

Welcome To  
the  
Land of  
DELIVERANCE

**USMS National 10K Open Water Championships**  
**8<sup>th</sup> Annual Death Valley Open Water Swim Meet (5K, 3K, 2K, 1K, .5K)**  
**SC LSC Open Water State Championships**  
**East Beach Clemson University on Hartwell Lake, Clemson SC**  
**June 15, 2002**  
**Hosted by Clemson Aquatic Team**  
**Sanctioned by SC LSC #SC240OW and SC LMSC for USMS #552-003**

**EVENTS and SCHEDULE:**

**10K USMS National Championships:** The race will consist of swimming 2 times around a 5K loop marked every 100 meters with buoys. The race will end 4 hours after the start. All swimmers who have not completed the course will be asked to retire. Check-in: 6:30am, Pre-race Meeting: 7:30am, Event start: 8:05am.

**Open 5K and Jim Keogh Senior 5K:** The race will consist of a 5K loop marked every 100 meters with buoys. The race will end 2 hours after the start. All swimmers who have not completed the course will be asked to retire. Check-in: 6:30am, Pre-race Meeting: 7:30am, Event start: 8:00am.

**Open 3K and 13-14 3K:** The race will consist of a 3K loop marked every 100 meters with buoys. The race will end 90 minutes after the start. All swimmers who have not completed the course will be asked to retire. Check-in: 9:30am, Pre-race Meeting: 10:00am, Event start: 10:30am

**Open 2K and 11-12 2K:** The race will consist of a 2K loop marked every 100 meters with buoys. Check-in: 11:00am, Pre-race Meeting: 11:30am, Event start: Noon.

**Open 1K and 10 & Under 1K:** The race will consist of a 1K loop marked every 10 meters with buoys. Check-in: 11:00am, Pre-race Meeting: 11:30am, Event start: 12:30pm

**Open Brad Hitchings .5K:** The race will consist of a .5K loop marked every 10 meters with buoys. Check-in: 11:00am, Pre-race Meeting: 11:30am, Event start: 12:30pm

**LOCATION:** East Beach at Clemson University on Hartwell Lake in Clemson SC will be the meet site. Directions will be sent with entry confirmation. Water temperature is expected to be in the low 80s.

**ELIGIBILITY:** 10K and Open Events are open to all USMS registered swimmers 19 years of age as of June 15, 2002. A photocopy of your USMS membership card must accompany your entry. One day USMS registration will be available for Open Events only.

J Keogh 5K, 13-14 3K, 11-12K, and 10 & Under 1K and Open Events are open to all USA-S registered athletes. Those members of SC Swimming are eligible for state championship scoring.

**ENTRY FEES:** \$25.00 includes one event, cap, t-shirt and athlete hospitality. \$10.00 fee for each additional event. Entry deadline is June 10<sup>th</sup>, entries received after that date will require a \$5.00 late fee. Late fee applies to deck entries.

**RULES:** All applicable USA-S and USMS rules, regulations and safety requirements will be enforced for the well-being of our swimmers.

**SAFETY:** Lifeguards and safety boats will monitor the entire course. Water will be available frequently on the course. Swimmers must wear race cap and numbers on both arms and back for identification. Medical personnel will be at the site.

**SEEDING:** All like distances will be seeded as a single event, without regard to a swimmer's age or gender. Places, awards, and published results will be separate for each event, age group and gender. Meet Director reserves the right to change seeding if large number of entries warrant changes.

**AWARDS:** 10Kers will be awarded by age group and gender USMS National Championship Medals to the top eight places. The USMS Long Distance Championship Patch will be awarded to the first place finished in each age group.

All other events: Plaques will be given to the top 3 finishers, by gender, in each event. The top 8 finishers in each age group recognized by USA-S and USMS will receive ribbons. SC LSC Championship medals will be given to the top 10 places in the Keogh 5K, 13-14 3K, 11-12 2K and 10 & Under 1K. Championship team banners, and plaques will be awarded

**LODGING/CAMPING:** Information available on the Clemson Area Chamber of Commerce Web Site: [www.clemsonchamber.org](http://www.clemsonchamber.org). (Recommend Lake Hartwell Inn -864/654-4450)

**OTHER ACTIVITIES:**

**FRIDAY EVENING:** 6pm: Tour of race course, Bar-B-Que, Campfire, S'mores, Live Music on the beach. Cost: \$10.00.

**SUNDAY:** Rafting on the Chatooga (where Deliverance was filmed) Check Wildwaters' web site for details ([www.wildwater rafting.com](http://www.wildwater rafting.com)). **Reservation and money must be to CAT by May 10<sup>th</sup> to take part in the trips. More information is available from meet director.**

**Section 3:** Minimum age 10. Guide-Assisted. Ideally suited for the beginner and intermediate rafters, 7 hours, includes swimming, sunning, and lunch on the river. \$80.

