

2018 MAC Winterfest



Hosted by Missoula Aquatic Club

February 2-4, 2018

**Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc. Sanction 1071.**

**Meet Referee** **Meet Director** **Meet Registrar**

Curt Jacobson Jed Dennison Jay Friend

cjacobson@ctgmt.com 406-531-1216 406-370-2154

[director@macswim.org](mailto:director@macswim.org) [meet@macswim.org](mailto:meet@macswim.org)

P.O. Box 7434 Missoula, MT 59807

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| --- | --- |
| **FACILITY** | The meet will be held at the Grizzly Pool, which is located next to the Fieldhouse, southwest of the UM Washington Grizzly Football Stadium on the campus of the University of Montana in Missoula. The pool is a seven lane, 25 yard regulation short course pool. The pool is 12 feet deep at the start end and 3.5 feet deep at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).Warm up/cool down lanes are not available.  The timing system is Colorado Timing System 6 with touchpads at both ends of the pool, including three manual backup systems. New Spectrum Xcellerator starting platforms give swimmers exposure to the latest racing advantage. Spectrum back stroke wedges are available to swimmers. |
| **MEET FORMAT** | **Friday and Sunday events are timed finals. Saturday events are timed finals for 10 & under and prelims/finals for 11 and older for all events except the 400 IM.** Finals on Saturday no earlier than 1 hour at the end of the prelims session. **Finals will be run as A finals for the 11-12 age group and A and B finals for 13 and Over.** *All 25 yard events will be swum 8 & under; 50 Fly, back, and Breast 12 & under; 100 Fly, Back, and Breast and all 200 events will be swum 9 & over; 1650 Free, 500 Free, and 400 IM will be swum 11 & over.* Relays will be seeded and swum 10&U and 11&Older. The events will be scored and awarded 8 & U, 9 & 10, 11-12, 13 & Over. Swimmers must be USA Swimming registered in order to participate in finals, receive awards and score points. The 1650 Free and 400 IM will be swum mixed, fastest to slowest. All events will be scored and awarded by age group and sex. **Swimmers will need their own lap counters for the 500 Free and 1650. Timing for the Friday night events will be performed by MAC volunteers. Swimmers will need their own timers for the 400 IM.** |
| **SAFETY** | The Montana Swimming Safety guidelines are in effect for this meet and will be enforced. For circle swimming during warm-ups and cool downs, swimmers must enter the pool using a three point entry. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated. A safety marshal will be on deck. |
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| **RACING STARTS** | Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with the entries. |
| **RULES** | This meet will be conducted in accordance with the current USA Swimming and Montana Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.    Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. **Visual recording devices, including cell phones, are not permitted behind the starting blocks.**  Operation of drone, or any flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.  Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.  No glass containers, tobacco, or alcoholic beverages are allowed in the swimming venue. No food is allowed on deck. Food will be allowed in the stands above the deck.  The USA Swimming Code of Conduct and athlete protection provisions will be enforced. All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming.  Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet.  This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.  This is a closed deck meet. |
