castle	H	36	IM	212B-062JD	4,075	
35-39	43	Erica	Wright		37	DAM	3827-04122	4,070	
35-39	44	Krista	Mathisen		39	SMM	382C-03F1R	4,060	
35-39	45	Karen	Drack		35	SPCO	142M-05EZ1	4,050	
35-39	46	Lisa	Sandoval	E	39	OREG	372C-00130	4,035	
35-39	47	Carmen	Menocal	E	37	REDT	062B-02YWJ	4,025	
35-39	47	Rachael	Maresh	M	36	TXLA	432S-006X3	4,025	
35-39	49	Heather	Martinez	J	35	CHIC	382P-03K6F	4,000	
35-39	50	Elizabeth	Strausbaugh	A	35	OREG	3722-026YZ	3,970	
35-39	51	Erika	Boeckeler	M	37	NEM	022N-06DZA	3,915	
35-39	52	Abby	Long		35	REDT	0626-077Y9	3,890	
35-39	53	Chandra	Kelley	C	38	MOST	4329-0663T	3,880	
35-39	53	Elisabeth	Turnbull-Brown	A	39	TNYA	062K-04C47	3,880	
35-39	53	Karen	Rasmussen		36	BWAQ	3628-02M6N	3,880	
35-39	56	Sandra	Uesugi	L	38	OREG	372U-02662	3,875	
35-39	57	Cara	McAteer		37	TNYA	062F-02Y3D	3,865	
35-39	58	Ava	Cruz	R	39	DAM	382H-03KSP	3,845	
35-39	58	Elise	Vonhousen		38	NEM	022A-033B5	3,845	
35-39	60	Amy	McDaniel	L	37	COLU	092H-04RJJ	3,840	
35-39	61	Andrea	Brayman	C	39	UNAT	022G-061YV	3,835	
35-39	62	Erin	Smith		37	NEM	022U-06NG0	3,825	
35-39	63	Ann	Palms		39	NEM	022J-02G5N	3,800	
35-39	64	Malgorzata	Wanska	W	35	CVMM	332W-07M7W	3,780	
35-39	65	Kim	Hargrave		38	SCA	332N-06G22	3,750	
35-39	66	Evelyn	Hale	E	38	NEM	022G-0351T	3,700	
35-39	67	Deborah	Stromberg	L	37	DAM	382T-03XC9	3,690	
35-39	67	Tiffany	Wohlwend	C	35	DAM	382D-03HSX	3,690	
35-39	69	Nicola	Smith		35	NEM	022J-06GHE	3,670	
35-39	70	Jayne	Myers	D	36	DAM	382C-05G0R	3,650	
35-39	70	Cherith	Maples	D	39	PNA	362X-07MGR	3,650	
35-39	72	Rachel	Cutler	B	36	TNYA	062H-06Z0P	3,605	
35-39	72	Jennifer	Creel	N	37	ARKM	2325-07N24	3,605	
35-39	74	Monica	Bradley	L	39	SPM	142X-01THB	3,600	
35-39	75	Amanda	Coussoule	M	37	ARKM	2328-0678W	3,590	
35-39	76	Pansy	Sheffield		35	RIDG	262D-07562	3,575	
35-39	77	Jenny	Hodges	A	37	PMST	542U-01HZM	3,565	
35-39	77	Ramona	Flightner	K	37	NEM	0222-07NFN	3,565	
35-39	79	Karen	Vasso	M	37	NEM	022Y-033CR	3,560	
35-39	80	Gretchen	Wagner	J	36	NEM	022R-05E4Y	3,550	
35-39	80	Deb	Morse	B	38	MESC	0227-06TSE	3,550	
35-39	80	Erika	Cutler		36	DAM	3821-07NS0	3,550	
35-39	83	Brooke	Hess	S	39	YWMA	0829-06N5Z	3,520	
35-39	84	Trisha	Kepple	L	35	OREG	3727-026PC	3,510	
35-39	85	Heather	Merritt	J	35	SCYM	302A-001PV	3,500	
35-39	86	Lisa	Cloitre	J	39	NEM	0224-05X63	3,475	
35-39	86	Pascha	Griffiths		38	NEM	022R-07JH9	3,475	
35-39	86	Alexandra	Roach	E	39	DAM	3824-06H5P	3,475	
35-39	89	Ann Michelle	Ongert		37	WCM	382R-03EB7	3,450	
35-39	90	Karen	Shapiro		36	DAM	382T-03GX4	3,420	
35-39	91	Orla	Furey		39	NEM	022P-06GT2	3,400	
35-39	91	Kelli	Slater	S	39	TCAM	382G-03SG8	3,400	
35-39	91	Tara	Vaught		36	SKY	4120-07HXN	3,400	
35-39	94	Neva	Winter	J	38	OREG	372X-06DA0	3,360	
35-39	95	Elizabeth	Harrison	A	37	OREG	372M-026ZH	3,325	
35-39	96	Eva	Dopico-Serantes	M	39	DAM	382C-03N4P	3,320	
35-39	97	Annette	Roug		37	DAM	382Y-05WV4	3,285	
35-39	98	Lara	Gibson	N	35	NEM	022P-07MXH	3,275	
35-39	98	Hadar	Aviram		37	UNAT	3824-076UP	3,275	
35-39	100	Renee	Fatemi		38	SKY	412W-05HS8	3,250	
35-39	101	Michelle	Morphew		39	NEM	022U-07N9V	3,225	
35-39	102	Armandina	Fernandez		39	MOST	4328-02RCD	3,195	
35-39	103	Susan	Harrison	E	37	RCA	1224-074EZ	3,185	
35-39	104	Cheryl	Kreinbring	A	38	NEM	0229-06DAY	3,175	
35-39	105	Danielle	Luhmann		36	INDY	162R-07GY8	3,160	
35-39	106	Liette	Witherrite		38	OREG	372W-075UA	3,135	
35-39	107	Erin	Heiser		35	DAM	382U-03XR1	3,115	
35-39	108	Melissa	Draper	A	35	DAM	3820-07EKJ	3,085	
35-39	109	Julie	Acker		38	NEM	022G-06GWU	3,060	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
35-39	110	Alexiss	Wheeler	L	37	NEM	0224-07M2W	3,050	
35-39	111	Eva	Varga	L	39	OREG	372J-05G95	3,025	
35-39	111	Margaret	Banker		38	NEM	022X-0474Z	3,025	
35-39	111	Jessica	Stokes	N	35	NEM	0225-033CJ	3,025	
35-39	114	Sadie	Brumley	A	35	PNA	362E-076G8	3,010	
35-39	115	Nicole	Lukes	D	37	INDY	1621-04R0J	3,000	
35-39	116	Shelby	Geyer		37	CVMM	3324-06WZ5	2,965	
35-39	117	Alexandra	Markarian		38	IM	212N-07M6S	2,950	
35-39	118	Sarah	Lindahl		35	MEMO	3826-07N74	2,945	
35-39	119	Gianna	Gorski		35	BWAQ	362G-068DB	2,925	
35-39	120	Renee	Gaasch	L	36	SWMS	372T-07M0R	2,905	
35-39	121	Lockell	Keeling		35	LBG	3329-06KRA	2,900	
35-39	122	Ellen	Usher	L	37	SKY	412V-07B2W	2,880	
35-39	123	Katy	Myers		39	SWMS	372C-076JJ	2,875	
35-39	123	Kristi	Paradis	L	36	NEM	0225-07NA1	2,875	
35-39	125	Alanna	Woods	M	37	OREG	3723-060T4	2,815	
35-39	126	Jennifer	Krangle	B	38	NEM	0223-035N6	2,725	
35-39	127	Shannon	Kasztejna		38	UNAT	1425-07MBU	2,650	
35-39	128	Yvonne	Wandless	J	37	NEM	022P-07M5V	2,600	
35-39	128	Julie	Harvey	A	39	CVMM	3328-06XF9	2,600	
35-39	130	Heather	Kinney	J	35	DAM	382R-041G8	2,575	
35-39	131	Meredith	Morgan		36	COM	5322-06TM1	2,400	
35-39	131	Lauren	Lym	T	38	FGM	3829-07EJU	2,400	
35-39	133	Kim	Humann		38	OREG	372H-0771V	2,365	
35-39	134	Molly	Kenneth		39	DAM	382R-076Y6	1,930	
35-39	135	Jennifer	Baine		35	ARKM	232C-07HT8	1,430	

