

**United States Masters Swimming  
Postal National Championship**

**RESULTS**

**CHAMPIONSHIP EVENT: 2010 5K National Postal Championship**  
**EVENT DATE(S): 5/15/2010 - 9/15/2010**  
**SANCTION NUMBER: 130-001p**  
**SANCTIONING LMSC: North Carolina**  
**SPONSORING ORG: North Carolina Masters Swimming**  
**EVENT DIRECTOR: Bob Husson**  
**Address 312 Avenue A**  
**New Bern, NC 28560**  
**Phone 252-638-8425**  
**E-mail [bob.husson@gmail.com](mailto:bob.husson@gmail.com)**

**RELAYS**

**WOMEN'S (3 Swimmers)**

Age group	Place	Club Name	Total Time	Names of Swimmers			Age	Club Abbr	Individual Time	√ if a National Record
				First Name	Last Name	MI				
18+	1	Gator Swim Club	3:25:24.24	Mary	Holman	E	23	GSC	1:06:35.70	√
				Sara	Holman	E	23	GSC	1:05:59.55	
				Nicole	Helmers	D	26	GSC	1:12:48.99	
18+	2	DOC IU Masters Swimming	3:43:14.94	Susan	Blake	M	32	DOC	1:18:02.55	
				Jutta	Schickore		45	DOC	1:09:46.03	
				Elizabeth	Munroe	S	20	DOC	1:15:26.36	
18+	3	St Pete Masters Inc	3:48:18.14	Sarah	Swoch	R	24	SPM	1:17:13.14	
				Charlotte	Petersen		46	SPM	1:17:56.00	
				Elizabeth	Kostreva	A	30	SPM	1:13:09.00	
18+	4	Southwest Washington Masters Swimming	5:18:23.41	Natalie	Benzel	M	32	SWMS	1:52:34.00	
				Mackenzie	Baillie	S	19	SWMS	1:24:41.10	
				Esther	Ellis	B	65	SWMS	2:01:08.31	
25+	1	Oregon Masters	3:50:04.07	Erin	Popelka	M	28	OREG	1:18:10.32	
				Kelsey	Holmberg	G	28	OREG	1:13:07.00	
				Kendra	Bestine	D	30	OREG	1:18:46.75	
25+	2	Michigan Masters	3:51:29.22	Denise	Brown	H	50	MICH	1:08:27.14	
				Jenny	Birmelin	L	33	MICH	1:18:04.08	
				Tracy	Durham	M	26	MICH	1:24:58.00	
25+	3	MOVY Masters	3:55:38.43	Heidi	Loecke	L	38	MOVY	1:32:13.23	
				Joy	Stover		34	MOVY	1:08:03.10	
				Kelly	Reynolds	M	40	MOVY	1:15:22.10	
25+	4	Southwest Washington Masters Swimming	4:22:18.02	Michelle	Jacobs-Brown	C	38	SWMS	1:33:15.02	
				Maresa	Jackson		31	SWMS	1:24:33.00	
				Serena	Johnson	H	32	SWMS	1:24:30.00	
35+	1	Oregon Masters	4:01:41.77	Laura	Worden	A	52	OREG	1:22:50.37	
				Anicia	Criscione		36	OREG	1:23:54.40	
				Kris	Denney	A	50	OREG	1:14:57.00	
35+	2	Southwest Washington Masters Swimming	5:16:39.75	Heather	Stupfel	M	39	SWMS	1:51:04.27	
				Caroline	Wessel	M	41	SWMS	1:41:12.18	
				Jerri	Clark	N	44	SWMS	1:44:23.30	
45+	1	Oregon Masters	3:38:06.97	Karen	Matson		47	OREG	1:11:45.00	
				Arlene	Delmage		47	OREG	1:14:43.43	
				Mary	Sweat	A	52	OREG	1:11:38.54	
45+	2	Illinois Masters	3:41:14.46	Marcia	Cleveland	E	46	IM	1:17:40.93	
				Andrea	Block	J	48	IM	1:07:25.20	
				Heidi	Kafka		47	IM	1:16:08.33	
45+	3	Gold Coast Masters	3:41:36.66	Barbara	Milanese	A	48	GOLD	1:11:02.10	
				Celia	Devannay	C	53	GOLD	1:18:14.30	
				Kerri	Roussain	C	51	GOLD	1:12:20.26	
45+	4	St Pete Masters Inc	4:06:20.00	Jo Ann	Harrelson		54	SPM	1:27:41.00	
				Sharon	Steinmann	B	52	SPM	1:17:58.00	
				Dawn	Clark		46	SPM	1:20:41.00	
45+	5	Southwest Washington Masters Swimming	5:13:36.82	Anita	Burkard	J	46	SWMS	1:41:18.76	
				Sherry	Bender	L	51	SWMS	1:41:13.79	
				Dianne	Thomsen	L	53	SWMS	1:51:04.27	
55+	1	Masters of South Texas	4:10:07.80	Elaine	Valdez	S	55	MOST	1:15:22.37	√
				Kathy	Boyer	M	55	MOST	1:24:20.80	
				Linda	Callaway	S	57	MOST	1:30:24.63	
55+	2	Oregon Masters	4:26:18.51	Madeleine	Holmberg	S	57	OREG	1:29:24.00	
				Jeanna	Summers		56	OREG	1:28:43.31	
				Elizabeth	Budd	H	56	OREG	1:28:11.20	
55+	3	St Pete Masters Inc	5:25:09.00	Sandy	Steer		71	SPM	2:15:44.00	
				Barbara	Prescott		60	SPM	1:35:30.00	
				Pam	Geiger	L	57	SPM	1:33:55.00	
55+	4	Masters of South Texas	5:42:05.21	Teresa	Triche		56	MOST	1:45:07.00	
				Claire	Gregg	M	68	MOST	2:16:26.57	
				Chris	Mayhew		56	MOST	1:40:31.64	
55+	5	North Carolina Masters Swimming	6:25:02.84	Greta	Van Meeteren		63	NCMS	1:41:52.07	
				Rita	Maynard		58	NCMS	2:16:29.33	
				Camille	Klotz	A	65	NCMS	2:26:41.44	

