

Patriot Masters Sprint Classic

George Mason University Aquatic & Fitness Center, Fairfax, VA

Sunday October 30, 2016

Warm-Ups: 8:30AM

Meet Start: 10:00AM

Schedule of events

	Estimated Start Time
100 Free	10:00 AM
100 Breast	10:30 AM
50 Fly	10:45 AM
200 IM	11:00 AM
100 Back	11:15 AM
50 Free	11:30 AM

**** 5 Minute BREAK ****

100 IM	11:55 AM
50 Breast	12:15 PM
100 Fly	12:35 PM
50 Back	12:45 PM
200 Free	1:00 PM

**** 5 Minute BREAK ****

THE BATTLE OF THE TRUE DROP DEAD SPRINTERS!

25 Fly	1:30 PM
25 Back	1:45 PM
25 Breast	2:00 PM
25 Free	2:15 PM