*W40-44 Record: Susan H Preston 2006 5550 Yards*

40-44	1	Haleigh	Werner	A	42	PNA	3622-02M0U	4,950	
40-44	2	Casey	Slater	P	40	TCAM	382J-03TGP	4,880	
40-44	3	Cynthia	Hertzner	J	42	CRUZ	382Y-03GK5	4,670	
40-44	4	Ann Marie	Crye		40	NIAG	0429-05VH3	4,660	
40-44	5	Karen	Brisson	S	43	TAM	382A-03H68	4,645	
40-44	6	Deborah	McFerron	W	42	TAM	382J-05F2P	4,600	
40-44	7	Megan	Lassen	M	41	MICH	192H-02KUC	4,590	
40-44	8	Michelle	Goldberg	L	43	DAM	382M-03TPU	4,560	
40-44	9	Melanie	James-Cosgrove	K	42	1776	082F-005MY	4,550	
40-44	10	Heather	Lugassy	R	41	TAM	3826-03K63	4,535	
40-44	11	Kim	Leigh		42	SCA	3326-03AA1	4,495	
40-44	12	Paula	Texel	M	41	SPM	142D-0625D	4,460	
40-44	13	Cindy	Werhane	A	42	OREG	372N-07M8G	4,455	
40-44	14	Hannah	Borgeson		40	TNYA	0628-02Z4P	4,445	
40-44	15	Kristin	Wilkes	J	40	NEM	022N-033SB	4,425	
40-44	16	Meredith	Gilson	P	40	NEM	022Y-035B4	4,400	
40-44	17	Anne	Cappola	R	42	1776	082M-022E0	4,395	
40-44	18	Marta	Bechhoefer		44	CRUZ	382R-03PWF	4,390	
40-44	19	Kelly	Oliner	S	44	SCA	332D-03DVM	4,385	
40-44	20	Raquel	Formica		40	CMYM	0928-06ZHD	4,370	
40-44	21	Jennifer	Feola		41	OREG	372Y-07N65	4,330	
40-44	22	Nicole	David		43	DAM	3822-03ZB6	4,320	
40-44	23	Lynn	Ascione		44	BERK	0722-01YYE	4,290	
40-44	24	Susie	Young	S	42	OREG	372B-026U2	4,275	
40-44	25	Sonja	Bylak		40	ARKM	232D-07N1W	4,265	
40-44	26	Stephanie	Denison		41	TUTE	382D-04ZG8	4,235	
40-44	27	Tiitta	Elias	K	44	MOST	432J-02PPN	4,200	
40-44	28	Ursula	Hester		40	NEM	022T-034HF	4,185	
40-44	29	Elizabeth	Kooy	A	40	IM	212T-02VBX	4,175	
40-44	29	Valerie	Weichert		44	MARY	0925-005VR	4,175	
40-44	31	Karin	Gardner	M	43	AQST	522T-02M34	4,165	
40-44	32	Catharine	Cebrowski	L	41	MOST	432G-06P0P	4,155	
40-44	33	Suna	Sullivan		44	PNA	362X-06DUP	4,150	
40-44	33	Mary	Armstrong	C	44	PNA	3622-05Z35	4,150	
40-44	35	Rainy	Goodale	M	41	NEM	022X-05JAS	4,135	
40-44	36	Jennifer	Kabacy	A	41	BWAQ	362J-004TJ	4,125	
40-44	36	Lissa	Winstanley		42	NEM	022A-060DZ	4,125	
40-44	38	Cathy	Gainor	C	44	ANCM	102P-037TJ	4,115	
40-44	39	Sara	Hallor	E	40	NEM	022M-033YJ	4,100	
40-44	40	Melinda	Walters		41	SWMS	372R-026T8	4,095	
40-44	41	Dawn	Elder	P	43	MOST	432X-05NXN	4,090	
40-44	42	Melinda	Menzer	J	42	UNAT	552N-01HDZ	4,085	
40-44	43	Beata	Konopka	M	42	CVMM	3325-06PN1	4,080	
40-44	44	Gillian	Salton	G	43	OREG	372H-05G96	4,070	
40-44	45	Lynn	Sondag	S	43	TAM	382N-07P2X	4,025	
40-44	46	Elizabeth	Nilsen	A	43	CRUZ	382Z-03HDZ	4,015	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
40-44	47	Shannon	Doherty Alger		41	NEM	022C-066JF	4,000	
40-44	48	Suzanne	Scheel	P	40	1776	0821-005U4	3,995	
40-44	49	Clare	Burger	P	44	MEMO	382Z-06F06	3,990	
40-44	50	Amy	King	C	42	FACT	1424-04RZR	3,975	
40-44	51	Sharon	Long	L	41	NCMS	1326-077XW	3,950	
40-44	51	Christine	Hirsch		42	OREG	372Z-07MKJ	3,950	
40-44	51	Libby	Garland		41	REDT	0627-02YAV	3,950	
40-44	54	Ines	Lein		43	IM	212P-0720J	3,925	
40-44	55	Ilyse	Hildebrand		44	INDY	1625-02ACD	3,900	
40-44	56	Christine	Dahlgren	M	44	DAM	382D-062B2	3,885	
40-44	57	Shulamit	Glazerman		43	DAM	3828-03FCF	3,875	
40-44	57	Michele	Ignoffo	D	42	CRUZ	382Z-03GK4	3,875	
40-44	59	Rachel	Tsu		41	OREG	372H-069TG	3,860	
40-44	60	Elizabeth	Dellamora	R	41	AGUA	062B-02YTF	3,850	
40-44	61	Heidi	Loecke	L	40	MOVY	2820-05F8P	3,845	
40-44	62	Lisa	Bertain	S	41	DAM	382K-075C9	3,820	
40-44	63	Gayle	Kyhos	H	42	DAM	3825-06HCC	3,800	
40-44	63	Darlene	Jones		43	PCAT	262U-04G43	3,800	
40-44	65	Dara	Gaskin	K	42	OREG	372S-026PK	3,790	
40-44	66	Diana	Sosnowski	C	44	1776	082M-06YHD	3,780	
40-44	67	Elizabeth	Cornell		44	TNYA	062T-02YB3	3,775	
40-44	67	Mary Beth	Brown		40	INDY	162Z-06NNJ	3,775	
40-44	69	Carrie	French		44	ESMS	1527-069T8	3,750	
40-44	69	Kendra	Collins		42	AGUA	062S-07G4G	3,750	
40-44	71	Kendra	McDowell		40	NEM	022V-035JD	3,740	
40-44	72	Michelle	Jacobs-Brown	C	40	SWMS	372S-02752	3,730	
40-44	73	Louise	Golec	D	42	NEM	0222-06SBX	3,720	
40-44	74	Karen	Charney	L	42	DAM	382R-0423B	3,710	
40-44	75	Christie	Seumalo	L	41	SWMS	372F-07HAK	3,700	
40-44	75	Susy	Kim	A	42	NCMS	132K-07K4S	3,700	
40-44	75	Amy	Winslow	S	44	DAM	3825-05ZEG	3,700	
40-44	75	Jessica	Rapp	S	42	NEM	0226-0478X	3,700	
40-44	75	Theresa	Tamley	A	43	TAM	382D-06PVD	3,700	
40-44	80	Emily	Andrada-Brown	R	43	DAM	382A-03R95	3,675	
40-44	81	Elva	Diaz	D	41	DAM	382X-03UW5	3,650	
40-44	82	Sonjia	Chandaria	M	41	SWMS	3723-026N6	3,635	
40-44	82	Andrea	Golding	J	41	NEM	022F-061H7	3,635	
40-44	82	Cassie	Nobbs	A	40	OREG	372Z-05E3S	3,635	
40-44	85	Gretchen	Curtis		40	NEM	022C-0752J	3,630	
40-44	85	Ayre	Williamson-Shilling	A	43	SWMS	372A-026AJ	3,630	
40-44	87	Ruth	Giles-Ott		43	IM	2120-02VKN	3,605	
40-44	87	Erin	Ochoa	L	42	DAM	382T-07G2E	3,605	
40-44	89	Kate	Thorp		42	MPM	382G-06YHT	3,600	
40-44	90	Jodi	Ready	R	40	OREG	372H-06HZY	3,580	
40-44	90	Courtney	Smith	L	41	T2NM	142C-042PV	3,580	
40-44	92	Laura	Albee	M	42	SPM	142F-02RK4	3,575	
40-44	93	Kendall	Essex	C	42	DAM	3829-03J9V	3,570	
40-44	94	Jennifer	Thuillier	P	42	SCA	332N-05J4G	3,560	
40-44	95	Jessica	Evans	S	44	UNAT	432G-06109	3,550	
40-44	96	Jaime	Mack	K	44	OREG	372V-026PG	3,540	
40-44	97	Jennifer	Wardell	A	43	OREG	372E-026JF	3,530	
40-44	98	Lorena	Barrio	M	42	SCA	332M-05XAY	3,525	
40-44	99	Susan	Mooney	W	44	SWMS	372P-026AU	3,520	
40-44	100	Anna	Vouros	C	44	NEM	0226-07NMX	3,510	
40-44	100	Katie	Kenny		41	CBCM	4824-070B9	3,510	
40-44	102	Lisa	Greer		41	RCA	1221-06PGX	3,500	
40-44	102	Julie	Vandenbark	A	40	INDY	1623-02AGY	3,500	
40-44	102	Stacey	Moffet		42	CMYM	0928-01VF8	3,500	
40-44	102	Elizabeth	Karnisky	A	40	NIAG	0426-01XA4	3,500	
40-44	106	Cara	Levin	L	44	SCA	332V-06A55	3,495	
40-44	107	Gian-Claudia	Sciara		41	DAM	382U-03VGY	3,485	
40-44	108	Ruth	Williams	E	43	TAM	382U-03JXK	3,480	
40-44	109	Kate	Sweezy-Brooks	M	40	NEM	022R-07702	3,475	
40-44	110	Wilkie	Cook		42	NEM	022A-07NDU	3,460	
40-44	111	Seana	Burke	C	44	DAM	382U-03G0R	3,450	
40-44	112	Flavia	Zappa	L	44	O'H*	182H-02RHK	3,440	
40-44	113	Diana	Johnson	M	41	BWAQ	3620-06WUY	3,435	
40-44	114	Mary	Sarotte	E	44	NEM	022A-0353C	3,420	
40-44	115	Heather	Clarke		40	PNA	362Y-076BF	3,415	
40-44	116	Tonia	Albert	N	42	SWMS	372H-07MXS	3,390	
40-44	117	Laura	Mathew	B	42	DAM	382S-0406G	3,360	
40-44	118	Maria	Abreu	E	40	FREM	382E-05U86	3,355	
40-44	119	Cherie	Adkins	D	43	MICH	192P-05GAY	3,350	
40-44	120	Margaret	Gale		43	MOST	432S-02HHH	3,330	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
40-44	121	Amy	Roccabruna	M	41	NEM	0221-07KH9	3,315	
40-44	122	Brenda	Carter	K	43	PNA	362A-07KVJ	3,300	
40-44	122	Kristi	Haddock		43	SCA	332S-0687X	3,300	
40-44	122	Stephanie	Mischke	L	40	SPM	1428-0692E	3,300	
40-44	122	Laura	Burton	J	43	INDY	162P-02AN1	3,300	
40-44	126	Georgeann	Barclay		44	SCA	332V-07ND3	3,295	
40-44	127	Geraldine	Gardner		43	NEM	022X-070JP	3,275	
40-44	128	Roxane	Phifer	E	41	DAM	3823-067PF	3,250	
40-44	128	Denise	Cremin	R	44	NEM	0226-075MY	3,250	
40-44	128	Stephanie	Olbrich	L	42	OREG	3721-026YD	3,250	
40-44	128	Jennifer	Rein		40	NEM	022J-033C2	3,250	
40-44	132	Norma	Tom	J	42	SMM	382Z-07KY2	3,230	
40-44	133	Elisa	Hynds	B	43	SWMS	372H-07NE9	3,190	
40-44	134	Bernadette	Galvez	T	44	UNAT	272G-01ZWC	3,150	
40-44	134	Shari	Cruse		44	MPM	382C-06DR1	3,150	
40-44	134	Nancy	Hutchins		44	NEM	022V-06MR7	3,150	
40-44	137	Tracy	De Wit		40	DAM	3826-040GZ	3,145	
40-44	138	Barbara	Rich		43	REDT	0622-07808	3,115	
40-44	139	Allison	Espinosa		40	MOST	4323-076UV	3,105	
40-44	140	Janie	Crosmer	L	42	UNAT	262U-072TR	3,080	
40-44	140	Zohar	Tal		41	DAM	382W-06TBV	3,080	
40-44	142	Stacey	Panek		40	OREG	3726-06V9Z	3,070	
40-44	143	Linda	Burrows	A	40	SCA	332M-06FP8	3,065	
40-44	144	Jane	Bynon	M	44	NCMS	1320-07K6N	3,025	
40-44	145	Kristine	Cherbonneau		44	NEM	022D-07NKJ	3,000	
40-44	146	Felicia	Di Salvo		42	METR	0623-06SDK	2,995	
40-44	147	Kat	Ruff		40	SCA	332K-06S9M	2,950	
40-44	147	Sarah	Starr		44	OREG	3727-079XP	2,950	
40-44	147	Hongmei	Liang		41	UNAT	112P-06U2H	2,950	
40-44	150	Annie	Benson		44	NEM	022D-0351E	2,930	
40-44	151	Lana	Lambert		44	PMST	5420-01HZR	2,920	
40-44	152	Jennifer	Guirl		41	MOST	432H-04KSA	2,905	
40-44	153	Kerry	Murphy	L	40	NEM	022S-07N4R	2,870	
40-44	154	Tracy	Nanfito	A	42	SCA	332P-07B8B	2,860	
40-44	155	Kim	Oerkfitz		43	MOST	432H-0769X	2,840	
40-44	156	E Rachel	Hochman		42	NEM	022N-06H91	2,835	
40-44	157	Nina	Gueorguieva	T	42	SKY	412Y-0749S	2,825	
40-44	157	Patty	Lennox	A	41	BERK	072U-07N2X	2,825	
40-44	159	Ann	Waid	M	41	DAM	382J-07750	2,815	
40-44	160	Rachel	Mavis		42	OREG	372M-05EGY	2,810	
40-44	161	Sandy	Curko		41	NEM	022G-06RWM	2,800	
40-44	161	Mele	Echiburu	B	42	DAM	382R-05SRC	2,800	
40-44	163	Jennifer	Kaden	B	44	OREG	372V-0271B	2,755	
40-44	164	Kirsten	Nesholm		40	PNA	362W-0754A	2,685	
40-44	165	Patricia	Christie	D	44	NEM	022W-034EU	2,660	
40-44	166	Punita	Shah		41	PCAT	262G-07JBP	2,625	
40-44	167	Rebecca	Armstrong	L	43	NEM	0223-06W2J	2,610	
40-44	168	Debbie	Anderson	L	42	DAM	382R-07HS5	2,500	
40-44	169	Mieke	Miller	J	41	CVMM	332A-06X3E	2,475	
40-44	170	Emma	Collins	J	41	SCA	332S-07GK1	2,350	
40-44	171	Mary	Mazanec		43	NEM	022A-07JAB	2,280	
40-44	172	Lena	Skinner	M	44	FMMS	262H-06NXJ	2,205	
40-44	173	Charla	Kordana		44	DAM	3822-07HED	2,150	
40-44	174	Nancy	Doll		41	BWAQ	3623-06SCR	1,850	

