

28th Annual Polar Bear Classic Sunday January 28, 2018 9:00 AM warm-up 10:00 AM meet start



Meet director: Jim Stites, <u>swim1@qwest.net</u> or (520) 621-4203.

Sanctions: Sanctioned by AZ LMSC for USMS Inc. Sanction number: 488- xxxx

Eligibility: Open to all registered Masters swimmers holding a valid 2018 USMS card. For further information on registration contact the AZLMSC Registrar, Katy James at katyjamesswims@gmail.com.

Rules: 2018 USMS rules apply. Limit of five (5) individual events. Breaks as requested. Age for the meet is your age on January 28, 2018. You may enter the 1000 or the 1650 but not both.

Entries and fees: Entries must be <u>received by</u> January 20, 2018. Flat rate fee of \$45.00 for a maximum of 5 events. Only enter events you plan to swim. Please use an Arizona LMSC consolidated entry card; fill it out completely front and back and be sure and enter seed times for all events you wish to swim. Consolidated entry cards are available online at www.azlmsc.org.

Mail check made out to Ford Aquatics and include a consolidated entry form and a photocopy of 2018 USMS card to Jim Stites, PO Box 44233, Tucson, AZ 85733; questions?, email Jim at swim1@qwest.net.

There is a \$5 discount for online registration. The online registration deadline is 1/20/2018 at 6:00pm. Save time and money by registering online using the link below.

Online Entry Link:

Long distance events: The 1000 and the 1650 events will be run slowest to fastest, ages and sexes combined. You may swim either the 1000 or the 1650 but not both. Positive check-in by 9:30AM is required for the 1000 and 1650 events.

Deck entries: \$10.00 surcharge plus \$10.00 for each event. Meet will be pre-seeded. Deck entries will be seeded into outside lanes on an as available basis (we will not add extra heats for deck entries). Deck entries will close at 9:30 AM sharp!

Event seeding: All events will be swum slowest entry times to fastest entry times.

Raffle Prizes: This meet is sponsored by TYR. We will be raffling off TYR gear during the meet.

Facility: University of Arizona Hillenbrand Aquatic Center located on Campbell Avenue between 6th Street and Speedway (1827 E. Enke Dr., Tucson, AZ 85721). Outdoor, 18 lane, 25 yard pool operated at 82° F with non-turbulent lane lines and electronic timing. We will run 8-10 lanes for competition and set aside the other 7-8 lanes for warm-up during the meet. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Questions????? email the meet director: Jim Stites at swim1@qwest.net

| Order | Event |
|-------|------------|
| 1 | 1000 Free |
| 2 | 1650 Free |
| 3 | 200 Free |
| 4 | 50 Fly |
| 5 | 200 Back |
| 6 | 100 Breast |

| Order | Event |
|-------|----------|
| 7 | 100 Free |
| 8 | 200 IM |
| 9 | 50 Back |
| 10 | 200 Fly |
| 11 | 100 IM |
| 12 | 400 IM |

| Order | Event |
|-------|------------------------------|
| 13 | 50 Breast |
| 14 | 100 Back |
| 15 | 500 Free |
| 16 | 100 Fly |
| 17 | 200 Breast |
| 18 | 50 Free |
| 19 | 200 Relays (Medley and Free) |