# 2016 Oklahoma Senior Games



# September 17 – October 16, 2016 Greater OKC and Tulsa area



www.okseniorgames.com questions@okseniorgames.com



# **General Information**

## **GENERAL INFORMATION**

The Oklahoma Senior Games will be held in Oklahoma mid-September through Mid-October at various locations close to either Oklahoma City or Tulsa. If you have questions about any events, please do not hesitate to contact us at (727)776-1877 or (405) 423-0670 or email us at questions@OKSeniorGames.com

### ELIGIBILITY

All athletes must be 50 years old by December 31, 2016. Athlete's competition age will be based on his/her age on December 31, 2016.

#### AGE CATEGORIES

Participants will compete in one of the following age categories for both individual and/or doubles sports: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-7, 85-89, 90-94, 95-99. Team sports are divided into the following brackets: 50+, 55+, 60+, 65+, 70+, 75+, and 80+. Your age group is determined by your age on December 31, 2016. Partner and team age groups will be determined by the age of the young-est partner/team member December 31, 2016.

## HOW MANY SPORTS OR EVENTS WITHIN A SPORT MAY I ENTER?

As long as events are not held at conflicting times, you may enter as many sports and events as you desire with only the following exception. You may enter a maximum of 6 events in each of the following sports: SWIMMING and TRACK AND FIELD.

# OKLAHOMA SENIOR GAMES OFFICE CONTACT INFORMATION Phone:

Director of the Games: Kathleen Fitzgerald (727) 776-1877 Oklahoma Senior Games President: Tim Rhodes (405) 423-0670 Registration Questions: Erin Rhodes (405) 604-1309

#### Email:

questions@OKSeniorGames.com Street Address: Oklahoma Senior Games P O Box 850044 Yukon, OK 73085 Please follow the steps carefully when completing your entry form:

- 1. Complete all information (front and back) on this form. Please print in ink, or type.
- 2. Sign the LIABILITY WAIVER. Entry will be returned if waiver is not signed.
- 3. Enclose total payment including guest social fees, extra t-shirt fees and Facility Use Fee..
- 4. Make check or money order payable to: Oklahoma Senior Games
- 5. Please indicate gala attendance.
- 6. All registration closes August 19, 2016.

Registration forms must be received before the deadline or incur the late fee.

Paper registration forms incur a fee \$10 higher than online due to manual entry!

Na	me: Last		First			 MI	
۸ م							
AU	dress: Street		City		State	Zip	
Те	lephone: ()Hom		_ Birthdate:	/	/	_ Age:	
	Hom	e				As of 12	-31-16
En	nail Address:			Sex: M	F S	Shirt Size:	
Ag	e Group:50-5455-59	60-64	65-69	_70-74			
	75-7980-84 _	85-89	90-94	95-99	100	)+	
En	nergency Contact:		Те	lephone: (	)		
•	Entry Fee (Up to 6 Events)	on or be	efore August 5th	n \$60.0	0	\$	
			Aug 5th-19th	\$70.0	0	\$	
•	Additional Events (\$5 per event)		# of events	x \$5.00 ead	h	\$	
•	Facility Fee Golf \$40-includes g	reen fee, ha	alf cart and lunc	h		\$	
•	Facility Fee Bowling \$8 per ever	nt entered				\$	
•	Celebration of Athletes (Participal	nt) Please	indicate attend	anceYE	SN	IO FREE	
•	Celebration of Athletes # of gue	sts	\$10.00 ea			\$	
•	Donation (Donations for Oklahom	a Senior G	ames generous	ly accepted)		\$	
•	Extra T-Shirts (participant shirt	included i	n games fee)				
	\$10 each (indicate the # of sh	irts by the	size)			\$	
	ASAM	AL	AXL	_AXXL	AXXXL		
			то	TAL AMOUNT	ENCLOSE	D \$	