*W45-49 Record: Susan Preston 2008 5550 Yards*

45-49	1	Laurie	Hug		46	1776	082Z-0226X	5,170	
45-49	2	Charlotte	Petersen		47	SPM	142J-02RF8	5,100	
45-49	3	Susie	Shuck		46	INDY	1623-02AMJ	4,925	
45-49	4	Victoria	Rian	L	45	INDY	162R-02AD8	4,915	
45-49	5	Kimberly	Elsbach	D	49	DAM	382P-03NH6	4,910	
45-49	6	Susan	Dombkowski	E	45	MICH	1923-03E8C	4,890	
45-49	7	Katy	Dooley		45	TXLA	4322-077HF	4,850	
45-49	8	Charlotte	Hollings		47	VMST	122B-02JDH	4,795	
45-49	9	Charlotte	Brynn	J	45	NEM	022F-034BA	4,715	
45-49	10	Kerry	Halsted	N	48	DAM	382J-03GED	4,685	
45-49	11	Karen	Matson	A	48	OREG	372M-0266T	4,680	
45-49	12	Linda	Beane		46	NEM	0229-071ZY	4,625	
45-49	13	Kerry	Frame	L	45	MICH	192S-02A3T	4,595	
45-49	14	Sarah	Mulligan		47	NCMS	1323-003C5	4,575	
45-49	15	Becky	Cleavenger		48	CVMM	3329-06DB4	4,550	
45-49	15	Nancy	Stern	L	46	SMM	3829-03JN5	4,550	
45-49	17	Carrie	Stolar	E	45	HOPK	302V-025C1	4,525	
45-49	18	Lucille	Glassman	R	48	FREM	3825-03GM2	4,500	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
45-49	19	Heidi	Kafka		49	IM	212M-02X7X	4,495	
45-49	20	Marcia	Cleveland	E	47	IM	212K-01S4Y	4,450	
45-49	21	Arlene	Delmage		49	OREG	3725-01Z4F	4,380	
45-49	22	Laura	Delorey	E	49	NEM	0223-06HKC	4,375	
45-49	23	Terri	Tynismaa	L	49	OREG	3721-05W95	4,365	
45-49	23	Wendy	Gulley		46	NEM	0222-033HK	4,365	
45-49	25	Pamela	Aman	A	45	NEM	022H-06S2T	4,350	
45-49	26	Lori	Terlouw	T	47	ARKM	232S-01K2V	4,340	
45-49	27	Dawn	Clark		47	SPM	142K-05VRX	4,330	
45-49	28	Lisa	Schoenneman	L	49	SCA	3327-03CNV	4,305	
45-49	29	Jane	Cerussi	E	48	DAM	3825-074TS	4,300	
45-49	30	Elaine	Debitetto	J	48	NEM	0220-0351H	4,275	
45-49	31	Sheila	Flanigan		47	NEM	022J-05UG1	4,265	
45-49	32	Stacey	Ellison	E	46	MPM	382C-072A0	4,150	
45-49	33	Christine	Pasterczyk		45	NEM	0229-06KA9	4,140	
45-49	34	Jennifer	Phalen	R	47	SCAM	3820-03HS1	4,135	
45-49	35	Judith	Westrick		48	NEM	022T-07GNX	4,125	
45-49	35	Cecilia	Emblidge	V	47	NEM	0222-062W3	4,125	
45-49	37	Julie	Langston	A	49	DAM	3821-03GYT	4,115	
45-49	38	Sharon	Sander	E	49	MOST	432F-02R1T	4,100	
45-49	38	Janet	Schwartz		46	NEM	022E-060ZK	4,100	
45-49	40	Jocelyn	Sanford	J	46	OREG	372V-0264Z	4,090	
45-49	41	Sheryl	Watkins	L	47	DYSM	1429-008D5	4,085	
45-49	41	Nancy	Speer		49	VMST	122T-05XR8	4,085	
45-49	43	Cynthia	Wyels	J	47	CVMM	332V-03BY8	4,035	
45-49	44	Kris	Rebert	L	48	YWMA	0824-070MC	4,025	
45-49	44	Stephanie	Koop	A	48	DAM	3821-03GFA	4,025	
45-49	44	Robin	Tracy	C	47	DKTA	5226-01HU3	4,025	
45-49	47	Kelley	Ryan-Warner	A	48	TAM	3824-03JEB	4,020	
45-49	47	Nancy	Tunstall	M	49	NEM	022E-033B9	4,020	
45-49	49	Jennifer	Carango		49	SCA	332S-07GYW	4,015	
45-49	50	Cheryl	Elinsky	A	49	NEM	022B-0470V	4,000	
45-49	51	Britta	Daubersmith	M	46	OREG	372G-07A4Y	3,990	
45-49	52	Laurie	Thatcher	W	46	BOZE	3120-048GB	3,980	
45-49	53	Tracy	Olsen		49	DAMM	262P-02GDC	3,975	
45-49	54	Kim	Donovan	M	48	NEM	0228-0343A	3,960	
45-49	55	Robin	Mills	M	49	MAM	3821-03GFV	3,950	
45-49	56	Anne-France	Sailot	A	49	BERK	072W-01YV4	3,940	
45-49	57	Lisa	Rush		48	SCA	332T-07DEE	3,935	
45-49	58	Charlotte	Plummer	C	46	CMS	322H-030ED	3,925	
45-49	59	Maria	Tamer	A	49	INDY	162K-02AWC	3,900	
45-49	60	Katherine	Leusing Canales	A	49	AAAA	432C-04KSG	3,885	
45-49	61	Heidi	Hajna	B	49	CCAT	0527-06N4J	3,875	
45-49	62	Jill	Robertson	S	48	SCA	332W-02FNV	3,870	
45-49	63	Mary	Turner	S	48	PMST	542T-01HXJ	3,850	
45-49	63	Katrina	Molenda		49	NEM	0227-070R4	3,850	
45-49	63	Patricia	Flanagan	A	47	UNAT	022J-072TM	3,850	
45-49	63	Katherine	Kardok	A	46	NEM	0223-0336A	3,850	
45-49	63	Susie	Keough	M	45	CTSM	332E-07KZT	3,850	
45-49	68	Valerie	Karam	A	47	CMYM	0921-062PT	3,845	
45-49	69	Lynda	Yancher	C	48	DAM	3827-03RFT	3,840	
45-49	70	Carolyn	KielyKilpatrick		47	NEM	0222-072DN	3,830	
45-49	71	Kim	Guenther	L	49	VMST	122R-06JK1	3,825	
45-49	71	Patricia	Price	L	49	DAM	3822-05U69	3,825	
45-49	71	Susanne	Schoeller		49	NEM	0223-06J3X	3,825	
45-49	74	Laurel	Reilly		48	BERK	072Z-07NH5	3,820	
45-49	75	Ami	Brimhall	A	49	SWMS	372P-026WV	3,815	
45-49	76	Renee	McDonough	B	48	CVMM	332R-041HB	3,800	
45-49	76	Susan	Marrs	L	45	BWAQ	3625-06X6Y	3,800	
45-49	78	Lori	Harvey		46	NEM	022R-0337S	3,790	
45-49	79	Helen	Singmaster	S	45	DAM	3825-03GDW	3,785	
45-49	80	Melissa	Kretschmer	L	49	METR	0624-05EBX	3,775	
45-49	81	Susan	Sutherland	G	49	OREG	372W-0272C	3,770	
45-49	82	Linda	Casillas	M	49	DAM	382M-03PRE	3,765	
45-49	83	Rose	Cholewinski	M	49	DAM	382R-03PTX	3,755	
45-49	84	Paula	Hobson	M	48	NEM	022S-061Y4	3,750	
45-49	84	Caroline	Christen	M	47	NEM	022N-075G5	3,750	
45-49	86	Rebecca	Brinich		45	NCMJ	502X-01JH8	3,745	
45-49	86	Pamela	Fortney	L	49	NCMS	132Z-076UY	3,745	
45-49	88	Lisa	Clark	D	49	NCMS	132H-07JFM	3,725	
45-49	89	Denise	Croucher	C	48	SWMS	372V-026AN	3,700	
45-49	90	Roberta	Millstein	L	46	DAM	382T-041T0	3,690	
45-49	90	Laura	Anderson	Q	49	DAM	3823-03TJN	3,690	
45-49	92	Susan	Gorman		45	OREG	372G-026UF	3,675	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
45-49	93	Leslie	Beard		46	OREG	372G-06KJ0	3,650	
45-49	93	Jocelyn	Piccione	E	47	UAR	172M-061PU	3,650	
45-49	95	Lynne	Lasser		49	IM	2121-04U3A	3,645	
45-49	96	Susan	Nolan	B	47	T2NM	142E-07370	3,640	
45-49	97	Deb	Pritchard		46	NCMS	1325-074M4	3,625	
45-49	98	Marilyn	Soraghan	L	45	NEM	0227-04718	3,600	
45-49	98	Catherine	Dickson	J	48	NEM	022K-05UCX	3,600	
45-49	98	Mary Grace	McAlevy	M	47	CUBU	102T-0653X	3,600	
45-49	101	Lori	Hisel		48	SCA	3327-063G1	3,590	
45-49	101	Alison	Dixon	M	49	NEM	022A-05FAC	3,590	
45-49	101	Marni	Zimmerman		49	PNA	3624-07333	3,590	
45-49	104	Anita	Burkard	J	48	SWMS	372R-02VU4	3,585	
45-49	105	Allison	LaField		48	MOST	432P-06MXY	3,575	
45-49	105	Diane	Happel	M	47	IAMA	402K-0469G	3,575	
45-49	105	Jennifer	Barlow		46	NEM	022E-06F3A	3,575	
45-49	108	Elaine	Disney		48	NTEX	2620-02G3H	3,570	
45-49	108	Angela	Fadlovich		45	SWMS	372M-0731V	3,570	
45-49	110	Susan	Wienker	L	47	DAM	382N-0741X	3,550	
45-49	110	Heidi	Hutchinson	L	45	PNA	3628-05HJ5	3,550	
45-49	110	Dana	Choi		45	UNAT	502T-07E38	3,550	
45-49	110	Teri	Berkel	H	49	SCA	332X-06RM3	3,550	
45-49	114	Pauline	Gyllenhammer		45	GSM	072T-07KDC	3,530	
45-49	115	Mavourneen	Hogue		46	ARKM	232P-07MZZ	3,525	
45-49	116	LaDawn	Reid	C	49	OREG	3725-07KCU	3,515	
45-49	117	Beth	Rodewig	C	49	NEM	022M-061KY	3,505	
45-49	117	Nathalie	Gonzales	E	47	SCA	3326-06V2B	3,505	
45-49	119	Maureen	Flynn	E	47	NEM	022E-035W8	3,500	
45-49	119	Jane	Hutzol	L	47	DKTA	522N-06G41	3,500	
45-49	119	Katie	O'Dair	G	45	NEM	022T-033N4	3,500	
45-49	122	Alice	Spriesterbach	M	49	CMYM	0920-06334	3,490	
45-49	123	Kimberly	Edgar	S	47	NEM	022Z-02UEF	3,485	
45-49	124	Katherine	Meyer	M	48	CMYM	092F-037E5	3,475	
45-49	125	Glynis	Wood		45	NEM	0228-076U4	3,465	
45-49	125	Jennifer	Johnston	L	46	OREG	372M-04FB8	3,465	
45-49	127	Wytiske	Kingma		49	NEM	022S-033NP	3,450	
45-49	128	Jackie	Cohen	J	47	CVMM	3325-07MJ0	3,440	
45-49	129	Margit	Poirier		45	NIAG	042P-01XW1	3,435	
45-49	130	Ellen	Petri	E	47	NEM	022B-053MK	3,425	
45-49	131	Patricia	Tweten	L	49	TAM	3825-03K62	3,420	
45-49	131	Adele	Morgan	M	45	GSM	072E-07H54	3,420	
45-49	131	Therese	Snyder	L	49	SCA	3325-065ZB	3,420	
45-49	134	Denise	Lachman		46	AGUA	062R-070U5	3,415	
45-49	134	Carroll	Pierce		48	NEM	022D-076DC	3,415	
45-49	136	Cindy	Matuga	M	48	SCA	3326-075ZD	3,400	
45-49	136	Roberta	Bardini		47	COLU	092C-01VR5	3,400	
45-49	138	Jeannette	Murphy	S	46	SWMS	372T-07NJP	3,390	
45-49	138	Lesla	Rathjen	L	47	MOST	432S-05FH3	3,390	
45-49	140	Robyn	Popish	A	46	CMS	322F-0457V	3,385	
45-49	141	Karen	Turner		47	CVMM	332W-06VU9	3,360	
45-49	142	Carolyn	Welty-Fick	L	47	OREG	372R-02753	3,355	
45-49	142	Jerri	Clark	N	46	SWMS	372X-06PU9	3,355	
45-49	142	Patti	Motyka	A	45	NEM	022E-033SR	3,355	
45-49	145	Mary	Eklund		47	UNAT	552D-07HXG	3,350	
45-49	145	Melinda	Beck	J	45	TNYA	0624-06KYW	3,350	
45-49	147	Shirley	Bibles		49	AGM	432N-06BKX	3,335	
45-49	148	Margaret	Holland Sparages	M	48	NEM	022P-046XE	3,330	
45-49	149	Eileen	Fisher	B	49	MARY	0924-01VW1	3,325	
45-49	150	Kirsten	Gilardi	V	46	DAM	382A-03HH4	3,315	
45-49	151	Patricia	Flood		48	SMM	3821-07075	3,310	
45-49	152	Melissa	Day	A	46	NEM	022Y-07KWB	3,305	
45-49	153	Betty	Hanson	A	49	PMST	542F-01HZP	3,300	
45-49	154	Eanna	Sarah		48	TCAM	382P-03UYE	3,295	
45-49	155	Joanne	Barker	L	47	NEM	022T-06RTS	3,290	
45-49	155	Julie	DiSilvestro	M	46	NEM	022S-06M6B	3,290	
45-49	157	Kim	Thornburg		45	FACT	1424-07MWU	3,285	
45-49	158	Susan	Gershenhorn	L	49	MOST	4329-02R0H	3,280	
45-49	158	Lucia	Sorensen		47	DAM	382F-03R3N	3,280	
45-49	160	Gayle	Orner	A	49	OREG	372K-026E0	3,270	
45-49	161	Lynn	Forsey	M	49	MPM	382H-06DEM	3,260	
45-49	162	Maribeth	Netishen		46	NEM	0229-05PB4	3,250	
45-49	163	Susan	O'Hara		48	NEM	022H-07MFU	3,225	
45-49	164	Debra	Spencer	A	46	ARKM	2329-01K5R	3,185	
45-49	165	Diana	Pi	J	49	O*H*	182S-01R3C	3,180	
45-49	166	Angela	Turley		48	BWAQ	362G-04FNV	3,175	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
45-49	167	Lisa	Hines		49	SCYM	302B-073JY	3,170	
45-49	168	Donna	Gaudet		46	ARIZ	4823-077GR	3,125	
45-49	168	Tracy	Tucker-Georges	M	47	TSTT	3325-049RD	3,125	
45-49	168	Deborah	Gritts	D	48	DAM	382K-03VRB	3,125	
45-49	171	Deirdre	Holcroft	M	48	DAM	382A-06963	3,120	
45-49	172	Amber	Anthony	D	45	MOST	432A-02NH5	3,105	
45-49	173	Wendy	Freeland	J	46	INDY	1627-05RXP	3,100	
45-49	173	Melanie	Bowden		48	DAM	3823-03FZX	3,100	
45-49	173	Martha	Little	H	47	VMST	1221-07HAB	3,100	
45-49	176	Kristine	Hoag		47	NEM	022Z-07NEU	3,075	
45-49	177	Sheira	Kahn	A	47	TAM	382U-0664R	3,060	
45-49	178	Liza	Donlon		48	NEM	0225-07NNY	3,055	
45-49	179	Kim	Valdez		46	UNAT	4124-07N3B	3,050	
45-49	179	Melanie	Graves		48	ARKM	232B-07HT7	3,050	
45-49	181	Laurel	Carpenter		46	NEM	022N-07HU3	3,025	
45-49	182	Helen	Darling	L	47	MICH	192Z-06PTG	3,000	
45-49	182	Susan	Feick	G	49	CTSM	332P-06XRA	3,000	
45-49	182	Sheryl	Scott	L	49	NEM	022G-046J8	3,000	
45-49	182	Michele	Hanak	T	46	SMM	382K-04ZGG	3,000	
45-49	186	Roberta	Varela-Hein	K	47	MOST	4322-02NGX	2,955	
45-49	187	Moira	Alfieri	P	49	O*H*	182H-07JU5	2,950	
45-49	188	Fariba	Fatemi		48	SMM	382M-073V7	2,940	
45-49	189	Susan	Hannel	L	48	NEM	022P-05GYM	2,935	
45-49	190	Rosanne	Lemongello		49	BERK	072F-01YJG	2,930	
45-49	191	Tracy	Holman	P	49	SWMS	372N-026H1	2,925	
45-49	192	Molly	Winkler	A	48	MARY	0926-062B1	2,910	
45-49	193	Georgina	Milligan		46	NEM	022P-0621S	2,900	
45-49	194	Rachel	Jiang		48	LBG	3323-07ERA	2,850	
45-49	195	Kerry	Hickerson		49	DAM	382M-06WKR	2,840	
45-49	195	Joan	Crow	A	47	DAM	3825-068F9	2,840	
45-49	195	Lisa	Schrivier		49	PMST	542X-065RA	2,840	
45-49	198	Fern	Barrick	A	49	BWAQ	3624-04FK5	2,835	
45-49	199	Anne	Herzberg	M	46	MOST	432K-04KK4	2,825	
45-49	200	Liz	Reichman		49	MOST	432J-04KK5	2,820	
45-49	201	Adriane	Steinacker		46	CRUZ	382N-063D7	2,805	
45-49	202	Xiao-Wei	Zhu		47	NEM	0223-06WRP	2,800	
45-49	202	Judith	Jollimore	L	46	NEM	0223-06NNV	2,800	
45-49	204	Victoria	Cotter	J	46	SMM	382E-04ZPF	2,770	
45-49	205	Melissa	Collier	A	45	DAM	3822-03YT7	2,750	
45-49	206	Paddi	Thornburg	A	48	MICH	1927-07281	2,700	
45-49	207	Lauri	Berkenkamp	L	47	NEM	0227-046UH	2,670	
45-49	208	Eva	Von Huff		46	LBG	332E-06MH9	2,575	
45-49	209	Michelle	Hardy	D	47	SCA	332Z-06P67	2,570	
45-49	210	Sherr	Bogue	L	48	FMM	142Z-0666P	2,565	
45-49	210	Deborah	Bridgnell	L	45	OREG	3722-06MU1	2,565	
45-49	212	Linda	Gormley	S	48	OREG	372G-07AAK	2,540	
45-49	213	Rita	Hansen		49	NEM	0220-06G8G	2,535	
45-49	214	Angela	Yee		47	FGM	3823-06TW1	2,525	
45-49	215	Jennifer	Neumann		48	NEM	022M-03FHU	2,515	
45-49	216	Pamela	McFarland	A	45	SKY	412J-01W7M	2,510	
45-49	217	Michele	Harvey		49	OREG	3728-06SAK	2,495	
45-49	218	Alice	Perez	M	47	MOST	4321-07NGE	2,415	
45-49	219	Cynthia	Hearing	L	47	TNYA	0626-07MNK	2,365	
45-49	220	Judy	Kanwal		48	UNAT	0225-07MZ7	2,300	
45-49	221	Fran	Kammerer		49	DAM	3822-07GSS	2,250	
45-49	222	Lori	Pascoe	L	47	ARKM	232V-07KXV	2,225	
45-49	222	Monika	Riedel		46	49ER	382P-071V8	2,225	
45-49	224	Sharon	Sharp	P	45	ARKM	232T-064BS	2,200	
45-49	225	Tricia	Jette		45	NEM	022K-05T0M	2,150	
45-49	226	Kathleen	Maldonado	E	47	NEM	022T-07NJM	2,030	
45-49	227	Laurie	Simmons	A	46	DAM	382D-071ER	1,750	

