

2010 USMS 5K & 10K POSTAL NATIONAL CHAMPIONSHIPS

RELAY ENTRY FORMS

When the online relay system opens on September 26, 2010, all online individual entries and all currently processed mailed individual entries will be displayed by USMS Club and will include the entrant's time for the Club Relay Coordinator/Builder's reference. You will only be able to view a listing of YOUR USMS Club's entries.

Circle Relay Event: 5K 10K

Circle Relay Type: Women (3) Men (3) Mixed (2 Women & 2 Men) Relay Age Group : _____

USMS Club Name: _____ USMS Club Abbr: _____

Contact Person: _____ Phone # or e-mail _____

Swimmer (Name, USMS # and Date of Birth as it appears on USMS Registration Card)	Gender circle one W or M	Age	Time
#1 _____ USMS # _____ DOB _____	_____	_____	____:____:____
#2 _____ USMS # _____ DOB _____	_____	_____	____:____:____
#3 _____ USMS # _____ DOB _____	_____	_____	____:____:____
#4 _____ USMS # _____ DOB _____	_____	_____	____:____:____
Total Relay Time :			____:____:____

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#1 _____ USMS # _____ DOB _____	_____	_____	____:____:____
#2 _____ USMS # _____ DOB _____	_____	_____	____:____:____
#3 _____ USMS # _____ DOB _____	_____	_____	____:____:____
#4 _____ USMS # _____ DOB _____	_____	_____	____:____:____
Total Relay Time :			____:____:____

Relay Entry Fees \$18.00 per relay.

Payable in U.S. \$ Check or International Money Order ONLY made payable to **NCMS**

Mail to: Bob Husson, 2010 5K/10K Postal National Championships, 312 Avenue A, New Bern, NC 28560

ALL RELAY ENTRIES MUST BE RECEIVED BY OCTOBER 5, 2010