| **ELIGIBILITY** | All swimmers must be registered with USA Swimming, Inc. If the meet has a Masters sanction then any masters swimmer may use their current USMS ID to swim in the meet and will not need to be registered with USA Swimming. Swimmers must be registered prior to entry deadline. We allow for on-deck registration, the USA registration Fee $88.00 plus a $25.00 penalty for late registrations in addition to entry fees. *Age as of the first day of the meet shall determine the age group in which the swimmer must compete.* |
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| **SWIMMERS WITH DISABILITIES** | MAC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources. Failure to provide advance notice may limit the Missoula Aquatic Club’s ability to accommodate all requests. |
| **ENTRIES** | 1. Entries are to be submitted using one of two methods: 2. 1. Teams should e-mail entries to [meet@macswim.org](mailto:meet@macswim.org) using Hy-Tek or Team Unify software (preferred method) by January 25, 2018. Along with your meet entry file, include your team meet entry report (relay and individual entries) and team entry fee report from Team Manager or Team unify (in PDF, word or rich text format). Do not include relay swimmer names with your relay entries. Please e-mail all reports. Completed paperwork, signed waiver, team entry report, and entry fees must be received by January 25, 2018. 3. 2. Individuals (not teams) without access to Hy-Tek or Team Unify software may submit entries on the enclosed master entry sheet. Hy-Tek Lite entry software may be downloaded for Free from the Hy-Tek website to enter swimmers. Swimmers may also e-mail the entry data to the registrar January 25, 2018. Entry information must be completely filled out as follows: first and last name age, and sex of swimmer as well as USAS/FINA/USMS registration number of each swimmer along with event and entry time.   3. All relay-only swimmers must be listed and pay the per swimmer surcharge. |
| **ENTRY LIMITS** | Each swimmer may compete in a maximum of **8** individual events; **11 and older may swim a maximum of 3 individual events on Saturday**. **10 and under may swim 4 individual events on Saturday and 4 individual events on Sunday.** Swimmers shall be seeded on the basis of their submitted times. *Entrants shall submit their fastest officially recorded times in either yards or converted meters.* “No time” entries will be accepted. There may be deck entries but only in available lanes. |
| **ENTRY VERIFICATION** | An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt. |
| **ENTRY DEADLINES** | The Meet Registrar must receive team entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted but there will be a $25 late charge. Entries must be received by: January 25, 2018. Mail fees to Bill Rosen, Missoula Aquatic Club, P.O. Box 7434, Missoula, MT 59807.  Phone/e-mail entries for individuals only (not teams) will be accepted until January 25, 2018. Send the individual entries to Jay Friend at [meet@macswim.org](mailto:meet@macswim.org). Entry fees for the individual entries must be received prior to the start of the meet. No text messages will be accepted for entries or entry questions. |

