

MIAMI REDFIN MASTERS
ANNOUNCE THEIR



2017 Miami Redfins Long
Course Masters Swim Meet

Miami University Aquatic Center
Oxford, Ohio

SATURDAY, June 17, 2017
WARM UPS BEGIN AT 12PM

SEE ATTACHED INFORMATION
OR CALL 513-529-1995

<http://www.rec.miamioh.edu/aquatics/masters/summer.html>

2017 MIAMI REDFIN LONG COURSE MEET
Long Course Meters
Saturday, June 17, 2017

Sanctioned by Ohio LMSC for USMS, Inc.

HOST TEAM: Miami RedFin Masters

CONTACT: Jennifer Wood, Assistant Director, Aquatic Center
513-529-1995
klinejm@miamioh.edu

LOCATION: Miami University Aquatic Center
750 South Oak Street
Oxford, Ohio 45056
513-529-1844
513-529-1921 (fax)

POOL LENGTH: Long Course Meters

USMS Rule Book article 202.1.1.A.3.d: The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

ELIGIBILITY:

- Open to all swimmers who are registered with USMS. Each swimmer is responsible for his/her USMS card and will be required to show it upon request by officials.
- **To enter the meet, a copy of the swimmers current USMS registration card MUST accompany the entry form.**
- The meet entry form should display your registered name, number, and team name, according to your USMS card. Unattached swimmers note "UNAT." **Please print all information legibly.**
- If a swimmer is not currently registered with USMS, applications and registration fees will be taken at the meet. Only checks made out to Ohio LMSC will be accepted for USMS registration. A self-addressed stamped envelope is required for USMS registration so that cards may be mailed out after the meet.
- Swimmers and coaches *only* will be allowed on deck. Family members must remain in the viewing gallery.

AGE: The age reported on your entry form must reflect your age as of 12/31/2017

ENTRY FEES & PAYMENT:

- A fee of \$25 will be charged for those that enter via the attached entry form. *NOTE* All individuals, regardless of entry method, must sign the waiver at the bottom of the entry form.
- Mail entries must be postmarked by 6/10/2017.
- A flat fee of \$40 will be charged for deck entries
- Refunds will only be issued for documented medical reasons or if the meet is cancelled.
- Registration form, copy of USMS card, and payment may be made by mail or by fax to 513-529-1921.
- Checks and credit card (Visa and MasterCard only) accepted.
- All checks should be made out to Miami University.
- Credit card numbers, with expiration date, may be used for online, mail-in or fax-in registration.

Online Entries Directions:

1. Go to : <http://www.rec.miamioh.edu/aquatics.html>
2. Go to the Masters Swimming Page and Click "Register for **2017 MIAMI REDFIN LONG COURSE MEET**"
3. Create a log in account
4. Register for the Meet.
5. Make payment with credit card (Master Card or Visa)
6. Will be required to sign waiver and show USMS card when you arrive for the meet.

Other Methods of Entry

Email Payment

To: klinejm@miamioh.edu

Fax Payment to:

513-529-1921

Attn: Jennifer Wood

Mail Payment to:

Attn: Jennifer Wood
Recreational Sports Center
750 South Oak Street
Oxford, OH 45056

Post Mark 6/10/17

SEEDING & LANE ASSIGNMENTS:

Each event will be seeded by the pre-entered seedtime of each swimmer, with the slower heats first (except the 1500, which will be swum fastest to slowest). The meet will be deck seeded according to times submitted, regardless of age and gender. No time (NT) will be seeded in the slower heats. Swimmers are responsible to report to the blocks on time for their appropriate heat and lane for each event. Heat and lane assignments for all events will be posted by 1:00pm on the day of competition.

STARTING PROCEDURE:

103.8.5—Start Commands

A At the commencement of each heat, the referee shall signal to the swimmers by a short series of whistles to remove all clothing except for swimwear, followed by a long whistle indicating that they should take their positions with at least one foot at the front of the starting platform, the edge of the pool or on the wall and remain there. In backstroke and medley relay events, at the referee's first long whistle the swimmers shall immediately enter the water and at the second long whistle shall return without undue delay to the starting position (article 101.1.2).

B When the swimmers and officials are ready, the referee shall signal with an outstretched arm to the starter that the swimmers are under the starter's control.

C On the starter's command "Take your mark," the swimmers shall immediately assume their starting position with at least one foot at the front of the starting platform. Swimmers starting in the water must have at least one hand in contact with the wall or starting platform. When all swimmers are stationary, the starter shall give the starting signal.

