

Candy Cane Relay Meet
Hosted by Adirondack Swimming Athletes
Sunday, December 18, 2016
Mohonasen High School

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction # JoAnn Faucett, General Chairman
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: **Adirondack Athletes**

Place: Mohonasen High School, 2072 Curry Road, Schenectady, NY 12303
6 Lane, 25 yards, - Short Course
Colorado automatic timing system with beeper start and scoreboard readouts

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depth of Pool at One Meter 13'0" and Five Meter 13'4" Distances from Start End of Pool.
Depth: Depth of Pool at One Meter 4'1" and Five Meter 4'5" Distances from Turn End of Pool.

Sunday, December 18, 2016

Session	Age Groups	Warm-up Time	Meet Start Time
Session 1	All	12:30	1:30

Meet Director:	Jenn Dixon	518-895-9500	jdixon@cdymca.org
Meet Referee:	JoAnn Faucett	518-399-0494	faucettjm@aol.com
Meet Entry Coordinator:	Jenn Nelson	518-928-4605	jnelson14@nycap.rr.com

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on December 18, 2016.
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **December 9th, 2016**

If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

ALL Swimmers MUST be USA Swimming Registered, as provided in Article 302, at the time their entries are submitted.
Registrations may be obtained from your club registrar. All Adirondack Meets are reconciled for current USA Swimming Registration.
Unregistered swimmers will be removed from the meet and a \$25.00 Fine Imposed. ([Click Here for More Information](#))
Unattached athletes may obtain forms and instructions from the Adirondack Swimming Web Site www.adirondackswimming.org
Direct registration questions to the Adirondack Registrar, Ann Korzun, 518-877-6571 or akorzun@adirondackswimming.org

Swimming Events/ Relays:

All events will be swum as timed finals. Fly over starts will be in use.
This meet will be pre-seeded
A timeline will be estimated based on the number of entries received. If it exceeds the 4 hours rule, teams will be contacted prior to the meet and asked to scratch down. In this case, refunds will be given.
Relays with similar distances may be combined if the Meet Director determines it necessary.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions;

1. Deck Entries are NOT Allowed during Championship Meets
2. Athlete must be USA-S Registered and show Proof of Registration (those already in meet have been confirmed as registered). Acceptable forms of Proof of Registration are: USA-Swimming ID or USA-Swimming Club Portal Team Listing or Deck Pass.

If athlete cannot prove USA-S Registration, Adirondack accepts Deck Registration, to UN-AD (unattached) at an LSC fee of \$60.00 plus the current USA Swimming Registration fee.

DECK REGISTRATIONS WILL NOT BE MADE WITH ANY TEAM ASSOCIATION, PLEASE DO NOT ASK.

3. Coach makes the request for the entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, Including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

Services:

Possible concession and vendor available

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are **\$7.00** per relay, which includes the \$1.00 AD travel fund surcharge and a \$1 per swimmer surcharge

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO A SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to **"Adirondack Swimming"** and mail your check and entry summary sheet to the **Meet Entry Coordinator**.
Entries will be entered to the meet upon receipt of your check.

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Candy Canes will be given out to heat winners

Scoring:

This meet will not be scored

Officials:

There will be an official's meeting conducted promptly 30 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in official's room before the start of officials meeting.

If you have any questions please contact the Meet Director or Meet Referee

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WARM-UPS 12:30PM ... SESSION BEGINS 1:30PM

Girls EVENTS	AGE GROUP	EVENT DESCRIPTION	Boys EVENTS	Details
1	Open	800 Free Relay	2	800 yard=4swimmersx200 Mixed or single gender
3	8 – under	100 Medley Relay	4	
5	9-10	200 Medley Relay	6	
7	11-12	200 Medley Relay	8	
9	13- 14	400 Medley Relay	10	
11	15-18	400 Medley Relay	12	
13	Masters	200 Medley Relay	14	
15	8 – under	100 Free Relay	16	
17	9-10	200 Free Relay	18	
19	11-12	200 Free Relay	20	
21	13- 14	400 Free Relay	22	
23	15-18	400 Free Relay	24	
25	Masters	200 Free Relay	26	
MIXED				
27	8-under	Mixed 200 Indiana	---	"Mixed" means any combo of boys and girls (4 boys or 4 girls allowed) "Indiana"=50 yd legs (25 each stroke, in this order Back- Breast, Fly- Back, Breast – Free, Free- Fly)
28	9-10	Mixed 200 Indiana	---	
29	11-12	Mixed 200 Indiana	---	
30	13- 14	Mixed 200 Indiana	---	
31	15-18	Mixed 200 Indiana	---	
32	Masters	Mixed 200 Indiana	---	
Girls			Boys	
33	8-under	100 Fly Relay	34	
35	9-10	200 Fly Relay	36	
37	11-12	200 Fly Relay	38	
39	13- 14	200 Fly Relay	40	
41	15-18	200 Fly Relay	42	
43	Masters	200 Fly Relay	44	
45	8-under	100 Breast Relay	46	
47	9-10	200 Breast Relay	48	
49	11-12	200 Breast Relay	50	
51	13- 14	200 Breast Relay	52	
53	15-18	200 Breast Relay	54	
55	Masters	100 Breast Relay	56	
57	8-under	200 Free-Back	58	200 yard-50*4 swimmers ****"Free-Back" means each swimmer swims 25yd Free then 25yd Back on their leg of the relay.
59	9-10	200 Free-Back Relay	60	
61	11-12	200 Free-Back Relay	62	
63	13- 14	200 Free-Back Relay	64	
65	15-18	200 Free-Back Relay	66	
67	Masters	200 Free-Back Relay	68	

Girls EVENTS	AGE GROUP	EVENT DESCRIPTION	Boys EVENTS	Details
Girls			Boys	
69	10-under 12-under 14-under Master's - under	25 50 75 100 Relay	70	Age Progressive Free
MIXED				
71	Open	8 x 50 Free Relay	---	Mixed Any Age and Order 8swimmersx50
72	Open	4 x 75 IMO – no Free Relay	---	
Girls			Boys	
73	Open	4x25 – T-Shirt Relay	74	Must bring your own t-shirt

Each Swimmer May Swim A Maximum of 5 Relays

\$1.00 Per Athlete Surcharge

\$7.00 Per Each Relay

For Manual Entries, Add \$1.00 Per Entry

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ENTRY FEE CALCULATION SHEET

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Swimmers	_____	X \$1.00 = \$	_____
Number of Relays	_____	X \$7.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____

Total Amount Due and Enclosed\$_____

ENTRY DEADLINE.. “December 9th at 8pm”

MAKE CHECKS PAYABLE TO “Adirondack Swimming”
Email your entries to the Meet Entry Coordinator: Jenn NELSON

**This form Must be returned with Entry Report and Check
to the Meet Director:**

Mail Entries, Entry Report, This Form and Check to:
“Jenn Dixon, 221 Victoria Dr., Delanson, NY 12053”
*Entry File May be sent E-mail to: “*jnelson14@nycap.rr.com*”
*Your Team Check Must be received to have entries added to the meet.

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY**
**“Adirondack Swimming” assumes no responsibility
for meet close-out due to late entries**