



U.S. MASTERS SWIMMING

2015 Women's Long Distance All-Americans

Age	Group	Gender	Event	First Name	M.I.	Last Name	APP	Age	Club abbr.	LDAA	LDAS	USMS #	Time or distance	Records
18-24	F	Middle Distance	OW	Erin	T	Kellar	24	UC06	LDAA			065H-0A169	1:01:35.70	
25-29	F	Middle Distance	OW	Joelle	A	Brown	29	NEM	LDAA			025W-04Z2K	0:40:55.00	
30-34	F	Middle Distance	OW	Robin	L	Sandos	34	NEM	LDAA			025R-076CC	0:37:08.50	
35-39	F	Middle Distance	OW	Jessica	L	Ackerman	36	NEM	LDAA			025G-035ZK	0:36:34.70	
40-44	F	Middle Distance	OW	Merin	L	Troutman	41	UC02	LDAA			025W-01SAF	0:39:38.00	
45-49	F	Middle Distance	OW	Sue	N	Champlin	49	ADMS	LDAA			035W-01M8R	0:49:08.30	
50-54	F	Middle Distance	OW	Laurie		Hug	50	1776	LDAA			085X-0226X	0:35:11.30	
55-59	F	Middle Distance	OW	Tracy	L	Grilli	58	NEM	LDAA			025D-RDSOX	0:37:24.30	
60-64	F	Middle Distance	OW	Shirley	A	Loftus-Charley	63	VMST	LDAA			125Y-WATER	0:38:26.90	
65-69	F	Middle Distance	OW	Christine	M	Schroeder	66	1776	LDAA			085S-0225J	0:52:36.00	
70-74	F	Middle Distance	OW	Anne	B	Long	73	USF	LDAA			385M-03G4F	0:59:55.00	
18-24	F	Marathon Distance	OW	Mackenzie		Leake	21	TCC	LDAA			335N-08D15	2:27:02.30	
25-29	F	Marathon Distance	OW	Sara		Holman	28	CMS	LDAA			3251-05UV9	2:31:08.65	
30-34	F	Marathon Distance	OW	Alexis		Holman	31	GAJA	LDAA			455W-073GW	2:34:58.75	
35-39	F	Marathon Distance	OW	Heidi	S	George	39	UC38	LDAA			385S-03KD2	2:15:39.00	
40-44	F	Marathon Distance	OW	Jayna		Tomac	43	OREG	LDAA			375Y-05EJN	2:42:57.20	
45-49	F	Marathon Distance	OW	Cornelia		Bleul-Gohlke	49	CALM	LDAA			385G-03GR5	2:38:36.35	
50-54	F	Marathon Distance	OW	Susan	H	Preston	53	STAN	LDAA			385Y-03JTT	2:24:12.20	
55-59	F	Marathon Distance	OW	Phyllis	E	Quinn	59	TOC	LDAA			385F-03F7Y	3:12:13.25	
60-64	F	Marathon Distance	OW	Jill		Wright	64	SAWS	LDAA			595T-01J02	3:47:48.40	
25-29	F	Ultra Marathon Distance	OW	Sherri	S	Forst	29	CHRM	LDAA			095D-02K6X	4:07:29.80	
30-34	F	Ultra Marathon Distance	OW	Sandra	E	Frimmerman-Bergquist	31	HOPK	LDAA			305E-04TAE	3:57:31.20	
35-39	F	Ultra Marathon Distance	OW	Sonja		Koppenwallner	38	SFTL	LDAA			505D-01Y1F	3:59:58.40	
40-44	F	Ultra Marathon Distance	OW	Kristin	E	Gutgsell	44	SWIN	LDAA			165Y-05NVP	4:35:03.80	
45-49	F	Ultra Marathon Distance	OW	Victoria	L	Rian	48	LMS	LDAA			165N-02AD8	4:01:36.70	