*W50-54 Record: Suzanne Heim-Bowen 2010 5180 Yards*

50-54	1	Andrea	Block	J	50	IM	2120-02VBE	4,990	
50-54	2	Vibeke	Swanson	L	50	1776	0822-02223	4,835	
50-54	3	Denise	Brown	H	52	MICH	192Z-01U86	4,785	
50-54	4	Mary	Sweat		54	OREG	372C-025UM	4,745	
50-54	4	Marguerite	Meyer		52	TOC	3829-03FG4	4,745	
50-54	6	Katherine	Branch	A	54	NEM	022R-01V6D	4,625	
50-54	7	Susan	Ingraham	R	52	MOST	4327-02NH2	4,565	
50-54	8	Sharon	Blaha	L	51	DAM	382P-03A9V	4,530	
50-54	9	Amy	Rieger	J	50	DAM	3823-03JMG	4,515	
50-54	10	Barbara	Wheeler	C	54	TAM	382X-03J0K	4,500	
50-54	11	Lisa	Zedonis	L	50	INDY	1625-02BHH	4,480	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
50-54	12	Annette	Chinn		50	ECAM	382E-03P5P	4,455	
50-54	13	Denise	Hearst		54	CVMM	332X-078VC	4,420	
50-54	14	Wendy	Pratt	B	51	DAM	382A-03GXG	4,410	
50-54	15	Zena	Courtney	H	52	BWAQ	362Z-02M3K	4,400	
50-54	16	Cindy	Thornton		54	WM	062S-01SS6	4,390	
50-54	17	Susan	Lawson	B	52	BERK	072X-01Y19	4,370	
50-54	18	Leslie	Craven	A	52	NEM	022V-004WN	4,350	
50-54	18	Jill	Shaffer	M	50	VCM	332Y-03B5F	4,350	
50-54	20	Cynthia	Hajost	M	51	RMST	1027-0062Y	4,330	
50-54	21	Jessie	Hickel	J	53	BWAQ	3623-03FVA	4,300	
50-54	21	Claudia	Ettelson		50	SDSM	442V-003HC	4,300	
50-54	23	Mary Jo	Hansen		50	NEM	022P-005MJ	4,295	
50-54	24	Melissa	Harasz		51	SPM	1420-05H1D	4,290	
50-54	25	Nancy	Wright	C	50	DAM	382R-03HFS	4,275	
50-54	26	Barbara	Mc Nulty	A	54	SPM	142G-005Y8	4,265	
50-54	27	Mary	Kahn	J	52	DAM	382A-03V6G	4,240	
50-54	28	Tricia	Calvert		54	SKY	412K-01W4G	4,235	
50-54	29	Lauren	Antonakos	S	53	SMM	382Y-03VRZ	4,195	
50-54	30	Ann	von Spiegelfeld	H	50	TBAM	1427-02RY6	4,180	
50-54	30	Ginger	Spansel		50	YHFM	242F-07MY0	4,180	
50-54	32	Susan	Torpy		52	RIDG	262G-04G5D	4,160	
50-54	32	Niki	Stokols	F	54	CVMM	332B-03A2E	4,160	
50-54	34	Bobbi	Rudin	S	50	SCA	332J-05WF5	4,155	
50-54	34	Patricia	Saint Aubin	S	53	NEM	022W-046F9	4,155	
50-54	34	Mimi	Ward	H	53	SKY	4120-01WAH	4,155	
50-54	37	Barbara	Burke	B	50	1776	0822-0221J	4,150	
50-54	37	MJ	Caswell		50	OREG	3725-026ZK	4,150	
50-54	39	Suzanne	Cuda	E	51	MOST	432H-008RJ	4,140	
50-54	40	Sue	Jensen		51	NEM	022Y-046WN	4,125	
50-54	40	Judy	Bracken	W	54	TVM	382N-03FUP	4,125	
50-54	42	Christine	Pedersen	E	53	INDY	162J-02AGG	4,085	
50-54	43	Cheryl	Gettelfinger	M	54	INDY	162Z-02A8X	4,075	
50-54	43	Ann	Goodman	R	52	OREG	3729-0263B	4,075	
50-54	45	Laura	Worden	A	54	OREG	3721-02621	4,050	
50-54	46	Debra	Penney	S	54	UTAH	3427-05F5K	4,025	
50-54	47	Donna	Anderson	M	52	MINN	3022-024NG	4,020	
50-54	48	Tricia	Elmer		51	PNA	3623-07CJ8	4,010	
50-54	49	Pamela	Ryan	S	51	NEM	022W-046Z9	4,000	
50-54	50	Colleen	O'Reilly	A	52	SPM	142K-02RF7	3,975	
50-54	50	Lynn	Gross	M	51	BWAQ	362B-02KHM	3,975	
50-54	52	Anne	Claman	C	54	TAM	382W-03HVG	3,965	
50-54	53	Marlys	Cappaert	R	53	OREG	372T-025XB	3,950	
50-54	53	Virginia	Waik		54	SMM	382X-03NW9	3,950	
50-54	53	Sheila	Moore	E	52	PNA	362W-02KNT	3,950	
50-54	53	Gail	Holland-Dufault	M	53	NEM	0226-0479E	3,950	
50-54	57	Pamela	Ronald	C	51	DAM	382Y-03GZ2	3,940	
50-54	57	Sue	Harrington		54	OREG	372C-026MZ	3,940	
50-54	59	Mary Ann	Peterson		51	VMST	1227-02J6S	3,935	
50-54	59	Lorena	Pugh	C	54	NEM	022B-06M9S	3,935	
50-54	61	Mary	Gentry		50	NEM	022Z-033PZ	3,930	
50-54	62	Nancy	Vincent	C	52	SWMS	3727-0260N	3,925	
50-54	63	Maddie	Diedo		53	MICH	192Z-028U9	3,900	
50-54	64	Jean	Lambert		51	NEM	022W-04783	3,880	
50-54	64	Margaret	Haskins	C	53	NEM	022R-05UC8	3,880	
50-54	66	Carie	O'Banion		52	ARKM	232H-01JBC	3,875	
50-54	67	Stephanie	Hevenor		53	NEM	022K-06NB3	3,870	
50-54	68	Kristine	Buckley	E	51	SMM	382N-03H5H	3,850	
50-54	68	Roberta	Norwood	W	52	INDY	1629-02AD2	3,850	
50-54	70	Susan	Kirk		51	BERK	072X-01YA1	3,845	
50-54	71	Carey	Marmesh	L	54	TCAM	382W-03F0R	3,840	
50-54	72	Laura	Tiedge	R	50	METR	062X-04BU3	3,825	
50-54	73	Carolyn	Nigro		52	SWMS	372U-07NP9	3,815	
50-54	73	Laura	Schob		53	OREG	372P-026DX	3,815	
50-54	75	Kristine	Harvey	L	53	DAM	382J-03HAT	3,800	
50-54	75	Carol	Ritchie		53	NMMS	422B-047YM	3,800	
50-54	77	Cynthia	Larkin	E	52	OREG	3720-026MJ	3,785	
50-54	78	Karen	Daniels	K	50	SCA	3325-06A4E	3,780	
50-54	79	Anneliese	Thomson		53	CMYM	092A-04RCG	3,765	
50-54	80	Debra	Parker	L	54	NEM	022J-078G7	3,750	
50-54	80	Christina	LeBlanc	G	51	NEM	022F-06A1Y	3,750	
50-54	80	Jeannie	Harrington		50	SKY	412M-005DY	3,750	
50-54	83	Joan	Gamso	E	54	T2NM	142W-02TBP	3,745	
50-54	84	Kate	Sussman		54	DYSM	142Y-04SCU	3,735	
50-54	85	Denise	Spence		52	NEM	022C-034UP	3,720	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
50-54	86	Gracie	Wadewitz		53	NCMS	1320-07HEZ	3,710	
50-54	86	Maureen	Dwyer	D	51	NEM	0225-035XH	3,710	
50-54	88	Susan	Underwood	E	51	1776	082X-02FD8	3,700	
50-54	88	Yvette	Irons	M	50	SCA	3327-06UT3	3,700	
50-54	88	Kathy	Goulding	J	53	AGM	432J-008RH	3,700	
50-54	91	Meg	Reller		53	NCMJ	502A-0279B	3,690	
50-54	92	Shari	Heymann		50	IM	212B-02WYB	3,650	
50-54	92	Judy	Beckman	K	52	NEM	022W-033X8	3,650	
50-54	92	Midge	Thomas		52	SCA	332W-06NBH	3,650	
50-54	95	Christina	Fox	M	51	OREG	3720-0264J	3,640	
50-54	96	Sally	Louis	B	51	MICH	192J-05HJS	3,635	
50-54	97	Cassandra	Coffee		50	MPM	382N-03JSJ	3,630	
50-54	98	Marjanne	Willis		54	NAVY	1522-0213J	3,625	
50-54	98	Jeri	Gintert	L	51	CRUZ	382W-03FGR	3,625	
50-54	100	Mary Ann	Stich		50	TAM	3824-03SAF	3,610	
50-54	100	Laura	Perez		50	IM	212W-02WJZ	3,610	
50-54	102	Birgitta	Indaco		52	FREM	3826-076JF	3,605	
50-54	103	Ann	Schnieders		51	INDY	162E-02AGT	3,600	
50-54	103	Paula	Moores	J	54	SAWS	5928-01J0E	3,600	
50-54	103	Jane	Cheney	E	50	NEM	022K-05ECA	3,600	
50-54	106	Sherry	Bender	L	52	SWMS	372H-065MF	3,580	
50-54	106	Julie	Andrade	A	50	OREG	3723-06KMD	3,580	
50-54	108	Anne	Gallihier	L	54	NEM	022F-01S81	3,575	
50-54	109	Cheryl	McElroy		54	NEM	0227-034C3	3,570	
50-54	110	Jeanette	Bell	T	51	DAM	382Y-03NKG	3,560	
50-54	111	Christine	Key	S	52	NEM	022C-06JHJ	3,550	
50-54	111	Pamela	Harrison	T	52	ROSE	332Z-0605W	3,550	
50-54	113	Cynthia	Howe	L	51	MOST	432R-05GWX	3,545	
50-54	114	Jessica	Jakobi		53	TAM	3828-03FM5	3,540	
50-54	114	Anne	Fairbank	M	52	NEM	0222-0607G	3,540	
50-54	116	Melinda	Chappell	E	51	GSMS	552U-05FZ2	3,525	
50-54	116	Patricia	Nardozzi	J	52	SPM	1420-02RG2	3,525	
50-54	118	Polly	Evans		52	NAVY	1527-07KPD	3,515	
50-54	118	Nancy	Haynsworth	M	54	SMRT	552K-01H4S	3,515	
50-54	120	Carrie	Butler	A	52	NSC	162V-02AF7	3,510	
50-54	121	Cheryl	Atchley	B	50	INDY	1623-02AFE	3,500	
50-54	121	Lyn	Duncan	M	50	NEM	0229-033RG	3,500	
50-54	121	Kathy	Brown		52	DAM	382G-03GYF	3,500	
50-54	121	Kathy	McReynolds	M	51	SCA	332A-06ACA	3,500	
50-54	121	Kim	Worden	P	54	TCAM	382W-03Y81	3,500	
50-54	126	Betsy	Goode	L	52	VMST	122D-02K6W	3,495	
50-54	127	Catherine	Scarr	P	54	DAM	382M-03S8D	3,490	
50-54	128	Anne	Bancroft	B	54	NEM	022P-033VD	3,475	
50-54	128	Nancy	Kunzle	L	53	FACT	142U-06B34	3,475	
50-54	128	Susan	Taylor	D	53	MARY	0929-01VKZ	3,475	
50-54	128	Lindy	Eime		50	INDY	1624-02A87	3,475	
50-54	132	Debbie	Pappa	M	50	OREG	372D-061TE	3,470	
50-54	133	Judy	McDonald	C	54	DAM	382Z-05H9B	3,450	
50-54	134	Jennifer	Brehob		53	NEM	0224-03547	3,425	
50-54	135	Dorothy	Mullaney		53	NEM	022H-075HB	3,400	
50-54	135	Mary	Weerts	K	54	INDY	162X-02AB0	3,400	
50-54	137	Sue	Levy	P	51	SCA	332Z-05J5S	3,380	
50-54	137	Vicki	Volz		52	NEM	022K-0347W	3,380	