Please check all events y sure to review the even conflicts. Retain a copy	nt schedule to avoid	Shuffleboard– D Partner:			
		Swimming ( <i>LIMI</i>	1 6 EVEN	VIS)	
Archery Barebow	•	Backstroke 50m	1	00m	200m
Barebow		Breaststroke	I		200111
	nd Fingers	50m	1	100m	200m
Olympic F	nd Release	Butterfly			
, ,		50m	1	100m	200m
Badminton– Singles		Freestyle			
Badminton– Doubles			)0m _	200m	500m
Partner:		Individual Medley		100	
Badminton– Mixed Double	es	100m2	-	400m	
Partner:		L Table Tennis-Si	ngles		
Basketball - Free Throw		Table Tennis - D			
Basketball - 3 Point		Partner:			
Basketball - 3 on 3		L Table Tennis - N			
Players:		Partner: Tennis-Singles		_	
	<u></u>	Tennis-Doubles			
		Partner:			
Bowling - Singles		Tennis-Mixed D		_	
Bowling - Doubles		Partner:			
Partner:		Track and Field	(LIMIT 6	EVENTS)	
Bowling - Mixed Doubles	-		100m		_200m
Partner:		400m	800m		_1500m
Cycling– 10k		Discus	-		Javelin
$\Box Cycling = 20k$		Shot Put Pole Vault	•		Long Jump
$\Box$ Cycling– 40k		Standing Long		oump	
Golf Croquet					
Pickleball - Singles					
Pickleball - Doubles					
Partner:					
Pickleball - Mixed Double	- s \				
Partner:					
Race Walk 1500m					
Racquetball-Singles					
Racquetball– Doubles					
Partner:					
Road Race-5k					
Road Race-10k					
□ Shuffleboard– Singles					

# The Oklahoma Senior Games Board of Directors strongly recommend that each participant consult his/her doctor in regard to practice, preparation and competition in this program.

#### STATEMENT OF PHYSICAL CAPABILITY

I warrant and represent to the sponsors that:

1. I have prepared for the event(s) which I have entered by practicing the same

prior to my participation in the Oklahoma Senior Games.

2. I am in good physical health and condition and am physically able to compete in the events I have selected.

3. I know of no physical restriction whatsoever which would prohibit my participation in the events that I have selected. I have been advised by the sponsors that it would be in my best interest to consult my physician prior to my preparation in regard to my participation in the Yukon Senior Games.

4. I recognize and understand that the preparation and the competition may necessitate strenuous physical activity and could activate any unrecognized pre-existing cardiovascular disorder which I may have, thereby resulting in serious or life-threatening harm to me.

#### PERSONAL INJURY RELEASE

As a condition of being permitted to participate in the Oklahoma Senior Games, I, the undersigned participant agree that:

I recognize that participation in the Oklahoma Senior Games necessarily involves risks of injuries and damages including but not limited to injuries, damages or losses relating to or resulting from slips, falls, collision, car accidents, trauma, health failure, and/or other mishaps. Possible injuries to me can include death, personal injury, property damage, loss of service and other injuries and damages.

I assume full responsibility for any injuries, damages or losses which may occur to me and agree that the Oklahoma Senior Games Board of Directors and its sponsors, its agents, employees, representatives, volunteers, and assigns, and all other persons, firms, and other entities participating or providing services or facilities to or for the benefit of Senior Games and/or its participants, shall not be individually or severally liable for any damages arising from any personal injuries that I may sustain in connection with my preparation for and/or participation in the Oklahoma Senior Games whether or not the injuries, damages or losses occur on/or about the premises of the Oklahoma Senior Games, owned or not owned, in the conduct of the Senior Games.

I hereby fully and forever release and discharge and hereby agree to indemnify and hold harmless the Oklahoma Senior Games Board of Directors from any and all present and future claims, demands, damages, rights of action, or causes of action including, but not limited to, reasonable attorney's fees and costs collectively ("Claims") arising out of, resulting from, or connected in any way with my preparation for and/or participation in the Oklahoma Senior Games, whether known or unknown, anticipated or unanticipated, and specifically including, but not limited to, any claims arising out of or resulting from the negligence or fault of the Oklahoma Senior Games Board of Directors.

Notwithstanding any language herein to the contrary, this release and discharge shall in no way affect any claims which I cannot legally waive, such as grossly negligent acts, intentional acts occurring in the future, and acts done with malfeasance.

I understand that I am releasing the Oklahoma Senior Games Board of Directors from liability to the full extent that the law allows not only from any risk inherently associated with participation in an athletic activity, but also any enhanced exposure to injury occasioned by any carelessness, negligence or fault of the Oklahoma Senior Games Board of Directors or anyone acting on the Oklahoma Senior Games Board of Directors behalf, including any and all liability for damage and injury or death to myself or to any persons or property to the full extent that the law allows.

I understand that THIS RELEASE OF LIABILITY IS INTENDED TO BE AS BROAD AS LEGALLY POSSIBLE, and I accept the terms as a condition of being permitted to participate in the Oklahoma Senior Games.

#### RELEASE FOR PERSONAL PROPERTY

I acknowledge and agree that the Oklahoma Senior Games Board of Directors shall not be liable for any loss or theft of personal property and I release the Oklahoma Senior Games Board of Directors for any liability for loss or theft of any personal property in connection with the Oklahoma Senior Games.