**ENTRY FEES**

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| Make checks payable to: Missoula Aquatic Club (MAC) in US dollars; All fees are non-refundable | |
| Individual Event | $3.00 per event |
| Relays | $5.00 per relay |
| Surcharge | $18.00 per Swimmer surcharge |
| Late Charge | $25 after stated due date deadline for teams and individuals as documented above |

An entry fee of $18.00 plus $3.00 per event will be charged for each swimmer competing in the meet. There will be a charge of $5.00 per relay team. Entry fees must accompany the entries in US dollars. Please make checks payable to Missoula Aquatic Club (MAC). Entries will not be accepted without payment of entry fees and proper paperwork. Waivers must be signed. **There will be no refunds. If the referee accepts late entries there will be a $25 fee for late entry fee charged plus double the entry fees for any events entered.**

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| **SEEDING** | Swimmers should enter with their fastest officially recorded time in yards (or enter with a converted LCM or SCM time). Times will be seeded in yards. Swimmers will be seeded slowest to fastest in all events except as noted. Finals will be swum fastest to slowest. Events will alternate girls and boys. The 400 IM, 500 Free and 1650 events will be mixed open, seeded fastest to slowest. |
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| **CHECK-IN** | A positive check-in, at the timing table, will be required for the following events: 500 Freestyle, 400 IM, and 1650 Freestyle. Check-in for 1650 Freestyle must be completed at the start of warmups on Friday evening. Swimmers in the 400 IM and 500 Free must check in by 7am Saturday. |
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| **SCRATCHES** | There will be no clerk of course. Heat and lane assignments will appear in the program. Swimmers are responsible for taking their position behind the blocks. Coaches should report scratches on the scratch sheet or to the meet referee prior to the start of the meet both days. There will be no penalty for swimmers who fail to scratch from an event. Swimmers will be scratched at the blocks.  Scratch policy for finals will be ½ hour after the results for each event is announced and posted. Failure to show up for a finals event without a scratch will result in automatic scratch of the swimmer’s following event (even if the event is on the following day). Failure to scratch resulting in no show of the swimmer’s final event will result in a $5.00 fine. |
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| **SCORING** | All scoring will be on a fourteen (14)-place basis except for relays, which will be top 3 places.   * Individual events: 17-14-13-12-11-10-9-7-6-5-4-3-2-1 * Relays: 20-15-10 |
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| **AWARDS** | **Medals will be awarded for the first through seventh place and ribbons for 8-14 in each individual events and metals for the first three places in the relays.** There will be Individual age group high point awards girls and boys for the first three places in each age group: 8&U, 9&10, 11&12, and 13&O. Each team shall designate a responsible adult to pick up the awards at the conclusion of the meet. There will be no awards ceremony. |
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| **RESULTS** | Results will be posted to the Montana Swimming web site at <http://www.mtswimming.com> |
| **WARM-UPS** | In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. On Saturday and Sunday there will be a open warm-up session starting at 6:30 am, with the general session warmups starting at 7:00 am. The 10&U session 30 minute warmup session wiill begin on Saturday 15 minutes after the conclusion of the 11&Over session. Finals warm-ups on Saturday will begin no earlier than 15 minutes after the conclusion of the 10&U session and will be 45 minutes in length.  The referee reserves the right to insert 5-10 minute warm-up breaks throughout the meet as needed.  Swimmers should enter the pool using a three-point entry for warm-ups. Warm-up times are subject to change depending upon the number of entries. Teams will be notified of any changes by January 28, 2018. Warm-up schedules will be posted on January 31, 2018 to the MT Swimming website. |
| **OFFICIALS/TIMERS** | Teams will be asked to provide timers. Timing assignments will be posted on January 31, 2018 on the Montana Swimming Website**.** Missoula Aquatic Club will provide timers for Friday’s session and Saturday’s 11 and Over Finals Session. Teams will be asked to the extent possible to provide certified meet officials. On-deck training time will be available for those wishing to train as an official. E-mail the meet referee prior to the meet if you plan to officiate and sign in at the officials meeting each day in the hospitality room. Trainees should attend the pre-meet officials meetings daily and sign in. All officials on deck must be registered and certified with USA Swimming and registrations will be verified by the MT Swimming Registration Chair. Any official’s assistance will be greatly appreciated and will help to ensure a great meet for the swimmers**.**  The officials’ meeting on Saturday and Sunday will begin at 7:30am. The officials meeting for the 10&U sessions will be during that sessions warmup period. For the finals session the meeting will be 30 minutes before the start of finals. |
| **COACHES** | All coaches on deck must be registered and certified with USA Swimming. Coach registration will be verified with the MT Swimming Registration Chair. There will be a coaches meeting on Saturday at 8:00am in the hospitality room. Other meetings may be held at the meet referee’s discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings. |
| **PROTESTS**  **HOSPITALITY**  **CONCESSIONS/**  **SWIM SHOP** | All protests should be given to the meet referee.  There will be a hospitality area open to all coaches and officials.  Refreshments will be available at the concession stand. The Missoula Aquatic Club parentswill be operating a concession stand and swim shop during the meet serving a variety of healthy foods for breakfast, lunch and snacks. |
| **SPECTATORS** | **This is a closed deck meet.** Only athletes, certified coaches, officials, timers, and meet management may be on deck, *except that* ***one*** *parent of eight and under swimmers may accompany swimmers to the start area and* ***may be on deck two heats prior and one heat after that event*.** |