50-54	139	Valerie	Greenough	M	54	DAM	382E-03HG9	3,375	
50-54	140	Cheryl	Hardin	A	54	SMM	382D-05SVD	3,365	
50-54	141	Rosana	Andrade		51	MOST	4329-02NXG	3,360	
50-54	141	Janie	White		52	PHX	482Y-07AWM	3,360	
50-54	143	Mary	Pohlman	E	53	NEM	022S-0475K	3,350	
50-54	144	Laurie	Perry	M	53	DAM	382B-03GXH	3,340	
50-54	145	Carrie	Jacobson	L	52	PMST	542H-05HGJ	3,320	
50-54	146	Sallie	DiLaura		53	SKY	412U-07303	3,305	
50-54	147	Candace	Berger	L	51	ZAM	162T-07GW5	3,300	
50-54	148	Amy	Campbell		50	BERK	0727-05X71	3,295	
50-54	149	Barbara	Molloy	R	50	DAM	382P-03GXS	3,285	
50-54	150	Jennifer	Wynn	K	50	NEM	022C-072M6	3,275	
50-54	150	Sharleen	Goguen	E	54	NEM	022C-033S4	3,275	
50-54	150	Tina	Grant	W	50	NEM	0226-07NC5	3,275	
50-54	153	Elizabeth	Macbride	L	52	NEM	0222-033ZJ	3,270	
50-54	154	Ellen	Weinberg		50	CHEL	062W-02ZM8	3,265	
50-54	154	Jill	Vandroff		54	SMM	382F-05Z3G	3,265	
50-54	156	Romaine	Randall		54	NEM	022X-07MZD	3,245	
50-54	157	Charlotte	Laughlin	N	51	OREG	3725-02713	3,225	
50-54	158	Linda	VanOcker	A	51	1776	082V-02250	3,200	
50-54	159	Dianne	Thomsen	L	54	SWMS	3724-026AC	3,175	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
50-54	159	Joyce	Bledsoe	P	52	NEM	022S-03466	3,175	
50-54	161	Marilyn	Underwood	C	51	DAM	3824-064WR	3,165	
50-54	162	Madeleine	Dale	T	52	REDT	0621-02XDU	3,160	
50-54	163	Bo	Hatfield	J	50	NEM	022J-069RW	3,150	
50-54	164	Meg	MacDonald		53	NEM	022Y-06K86	3,145	
50-54	165	Ellen	Dittebrandt	G	50	OREG	372N-06MNZ	3,125	
50-54	165	Joanna	Florio-Jefferys	M	53	NEM	022C-06M8T	3,125	
50-54	165	Susie	Stein		50	UAR	172K-06PT9	3,125	
50-54	168	Charlot	Barker	M	54	1776	082D-07BWK	3,120	
50-54	169	Elyse	DiDomenico	R	50	NEM	022W-06KH0	3,115	
50-54	169	Deborah	Enos	L	50	TCAM	3825-03Z98	3,115	
50-54	171	Shelley	Probber	R	54	MOST	4320-04KPK	3,100	
50-54	171	Helene	Hirsch	I	54	TSTT	332M-06023	3,100	
50-54	173	Kathy	Pazera	G	53	NEM	022Y-06T7F	3,095	
50-54	174	Laurie	Warren	S	51	DAM	3826-03U2S	3,085	
50-54	175	Carole	Owen	B	51	CMYM	092F-01VNP	3,035	
50-54	175	Karen	Cole		53	NEM	022P-06ZVP	3,035	
50-54	175	Julia	Orri	C	52	SCAM	3825-07B28	3,035	
50-54	178	Deb	Browne		54	SLAM	222N-071PK	3,025	
50-54	178	Karen	Philleo		51	DAM	382K-067CR	3,025	
50-54	178	Deborah	Thompson	D	53	DAM	382S-03GDP	3,025	
50-54	181	Karin	Stokes	E	51	NEM	0221-05HBG	3,000	
50-54	181	Crystal	Lewis		53	NCMJ	5021-06JZK	3,000	
50-54	181	Tanya	Roy	M	52	NEM	022M-03359	3,000	
50-54	184	Ann	Walsh	C	52	NEM	022D-033WA	2,985	
50-54	185	Margaret	Parish		50	SRPM	022S-06M8X	2,980	
50-54	185	Carolyn	Kiper		52	SPM	142B-02T0W	2,980	
50-54	187	Luann	Wiggenhorn		50	NCMS	132V-06PX2	2,975	
50-54	187	Abby	Glassberg		52	CMYM	092N-01VM9	2,975	
50-54	189	Zann	Gates	M	50	DAM	382F-03RWY	2,965	
50-54	189	Lori	Heslep		51	OASC	3028-07HY9	2,965	
50-54	191	Yolande	Dutel	H	53	SMS	242F-07CVR	2,940	
50-54	192	Chris	Purcell		51	NEM	022X-07MJG	2,925	
50-54	193	Paula	Neustadt		52	CVMM	3324-06R3E	2,920	
50-54	194	Mary	Adamo-Price	T	52	UAR	1727-074FM	2,900	
50-54	194	Mary	Underbrink		52	PNA	362X-071G7	2,900	
50-54	196	Kathy	Friedrichsen	W	51	MOST	4322-02NPJ	2,895	
50-54	196	Dana	Locken	B	53	PMST	5425-06M1H	2,895	
50-54	198	Julia	Erickson	L	52	SRPM	022B-06M8S	2,875	
50-54	198	Sheryl	Beard	H	51	LALM	332X-05XYR	2,875	
50-54	200	Lauren	Bonaccorso		54	NEM	022D-064BB	2,865	
50-54	201	Laura	Healy	N	51	SCA	332M-06SJB	2,850	
50-54	202	Dana	Leavitt		51	UNAT	3420-07NGG	2,840	
50-54	202	Gloria	Serrao	J	52	CMYM	0927-06E1D	2,840	
50-54	202	Bernadette	Lueck	C	52	SCA	332Y-048Y9	2,840	
50-54	205	Elsa	Bressler	I	50	DAM	3825-07C6X	2,835	
50-54	206	Anne	Reynolds	E	50	NEM	022S-07NJJ	2,810	
50-54	207	Joy	Rosenthal	S	52	TNYA	0622-04BWX	2,800	
50-54	208	Deborah	Atherton	J	53	SMM	3826-072HJ	2,760	
50-54	209	Amelia	Ostroff	E	50	LALM	332T-03ETM	2,750	
50-54	210	Susan	Loyd	M	52	TCAM	382T-04Z5G	2,730	
50-54	210	Jenny	Van Blaricom	L	52	TCAM	382S-041PD	2,730	
50-54	212	Lin	Zhang		50	NEM	022V-07543	2,715	
50-54	213	Lynn	Thompson		53	OREG	3727-05W7A	2,700	
50-54	214	Suzzette	Seril	A	53	SPM	142G-02RFA	2,695	
50-54	215	Suzanne	Conroy		50	NEM	0220-076KP	2,690	
50-54	216	Jan	Callow	S	53	OREG	3722-026P7	2,680	
50-54	217	Arlene	McLaren	M	53	NEM	022W-06J9A	2,675	
50-54	218	Kathleen	Hayward	M	53	NEM	022J-063G8	2,645	
50-54	219	Marilyn	Hickey		53	NEM	022G-07K7P	2,605	
50-54	220	Treacy	Regan	J	51	SKY	412M-01WHV	2,600	
50-54	220	Michele	Lyons		52	AQFT	062V-07FYS	2,600	
50-54	222	Margaret	Radcliffe		50	VMST	1229-07JGT	2,550	
50-54	223	Anne	Wehry		54	NEM	022T-07H0P	2,525	
50-54	224	Sue	Moucha	A	53	FMM	142B-02RNM	2,505	
50-54	225	Betsy	Delfosse		53	NEM	0228-078RF	2,440	
50-54	226	Deb	Rateri		51	SKY	412A-06X4A	2,375	
50-54	227	Paula	Sokolich	J	50	FCST	252C-0694G	2,360	
50-54	228	Sue	Murray		52	UNAT	022R-06NBG	2,295	
50-54	229	Barbara	Cooke		52	MARY	092Y-061UP	2,265	
50-54	230	Yvonne	Sevcisin		51	SCA	3320-05WJ3	2,250	
50-54	231	Michelle	Harris	R	54	NEM	0225-07MPF	2,245	
50-54	232	Katrina	Sweitzer	W	52	NEM	022G-046HT	2,175	
50-54	233	Anne	Mark		51	BWAQ	3628-0784M	2,125	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
50-54	234	Kathryn	Graven	J	51	NEM	022Y-07NKZ	2,040	
50-54	235	Kate	Jans	B	51	MESC	0224-075PX	2,035	
50-54	236	Susan	Tucker	F	53	ARKM	232F-07M0G	1,855	
50-54	237	Tracy	Grilli	L	54	NEM	0229-033B4	1,550	
<i>W55-59 Record: Laura B Val 2010 5090 Yards</i>									
55-59	1	Lo	Knapp	D	57	UTAH	3420-003ZB	4,640	
55-59	2	Beth	Estel	A	55	NEM	0227-008J3	4,445	
55-59	3	Jill	Vanderfleet-Scott	A	57	NCMS	1324-03FHJ	4,365	
55-59	4	Elaine	Valdez	S	56	MOST	432H-02POH	4,355	
55-59	5	Bess	Hilpert		56	TXLA	432N-02P7J	4,175	
55-59	5	Nancy	Kryka		56	MINN	302E-024BJ	4,175	
55-59	7	Mary	Welsh		58	TCAM	382C-03GSE	4,165	
55-59	8	Debbie	Wilson	R	57	NCMS	132T-02318	4,160	
55-59	9	Phyllis	Quinn	E	56	TOC	382D-03F7Y	4,155	
55-59	10	Jeanne	Garr		57	NEM	022A-033VP	4,135	
55-59	11	Michelle	Menkens		55	BWAQ	362R-04F9S	4,130	
55-59	12	Madeleine	Holmberg	S	59	OREG	3722-0262K	4,075	
55-59	13	Kathleen	Abrams	A	55	PNA	362G-02M2J	4,070	
55-59	14	Sue	Watts	N	57	1776	082U-05TSF	4,040	
55-59	15	Karla	Nisley-Black		56	NEM	022H-033T0	4,035	
55-59	16	Betsy	Feldmann		58	NEM	022T-06T5K	4,025	
55-59	17	Elizabeth	Budd	H	57	OREG	372E-0267K	4,020	
55-59	18	Susan	Alvarado	E	57	UNAT	2528-01Z2G	4,000	
55-59	19	Jo Ann	Harrelson		56	SPM	142W-02RWB	3,975	
55-59	20	Janice	Kregor		55	SKY	412Y-01W54	3,900	
55-59	21	Nancy	Nicholson	A	55	SCA	332P-0642D	3,895	
55-59	22	Jeanna	Summers		57	OREG	372P-000PT	3,830	
55-59	23	Mary	Phelan		55	NEM	0227-0620Y	3,755	
55-59	24	Jennifer	Luker	R	55	NEM	0221-0336T	3,740	
55-59	25	Sandra	Seddon	P	57	BERK	072X-06V13	3,725	
55-59	26	Kathy	Lewis		57	NEM	0221-0732S	3,700	
55-59	27	Emily	White		58	NEM	022A-034AM	3,695	
55-59	28	Pam	Geiger		59	SPM	142D-02REZ	3,680	
55-59	29	Marnelle	Gleason		58	DAM	382J-03GFF	3,675	
55-59	29	Kathleen	Davis	A	57	FISH	0623-02XR5	3,675	
55-59	31	Liz	Cheney	A	55	OREG	3722-02655	3,650	
55-59	31	Danielle	Ruymaker		57	MEMO	382J-03ZAV	3,650	
55-59	31	Kathy	Berger		57	INDY	162D-02A80	3,650	
55-59	34	Dianne	Edgar		55	NIAG	042Z-01X2Z	3,645	
55-59	35	Jan	Johnson	C	57	INDY	1627-02A9C	3,635	
55-59	36	Theresa	Hunter	M	59	NIAG	042B-06Y37	3,615	
55-59	37	Jane	Mothersill	C	55	MPM	382D-074W2	3,600	
55-59	38	Marianne	Henry	L	56	SBM	332Z-03AR1	3,580	