**MEN'S (3 Swimmers)**

Age group	Place	Club Name	Total Distance	Names of Swimmers			Age	Club Abbr	Individual Time	√ if a National Record
				First Name	Last Name	MI				
25+	1	Illinois Masters	3:29:16.53	Michael	Thiry		34	IM	1:17:06.30	
				Josh	Kercheval		29	IM	1:03:09.53	
				David	Sebastian	A	48	IM	1:09:00.70	
25+	2	MOVY Masters	3:52:11.15	Tony	Stewart	A	36	MOVY	1:12:21.30	
				Jaes	Overley	W	39	MOVY	1:20:07.80	
				Eric	Paden	M	27	MOVY	1:19:42.05	
35+	1	Oregon Masters	3:38:50.46	Christian	Tujo		39	OREG	1:13:53.00	
				Kris	Calvin		48	OREG	1:10:14.00	
				Patrick	Allender	F	51	OREG	1:14:43.46	
35+	2	Patriot Masters Swim Team	3:51:33.23	William	Sax	C	41	GMUP	1:09:16.81	
				Stuart	Booth	T	51	GMUP	1:18:25.57	
				Paul	Grecco	A	49	GMUP	1:23:50.85	

35+	3	Illinois Masters	4:02:54.01	Scot Chris Daniel	Phinney Layton Zimmerman		53 51 42	IM IM IM	1:30:20.57 1:16:03.97 1:16:29.47
35+	4	Southwest Washington Masters Swimming	4:06:25.55	Robert Matthew David	Koga Clark Ashmore	S B	43 44 35	SWMS SWMS SWMS	1:22:14.90 1:27:37.74 1:16:32.91
35+	5	St Pete Masters Inc	4:07:46.00	Joshua Ken Stephan	Smith Gersbach Freeman	C C J	42 50 54	SPM SPM SPM	1:16:55.00 1:30:13.00 1:20:38.00
35+	6	MOVY Masters	4:08:30.26	Jeffrey Anthony Marty	Leonard Thompson Gura	D G	50 46 38	MOVY MOVY MOVY	1:17:40.11 1:29:55.10 1:30:55.05
45+	1	Oregon Masters	3:18:51.19	David Dennis Hardy	Hathaway Baker Lussier		49 49 45	OREG OREG OREG	1:09:40.19 1:03:04.01 1:06:06.99
45+	2	Gold Coast Masters	3:20:21.76	Ricardo William David	Valdivia Schmidt Owen	J C H	45 49 58	GOLD GOLD GOLD	1:02:38.20 1:07:49.50 1:09:54.06
45+	3	Ventura County Masters	3:35:52.38	Jim Larry Kurtis	Mc Conica Raffaelli Baron		59 67 46	VCM VCM VCM	1:05:54.27 1:20:18.98 1:09:39.13
45+	4	Masters of South Texas	4:08:27.00	Craig Kenneth David	Kercher Leclerc Stewart	A M W	48 54 46	MOST MOST MOST	1:23:11.92 1:34:34.09 1:10:40.99
55+	1	Longhorn Aquatics	3:53:14.21	Brian Jamie Larry	Vance Tout Wood	A W	59 57 56	TXLA TXLA TXLA	1:18:31.10 1:24:41.00 1:10:02.11
55+	2	DOC IU Masters Swimming	3:58:47.60	David Wayne Robert	Tanner Winston Wright	A L E	60 60 56	DOC DOC DOC	1:19:59.52 1:26:06.01 1:12:42.07
55+	3	Oregon Masters	4:02:49.99	Mike Bob Allen	Tennant Bruce Larson	J A J	56 62 57	OREG OREG OREG	1:21:39.00 1:19:40.99 1:21:30.00
55+	4	St Pete Masters Inc	4:17:52.00	Robert Pat Carl	Aldrich Marzulli Selles	E H	61 61 63	SPM SPM SPM	1:28:02.00 1:27:34.00 1:22:16.00
55+	5	North Carolina Masters Swimming	4:44:29.72	Bob Hans Craig	Husson Van Meeteren Anderson		65 66 61	NCMS NCMS NCMS	1:32:34.50 1:47:44.31 1:24:10.91
55+	6	Southwest Washington Masters Swimming	5:06:49.77	Wes John Stephen	Edwards Ellis Darnell		56 63 56	SWMS SWMS SWMS	1:24:51.82 1:31:33.95 2:10:24.00