# MAC 2018 WINTERFEST INVITATIONAL EVENTS

**FRIDAY, February, 2018**

Warm-ups 5:15pm

Meet Starts: 6:00pm

**1 TF 11 & Over Mixed 1650 Free**

10 minute warm-up period

**Girls Boys**

**3TF 11 & 200 Fly 4TF**

**SATURDAY, February 3, 2018** **SUNDAY, February 4, 2018**

**Open warmups begin 6:30 am Open Warmups begin at 6:30 am**

**General Session Warmups start at 7:00 am General Session Warmups start at 7:00 am**

**10 minute warmup before both the 500 free**

**and 400 IM**

**Girls Boys Girls Boys**

5 TF 11 & Over 200 Free Relay 6 TF

7 11 & Over 500 Free 8 43 TF 10 & U 200 Medley Relay 44TF

9 11 & Over 100 Breast 10 45 TF 11 & 0ver 200 Medley Relay 46TF

11 11 & 12 50 Fly 12 47 TF 9 & Over 200 IM 48 TF

13 11 & Over 100 Back 14 49 TF 8 & U 25 Fly 50TF

15 11 & 12 100 IM 16 51 TF 9 & Over 200 Breast 52TF

17 11 & Over 100 Fly 18 53 TF 8 & U 25 Breast 54TF

19 11 & Over 50 Free 20 55TF 11 & Over 100 Free 56TF

21TF 11&Over 400 IM 21

57TF 9 & Over 200 Back 58TF

59 TF 12 & U 50 Back 60TF

61TF 9& Over 200 Free 62TF

63TF 12 & U 50 Breast 64TF

**10 and Under**

**30 minute Warmups will be begin immediately**

**after the completetion of the Prelims session**

23 TF 10 & U 200 Free Relay 24 TF

25 TF 10 & U 100 Free 26 TF

27 TF 8 & U 25 Back 28 TF

29 TF 9 & 10 100 Fly 30 TF

31 TF 10 & U 50 Free 32 TF

33 TF 9 & 10 100 Breast 34 TF

35 TF 8 & U 25 Free 36 TF

37 TF 10 & U 100 IM 38 TF

39 TF 10& U 50 Fly 40 TF

41 TF 9-10 100 Back 42 TF

**Finals**

**Finals warmups will begin no earlier than 15 minutes after the completion of the 10&U session**

**2018 MAC WINTERFEST Entry Fee Summary and Waiver/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to Missoula Aquatic Club (MAC):

To Bill Rosen P.O. Box 7434, Missoula, MT 59807; [meet@macswim.org](mailto:meet@macswim.org).

|  |  |
| --- | --- |
| Team Name |  |
| Club Code |  |
| Coach |  |
| Coach Phone |  |
| Coach Email |  |
| Team Address |  |

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| --- | --- | --- | --- |
| Item | Total Number | Cost per | Total |
| Individual Entries |  | $3.00 per event |  |
| Relay Entries |  | $5.00 per relay |  |
| Swimmer Surcharge |  | $16.00 per swimmer |  |
| **Total Fees Due** |  |  |  |

**Waiver, Acknowledgement and Liability Release:**

**I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. Swimmer and coach registration will be verified. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Montana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. MAC, UM Grizzly Pool, Montana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team’s swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.**

**We hereby submit our team’s entry sheets and fees for your upcoming meet and verify that the above named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming; Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**SIGNATURE (Coach or Club Representative) CLUB**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_TITLE DATE**

## **2018 MAC WINTERFEST**

### February 2-4, 2018

## **Entry Summary & Waiver**

Team Name

Team Representative Phone # - Best time to call

E-mail address

Total # of swimmers at $16.00 $

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Total # of Individual Events at $3.00 $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Total Number of relay teams at $5.00 $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Grand Total $

### **Waiver**

In consideration of the acceptance of this entry, I/we the undersigned parent, guardian or coach, hereby, for ourselves, our heirs, administrators, assigns, release and forever discharge any and all rights and claims for damages I/we have against MAC Fall Invitational, U of M Grizzly Pool, Montana Swimming, USA Swimming, their agents, representatives, successors or assigns for any or all injuries arising of our travel to and from, or participating in said meet. It is agreed that the team shall be responsible for any damages caused to facilities or equipment by any members of the team.