#### CONSENT TO MEDICAL TREATMENT

The Oklahoma Senior Games Board of Directors has my permission to have a physician treat me in the Oklahoma Senior Games. I hereby consent to any first aid, medication, medical treatment or surgery deemed necessary. I release all claims for injuries or damages incurred by me in the connection with the delivery of such care in good faith. This release is also a condition of participation in the Oklahoma Senior Games.

#### PUBLICITY CONSENT

I authorize the Oklahoma Senior Games and the Oklahoma Senior Games Board of Directors to use my likeness in any form. I waive the right to inspection or for any compensation

THIS WAIVER AND RELEASE AFFECTS MY LEGAL RIGHTS AND INCLUDES RELEASES OF LIABILITY WHICH ARE TO BE AS BROAD AS LEGALLY POSSIBLE. I HAVE READ THIS WAIVER AND I UNDERSTAND WHAT I AM SIGNING.

Name (please Print)

Signature

Date

	Schedule of Events	tts			
L Saturday July 30, 2016 8:30 a.m. Cyclin	g-10k	Lake Stanley Draper	Wednesday October 5, 2016 8:00 a.m. Golf	tober 5, 2016 Golf	Stone Creek Golf Club
Saturday August 6, 2016 8:30 a.m. Cycling	gust 6, 2016 Cycling-20k	Lake Stanley Draper	Sunday October 9, 2016 1:00 p.m. Badmin	er 9, 2016 Badminton	Woodson Gym
Saturday Sep 9:00 a.m.	Saturday September 17, 2016 9:00 a.m. Archery	Trosper Archery Club	Friday October 14, 2016 9:00 a.m. Tennis 5:00 p.m. Celebre	14, 2016 Tennis Celebration of Athletes	LaFortune Park Dale Robertson Center
Sunday Septe 8:00 a.m. 1:00 p.m.	Sunday September 18, 2016 8:00 a.m. Cycling-40k 1:00 p.m. Bowling-Singles	Haskell, OK Heritage Lanes (OKC)	Saturday October 15, 2016 9:00 a.m. Track and	ber 15, 2016 Track and Field Bacon Walk-1600m	Yukon Middle School Viiton Middle School
Monday Sept 1:00 p.m. 3:00 p.m.	Monday September 19, 2016 1:00 p.m. Bowling-Doubles 3:00 p.m. Bowling-Mixed	Heritage Lanes (OKC) Heritage Lanes (OKC)	9:00 a.m. Tennis Sunday October 16, 2016	Tennis r 16, 2016	LaFortune Park
Wednesday S 1:00 p.m.	Wednesday September 21, 2016 1:00 p.m.	LaFortune Park	IBA Please k	lennis Larorrune Fark Please keep these competition times in mind when registering for your events.	Larorrune Fark 1 when registering for your events.
Thursday Sep 1:00 p.m.	Thursday September 22, 2016 1:00 p.m. Shuffleboard	Hicks Recreation Center		Events will not start late to accommodate late arriving athletes.	date late arriving athletes.
Saturday Sep 9:00 a.m.	Saturday September 24, 2016 9:00 a.m. Swimming	OU			
Tuesday Sept 8:00 a.m. 7:00 p.m.	Tuesday September 27, 2016 8:00 a.m. Pickleball-Doubles 7:00 p.m. Road Race-5k	Jackie Cooper Gym Farmers Insurance Lot			
Wednesday S 8:00 a.m.	Wednesday September 28, 2016 8:00 a.m. Pickleball-Mixed	Jackie Cooper Gym			
Thursday Sep 8:00 a.m.	Thursday September 29,2016 8:00 a.m. Pickleball-Singles	Jackie Cooper Gym			
Friday Septer 8:30 a.m. 10:00 a.m. 11:00 a.m. 5:30 p.m.	Friday September 30, 2016 8:30 a.m. BKB-Free Throws 10:00 a.m. BKB-Three Pointers 11:00 a.m. BKB-3 on 3 Half Court 5:30 p.m. Racquetball	Jackie Cooper Gym Jackie Cooper Gym Jackie Cooper Gym Northside YMCA			

Sunday October 2, 2016 2:00 p.m. Horseshoes

Yukon City Park

Northside YMCA OKC Table Tennis Club Tulsa Zoo

Saturday October 1, 2016 8:30 a.m. Racquetball 9:00 a.m. Table Tennis 9:00 a.m. Road Race-10k