55-59	38	Paula	Yankauskas	J	57	NEM	022E-034B9	3,580	
55-59	40	Susan	Figenshu	E	56	1776	082A-076V5	3,565	
55-59	41	Robin	Piet	L	59	IFPM	5921-06CUY	3,550	
55-59	41	Maura	Twomey		55	NEM	022P-047BV	3,550	
55-59	41	Sandra	Croft	L	55	NEM	0227-076R0	3,550	
55-59	44	Sharon	Oleary	L	59	NEM	0221-06G92	3,545	
55-59	44	Lynn	Wymelenberg	A	56	RMST	102J-036M1	3,545	
55-59	46	Jill	Litman		55	NEM	022R-05ZXN	3,530	
55-59	46	Karen	Olson	L	56	DAM	382E-03GXM	3,530	
55-59	48	Jane	Higgins	E	57	DAM	382K-03GEC	3,525	
55-59	48	Robyn	Shiely		55	FMMS	262J-04G28	3,525	
55-59	50	Laurel	King	A	56	DAM	382Z-03GXZ	3,520	
55-59	51	Barbara	Hummel	R	59	NEM	022Z-0348H	3,515	
55-59	52	Patricia (Pat)	Duggan	M	58	BWAQ	362M-02MT2	3,500	
55-59	53	Joan	Smith	V	58	CRUZ	382C-03G7C	3,475	
55-59	54	Chris	Mayhew		58	MOST	432M-02PW8	3,455	
55-59	54	Louise	McClung	M	56	UNAT	412C-01WXG	3,455	
55-59	56	Jamie	Anderson	G	56	DAM	382Y-03KFG	3,450	
55-59	56	Janet	Piez		59	TNYA	062C-02XC2	3,450	
55-59	58	Carolyn	Blom	J	56	MPM	382Y-03HWY	3,440	
55-59	59	Joan	Reilly		57	NEM	022G-033ZS	3,430	
55-59	60	Karen	Schelegle	R	57	DAM	382X-03G05	3,405	
55-59	61	Nancy	Hendrickson	L	59	NEM	022P-0353M	3,400	
55-59	62	Kate	Latham	D	59	MVM	382R-03W9T	3,395	
55-59	63	Sherry	Spurlin		59	SMS	242W-07K1N	3,385	
55-59	64	Kathy	Gill	M	57	DAM	382C-03GY3	3,375	
55-59	64	Mary	Carbonaro	S	57	TCAM	3825-03VAY	3,375	
55-59	66	Gale	Tinglov	A	55	SCYM	3021-073TV	3,350	
55-59	67	Valerie	Traynor	M	55	NEM	022X-05H5M	3,325	
55-59	68	Connie	Shuman		56	OREG	372Z-026A0	3,320	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
55-59	69	Anne	Frayne	M	57	UAR	172M-01UDK	3,305	
55-59	70	Janey	Woodley	W	57	UNAT	262X-06T69	3,285	
55-59	71	Randee	Burke		59	MOST	4328-02R34	3,275	
55-59	71	Linda	Jackson		58	NMMS	4223-073DJ	3,275	
55-59	73	Lisa	Hypnar	A	57	MICH	192D-07HCE	3,250	
55-59	73	Connie	Lindsey		59	MOST	432Y-01V9M	3,250	
55-59	73	Dede	Moreno	A	56	TCAM	3821-03G1W	3,250	
55-59	73	Mary Val	Palumbo		57	NEM	022V-034B7	3,250	
55-59	73	Mary	Gerber	L	58	TCAM	3829-03FY0	3,250	
55-59	73	Sandra	Witten	B	56	NEM	022B-0344F	3,250	
55-59	79	Debbie	Gallo		57	PNA	3625-02CFK	3,245	
55-59	80	Christine	Foote	M	58	TAM	382Y-03F8W	3,235	
55-59	80	Raffi	Cuerten		58	UNAT	382X-07525	3,235	
55-59	82	Susan	Murray	M	55	TNYA	062E-02Y91	3,230	
55-59	83	Joannie	Eastridge	W	57	MICH	192P-075VC	3,225	
55-59	83	Margaret	Mullen	J	56	IM	212A-06K4D	3,225	
55-59	85	Deanna	Johnson	L	55	DAM	382M-041KE	3,200	
55-59	85	Karen	Roberts	L	57	LBG	3324-04916	3,200	
55-59	85	Katy	Lantz	C	58	DAM	382N-040UN	3,200	
55-59	88	Marta	Elliott	A	58	FGM	3825-03V59	3,190	
55-59	89	Sheilagh	Mulderig	A	59	NEM	022X-035JB	3,185	
55-59	89	Jane	Hook		57	TAM	3824-03NAJ	3,185	
55-59	91	Maridee	Charlton	H	55	FREM	382Y-064YF	3,180	
55-59	92	Gail	Feenstra	W	55	DAM	3829-03GEH	3,170	
55-59	93	Eileen	Hendren	D	57	DAM	382T-065PB	3,165	
55-59	93	Sandra	Field	C	56	LALM	3320-03E40	3,165	
55-59	95	Carol	Farrington		59	NAVY	152Z-0443S	3,160	
55-59	95	Roberta	Allison	L	59	NEM	022Z-033JB	3,160	
55-59	95	Evelyn	Healy	A	57	DAM	382K-03GFE	3,160	
55-59	98	Linda	Carstens	C	59	NEM	022X-033HW	3,155	
55-59	99	Christine	Covie	A	59	CMS	322S-05FA5	3,150	
55-59	99	Ann	Oakleaf	M	56	LBG	3328-03DTD	3,150	
55-59	101	Lee Ann	Bailey		57	DAM	382P-03GEU	3,145	
55-59	101	Colleen	Holloway	J	58	MOST	432Y-02NWF	3,145	
55-59	103	Dianne	Miller	M	59	DAM	382T-03GE6	3,140	
55-59	104	E Kim	Coontz		57	DAM	382R-03JMD	3,125	
55-59	104	Diane	Barrett	M	55	DAM	3820-03HB4	3,125	
55-59	106	Kathy	Selles	A	59	SPM	1427-06P54	3,120	
55-59	107	Kim	Vaeth		59	NEM	022A-07NGX	3,110	
55-59	108	Theresa	Strazzella	M	59	SWM	332W-06ZZA	3,100	
55-59	108	Liz	Fox	M	57	NEM	022H-063V4	3,100	
55-59	108	Maureen	Massara	W	56	T2NM	1422-06Z02	3,100	
55-59	111	Leslie	Weigand	J	58	OREG	372A-068T3	3,080	
55-59	111	Rebecca	Dunn	A	57	TCAM	382F-06EZW	3,080	
55-59	113	Joyce	Bustinduy	A	56	FGM	382M-06EVW	3,050	
55-59	113	DeAnne	Slater	B	56	INDY	162F-06HPD	3,050	
55-59	113	Liz	Hartzell		57	NCMS	1326-06PXC	3,050	
55-59	116	Nancy	Hewes	L	58	ARIZ	482K-008KJ	3,030	
55-59	117	Susan	Olesky	W	55	GSM	0727-04NH1	3,020	
55-59	118	Donna	Carris		58	NEM	022H-034E4	3,005	
55-59	119	Joan	Smith-Maclean	L	58	DAM	382K-03GXA	3,000	
55-59	119	Liz	Applegate		55	DAM	3824-03GYB	3,000	
55-59	121	Theresa (Terri)	Anderson	R	57	SWMS	3721-065XJ	2,980	
55-59	121	Alice	Aldous	S	59	DAM	3827-03W3U	2,980	
55-59	121	Pam	Bettis	K	57	SLAM	222D-07J3W	2,980	
55-59	124	Pamela	Paparone	A	58	1776	082Y-02280	2,965	
55-59	124	Kathy	McGuire	A	58	BCTM	0624-02XM3	2,965	
55-59	124	Anna	Raber	M	56	DAM	382H-03FZG	2,965	
55-59	127	Starr	Campbell		59	ARKM	232T-06TBK	2,960	
55-59	128	Rita	Wolf	D	57	TCAM	382E-03FY5	2,935	
55-59	129	Deborah	Lutz	A	55	FSYM	122C-06KPG	2,930	
55-59	130	Kathy	Gregory		55	UNAT	1226-07NNR	2,925	
55-59	131	Ellen	Winder	C	57	DAM	382G-07422	2,915	
55-59	132	Ruth	Arnush	A	56	TSTT	3329-05VHB	2,875	
55-59	132	Marty	Childs	B	57	NEM	022A-07N7M	2,875	
55-59	132	Lynn	Narlesky		59	DAM	3820-03HHA	2,875	
55-59	135	Laurel	Grindy	M	59	TCAM	3828-03XJ8	2,850	
55-59	136	Katie	Doyle	C	56	NEM	0222-07NRB	2,830	
55-59	137	Arlene	Chung-bednar		57	cibb	0626-07014	2,825	
55-59	138	Mary	Adams	E	56	HMS	352E-01MZA	2,800	
55-59	138	Debbie	Levens	J	58	NEM	022K-033NV	2,800	
55-59	140	Nancy	Whitmore		57	ARKM	2325-07N36	2,795	
55-59	141	Jennie	Goldberg	S	57	PNA	362V-02M1P	2,790	
55-59	142	Katie	MacGregor		57	MESC	0228-07N7J	2,775	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
55-59	143	Sylvia	Sensiper		56	DAM	382W-03XXP	2,750	
55-59	144	Mary	Coolidge	H	56	NEM	022Z-05PC5	2,745	
55-59	145	Shoshanna	Ehrlich		55	NEM	022F-034NN	2,700	
55-59	145	Maren	Breitwieser	R	57	INDY	1620-02A83	2,700	
55-59	145	Suzu	Shapiro		57	UNAT	0227-063BP	2,700	
55-59	148	Mary	Henson	E	56	SKY	4121-01WT0	2,695	
55-59	149	Karen	Firestein	J	57	DAM	3827-03HFZ	2,685	
55-59	150	Patty	Blanchard	A	55	NEM	022C-07KDG	2,675	
55-59	151	Martha	Quenon	L	56	DAM	382U-06KT0	2,640	
55-59	152	Kathleen	Gorman		56	NEM	0229-07K98	2,620	
55-59	153	Karen	Swanigan	S	56	FMM	142F-02T9S	2,600	
55-59	154	Karen	Correia	A	55	FGM	382Z-07468	2,575	
55-59	155	Violet	Nagy	L	56	FACT	1428-06KE0	2,560	
55-59	156	Priscilla	Pulscher		57	PMST	542T-07MKX	2,550	
55-59	156	Cynthia	Thomas		55	PCAT	262V-074RJ	2,550	
55-59	158	Holly	Watson		57	CVMM	3322-069BK	2,545	
55-59	159	Nancy	Stone	M	57	DAM	3823-03KFU	2,530	
55-59	160	Janice	Farrell		58	SMS	242V-07J04	2,500	
55-59	161	Julie	Hahn	S	58	NEM	0227-07MGW	2,475	
55-59	162	Margaret	Johns	S	57	NEM	0220-033BW	2,465	
55-59	163	Debra	Raup	L	56	1776	082W-05HAT	2,450	
55-59	164	Barbara	Saunders	G	57	NEM	022C-076N4	2,400	
55-59	165	Barbara	Bauman		57	NEM	022M-07AVV	2,375	
55-59	166	Lynne	Madison		59	LOM	382Z-062BE	2,370	
55-59	167	Joanna	Ransley	S	55	NEM	0223-0766B	2,340	
55-59	168	Barbara	Tardiff	E	55	NEM	0227-06X4R	2,325	
55-59	169	Jo Ann	Casselberry		57	OREG	3724-0700Z	2,270	
55-59	170	Scarlet	Huber	C	55	DAM	382N-05SRE	2,250	
55-59	171	Susan	Stowell	J	59	DAM	3827-06KST	2,175	
55-59	172	Dawn	McCaffrey		59	BWAQ	3629-04FKV	2,125	
55-59	173	Roni	Mueller		56	CVMM	332F-06UKP	2,085	
55-59	173	Marybeth	Holak		57	NEM	0228-07NFV	2,085	
55-59	173	Linda	Callaway		59	MOST	432M-02NEV	2,085	
55-59	176	Ann	Main	H	59	DAM	382R-03J91	2,050	
55-59	177	Marilyn	Messina	F	59	UNAT	192B-07ND6	1,750	

