

2001 USMS Postal 3000/6000 Yard National Championships

INDIVIDUAL ENTRY FORM

PLEASE FILL OUT LEGIBLY & COMPLETELY

Name: _____ M ___ F ___ Age: _____ Birthdate: ____/____/____

Address: _____ Club: _____ Abbr: _____

City: _____ State: _____ Zip: _____ Country: _____ USMS #: _____

Phone: (____) _____ - _____ E-mail address _____

I would like to receive the official results via _____ E-mail _____ Mailed hard copy (please check only one box)

Name of your timer/counter: _____ Phone: (____) _____ - _____

LIABILITY RELEASE: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (signature) _____ (date) ____/____/____

I certify that I have read the rules of this event and on ____/____/2001, I swam (____ 3000) (____ 6000) yards in _____ at (pool location/address) _____.

Swimmer signature _____ Timer signature _____ Date _____

_____	= \$10 individual entry fee
_____	= \$12 team entry fee per team
_____	= \$15 for each t-shirt
_____	size M ___ L ___ XL ___ XXL ___
_____	= TOTAL ENCLOSED WITH ENTRY

MAKE CHECKS PAYABLE TO:
O*H*I*O MASTERS
Send to: Doug Brogan
398 Elmwood Rd.
Bay Village, OH 44140

BE SURE TO INCLUDE:
Photocopy of registration card
Check for total fees
SASE for entry receipt verification
Complete form and split sheet

SPLIT SHEET: Record CUMULATIVE (not split) time for each 50 yards (to 10th's) and final time (to 100th's).

50	1050	2050	3050	4050	5050
100	1100	2100	3100	4100	5100
150	1150	2150	3150	4150	5150
200	1200	2200	3200	4200	5200
250	1250	2250	3250	4250	5250
300	1300	2300	3300	4300	5300
350	1350	2350	3350	4350	5350
400	1400	2400	3400	4400	5400
450	1450	2450	3450	4450	5450
500	1500	2500	3500	4500	5500
550	1550	2550	3550	4550	5550
600	1600	2600	3600	4600	5600
650	1650	2650	3650	4650	5650
700	1700	2700	3700	4700	5700
750	1750	2750	3750	4750	5750
800	1800	2800	3800	4800	5800
850	1850	2850	3850	4850	5850
900	1900	2900	3900	4900	5900
950	1950	2950	3950	4950	5950
1000	2000	3000	4000	5000	6000

Entry received by Doug Brogan on: ____/____/____ (All entries must be received by 11/10/2001)



**2001 United States Masters Swimming
3000/6000 Yard Postal National Championships
SPONSORED BY O*H*I*O MASTERS SWIM CLUB**

Sanctioned by Lake Erie LMSC for USMS; Sanction # 18-103101-PO

EVENTS: National Championship 3000 yard and 6000 yard timed swims. Submit official splits and entry form by mail.

LOCATION: Swim in any 25 yard pool. The 3000 is 120 lengths and the 6000 is 240 lengths. No conversions from metric pools are permitted.

DATE: The swim must be completed on or between September 1 and October 31. *THE EVENT DIRECTOR MUST RECEIVE YOUR ENTRY BY NOVEMBER 10, 2001.*

ELIGIBILITY: Open to all USMS members with valid 2001 registration. *A PHOTOCOPY OF YOUR 2001 USMS CARD MUST BE SENT WITH YOUR ENTRY.*

INDIVIDUAL ENTRIES: Men and women compete separately in five year age groups: 19-24, 25-29, 30-34 . . . 100+. The swimmer's actual age on the day of their swim determines their age group.

DUAL ENTRY: Individuals who change age groups during the time of the event may enter twice but must swim the event twice, one time at each age.

TEAM EVENTS: Three team events will be contested: 3 men, 3 women, 4 mixed (2 men/2 women). Each team member must enter the individual event and be registered with the same club. Unattached teams are not permitted. The youngest team member's age shall determine the team's age group. Teams must swim in the oldest age group for which they are eligible. Age groups are 19+, 25+, . . . 95+. The cumulative time for the individual swims will be the team time.

SCORING: Club scoring will be tabulated based on the top ten individual finishers in each age group (11-9-8-7-6-5-4-3-2-1). Scores will be tabulated for the men, women and combined in both 3000 and 6000 yard events.

AWARDS: The top six finishers in each age group in the individual and team events will receive USMS Long Distance National Championship medals. First place finishers in each age group will also receive a USMS championship patch. Certificates will be presented to the top three clubs in each category.

RULES: The 2001 USMS Rules govern these events. Drafting, flotation and propulsive devices (pull buoys, fins, paddles, wet suits, etc.) are not permitted. For the purpose of this event, no more than two swimmers may share the same lane and each swimmer shall swim on either the right or the left side during the entire race (no circle swimming). An adult acting as a starter/head timer/referee shall be present at all times during the swim. Each swimmer shall have a counter to record split times for every two lengths. One person may serve as a counter for no more than two swimmers per heat. The counter's name and phone number must be included on the entry form. Stopwatches or electronic timing must be used to ensure that an official swim can be recorded to the nearest hundredth of a second. Backup stopwatches should be started and left running in case the official timing system fails. A 3000 yd split in the 6000 yd event may be submitted for a record if requested in writing. It will not be accepted as an entry for the 3000 event; the events must be swum separately.

FEES: \$10 for each individual entry and \$12 for each team entry. Fees are non-refundable; do not send cash.

RESULTS: Complete results will be available by mail or via the internet. Awards and t-shirts will be mailed by December 10, 2001.

T-SHIRTS: Commemorative 3000/6000 T-shirts may be purchased for \$15.

QUESTIONS: Contact event director, Doug Brogan at: 440-835-0142, <FitTogether@aol.com>.

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TEAM ENTRY FORM Event: 3 X 3000 3 X 6000 4 X 3000 4 X 6000

Club name: _____ Club Abbr: _____ M F Mixed Age Group _____

Swimmer's Name	Sex	Age	Time
#1 _____	M <input type="checkbox"/> F <input type="checkbox"/>	_____	_____
#2 _____	M <input type="checkbox"/> F <input type="checkbox"/>	_____	_____
#3 _____	M <input type="checkbox"/> F <input type="checkbox"/>	_____	_____
#4 _____	M <input type="checkbox"/> F <input type="checkbox"/>	_____	_____

Team Captain _____ Phone: _____ Date: _____ Total time: _____