D For backstroke event starts, the starter may give the command "Place your feet" after the referee's whistle.

RELAYS:

All relays are deck entered. Any combination of all male and female relays may compete in relay events. The aggregate age of the four relay team members shall determine the age group (e.g. 76-99, 100-119, 120-159, etc...).

Official relay cards are to be picked up from the Clerk of Course by a team representative who is responsible for the relay. The relay representative should **print legibly** all information required. Each card should include the swimmer's name as on the USMS registration card in order of relay swum; first name, last name, age and gender. **Cards shall be returned to the computer table by 12:30pm on 6/17/17**

AWARDS:

- An award will be given to the first place scoring team overall for the meet.
- Individual and relay awards will be given for first through third place by gender and age group for 19+, 25+.... through 100+.

ORDER OF EVENTS: The meet will be deck seeded according to times submitted, regardless of age and gender. Heat and lane assignments for all events will be posted by 1:00pm on the day of competition.

Deck Entries: 11:00am-12:00pm
Deck entry deadline: 12:00pm on 6/17/2017
Relay entry deadline: 12:30pm on 6/17/2017

Warm –Ups: 12:00pm-1pm

Heat Sheet Posted: 1:00pm
(Participants should double check for accuracy at this time)

Events: approx. 1:10pm-6:00pm

- | | |
|--------------------------|--|
| 1. 200 Medley Relay | 10. 50 Backstroke |
| 2. 400 Freestyle | 11. 100 Butterfly |
| 3. 200 Butterfly | 12. 200 Individual Medley |
| 4. 50 Freestyle | 13. 100 Freestyle |
| 5. 100 Breaststroke | 14. 50 Breaststroke |
| 6. 200 Freestyle | 15. 200 Backstroke |
| 7. 100 Backstroke | 16. 50 Butterfly |
| 8. 400 Individual Medley | 17. 200 Freestyle Relay |
| 9. 200 Breaststroke | 18. 1500 Freestyle (First 32 Registrants only) |

**WARM-UP &
COOL-DOWN:**

Entry into the pool must be feet first in a cautious manner with one hand in contact with the deck. Diving shall be permitted only from the blocks in the designated sprint lanes during warm-up. Warm-up and cool-down lanes will be provided during the competition. No diving will be permitted in these lanes. Instructions given by an official or Miami University Aquatic staff members must be obeyed at all times. A swimmer may be disqualified at the discretion of the Meet Director or Meet Official for failure to comply with these rules.

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PRINT LEGIBLY OR TYPE

NAME _____ GENDER _____

BIRTHDATE _____ AGE ON 12/31/17 _____

USMS Number _____ TEAM _____

ADDRESS _____

CITY, STATE _____ ZIP _____

HOME PHONE (_____) _____ BUSINESS PHONE (_____) _____

E-MAIL _____

CREDIT CARD #: _____ EXP DATE: _____ AMT: _____

TYPE (circle one): VISA MASTERCARD

ATTACH A COPY OF CURRENT USMS CARD.

Circle the event numbers in which you would like to be entered and show your seedtime to the hundredth of a second.
If you do not enter a time you will be entered "NT."

EVENT #	SEED TIME	EVENT	EVENT #	SEED TIME	EVENT
1.	_____	200 Medley Relay	10.	_____	50 Backstroke
2.	_____	400 Freestyle	11.	_____	100 Butterfly
3.	_____	200 Butterfly	12.	_____	200 Individual Medley
4.	_____	50 Freestyle	13.	_____	100 Freestyle
5.	_____	100 Breaststroke	14.	_____	50 Breaststroke
6.	_____	200 Freestyle	15.	_____	200 Backstroke
7.	_____	100 Backstroke	16.	_____	50 Butterfly
8.	_____	400 Individual Medley	17.	_____	200 Freestyle Relay
9.	_____	200 Breaststroke	18.	_____	1500 Freestyle

(First 32 registrants only)

ADVANCE ENTRIES:

(Postmarked by 6/10/2017) (Online by 6/16/2017) \$25 per swimmer for meet including relays (paper/online) _____

DECK ENTRIES: (due by 12:00pm on 6/17/17) \$40 per swimmer including relays _____

RELEASE TO BE SIGNED:

PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators,

successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.

2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.

3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.

4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.

5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

ATHLETE'S SIGNATURE: _____ DATE: _____