*W60-64 old Record: Barbara Dunbar 2010 4500 Yards*

*W60-64 new Record: Laura B Val 2012 4920 Yards*

60-64	1	Laura	Val	B	60	TAM	382U-03H9F	4,920	√
60-64	2	Shirley	Loftus-Charley	A	60	VMST	1226-02HKM	4,740	√
60-64	3	Dot	Munger		60	1776	082W-0221B	4,525	√
60-64	4	Christie	Hayes	M	63	CONN	052W-01S5E	4,180	
60-64	5	Jeannette	Bauer	M	62	SCA	3324-03AAG	4,080	
60-64	6	Linda	Shoenberger	R	64	TAM	382R-03F82	4,075	
60-64	7	Sally	Guthrie	K	61	MICH	192K-028TM	4,050	
60-64	8	Jennifer	Fiden	W	61	UAR	172Y-01UC9	3,860	
60-64	9	Meredith	Moore	A	62	T2NM	1428-01S4X	3,840	
60-64	10	Dorothy	Tourtual	M	60	BUMS	0426-01X4Y	3,820	
60-64	11	Lynn	Rhue	M	60	CMM	3227-0306N	3,775	
60-64	12	Barbara	Hummel	R	60	NEM	022Z-0348H	3,695	
60-64	13	Meegan	Wilson		63	FACT	1429-02REA	3,660	
60-64	14	Barbara	Prescott		61	SPM	142E-02RN6	3,650	
60-64	15	Lauren	Binder		64	OREG	372R-065KS	3,625	
60-64	16	Brenda	Jarmakani	H	64	VIMS	392H-03AEJ	3,620	
60-64	17	Stephanie	Scott		64	WCM	3825-03K0Y	3,615	
60-64	18	Joan	Diercks	M	63	INDY	162T-02AC6	3,600	
60-64	19	Jill	Wright	M	60	SAWS	592V-01J02	3,575	
60-64	20	Margot	Mann		62	REDT	062P-02XFW	3,540	
60-64	21	Geri	Mathewson	H	63	OREG	372W-025Z9	3,535	
60-64	22	Cookie	De Gennaro	B	60	TCAM	382G-03JP5	3,510	
60-64	23	Storm	Eddy	S	61	SPM	142A-02REW	3,475	
60-64	24	Judy	Jansen	A	61	GLSM	192P-07MYZ	3,450	
60-64	25	Judy	Williams	K	63	BWAQ	3628-02KUU	3,445	
60-64	26	Susan	Collins	M	62	DAM	3825-03NKB	3,400	
60-64	27	Sarah	Welch		64	PNA	3622-02KJX	3,390	
60-64	28	Marie	Vellucci	H	62	BERK	0728-02XU2	3,385	
60-64	29	Pauline	Yeckley	L	60	SMM	3825-03GKH	3,350	
60-64	30	Greta	Van Meeteren		64	NCMS	132B-0232R	3,345	
60-64	31	Carol	Merryfield	L	61	SMM	382P-07MJC	3,300	
60-64	32	Susie	Glines	L	60	NEM	022U-04762	3,290	
60-64	33	Kristine	Hornof	T	64	DAM	382P-03HAN	3,285	
60-64	34	Julie	Stiles	H	61	NEM	022F-0767T	3,280	
60-64	35	Sheila	Monaghan		63	TCAM	382J-03G0Z	3,270	
60-64	36	Jeanette	Groesz	G	62	OREG	3720-0271F	3,260	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
60-64	37	Sandi	Rousseau		64	OREG	372A-025UJ	3,245	
60-64	38	Ginny	Saunders	A	64	OREG	3728-026ZP	3,235	
60-64	38	Barbara (Babs)	Larsen	H	64	MINN	3025-02A9M	3,235	
60-64	38	Elizabeth	Friedman	D	63	DAM	382D-01P54	3,235	
60-64	41	Lenore	Stepanishen	T	63	NEM	022M-035BX	3,210	
60-64	42	Pussadee	Braly		60	DAM	382J-03HGZ	3,200	
60-64	42	Jane	McMahon	M	61	ROSE	332K-06112	3,200	
60-64	42	Kathleen	Komar	L	62	UCLA	332R-0497T	3,200	
60-64	45	Sheryl	Parola	A	63	TCAM	382B-03U7K	3,195	
60-64	46	Suzanne	Horsley	N	63	DAM	382M-03GFD	3,190	
60-64	47	Tricia	Kules	S	60	NEM	022D-034B8	3,185	
60-64	48	Silvie	Cohlan	M	61	CVMM	3326-07687	3,160	
60-64	49	Sally	Hasbrook		63	INDY	162W-02AKT	3,150	
60-64	50	Diane	Akers	L	63	SMM	382W-07FKY	3,140	
60-64	51	Jan	Ilkiw	E	62	DAM	382R-040BN	3,125	
60-64	52	Carol	Yunker	M	64	NEM	0220-033BB	3,100	
60-64	52	Diane	Davis	L	61	DAM	382B-03GOM	3,100	
60-64	54	Janice	Sollom-Brotherton	E	60	CRUZ	382P-03G1C	3,085	
60-64	55	Jani	Sutherland	A	62	ZEN	592K-025V2	3,070	
60-64	56	Alison	Goulder		60	NEM	0225-033A0	3,050	
60-64	57	Karen	Painter	S	61	TCAM	382V-040TF	3,045	
60-64	58	Lyra	Halprin		60	DAM	3826-03G0F	3,040	
60-64	59	Beverly	Travis	M	60	HURY	172D-01UBW	3,020	
60-64	60	Cynthia	Gardner	R	60	NEM	022G-07KBA	2,990	
60-64	61	Nancy	Farley	E	60	DAM	382J-03KXT	2,985	
60-64	61	Maggie	Larsen	C	61	DAM	3828-03HAB	2,985	
60-64	63	Deanna	Fickel	J	61	TCAM	382E-0418F	2,975	
60-64	64	Diane	Byers		62	NCMS	1328-06JVG	2,970	
60-64	65	Marg	Bartosek	K	60	DAM	3821-03HB5	2,955	
60-64	66	Mary	Borne	L	61	SMS	2427-01T57	2,900	
60-64	67	Patricia	Montgomery	H	60	SMM	382M-03UFJ	2,850	
60-64	67	Nancy	Ottum	D	62	DAM	382D-03GXX	2,850	
60-64	67	Mary	Patterson	L	64	DAM	382N-079RZ	2,850	
60-64	70	Diane	Cardwell	F	60	OREG	372H-026H5	2,840	
60-64	71	Marie	Neaves		64	CRAB	092U-042HY	2,820	
60-64	72	Anne	Weber	M	60	MM	3122-048GW	2,815	
60-64	72	Cynthia	Needham		64	NEM	022J-071D8	2,815	
60-64	72	Leticia	Monroy		62	RGSC	5322-0743S	2,815	
60-64	75	Jane	Moore	A	61	BWAQ	3626-02KWA	2,800	
60-64	75	Mary-Alice	Tully	M	60	NEM	022G-076JW	2,800	
60-64	77	Rhea	Gross		61	TCAM	3826-040PP	2,795	
60-64	78	Billie	Spencer	J	62	ARIZ	482F-0737W	2,780	
60-64	79	Sue	Cosper		63	INDY	162W-02AC3	2,775	
60-64	80	Patricia	McGovern	A	62	METR	0623-02Y3H	2,760	
60-64	81	Beth	Del Bono		60	NEM	022V-033TR	2,735	
60-64	82	Billie	Crawford	E	63	NEM	022V-07H7W	2,715	
60-64	83	Karen	Moorman		60	NCMS	1323-04X8W	2,700	
60-64	83	Patricia	Thompson	B	60	DAM	382K-03HHF	2,700	
60-64	85	Rita	Maynard		60	NCMS	132X-06J2A	2,680	
60-64	86	Capri	Djatasmoro		60	cibb	0624-02Z3J	2,675	
60-64	87	Louise	Case	H	64	NEM	022Y-0471V	2,650	
60-64	88	Susan	Stoll	K	61	NEM	022K-035VY	2,605	
60-64	89	Carter	Case		64	PNA	362G-030G2	2,590	
60-64	90	Sylvia	Mangan	A	63	OREG	3722-05WKH	2,575	
60-64	91	Kim	Williams		60	ARIZ	482W-07214	2,555	
60-64	92	Jane	Wright	E	62	SAWS	592X-077FJ	2,550	
60-64	93	Carol	Stark	R	63	OREG	372A-026UJ	2,535	
60-64	94	Mary	Stein	A	61	FMM	142T-061WR	2,525	
60-64	95	Linda	Cervantes	J	60	ECFY	4421-07BCW	2,500	
60-64	96	Nancy	Wood	O	60	MOST	432N-02P50	2,485	
60-64	97	Barbara	Gullingsrud		61	ARIZ	4824-077MC	2,400	
60-64	98	Charris	Towne	J	60	OREG	372Z-06A9J	2,365	
60-64	99	Joy	Merrill	S	62	NEM	022Z-07396	2,355	
60-64	100	Judith	Jacob	C	64	METR	062R-02YVP	2,350	
60-64	101	Jill	Dorosz		63	MARY	092K-07J5D	2,315	
60-64	102	Nona	O'Connor	S	60	SMS	2421-07HT3	2,300	
60-64	103	Patricia	Sikora		60	VMST	122A-06JU2	2,225	
60-64	104	Marjorie	Pannell		61	IM	212P-05N2C	2,190	
60-64	105	Jennifer	Johnston	G	64	CUBU	1024-039KC	2,185	
60-64	106	Kathleen	Broder		64	CVMM	332U-075T0	2,175	
60-64	107	Anita	Cole	E	64	LBG	3325-03DYZ	2,150	
60-64	108	Carol	Hall	A	64	INDY	1627-02AG3	2,095	
60-64	109	Veeta	Ewan		64	NEM	022B-07KTA	1,950	
60-64	110	Nadine	Edwards		64	SWMS	372U-068S7	1,940	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
60-64	111	Linda	Brzycki		64	ARIZ	482U-07K3T	1,850	
60-64	112	Elise	Tatham	M	64	UNAT	072M-05YZ4	1,830	
60-64	113	Cheryl	Ptak	H	64	VMST	122Z-074SY	1,575	
60-64	114	Pat	McGreevy		60	OREG	372W-0772H	1,120	