65+	1	Oregon Masters	4:10:33.85	David Tom Ralph	Radcliff Landis Mohr	A W	76 68 68	OREG OREG OREG	1:19:05.86 1:21:13.99 1:30:14.00

### MIXED (2 Men, 2 Women)

Age group	Place	Club Name	Total Distance	Names of Swimmers			Age	Club Abbr	Individual Distance	if a National Record
				First Name	Last Name	MI				
18+	1	DOC IU Masters Swimming	4:57:53.98	Elizabeth Robert Jutta David	Munroe Wright Schickore Tanner	S E A A	20 56 45 60	DOC DOC DOC DOC	1:15:26.36 1:12:42.07 1:09:46.03 1:19:59.52	
18+	2	St Pete Masters Inc	5:07:55.14	Stephan Sarah Joshua Elizabeth	Freeman Swoch Smith Kostreva	J R C A	54 24 42 30	SPM SPM SPM SPM	1:20:38.00 1:17:13.14 1:16:55.00 1:13:09.00	
18+	3	Southwest Washington Masters Swimming	5:50:25.68	Wes Matthew Michelle Mackenzie	Edwards Clark Jacobs-Brown Baillie		56 44 38 19	SWMS SWMS SWMS SWMS	1:24:51.82 1:27:37.74 1:33:15.02 1:24:41.10	
18+	4	Masters of South Texas	7:00:41.84	Shelley Marie Matthew David	Probber DeGennaro DeGennaro Stewart	R E B W	53 50 19 46	MOST MOST MOST MOST	1:55:26.99 2:22:36.91 1:31:56.95 1:10:40.99	
25+	1	MOVY Masters	4:55:28.55	Eric Tony Joy Kelly	Paden Stewart Stover Reynolds	M A A M	27 36 34 40	MOVY MOVY MOVY MOVY	1:19:42.05 1:12:21.30 1:08:03.10 1:15:22.10	
25+	2	Michigan Masters	4:59:05.13	Joe Jenny Denise Frank	Aumiller Birmelin Brown Thompson	F L H L	53 33 50 58	MICH MICH MICH MICH	1:17:49.50 1:18:04.08 1:08:27.14 1:14:44.41	
25+	3	Oregon Masters	4:59:53.78	Christian Kelsey Patrick Erin	Tujo Holmberg Allender Popelka	F G O M	39 28 51 28	OREG OREG OREG OREG	1:13:53.00 1:13:07.00 1:14:43.46 1:18:10.32	
25+	4	Illinois Masters	5:01:57.74	Daniel Marcia Josh Elizabeth	Zimmerman Cleveland Kercheval Kooy	S E I A	42 46 29 39	IM IM IM IM	1:16:29.47 1:17:40.93 1:03:09.53 1:24:37.81	
25+	5	Southwest Washington Masters Swimming	5:27:50.81	Robert David Serena Maresa	Koga Ashmore Johnson Jackson		43 35 32 31	SWMS SWMS SWMS SWMS	1:22:14.90 1:16:32.91 1:24:30.00 1:24:33.00	
35+	1	Gold Coast Masters	4:54:03.02	Larry Andrea Dale Ricardo	Caldwell Woodburn LeClair Valdivia	E A J	45 46 40 45	GOLD GOLD GOLD GOLD	1:11:22.93 1:21:14.00 1:18:47.89 1:02:38.20	
35+	2	Oregon Masters	4:58:32.02	Anicia David Arlene Kris	Criscione Hathaway Delmage Calvin		36 49 47 48	OREG OREG OREG OREG	1:23:54.40 1:09:40.19 1:14:43.43 1:10:14.00	
35+	3	North Carolina Masters Swimming	5:47:05.96	Craig Greta Andrea Bob	Anderson Van Meeteren Packard Husson		61 63 35 65	NCMS NCMS NCMS NCMS	1:24:10.91 1:41:52.07 1:08:28.48 1:32:34.50	
35+	4	St Pete Masters Inc	6:31:53.12	Flavia Robert Ken Colleen	Zappa Beach Gersbach O'Reilly	L E C A	43 80 50 51	SPM SPM SPM SPM	1:39:48.13 1:50:10.99 1:30:13.00 1:31:41.00	
35+	5	Southwest Washington Masters Swimming	6:34:24.78	Caroline Fredrik Charles Jerri	Wessel Wallenberg Grall Clark	M D D N	41 43 46 44	SWMS SWMS SWMS SWMS	1:41:12.18 1:42:21.00 1:26:28.30 1:44:23.30	