**Section 4:** Minimum age 13. Fully Guided. Raw beautiful scenery with exciting rapids. Lunch and Motorboat service across Lake Tugaloo is included. \$110.

**MEET DIRECTOR:** Jacqueline Grossman, Clemson Aquatic Team, PO Box 411, Clemson SC 29633-0411. E-mail: [jelg@innova.net](mailto:jelg@innova.net) Phone (day) 864-646-8836; (night) 864-654-4704

Meet Referee: George Bare  
Safety Marshal: Riley Stevens

Permitted by the US Army Corps of Engineers  
Held under the Sanction of USA Swimming and US Masters Swimming.

# USMS National 10K Open Water Championships

8<sup>th</sup> Annual Death Valley Open Water Swim Meet and SCLSC and SC LMSC State Championships Entry Form  
June 15, 2002 (severe weather date June 16, 2002)

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_  
 Street Address: \_\_\_\_\_ Affiliation and Registration Number: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ USA Swimming: \_\_\_\_\_  
 E-mail: \_\_\_\_\_ Non-Affiliated: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Club: \_\_\_\_\_ Club Code: \_\_\_\_\_

First event \$25.00 - \$10.00 for each additional event - \$10.00 one event fee for non-members of USA-S or USMS

Check event to be swum: 10K (USMS only) \_\_\_\_\_ 5K \_\_\_\_\_ 3K \_\_\_\_\_ 2K \_\_\_\_\_ 1K \_\_\_\_\_ .5K \_\_\_\_\_

T-Shirt Size (Adult sizes only): S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_  
 Make checks to: **CAT**  
 Send to: **PO Box 411**  
**Clemson SC 29633-0411**

Entry fee \$25.00 + extra event fee (\$10 per event) \$ \_\_\_\_\_ = \$ \_\_\_\_\_  
 If non-affiliated with USA-S or USMS \$10.00 = \$ \_\_\_\_\_  
 Friday night dinner (number): \_\_\_\_\_ X \$10.00 per person = \$ \_\_\_\_\_  
 Rafting on the Chattooga:  
     Section 3 (number): \_\_\_\_\_ X \$80.00 per person = \$ \_\_\_\_\_  
     Section 4 (number): \_\_\_\_\_ X \$110.00 per person = \$ \_\_\_\_\_  
 TOTAL = \$ \_\_\_\_\_

**Please read and sign the liability release:**

## Liability Release

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters and Age Group Swimming (Training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS OF USA SWIMMING PROGRAM OF ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: USA SWIMMING, UNITED STATES MASTERS SWIMMING, INC., SOUTH CAROLINA SWIMMING, INC., UNITED STATES ARMY CORPS OF ENGINEERS, SC DEPARTMENT NATURAL RESOURCES, UNITED STATES COAST GUARD AUXILIARY, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEET OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USA Swimming and USMS. I also specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.

Swimmers Signature/Parent's Signature if under 18: \_\_\_\_\_ Date: \_\_\_\_\_

### While in Clemson you'll find lots to see and do!

Hartwell Lake, with its 1,000 mile shore line, offers wide opportunities for water sports. Lake Keowee and Jocassee, and the Blue Ridge Mountains, are less than an hour away. Visitors will find ample motel accommodations and campsites for overnight stays. We hope you'll enjoy your visit with us and will take advantage of all our area has to offer while you're here.

**IN CLEMSON**

Swimming/Boating  
 Shopping/Dining/Accommodations  
 Old Stone Church and Grave Yard  
 11 City Parks  
 Old Town of Calhoun

**CLEMSON UNIVERSITY**

Fort Hill (John C. Calhoun Home)  
 SC Botanical Garden and Hanover House  
 Brooks Center for the Performing Arts  
 Death Valley Stadium  
 "Uniquely Clemson" Ice Cream and Blue Cheese at Hendrix Student Center  
 Cooper Library  
 Lee Hall Art Gallery

**NEARBY**

Historic Town of Pendleton  
 Astabula and Woodburn Plantations  
 T Ed Garrison Livestock Arena  
 Pendleton Playhouse  
 Oconee County-"The Golden Corner"  
 White Water Rafting  
 Table Rock State Park  
 Keowee-Toxaway State Park

For tourist information call Clemson Area Chamber of Commerce (864/654-1200); the Clemson University Visitors Center (864/656-2461); or the Pendleton District Historical, Recreation and Tourism Commission (864/646-3782)