#### Signature(s) of Club Official, Parent, Guardian, or Coach

**\_\_\_\_\_\_\_\_**

#### Street Address City State Zip

#### Affiliation to Club Date

##### Montana Swimming -- USA Registration Confirmation

We hereby submit our team’s entry sheets and fees for your upcoming meet and verify that the below named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming; Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.

Coach’s Name

Coach’s Name

We further verify that all our entered swimmers are registered athlete members of USA Swimming or the FINA equivalent for the current year.

Signature

Name

Club Position Or Title

It is most important that the above information is completed and this form returned with your entries.

**Meet Name: 2018 MAC WINTERFEST**

**Meet Date: February 2-4, 2018**

**Location: Grizzly Pool, University of Montana, Missoula, MT**

**Host Team: Missoula Aquatic Club**

###### RELAY ENTRY SHEET

**Event: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Event No. \_\_\_\_\_\_\_\_\_\_ Age Group\_\_\_\_\_\_\_\_\_\_ F \_\_\_\_\_ M \_\_\_\_\_ Mixed\_\_\_\_\_\_\_**

Team A Team B Team C

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Event:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Event No. \_\_\_\_\_\_\_\_\_\_ Age Group\_\_\_\_\_\_\_\_\_\_ F \_\_\_\_\_ M \_\_\_\_\_ Mixed\_\_\_\_\_\_\_

Team A Team B Team C

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Event:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Event No. \_\_\_\_\_\_\_\_\_\_ Age Group\_\_\_\_\_\_\_\_\_\_ F \_\_\_\_\_ M \_\_\_\_\_ Mixed\_\_\_\_\_\_\_**

Team A Team B Team C

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**MASTER ENTRY FORM**

2018 MAC WINTERFEST

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Meet: February 2-4, 2018 Grizzly Pool, Missoula, MT

Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Coach: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_E-mail address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| Name | Age | Sex | USA # | Event# | Event# | Event# | Event# | Event# | Event# | Event# | Event# | Fees |
|  |  |  |  | Time | Time | Time | Time | Time | Time | Time | Time |  |
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Total Swimmers this sheet: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x $16.00 = \_\_\_\_\_\_\_\_\_

Total Individual Events this sheet: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x $3.00 = \_\_\_\_\_\_\_\_\_

Total Relays this sheet: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x $5.00 = \_\_\_\_\_\_\_\_\_

**Total Due this sheet: $ \_\_\_\_\_\_\_**

http://www.usms.org/logos/USMS_Logo_Horz_tm_200x38.jpg **PARTICIPANT WAIVER AND RELEASE OF LIABILITY,**

**ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. (“USMS”) allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities (“Event” or “Events”); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the “Agreement”);

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events**.** I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers (“Risks”). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively**,** the “Released Parties**”**), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys’ fees) of any kind or nature (“Liability”) which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

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| Last Name | First Name | MI | Sex (circle)  M F | | Date of Birth (mm/dd/yy) |
| Street Address, City, State, Zip | | | | | |
| Signature of Participant | | | | Date Signed | |

***Revised 07/01/2014***

**HOTELS**  The following are some of the Missoula Area Hotels:

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| --- | --- | --- | --- | --- |
| **LaQuinta Inn** Missoula  5059 N Reserve St  406-549-9000 | **Broadway Inn Conference Center**  1609 W. Broadway St  406-532-3300 | **GuestHouse Suites**  3803 Brooks St  406-251-2665 | **Days Inn** Missoula University  201 East Main St  406-5437221 | **Quality Inn and Suites**  4545 N. Reserve St  406-542-0888 |
| **Howard Johnson**  3530 Brooks Street  406-251-2250 | **TownePlace Suites**  3055 Stockyard Rd  406-721-6000 | **Hampton Inn** Missoula  4805 N. Reserve St  406-549-1800 | **Super 8** Missoula/Brooks Street  3901 S. Brooks St  406-536-0519 | **Holiday Inn** Missoula Downtown  200 South Pattee  406- 532-2054 |