

2018 RRV Mile Meet – February 23-25, 2018

Event Hosted By:	Red River Valley Wahoos
Approved By	Held under the sanction of USA Swimming. Sanction issued by the ND LSC.
Meet Sanction #:	ND2722
Liability	In granting this sanction it is understood and agreed that USA Swimming shall be from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Purpose	To encourage and promote good sportsmanship, competitive swimming among all athletes and to have fun. <u>Good sportsmanship is required of all athletes, coaches, officials, and spectators.</u>

Meet Referee	Matt Nilles (701) 741-5538 mlnilles@gra.mdico.net	Admin Official	Janna Schill
		Starter	Andy Gasparini
		Other Officials	Bryon Hills Dawnita Nilles
		Safety Marshall	Jason Uhlir

Meet Manager / Entries

Name Janna Schill
Phone # (701) 213-0610
Email Address Rrv.meetmanager@gmail.com

Entry Deadline

Electronic Copies February 18, 2018 at 10:00 PM Central Time
Paper Entries February 12, 2018

Electronic Entries are preferred. In addition to Hytek compatible entry file please send a pdf of Relays and Individual Entries

Meet Site UND Hyslop Pool
Address 2751 2nd Ave North (South Facing Entrance)
Grand Forks, ND 58202

The meet location is the University of North Dakota Hyslop Sports Center at the corner of 2nd Avenue North and Columbia Road on the UND campus. The south-facing door(s) are the primary entrance.

Facility Information The UND Hyslop Pool is an eight lanes by 50 meters with bulkheads dividing it into 25 yards for short-course length. Starting blocks are at the east end of the pool and the depth of the pool is 13 feet. There is a Daktronics timing system and complete scoreboard which displays the swimmers' names for each event. The competition pool conforms to USA Swimming Rules and Regulations – 2010 Article 103.3. The pool is certified in accordance with USA Swimming requirements 104.2 C (3).

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Timing Information	A DakTronics electronic timing system with two backup buttons and watches, horn start, and touch pads at the start end of the pool will be used.
Course Certification	The competition pool conforms to USA Swimming Rules and Regulations, Article 103.3. The competition course has been certified in accordance with 104.2.2C (3) and (4). The copy of such certification is on file with USA Swimming.
Eligibility / Meet Type	Age as February 23, 2018 shall determine age group for swimmers, including age group relays. Entries are open to 2018 registered USA & CASA swimmers..
Disability Statement	Swimmers with permanent disability as defined by USA Swimming are welcome to participate in any ND Swimming sanctioned meet in any event corresponding to the swimmer's gender within the daily individual event limit for the meet. The entering coach or swimmer must contact the meet referee to discuss any modification for the disabled swimmer to participate.
Racing Start Proficiency	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
USA Swimming Membership	<p>ALL current 2018 registered athlete member of USA Swimming are eligible to participate.</p> <p>No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.</p> <p>Current 2018 USA Swimming coaches' registration with required additional certification is required of all Coaches. Upon request, Coaches must be able to provide proof of current certification. Deck pass is an acceptable form of proof of membership.</p>
Swimmers without a coach present	USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in arranging for such supervision. Coaches are encouraged to make arrangements in advance if they cannot attend the meet with their swimmers.
Officials	All officials will be USA Swimming certified officials. An Officials meeting will be held <u>45 minutes</u> before the start of each Session. Uniform for officials is a white North Dakota Officials polo shirt with khaki shorts, pants or skirts, with white shoes.
Rules	<p>Current USA Short Course rules and safety policies as adopted by the NDLSC and USA Swimming Rules and Regulations 2018 edition will govern the meet.</p> <ul style="list-style-type: none">• This is a timed final meet for 10 & Under athletes. 11 & Older will compete in a preliminary/final format unless event is stated as a time final in the meet order of events.• The whistle protocol and horn start with no recall for false starts will be used.• The Meet Referee has the right to combine any events or heats.• <u>If timeline exceeds the 4 hour time limit in the 10 & Under sessions relays will be scratched.</u>• Swimmers should appear at designated area which will be addressed at the coaches meeting prior to the start of the meet Swimmers arriving at the blocks and not ready to swim when their heat is called will be scratched from the event.

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- Individual and relay events will be accepted with no times (NT).
- Swimmers names and USA/CASA registration numbers are to be submitted at time of entries.
- Events may be seeded and swam as mixed-gender events.
- All events will be swam based on entry time with the fast entry times being swam in the last heat of each event.
- NT entries will be accepted.
- All relays may be swam as mixed gender relays.