45+	1	Oregon Masters	4:32:34.54	Hardy	Lussier	C	45	OREG	1:06:06.99	√
				Mary	Sweat		52	OREG	1:11:38.54	
				Dennis	Baker	G	49	OREG	1:03:04.01	
45+	2	Gold Coast Masters	4:41:05.92	Karen	Matson	A	47	OREG	1:11:45.00	
				David	Owen	H	58	GOLD	1:12:20.26	
				Barbara	Milanese	A	48	GOLD	1:11:02.10	
45+	3	Illinois Masters	4:48:38.20	William	Schmidt	C	49	GOLD	1:07:49.50	
				Heidi	Kafka		47	IM	1:16:08.33	
				David	Sebastian		48	IM	1:09:00.70	
45+	4	Longhorn Aquatics	5:07:57.71	Andrea	Block	J	48	IM	1:07:25.20	
				Chris	Layton		51	IM	1:16:03.97	
				Bess	Hilpert		54	TXLA	1:26:22.00	
45+	5	Southwest Washington Masters Swimming	7:04:30.50	Brian	Vance	A	59	TXLA	1:18:31.10	
				Larry	Wood	W	56	TXLA	1:10:02.11	
				Sharon	Smith	V	52	TXLA	1:13:02.50	
45+	5	Southwest Washington Masters Swimming	7:04:30.50	John	Ellis	L	63	SWMS	1:31:33.95	
				Anita	Burkard	J	46	SWMS	1:41:18.76	
				Stephen	Darnell		56	SWMS	2:10:24.00	
		Sherry	Bender	L	51	SWMS	1:41:13.79			
55+	1	Oregon Masters	5:38:05.50	Jeanna	Summers		56	OREG	1:28:43.31	
				Elizabeth	Budd	H	56	OREG	1:28:11.20	
				Bob	Bruce	A	62	OREG	1:19:40.99	
55+	2	St Pete Masters Inc	6:05:01.00	Allen	Larson	J	57	OREG	1:21:30.00	
				Robert	Aldrich		61	SPM	1:28:02.00	
				Barbara	Prescott		60	SPM	1:35:30.00	
		Pat	Marzulli		61	SPM	1:27:34.00			
		Pam	Geiger	E	57	SPM	1:33:55.00			