

2002 USMS 2-MILE CABLE SWIM NATIONAL CHAMPIONSHIP



**Chris Greene Lake-
Charlottesville, Virginia
Saturday, July 13, 2002**

Sponsored By:
Virginia Masters Swim Team
Sanctioned by: Virginia LMSC for USMS, Inc.
Sanction No. 122-0005

EVENT:

This is a 2-mile swim around a quarter-mile straightaway cable. There will be two heats. The first heat will be swum counter-clockwise and will start at 9:00 am. Check-in for the first heat will close promptly at 8:45 am. Second heat check-in ends at 10:00, for an anticipated start 15 minutes later, but not before completion of the first heat. The second heat will be swum clockwise.

For safety reasons, swimmers who cannot complete the 2 miles in 2 hrs. are advised not to enter. Swimmers still on the course after 2 hrs. will be stopped. In the event of inclement weather, the meet director may close the course and prevent swimmers from completing the swim.

- Water temperature: 78° to 82°
- No wetsuits

AGE GROUPS:

19-24, 25-29, 30-34, and so on, in five year increments as high as necessary for both men and women.

RESULTS:

Race results will be posted at www.vaswim.org and will be printed in the VMST Newsletter.

AWARDS:

Medals will be awarded to the top 3 places. Awards will not be mailed. Awards will be given out at the post-swim social.

ENTRY INFORMATION:

\$25 entry fee per swimmer. Fee includes 100% cotton t-shirt. Indicate size on entry form. (For T-shirts larger than XL, please add \$3.00 and indicate size.) Make check payable to VMST. (No cash please!)

Official entry form and fees must be RECEIVED no later than July 5, 2002. LATE AND RACE DAY ENTRIES WILL NOT BE ACCEPTED.

Swimmers will be seeded by their times for a 1650-yard swim. "No time" entries will be seeded last in appropriate heat.

ACCOMMODATIONS:

The Doubletree Charlottesville on Rt. 29 North has reserved a limited number of rooms and is offering a group rate of \$83 to competitors for Friday, July 12. This is a substantial discount from the regular rate. The Doubletree is located near Chris Greene Lake. For the discounted room rate, reservations must be made by June 14, 2002. Mention Virginia Masters Swim Team to receive the discounted rate. Rooms are available on a first come, first served basis.

Doubletree – Charlottesville

2350 Seminole Trail
Charlottesville, VA 22901
(804) 973-2121
or (800) 494-9467

USMS REGISTRATION:

All swimmers must be registered with USMS. Entrants must include a copy of their 2002 USMS registration card with their entry forms. For information about registering with USMS, go to www.vaswim.org. Entries received without a copy of a 2002 USMS card will be returned. For confirmation of entry receipt, enclose self addressed, stamped envelope or postcard.

ENTRANCE TO LAKE:

Swimmers and meet workers will be admitted free. For all others, Chris Greene Lake requires county entrance fees.

SAFETY:

Rescue squad personnel and safety volunteers will be on site on shore and in the water.

FOR FURTHER INFORMATION:

Beth Waters
Phone: (804) 276-5229
Or
Patty Powis
Phone: (804)272-7291
Email: pmpowis@vcu.edu

Please no calls after 9:00 p.m.

DIRECTIONS TO CHRIS GREENE LAKE:

FROM WASHINGTON D.C.

Take Rt. 29 toward Charlottesville, VA. In Earlysville, turn right onto Airport Rd. (Rt. 649). Go one mile toward airport. Turn right onto Rt. 606 for 1.2 miles. Turn left through gate & follow the road around the lake to the beach.

FROM RICHMOND

Take 1.64 West to exit 124 Charlottesville/Shadwel, U.S. 250 West, to U.S. 29 North. Follow U.S. 29 North approximately 6 miles to Airport Rd. (Rt. 649).

FROM WAYNESBORO

Take I-64 East to exit 118B Charlottesville/Culpeper, U.S. 29 North Bypass, to U.S. 29 North. Follow U.S. 29 North approximately 6 miles to Airport Rd. (Rt 649).

2002 VIRGINIA CHAMPIONSHIP SERIES

Swim all three Virginia open water swims. Special award for all finishers to be presented after the Charlottesville race.

Reston 2-Mile Lake SwimMay 26
 Virginia Beach 1-Mile Ocean SwimJune 15
 Charlottesville 2-Mile Cable SwimJuly 13

For Information Contact:

Reston 2-Mile
 Reston Masters
 (703) 845-SWIM lynhzlwd@usms.org
Virginia Beach 1-Mile
 Betsy Durrant
 (757) 422-6811 durrantb@aol.com

USMS 2-MILE CABLE NATIONAL CHAMPIONSHIP ENTRY FORM

July 13, 2002 – Chris Greene Lake – Charlottesville, VA

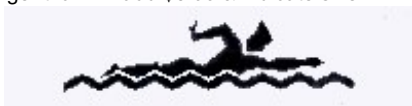
ATTACH A COPY OF CURRENT USMS CARD HERE

Name _____
 Street _____
 City _____
 Sex _____ Birth Date _____ Club Name _____
 Age on 7/13/02 _____ USMS Number _____ LMSC _____

Heat # (Circle One)	HEAT DESCRIPTION	1650 YD TIME
1	Counter-Clockwise (Left Side Breathers)	:
2	Clockwise (Right Side Breathers)	:

Heat 1: Starts 9:00 am/Check-in by 8:45 am
 Heat 2: Starts 15 min after the first heat but not before 10:30/Check-in by 10:00

T Shirt Size M _____ L _____ XL _____ Larger than XL _____
 For T-shirt larger than XL add \$3.00 & indicate size.



Entry Fees: (Includes T-Shirt) \$ 25
 Larger than XL T-Shirt \$ _____
 Add \$3
 After Meet Social (\$3 per person x _____) \$ _____
 Total Payment Enclosed (Make check payable to VMST) \$ _____

Mail to:
 Craig Campesi
 14134 Walton Dr.
 Manassas, VA
 20112-3701
 Must be Received
 No later than
 July 5, 2002

RELEASE BY PARTICIPANT FROM LIABILITY

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, ALBEMARLE COUNTY, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of the USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks."

Date _____ Signature _____

Home Phone _____ Work Phone _____ Age as of 7/13/02 _____