50-54	F	Ultra Marathon Distance	OW	Cheryl	M	Reinke	50	GS	LDAA			555N-063UX	3:52:59.70	
55-59	F	Ultra Marathon Distance	OW	Denise	H	Brown	55	MICH	LDAA			195X-01U86	4:34:58.40	
60-64	F	Ultra Marathon Distance	OW	Shirley	A	Loftus-Charley	63	VMST	LDAA			125Y-WATER	4:12:20.00	
18-24	F	1 Hour Postal		Mackenzie		Berger	23	ZAM	LDAA			1657-09JDD	0:00:00.00	
25-29	F	1 Hour Postal		Heather	D	Mohorn	27	FINS	LDAA			085C-07AKS	0:00:00.00	
30-34	F	1 Hour Postal		Sara	L	McLarty	31	CFMS	LDAA			145P-07J4H	0:00:00.00	
35-39	F	1 Hour Postal		Jessica	L	Ackerman	36	NEM	LDAA			025G-035ZK	0:00:00.00	
40-44	F	1 Hour Postal		Jayna	M	Tomac	42	OREG	LDAA			375Y-05EJN	0:00:00.00	
45-49	F	1 Hour Postal		Laurie		Hug	49	1776	LDAA			085X-0226X	0:00:00.00	
50-54	F	1 Hour Postal		Ellen	M	Reynolds	50	SAWS	LDAA			595R-01J04	0:00:00.00	√
55-59	F	1 Hour Postal		Stacey		Warmuth	58	VCM	LDAA			335Z-03ERT	0:00:00.00	
60-64	F	1 Hour Postal		Shirley	A	Loftus-Charley	63	VMST	LDAA			125Y-WATER	0:00:00.00	
65-69	F	1 Hour Postal		Barbara	G	Dunbar	65	SDSM	LDAA			445M-02BP0	0:00:00.00	
70-74	F	1 Hour Postal		Ann		Bancroft	70	TAOS	LDAA			4259-09EHH	0:00:00.00	
75-79	F	1 Hour Postal		Margit	H	Jebe	76	T2NM	LDAA			145R-01SAA	0:00:00.00	
80-84	F	1 Hour Postal		Adrienne	S	Pipes	80	SDSM	LDAA			445F-02BPX	0:00:00.00	
85-89	F	1 Hour Postal		Terry		Sokolik	87	VMST	LDAA			125R-02HND	0:00:00.00	
90-94	F	1 Hour Postal		Charlotte	E	Sanddal	92	MM	LDAA			3151-01J1R	0:00:00.00	
18-24	F	1 Mile Sprint Distance	OW	Mackenzie		Leake	21	TCC	LDAA			335N-08D15	0:21:13.25	
25-29	F	1 Mile Sprint Distance	OW	Katie	C	Kastes	26	TOC	LDAA			385R-08BBD	0:19:58.20	
30-34	F	1 Mile Sprint Distance	OW	Danielle		Becks	33	TOC	LDAA			385E-041YK	0:21:30.90	
35-39	F	1 Mile Sprint Distance	OW	Katie		Glenn	38	STAN	LDAA			3850-00I20	0:21:22.90	
40-44	F	1 Mile Sprint Distance	OW	Jayna		Tomac	43	OREG	LDAA			375Y-05EJN	0:22:53.90	
45-49	F	1 Mile Sprint Distance	OW	Laureen	K	Welting	49	TOC	LDAA			385T-03J3S	0:22:32.25	
50-54	F	1 Mile Sprint Distance	OW	Susan	H	Preston	53	STAN	LDAA			385Y-03JTT	0:19:47.55	
55-59	F	1 Mile Sprint Distance	OW	Marguerite		Meyer	56	TOC	LDAA			385B-03FG4	0:23:17.80	
60-64	F	1 Mile Sprint Distance	OW	Laura	B	Val	63	TAM	LDAA			385S-03H9F	0:21:44.55	
65-69	F	1 Mile Sprint Distance	OW	Marianne		Brems	66	MELO	LDAA			385T-03G5B	0:29:40.65	
70-74	F	1 Mile Sprint Distance	OW	Daniela		Barnea	71	STAN	LDAA			385X-03JTU	0:33:16.90	