On Deck Registration

On deck registrations will NOT be accepted for this meet.

Warm-up & Safety Policy

Warm-ups will be a minimum of one hour. North Dakota Swimming, Inc. warm-up procedures and safety guidelines will be in effect at this meet. Backstroke swimmers must step into the water feet first. Safety Marshalls will remind all swimmers and athletes on deck of any violation of NDLS and US Swimming safety policies.

Only Swimmers, coaches, officials, and working volunteers will be allowed on the pool deck. The locker rooms are for swimmers only. Safety Marshalls will check credentials.

Awards

Individual ribbons:	1-16	Relay ribbons:	1-
3			

Individual event awards will be based on USA Swimming's Standard Age Groups, 8 & U, 9-10, 11-12, 13-14, 15 & Older. 19 & Older will not receive awards.

Relay event awards will be in the following age groups: 8 and under, 10 and under, 12 and under, 13-18; 19 and older. 19 and older will not receive awards.

Entry Limitations:

11 and older (3 days): 7 individual events and 2 relays
10 and under (3 days): 8 individual events and 2 relays

Entry limitations per day:

Friday – 1 individual event/day

Saturday & Sunday – 11 and older athletes: 3 individual events/day; 1 relay per day

10 and under athletes: 4 individual events/day; 1 relay per day

8 and under relays may consist of any combination of male and female athletes.

All other mixed relays must have a relay combination of 2 males and 2 females.

Time Trials

Time trials will not be offered at this meet.

Swimsuits:

Current US Swimming policies governing swimsuits will be in effect and enforced.

Deck Changing:

Deck changing is not allowed.

Audio or Visual Recording Devices:

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the start blocks.

Operations of Drones

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

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Meet Jury	<p>A meet jury will be formed by the meet referee. It will consist of one official (not the Meet Referee), and a Coaches' Rep. from the smallest and largest teams represented. Until the Meet Jury renders a decision, the swimmer may compete under protest.</p> <p>An announcement to this effect shall be made prior to the race. The results of any race conducted under protest shall not be announced, nor prizes awarded, nor points scored until the jury has determined if and how their decision may affect the final scoring or awards.</p> <p>The decision of the jury may be appealed by either party to the Central Zones Board of Review, pursuant to Article 401.</p>
Changes to the Meet Information:	<p>Any changes to the meet information will be discussed, reviewed, and voted on at the coaches meeting held before the beginning of the first session of the day. Changes must be approved by a unanimous vote of coaches in attendance at the appointed meeting.</p>
Concessions	<p>Concessions of beverages, snacks, meet programs, and apparel will be available in the upper level of the pool area.</p>
Parking Information	<p>Free in the lot directly west (closest to the overpass bridge) of the south-facing pool entrance.</p> <p>Patrons may also park in the parking ramp on 2nd Ave. The rate is \$1.50 for the first hour and a dollar every additional hour up to \$7 dollars for the entire day. Payment may be made at the lanes by credit card when leaving or by cash at the pay station in the Southwest tower in the ramp.</p>
Food & Container Policy	<p>TEAMS ARE RESPONSIBLE FOR CLEANING UP THEIR AREAS AT THE CONCLUSION OF EACH SESSION.</p>
Programs	<p>Programs containing seeded events for all sessions will be available for purchase at concessions. The cost of the program for 3 days will be \$10. The estimated start times will be posted in the programs but will not be used as the official timeline.</p>
Lodging	<p>Please contact the Grand Forks CVB if you are need of assistance for hotels.</p>

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Meet Schedule

Officials meeting: 45 minutes prior to the start of each session in the pool office.

Timers meeting with Chief Timer: 30 minutes prior to the start of each session.

Coaches meeting with referee 15 minutes prior to the start of each session in the pool office.

Friday February 23

Session 1: Warm-ups begin at 6:15 pm. Session will start at 7:15 pm.

Events 1 & 2 will be held simultaneously in 2 pools.

The primary competition pool (Pool A) will have the 1650 Freestyle seeded fastest to slowest.

The secondary/warm-up pool (Pool B) will have the 500 Freestyle seeded fastest to slowest.

Saturday Feb 24

Session 2: 11 & up: Warm-ups will begin at 7:15 AM. Session starts at 8:30 AM.

