**DELAWARE VALLEY LMSC SHORT COURSE YARDS CHAMPIONSHIP MASTERS MEET**

Upper Dublin High School, 800 Loch Alsh Ave, Fort Washington, PA 19034

Sunday, March 26th, 2017

Warmups, 8AM, Start Time 8:30AM

**SANCTIONED:**

United States Masters Swimming and Delaware Valley LMSC #####

**LIABILITY:**

In granting this recognition, it is understood and agreed that United States Masters Swimming, Inc., Delaware Valley LMSC, Upper Dublin School District, and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

**HOSTED BY:**

Delaware Valley LMSC

Meet Director:

Tom Patterson

DV LMSC Chairman

dvchair@usms.org

484-410-8085, Please limit your calls between 8PM to 9PM during the week.

**LOCATION:**

Upper Dublin High School (UDHS), 800 Loch Alsh Avenue, Fort Washington, PA 19034 [Google Map](https://maps.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=800+Loch+Alsh+Avenue,+Fort+Washington,+PA+19034&sll=40.153071,-75.199899&sspn=0.008873,0.019248&ie=UTF8&hq=&hnear=800+Loch+Alsh+Ave,+Fort+Washington,+Montgomery,+Pennsylvania+19034&z=16). Approximately 20 min from King of Prussia, 30 min from Philadelphia; 50 min from Wilmington, DE; 50 min. from Cherry Hill, NJ; 2 hrs from Harrisburg

**FACILITY:**

Upper Dublin High School Natatorium. New (2010) 40 yd, 10-lane pool with movable bulkhead, non-turbulent lane lines; timing system with 10-lane display. Water depth is 13 feet at the start end and is 7 feet at the turn end. Pool will be configured for 25-yards short course with a 4-lane 25-yard warm-up/warm-down area available throughout competition. The competition course will be certified in accordance with 104.2.2C(4).

Balcony seating for approximately 400 spectators with elevator access. Parking in lots surrounding Upper Dublin High School Athletic Complex and Upper Dublin Township Building [Site and Parking Information](http://www.udac.us/INFORMATION/UDHS_Natatorium_Parking.htm).

**ELIGIBILITY:**

This meet is open to all currently (2017) USMS-registered athletes age 18 and older. A swimmer’s age for this meet will be determined by his/her age as of March 26th, 2017. USMS Membership is verified during online meet entry. For paper/mailed meet entries, a copy of your current USMS registration card must accompany your entry form to corroborate membership.

**ATHLETES WITH DISABILITES:**
Swimmers with a disability are welcome to enter this meet. The participant or coach must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.

**RULES:**

This meet will be held in short course yards (SCY) and governed by 2017 USMS rules. Events are pre-seeded, timed final events. The length of the competition course is 25 yards, and is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. All swimmers are limited to SIX (6) individual events. USMS number must be included to have your times count for Top 10 recognition. Go to DVMasters.org to register.

**ENTRIES FOR INDIVIDUAL EVENTS:**

Entries must be submitted using the Club Assistant online entry form. No Deck Entries will be accepted for individual events. Online entries only.

**ENTRY DEADLINE**

Online registration deadline is Tuesday, March 21, 2017,11:59PM.

**INDIVIDUAL ENTRY FEES:**

Swimmer Entry: $ 10.00

Individual Events: $ 2.00

Online entries are paid by credit card to “ClubAssistant.com Events”.

**RELAY ENTRIES:**

There are TWO (2) deck-entered relay events. The fee per relay is $4.00 (cash only). Medley relays (#11) must be turned in by the end of event #6 and Free relays (#18) must be turned in by the end of event #13. Cards will be available at the Announcer’s table. All relay participants must be pre-registered for at least one individual event.

**SEEDING:**

This meet will be seeded slowest to fastest, regardless of age and sex.

**GENDER AND AGE GROUPS:**

Male and Female, 18-24, 25-29, 30-34, 35-39, 40-44, etc., in 5-year increments.

**DELAWARE VALLEY LMSC SCY CHAMPIONSHIP:**

Top 12 point scorers plus top 3 relay finishes from each relay event from each USMS team will be totaled. The Team with the highest point total will be crowned DV LMSC Champion. The 12 swimmers’ points can come from all men, all women, or any combination.

Individual places 1-8 scored as follows: 9-7-6-5-4-3-2-1.

Relay places 1-8 scored as follows: 18-14-12-10-8-6-4-2. Relay scoring is limited to top 3 relay finishes per team for each relay event; relay entries can be all men, all women, or mixed.

**AWARDS:**

Teams are competing for the 2017 Delaware Valley LMSC SCY Champions Title. Teams awarded with plaques for 1st through 3rd. Encourage your fellow swimmers to sign –up and support our DV LMSC and your TEAM!

**RESULTS:**

Results are posted on the USMS Website http://www.dvmasters.org / under results tab usually within 2 weeks following the meet. Electronic results will also be e-mailed at no cost. Meet info will be available via SwimPhone.

**MEET NOTIFICATIONS:**

In the event of inclement weather or facility issues, please check the Delaware Valley Masters Swimming Facebook page for immediate news. Every attempt will be made to communicate via email as well.

**EVENTS:**

Heats for individual and relay events will be mixed, with separate results reported for gender and age group. Swimmers are to provide a counter for the 500 Free.

Sunday, March 26th, 2017

Warm-Ups start at 8:00am

Meet Session start at 8:30am

Continuous warm-up available on far side of bulkhead during Meet Session

1 Mixed 200 Y Medley Relay

2 Mixed 400Y IM

3 Mixed 50 Y Back

4 Mixed 100 Y Breast

5 Mixed 200 Y Fly

6 Mixed 100 Y Free

7 Mixed 50 Y Breast

8 Mixed 200 Y IM

9 Mixed 100 Y Back

10 Mixed 500 Y Free

11 Mixed 200 Y Breast

12 Mixed 100 Y Fly

13 Mixed 50 Y Free

14 Mixed 200 Y Back

15 Mixed 200 Y Free

16 Mixed 50 Y Fly

17 Mixed 100 Y IM

18 Mixed 200 Y Free Relay

Meet will be completed by 2:00 pm. Final results will be posted at the meet and online following the meet at DVMasters.org. Results for USMS registered swimmers will be submitted to USMS for Top Ten consideration.