

2016 Maine Senior Games Official Entry Form ~Open to Adults age 45 +

Last Name _____ First _____ Male _____ Female _____

Address: _____ Age _____ Birthdate ____/____/____
(Must be 45 or older on or before Dec. 31, 2016)

City: _____ State _____ Zip _____ Phone _____

E-Mail _____ (please print clearly)

Emergency Contact: Name _____ Phone: H C _____

Please Circle T-Shirt Size: S M LG XL XXL (\$2 extra)

Registration: (includes MSG t-shirt, snacks, water, athlete bag)

Electronic registration: \$35– allows participation in one sport (includes \$5 processing fee)
\$5- each additional sport
Paper registration: \$45 –allows participation in one sport (includes \$5 processing fee)
Team Fee: \$150. (Must also turn in Team Roster)

Electronic registrations may be paid by credit card OR check!

Some sports have additional fees

PLEASE CHECK THE EVENTS THAT YOU ARE REGISTERING FOR

Archery (choose only one)

___ Compound Fingers (sights)
___ Compound Release (sights)
___ Recurve (sights)
___ Barebow Recurve (no sights)
___ Barebow Compound (no sights)

Pickleball (additional \$5)

___ Singles ___ Dbls ___ Mx Dbls

Partner/Birth Year _____

Basketball (team form must be included)

___ Men's 3 on 3
___ Women's 3 on 3

Racquetball

___ Singles ___ Doubles

Partner/Birth Year _____

Candlepin Bowling (only one doubles)

___ Singles ___ Doubles ___ Mixed Doubles

Road Races

___ 5K Road Race
___ 10 K Road Race

Partner/Birth Year _____

Cornhole

___ Doubles ___ Mixed Doubles

Table Tennis

___ Singles ___ Doubles ___ Mixed Doubles

Partner/Birth Year _____

Cycling (3 events ...5K or 10K)

___ 5K ___ 10K ___ 20K ___ 40K

Ten Pin Bowling (only one doubles)

___ Singles ___ Doubles ___ Mixed Doubles

Golf (additional fee of \$40: 18 holes/cart/lunch)

___ Handicap

Partner/Birth Year _____

Hot Shot/Foul Shoot

___ Hot Shot ___ Foul Shoot

Tennis (additional \$5)

___ Singles ___ Doubles ___ Mixed Doubles

Horseshoes

___ Singles

Partner/Birth Year _____

Track & Field (Max 6 events /List best time/ distance)

3000m _____ 1500m _____
800m _____ 400m _____
200m _____ 100m _____
50m _____ 1500 Race Walk _____
Shot Put _____ 1500 Power Walk _____
Discus _____ Javelin _____
Long Jump _____ Triple Jump _____
High Jump _____

200 Breaststroke _____ 50 Backstroke _____
100 Backstroke _____ 200 Backstroke _____
50 Butterfly _____ 100 Butterfly _____
100 IM _____ 200 IM _____
200 Butterfly _____ 400IM _____

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Oct 1, 2016 Warm up 10 Meet starts at 11:00

"Recognized by NE-LMSC for USMS Inc."

Swimming (Maximum of 6 events) (Seed times)

50 Freestyle _____ 100 Freestyle _____
200 Freestyle _____ 500 Freestyle _____
50 Breaststroke _____ 100 Breaststroke _____

SEND REGISTRATION FORM AND CHECK ~ MAKE PAYABLE TO MAINE SENIOR GAMES

136 US Route One Scarborough, ME 04074 Attn: Jo Dill

Paper registration \$45. _____
Each additional sport \$5 _____
Additional Golf Fee (\$40) _____
Additional Pickleball, Tennis Fee (\$5) _____
XXL t-shirt extra fee (\$2.00) _____
Donation to Maine Senior Games _____
TOTAL ENCLOSED _____



EVERYTHING MUST BE FILLED OUT AND SIGNED IN ORDER TO PROCESS YOUR REGISTRATION!

Conditions of Participation Read Before Signing-Release of Liability

I, the undersigned participant, in consideration of being allowed to participate in any way in the Maine Senior Games, for myself, my heirs, my personal representative, and assigns, hereby release and forever discharge Maine Senior Games, its directors, volunteers, agents and sponsors, from any and all claims which may result from any injury I sustain in participating in the Maine Senior Games. I further agree to hold harmless and indemnify Maine Senior Games, its directors, volunteers, agents and sponsors, if any claim should be brought against them on my behalf.

I hereby covenant neither to sue nor to bring any legal claim or proceeding against Maine Senior Games, its directors, volunteers, agents and sponsors, as a result of any injury I may sustain while participating in the Games. I warrant that I am sufficiently trained and conditioned to participate in the Games and have no physical or mental impairment which would make it inadvisable for me to participate. I have discussed my participation in the Games with my doctor and he or she has approved of my participating. Maine Senior Games may rely on the representations contained herein.

I understand that participation in events in the Maine Senior Games involves physical exertion as well as risk of serious injury, permanent disability or death, and I assume all risk of injury which may result from my participation in the Games.

Publicity Release: I hereby grant Maine Senior Games and its sponsors the right to use my name as well as any pictures of me (whether live or still) in connection with the activities of Maine Senior Games and the US National Senior Games Association without any remuneration.

Non-Solicitation Agreement: As a condition of participating in Maine Senior games, each participant agrees that he/she will not use either its name or logo for any purpose, including, but not limited to, fund raising for participation in the National Senior Games without prior written consent of Maine Senior Games.

Signature _____ **Date** _____