Session 3 – 10 and under: Warm-ups: TBA. Session start will be determined after entries received and seeded.

Session 4- Finals – 11 & Up – A Final – Warm-ups: TBA; Session start – TBA

Sunday Feb 26

Session 5: 11 & Up: Warm-ups will begin at 7:00 AM. Session starts at 8:15 AM.

Session 6 – 10 and under: Warm-ups: TBA; Session starts: TBA

Session 7- Finals – 11 & Up – A Final – Warm-ups: TBA; Session: TBA

Meet Guidelines

1. Friday night events (Events 1 and 2) will be swam as a timed final event for all ages.
2. The 1650 Free will be seeded from Fastest to Slowest. The Fastest heat will swim in the competition pool. Any other heats will swim in either the competition or warm-up pool after conclusion of the 500 Freestyles.
3. The 12 & Under (Event 2) 500 Free will be seeded from Fastest to Slowest. All 500 Frees on Friday night will swim in the warm-up pool.
4. Saturday and Sunday 11 and older events will be a Preliminary/Final Format. The meet referee reserves the right to swim any events that have less than 8 swimmers as a timed final event only.
5. Preliminary sessions will be seeded and swam as mixed events.
6. Please note that any event with fewer than 8 swimmers may be swam as a timed final.
7. The last three heats of all Preliminary events will be circle seeded.
8. The top 8* Finalists from all Preliminary sessions will swim during the evening Finals: 1st – 8th in Finals.
 - a. Additional information:
 - b. An “A” Final (Top 8) will be offered in finals on Saturday and Sunday for the following age groups:
 - i. 11-12 Girls; 13-14 Girls; 15 & Older Girls
 - ii. 11-12 Boys; 13 & Older Boys
9. The fastest heat of the 500 free on Saturday (Session 2/4) will swim in finals.
10. Timed Final sessions (10 and under sessions) will be seeded and swam as mixed events.
11. Saturday and Sunday 10 and under events will be a Timed Final Format. Warm-up and Start Times for 10 and under will be published after the event entries are seeded.
12. 8 and under 25 yard events will start on the turn end.
13. No time (NT) entries will be allowed for this meet.
14. National scratch procedures per current USA Swimming Rule Book, Section 207.11.6 will be enforced.
15. Swimmers’ and Coaches’ Responsibilities – It shall be the swimmers’ and coaches’ responsibility to acquaint themselves with all of the information in this meet announcement and any details discussed at the Coaches Meeting which will be held before each session in the pool office.
16. The Meet Referee will be the final authority for conduct of the meet.
17. The Meet Director will determine the warm-up lane assignments.

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Entry Fees:

\$5.50 per swimmer for NDLSC fee.

\$27.00 per swimmer for timer/pool rental

\$1.50 per swimmer per individual event

\$3.00 each relay event.

Summary cost per calculation sheet is attached.

Checks must accompany entries and made payable to: RRV Wahoos

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Fee Calculation Form – return with your entry

Club Name: _____ Club Abbreviation: _____

Coach: _____ Coach's Cell Phone # ()

Entries Chair: _____ Phone # ()

#		Amount		Number		Number
	Total Swimmers x \$5.50 NDLS Fee =					
	\$27 per swimmer for timer/pool rental					
	\$1.00 per unattached swimmer (if applicable)					
	Total Individual Events x \$1.50 =		# of boys		#	
	Total Relay Events x \$3.00 =		# of boys		#	
			Total Boys		Total Girls	
	Total Due =					

Make checks payable to: Red River Valley Wahoos. **All fees are due with your entry.**

Summaries should be mailed to the following:

Janna Schill
4189 Sun Circle
Grand Forks, ND 58201

Mail Payment to:

Red River Valley Wahoos
c/o Janna Schill
4189 Sun Circle
Grand Forks, ND 58201

Email : rrv.meetmanager@gmail.com

Who should RRV contact if we have a problem with your entry?

PRINT CLEARLY and provide an e-mail contact you trust!

Name: _____ E-Mail: _____

Day Phone # () Evening Phone # ()

ENTRIES DUE Electronic Entries (via email to Meet Manager): Feb 18, 2018 at 10 PM Central time

Paper Entries (with email backup) – Postmark <Postmark Date: February 12, 2018

Late ENTRIES WILL BE CHARGED A \$50.00 LATE FEE