75-79	F	1 Mile Sprint Distance	OW	Susan	L	Munn	76	DAM	LDAA			385V-03FZM	0:38:48.75	
80-84	F	1 Mile Sprint Distance	OW	Adrienne		Pipes	81	SDSM	LDAA			445F-02BPX	0:38:51.60	
25-29	F	10K Postal		Regina	A	Roach	28	WCM	LDAA			385X-0727V	3:07:44.08	
30-34	F	10K Postal		Lauren	E	Au	30	CALM	LDAA			385G-03RD5	2:38:47.53	
35-39	F	10K Postal		Michelle		McRae	39	PSM	LDAA			3658-04FBZ	2:32:12.34	
40-44	F	10K Postal		Jayna	M	Tomac	43	OREG	LDAA			375Y-05EJN	2:35:05.99	
45-49	F	10K Postal		Brooke	J	Bowman	48	SPM	LDAA			1459-004KC	2:32:52.99	
50-54	F	10K Postal		Arlene		Delmage	52	OREG	LDAA			3757-01Z4F	2:36:31.98	
55-59	F	10K Postal		Denise	H	Brown	55	MICH	LDAA			195X-01U86	2:29:33.27	
60-64	F	10K Postal		Shirley	A	Loftus-Charley	63	VMST	LDAA			125Y-WATER	2:33:33.99	
70-74	F	10K Postal		Linda		Webb	70	SFTL	LDAA			505W-02FR0	3:32:55.40	
25-29	F	2-Mile Cable		Nicole		Pressprich	27	OREG	LDAA			375B-09Z29	0:44:53.61	
30-34	F	2-Mile Cable		Sheri	L	Markwardt	30	OREG	LDAA			375T-05FRD	1:03:06.12	
35-39	F	2-Mile Cable		Jessica	E	Kieras	35	OREG	LDAA			375K-07U59	0:49:17.19	
40-44	F	2-Mile Cable		Jayna	M	Tomac	43	OREG	LDAA			375Y-05EJN	0:47:18.82	
45-49	F	2-Mile Cable		Stephanie		Denison	45	SMST	LDAA			385F-04ZG8	0:49:42.41	
50-54	F	2-Mile Cable		Arlene		Delmage	52	OREG	LDAA			3757-01Z4F	0:49:48.41	

Age														Time or	√
Group	Gender	Event	First Name	M.I.	Last Name	APP	Age	Club abbr.	LDAA	LDAS	USMS #			distance	Records
55-59	F	2-Mile Cable	Marlys	R	Cappaert		56	OREG	LDAA		375R-025XB			1:00:57.05	
60-64	F	2-Mile Cable	Jeanna		Summers		61	OREG	LDAA		375M-000PT			0:58:36.46	
65-69	F	2-Mile Cable	Joanne		Menard		67	MMAC	LDAA		485Y-02FIY			0:57:28.31	
18-24	F	3000 yd postal	Kelsey		Liu		23	UC28	LDAA		286V-0A4V8			36:08.29	
25-29	F	3000 yd postal	Sara	E	Holman		28	CMS	LDAA		325I-05UV9			36:13.94	
30-34	F	3000 yd postal	Catherine	B	Wallace		34	YCSC	LDAA		555K-09UMR			35:50.28	
35-39	F	3000 yd postal	Kari		Yocum		38	PALM	LDAA		555T-07KCE			40:14.00	
40-44	F	3000 yd postal	Jayna	M	Tomac		43	OREG	LDAA		375Y-05EIN			36:32.84	
45-49	F	3000 yd postal	Haleigh	A	Werner		46	PSM	LDAA		3654-02MOU			35:52.34	
50-54	F	3000 yd postal	Laurie		Hug		50	1776	LDAA		085X-0226X			34:33.70	√
55-59	F	3000 yd postal	Denise	H	Brown		56	MICH	LDAA		195X-01U86			38:24.87	