*W65-69 Record: Lavelle Stoinoff 1999 4135 Yards*

65-69	1	Suzanne	Dills	L	66	PNA	362X-01N00	4,025	
65-69	2	Sally	Dillon	A	65	PNA	362F-02KJU	4,000	
65-69	3	Vivian	Reinikainen		69	NMMS	422B-0053R	3,725	
65-69	4	Ann	Svenson		66	ADMS	032S-01M4T	3,680	
65-69	5	Greta	Van Meeteren		65	NCMS	132B-0232R	3,375	
65-69	6	Kate	Spencer		65	NIAG	0428-02UUT	3,325	
65-69	7	Kay	Turner	G	65	NIAG	042J-01X3Y	3,240	
65-69	8	Carol	Ward	S	65	TCAM	382V-03U2Z	3,220	
65-69	9	Terry	Davison	L	67	DAM	382E-03GY5	3,200	
65-69	10	Glenda	Carroll	G	68	TAM	3825-03JEC	3,180	
65-69	11	Joan	Delgado	D	66	SWMS	372K-02NE4	3,165	
65-69	12	Leslie	Westergaard	M	68	DAM	382H-03GEZ	3,160	
65-69	13	Anne	Stoddard		65	TNYA	0629-02Y4R	3,055	
65-69	14	Jeanne	Ensign		65	PNA	362W-02KGK	3,030	
65-69	14	Patricia	Saunders	A	68	AGUA	062B-02YC1	3,030	
65-69	16	Mary	Stephen		69	SRPM	022X-065XU	3,025	
65-69	17	M Fentress	Hall		68	LOM	382S-03N3S	3,020	
65-69	18	Susan	White	E	69	TCAM	3825-03H53	3,010	
65-69	19	Alida	Canale		66	CRUZ	382M-03HDU	2,995	
65-69	20	Diane	Smith	G	66	CVMM	332X-06PSV	2,970	
65-69	21	Barbara	Paulson	I	68	DAM	382S-03G0A	2,965	
65-69	22	Gail	Rodd	G	69	TCAM	382K-03F0G	2,925	
65-69	23	Sandy	Reed		67	ARIZ	482R-008KE	2,920	
65-69	24	Noreen	Mazelis	B	68	DAM	382D-03N25	2,900	
65-69	25	Connie	Birdsall	L	66	TCAM	382B-03EZN	2,880	
65-69	26	Diane	Lardelli	J	67	DAM	382N-06HC9	2,870	
65-69	27	Peggy	Whiter	S	68	OREG	372X-025YR	2,865	
65-69	28	Candace	Cross-Drew	J	65	DAM	382C-03HB0	2,850	
65-69	29	Marianne	Bradley	E	68	FACT	1427-02RGU	2,775	
65-69	30	Susan	Paris	I	65	SKY	4126-01WC8	2,725	
65-69	31	Roswita	Norris	D	69	DAM	382C-03GE3	2,710	
65-69	32	Lois	Donelson		66	NEM	0228-07APB	2,680	
65-69	33	Sally	Wood	M	67	DAM	382J-03GEY	2,670	
65-69	34	Cindy	Todd		69	SKY	412S-01W3U	2,635	
65-69	35	Nancy	Foster	M	66	DAM	382X-03GYJ	2,625	
65-69	36	Esther	Ellis	B	66	SWMS	372B-066XU	2,620	
65-69	36	Janice	Williams		68	FISH	0620-02Z4Y	2,620	
65-69	38	Camille	Klotz	A	66	NCMS	1325-0245H	2,600	
65-69	39	Mary	Hesselgrave	R	68	BERK	072F-05VMS	2,545	
65-69	40	Lucy	Manheim	M	69	RMST	102B-039UA	2,525	
65-69	41	Cathy	Pribis		66	ADMS	032W-07904	2,500	
65-69	41	Judy	Golden		65	NEM	0226-02XRM	2,500	
65-69	43	Susan	Mann	L	68	DAM	382G-03HWB	2,490	
65-69	44	Kathryn	Shack	W	68	DAM	382B-06JSD	2,375	
65-69	45	Linda	Mc Henry	J	65	DAM	382M-03GXU	2,340	
65-69	46	Emily	Trueblood	H	69	TNYA	062T-02Y4X	2,335	
65-69	47	Jane	Evelyn		65	NEM	0225-07MU3	2,330	
65-69	48	Lynn	Francis	A	67	MOST	432Z-02NGK	2,320	
65-69	49	Lenore	Rupert	B	68	SPM	142V-02S9P	2,300	
65-69	50	Patricia	Cawunder		68	RCYM	332T-075VK	2,250	
65-69	51	Sandra	Haynie	T	66	OREG	372P-025VB	2,110	
65-69	52	Arlie	Steiner	L	69	UNAT	1227-02JFG	1,840	
65-69	53	Zandra	Bietz	G	68	TCAM	3821-03VWC	1,820	
65-69	54	JoAnn	Fuller		69	CATM	142T-04S0K	1,780	
65-69	55	Carol	Sobolewski		69	SMS	242X-07HTW	1,650	
65-69	56	Ellen	Martin	M	65	RCA	122J-02HXW	1,635	
65-69	57	Judi	Williams	A	69	DAM	3821-03YT6	1,460	

*W70-74 Record: Lavelle Stoinoff 2003 3960 Yards*

70-74	1	Nancy	Ridout	J	70	TAM	382Z-03FAX	3,695	
70-74	2	Susan	Munn	L	73	DAM	382X-03FZM	3,555	
70-74	3	Louise	Murray		71	NIAG	0427-01X4Z	3,310	
70-74	4	Patricia	Bond	M	73	FMM	1424-02RDM	3,285	
70-74	5	Margit	Jebe	H	73	T2NM	142T-01SAA	3,265	
70-74	6	Aagje	Caron	A	70	GBM	022F-033BA	3,175	
70-74	7	Helen	Geoffrion		73	UCLA	332Y-03AE8	3,030	
70-74	8	Ruth	Stavis	L	74	NEM	0221-033F0	2,990	
70-74	9	Karen	Zentgraf	W	70	CMS	3227-0309S	2,930	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Distance	National Record
70-74	10	Patricia	Tullman	A	74	FMM	1422-02RD1	2,875	
70-74	11	Sandy	Steer	L	72	SPM	1429-02RFC	2,840	
70-74	11	Betty	Dugan	L	70	DAM	382G-03GFH	2,840	
70-74	13	Joyce	Hutchinson	W	70	FACT	142H-04RYS	2,785	
70-74	14	Peggie	Hodge	H	71	OREG	372T-026A6	2,690	
70-74	15	Kathleen	Broderick	M	73	VMST	1221-02J0W	2,685	
70-74	15	Edie	Schwartz	H	72	DAM	382Z-03G03	2,685	
70-74	17	G Ellen	Watkins		72	DAM	3820-03FZ9	2,660	
70-74	18	Laura	Walker	S	74	VMST	1226-02HK3	2,635	
70-74	19	Lynn	Schroeder	L	73	DAM	382A-03HG2	2,630	
70-74	20	Claire	Gregg	M	70	MOST	4321-04KW9	2,535	
70-74	21	Helen	Vetter	L	71	SYSM	1427-02S9G	2,470	
70-74	22	Mary	Armstrong	L	71	ARIZ	482Z-0468K	2,400	
70-74	22	Grace	Ciocca	C	73	NEM	022D-033CA	2,400	
70-74	24	Jean	Allen	M	71	FMM	1423-02RDK	2,275	
70-74	24	Julie	Lockhart		70	NEM	0224-035J4	2,275	
70-74	26	Bobbie	Tolpen		74	ARIZ	4828-06JYX	2,140	
70-74	27	Margie	Hutinger		72	FMM	142F-02RCY	2,040	
70-74	28	Sue	Stipe	A	74	BWAQ	362J-04FJ5	1,900	
70-74	29	Johanne	Christmas	E	72	EDHS	382B-03XJU	1,535	

*W75-79 Record: Ronnie Kamphausen 2010 3525 Yards*

75-79	1	Ronnie	Kamphausen		77	MESC	022E-01S70	3,250	
75-79	2	Adrienne	Pipes	S	77	SDSM	442D-02BPX	3,190	
75-79	3	Miek	Mc Cubbin		76	SMM	382A-03HJM	3,140	
75-79	4	Geraldine	Kawabata	L	77	OREG	372P-026MM	3,015	
75-79	5	Martha	Henderson	J	75	FACT	1429-02RS4	3,000	
75-79	6	Mary	Alexandre	Y	76	TAM	382M-03HEB	2,910	
75-79	7	Jacquie	Anderson		76	UNAT	3327-0676M	2,875	
75-79	8	Laura	Gogola	J	75	MICH	192P-028TH	2,750	
75-79	9	Patricia	Hastings	B	76	MM	312E-048FS	2,650	
75-79	10	Margaret	Homans	T	79	FMM	1425-02RD4	2,475	
75-79	11	Nina	Gee	F	78	OREG	3723-02BWT	2,265	
75-79	12	Bonnie	Speer	B	77	SWMS	372J-0692S	2,205	
75-79	13	Susan	George	D	78	NTEX	2628-02G7Y	1,960	
75-79	14	Jo Anne	Kambur		77	TAM	382M-03MYS	1,880	
75-79	15	Pauli	Dillard		75	VMST	1224-02HS5	1,725	

*W80-84 Record: Betty Lorenzi 2010 3250 Yards*

80-84	1	Betty	Lorenzi	S	84	FACT	142R-01R8B	3,025	
80-84	2	Joan	Campbell	K	81	FACT	1428-02RGV	2,640	
80-84	3	Pat	Hunt		80	OREG	372R-06PDK	2,590	
80-84	4	Peggy	Sanborn		84	SBM	332J-03A07	2,520	
80-84	5	Patsy	Blinn		80	ARIZ	482F-07GZ8	2,500	
80-84	6	Marilyn	Mutzner	A	82	TCAM	382A-03G1N	2,395	
80-84	7	Jeanne	Meredith	H	83	VMST	1226-02HT9	2,385	
80-84	8	Sylvia	Idelson		82	UNAT	552R-01M52	2,375	
80-84	9	Angie	Sinacore		81	SPCO	142G-02RS2	2,350	
80-84	9	DJ	Murray		82	HHAC	552Z-01GXN	2,350	
80-84	11	Ann	Lambertson	M	81	SMM	3827-03JN3	2,225	
80-84	11	Janet	Kavadas	D	80	PNA	362S-02KPC	2,225	
80-84	13	Elisebeth	Harvey		84	ARIZ	482A-06SBP	1,660	
80-84	14	Maude	Meyers		84	ARIZ	482X-06MN5	1,600	

*W85-89 Record: Rita Simonton 2004 3005 Yards*

85-89	1	Lois Kivi	Nochman		87	MICH	192F-028XK	2,275	
85-89	2	Charlotte	Sanddal	E	89	MM	312F-01JR1	1,800	
85-89	3	Marianna	Berkley		89	VMST	1224-02HK1	1,785	
85-89	4	Corrinne	Bressler	F	86	DAM	382S-03G0T	1,770	
85-89	5	Regan	Kenner		88	FMM	142Z-02RD8	890	

*W90-94 Record: Rita Simonton 2009 2720 Yards*

90-94	1	Maurine	Kornfeld	E	90	MVN	3328-03AD6	2,475	
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*W95-99 Record: Mary Lathram 2011 1360 Yards*