



ALL SOULS SWIM MEET

SUNDAY OCTOBER 30th

Warm ups start at 7am

This event is open to all swimmers 18 years of age and older.
YMCA or Masters Memberships are not required, but are encouraged.

Registration deadline: October 15th

Email to CRFORD@ymcade.org

Questions? Contact Courtney Ford 302-346-9622 Ext.28

\$50 entry fee

Please circle up to 4 events.

#	Sex	Event	
1	Mixed	50 Y	Back
2	Mixed	100 Y	Free
3	Mixed	50 Y	Fly
4	Mixed	100 Y	Back
5	Mixed	50 Y	Breast
6	Mixed	100 Y	Fly
7	Mixed	100 Y	IM
8	Mixed	100 Y	Breast
9	Mixed	50 Y	Free
10	Mixed	200 Y	Free Relay
11	Mixed	500 Y	Free
12	Mixed	200 Y	IM



Name: _____ Age: _____

Address: _____ City: _____ State/Zip: _____

Email: _____ Phone: _____

Emergency Contact: _____ Emergency Phone: _____

Informed Consent

I understand that YMCA of DE activities have inherent risks and I hereby assume all risks and hazards incident to my participation in YMCA of DE activities. I further waive, release, absolve, and agree to hold harmless the YMCA of DE and all of its employees, the organizers, volunteers, supervisors, officers, directors, participants, coaches, referees, as well as, persons or parents transporting participants to and from activities from any and all claims or injuries. My permission is given to the YMCA of Delaware to use/show the image(s) of the above as part of a photograph, videotape, motion picture, display, website, print material or in conjunction with fundraising, educational or promotional efforts for the YMCA of Delaware.

Sign: _____ Date: _____



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