60-64	F	3000 yd postal	Shirley	A	Loftus-Charley		64	VMST	LDAA		1262-WATER			38:56.09	
65-69	F	3000 yd postal	Joanne		Menard		67	MMAC	LDAA		485Y-02FIY			46:45.73	
70-74	F	3000 yd postal	Linda		Webb		70	SFTL	LDAA		505W-02FR0			50:13.92	
75-79	F	3000 yd postal	Patricia	M	Bond		77	SYSM	LDAA		1456-02RDM			54:04.06	
80-84	F	3000 yd postal	Adrienne	S	Pipes		81	SDSM	LDAA		446G-02BPX			1:01:32.43	
90-94	F	3000 yd postal	Charlotte	E	Sanddal		93	MM	LDAA		316Y-01JRI			2:08:18.00	
18-24	F	5K Postal	Sydney	E	Anderson		23	PSM	LDAA		3653-06ZAW			1:08:42.33	
25-29	F	5K Postal	Mary	E	Holman		28	CMS	LDAA		325P-06REH			1:11:01.86	
30-34	F	5K Postal	Alexis		Underwood		31	GAJA	LDAA		455W-073GW			1:13:04.20	
35-39	F	5K Postal	Ashley	A	Whitney		36	NASH	LDAA		155E-02IRZ			1:06:59.99	
40-44	F	5K Postal	Jayna	M	Tomac		43	OREG	LDAA		375Y-05EIN			1:11:56.60	
45-49	F	5K Postal	Rebecca	L	Friedlander		48	CMS	LDAA		325Z-02DSU			1:14:10.07	
50-54	F	5K Postal	Jutta		Schickore		50	DOC	LDAA		165V-02B6V			1:10:34.11	
55-59	F	5K Postal	Denise	H	Brown		55	MICH	LDAA		195X-01U86			1:14:08.31	
60-64	F	5K Postal	Shirley	A	Loftus-Charley		63	VMST	LDAA		125Y-WATER			1:14:29.33	
65-69	F	5K Postal	Meredith	A	Moore		65	T2NM	LDAA		145A-01S4X			1:31:05.89	
70-74	F	5K Postal	Linda		Webb		70	SFTL	LDAA		505W-02FR0			1:37:55.25	
75-79	F	5K Postal	Patricia	M	Bond		77	SYSM	LDAA		1456-02RDM			1:48:15.26	
18-24	F	6000 yd postal	Jenny	L	Mohn		23	DAM	LDAA		385F-09HD8			1:21:58.99	
25-29	F	6000 yd postal	Mary	E	Holman		29	CMS	LDAA		325P-06REH			1:16:17.25	
30-34	F	6000 yd postal	Meghan	L	LaPoint		32	WMAC	LDAA		2053-09546			1:40:41.39	
35-39	F	6000 yd postal	Melanie	H	Gentles		38	DAM	LDAA		3863-07IK6			1:24:50.00	
40-44	F	6000 yd postal	Jayna	M	Tomac		43	OREG	LDAA		375Y-05EIN			1:14:45.07	
45-49	F	6000 yd postal	Charlotte	J	Brynn		49	NEM	LDAA		026Y-034BA			1:18:22.97	
50-54	F	6000 yd postal	Kimberly	D	Elsbach		52	DAM	LDAA		385W-DONUT			1:16:48.00	
55-59	F	6000 yd postal	Sharon	V	Smith		57	TXLA	LDAA		435P-04KHX			1:15:35.00	
60-64	F	6000 yd postal	Shirley	A	Loftus-Charley		63	VMST	LDAA		125Y-WATER			1:18:23.12	
65-69	F	6000 yd postal	Greta		Van Meeteren		68	NCMS	LDAA		135D-0232R			1:56:31.20	
70-74	F	6000 yd postal	Linda		Webb		70	SFTL	LDAA		505W-02FR0			1:45:24.89	
80-84	F	6000 yd postal	Barbara	A	Bolanos-Moore		82	UTAH	LDAA		3469-02DIM			3:12:28.46	