



2007 Event Information

United States Masters Swimming 5K Open Water National Championships

www.minnows.info/07openwater.html
Sanctioned for USMS, Inc. by Florida LMSC, sanction # 147-008OW

HOST: SWIM Florida and Lee County Parks & Recreation

DATE: Saturday, May 19, 2007

LOCATION: Fort Myers Beach, Florida (Estero Island)

RACE TIME

Check in:..... 9:15 A.M. – 10:00 A.M.

Final beach briefing:..... 10:05 A.M.

Race begins:..... 10:15 A.M.

Note: USA Swimming is holding its 10K National Championship and World Team Trials beginning at 8 AM. The Masters event will not begin before 10:15 A.M., but it will not start until all USA Swimmers have finished.

COURSE: The course is a 2.5K rectangle clearly marked with large orange marine buoys at each corner and halfway on the 1K legs. Swimmers will do two (2) circuits and must turn the corners with the buoys to their left. A course map plus tide and water information is posted at www.minnows.info/07openwater.html

ELIGIBILITY: The race is open to all swimmers currently registered with USMS. A copy of your 2007 USMS registration card **MUST** be included with the entry form. Foreign swimmers must present a letter of introduction from their national Masters organization.

One-event entries (OEVT): OEVT registrations are acceptable for non-USMS members. The OEVT registration form and fee must be returned with the race entry form.

NO race day OEVT entries will be accepted. OEVT swimmers are not eligible for USMS All-American status.

ENTRY LIMIT: Swimmers may enter one individual and one relay team event only.

REGISTRATION, DEADLINE: Register on-line at www.active.com/swimming/; in the search box for state/zip code, type **33931**. On-line entries close at midnight, Wednesday, May 16, 2007. Regular entries must be received by the meet director by Saturday, May 12. Send entries and fees to
SWIM Florida
15275 Collier Blvd. #201
PMB 135
Naples, FL 34119

ENTRY FEES

Regular (received by May 12)..... \$ 40.00
Late (received May 13–May 16)..... \$ 55.00
Race Day (with entry form & USMS card)..... \$ 60.00
For a relay team, each relay member add..... \$ 5.00

Absolutely **NO** entries will be accepted if received after May 16, 2007, other than race day entries. On-line entries close midnight, May 16. Swimmers entering on-line at active.com must show their 2007 USMS registration card and sign the liability waiver at check-in.

RULES: 2007 USMS Rules and Regulations govern this event. All participants will be provided with a cap which must be worn during the race. Persons allergic to latex should plan to bring and wear a silicone cap beneath their race cap.

AGE: The age on May 19, 2007, determines the age group.

PRE-RACE MEETING: The pre-race meeting is at 4 P.M. on Friday, May 18, at the Diamondhead Resort. Please check www.minnows.info/07openwater.html for more information.

EQUIPMENT: Wet suits are **NOT** permitted. Support craft other than designated Race Craft are not permitted.

TIME LIMIT: Maximum time permitted to complete the race is three (3) hours. Swimmers still in the water after three hours will be notified that the race is over and they need to leave the water at that time. Results will show their time as DNF (Did Not Finish).

AWARDS & RESULTS: USMS National Championship individual awards will be presented for 1st through 10th place in each gender and age group and to designated members of the top three relay teams in Male, Female, and Mixed categories. Awards will also be given to the top male/female overall finishers and to the top male/female over 50 finishers. Results will be posted at www.usms.org and at www.minnows.info/07openwater.html.

T-SHIRT: All entrants will receive a goodie bag and a 2007 National Open Water Festival T-shirt at check-in.

SPECIAL PACKET PICK UP: To have packets pre-delivered to your place of lodging, send an email **before May 12** to gregg.cross@usa-openwaterswim.com giving your name and the name of your hotel/motel.

PARKING: Lynn Hall Park (map on local web site), or adjacent public parking areas (parking meters).

LODGING: For discount rates, call (888) 529-6588. Ask for accommodations near Lynn Hall Park. A partial list of lodging, including those with special pricing, is at www.minnows.info/07openwater.html.

TRANSPORTATION: All major airlines serve the greater Southwest Florida area. The Regional Southwest International Airport (RSW) is about 15 miles east of Fort Myers Beach. The Tampa and Fort Lauderdale airports are each about two hours away.

RENTAL CARS: All major rental car companies are available at RSW airport.

INFORMATION: www.minnows.info/07openwater.html.

MEET DIRECTOR: Gregg Cross (239) 462-3322 or gregg.cross@usa-openwaterswim.com.



Official Entry Form

United States Masters Swimming 5K Open Water National Championships

Saturday, May 19, 2007 ~ Fort Myers Beach, Florida

Sanctioned for USMS, Inc. by Florida LMSC, sanction # 147-008OW

Individual Entry information

Name _____ USMS Registration # _____
 Address _____ DOB ____/____/____ Age (race day) _____
 City _____ State _____ Zip _____ Gender (circle) **M** **F** Club _____
 Phone (____) _____ E-mail _____
 T-shirt size: small medium large x-large xx-large

USMS Release: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES

CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEE, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEET OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in Open Water swimming and agree to assume those risks.

Signature _____ Date _____ I WILL attend pre-race briefing.

Entry Fees and Deadlines

REGULAR FEE – received by 5/12/07 (\$40.00) \$ _____
 (OR)
LATE FEE received 5/13/07-5/16/07 (\$55.00) \$ _____
 (OR)
RACE DAY ENTRY FEE (\$60.00) \$ _____
 (bring this entry form to check-in)

If applicable:

*Relay team entry (\$5/member) \$ _____
 One-event USMS registration (\$15) \$ _____

TOTAL ENCLOSED

\$ _____

Mail this entry/release form, with your check (payable to **SWIM Florida**), and a copy of your 2007 USMS Card to

SWIM Florida
 15275 Collier Blvd. #201
 PMB 135
 Naples, FL 34119

email: gregg.cross@usa-openwaterswim.com
 phone: 239-462-3322

* Relay Team Entry information

A CLUB may nominate three or four members to compete in the team relay event (only the top three finishes will be used for scoring).

To take part in team relay competition, a swimmer must also be entered in the individual event. The entry fee for the team relay event is \$5 per swimmer.

A Mixed Relay Team may have no more than two male and two female swimmers. Scoring is based on overall placement, with lowest score winning.

* Relays may be entered and paid for on race day. Clubs must designate their relay teams and members **before** 10:00 A.M. on race day.

United States Masters Swimming www.usms.org		REGISTRATION CARD AND TRAVEL PERMIT 2007
USMS NO		CLUB NO
CLUB NAME		
NAME	Attach a legible copy of your 2007 USMS Registration Card here.	
ADDRESS		
REGISTRATION DATE	EXPIRES DEC. 31, 2007	
DATE OF BIRTH	AGE	SEX