

11th annual Steve Barden Memorial Swimming Meet  
at The Asheville School, Asheville, North Carolina

Saturday, Sept 10, 2016

Sanction # tbd

Saturday, Sept 10th, POOL Session @ Asheville School (Five event maximum)

Warm-Up: 8:00-8:50 am

Competition Begins: 9:00 am

**SOCIAL TO FOLLOW AT LOCAL EATING & BEVERAGE ESTABLISHMENT!**

Sunday, Sept 11th, Open Water PRACTICE @ Biltmore Lake (6 minutes from pool)

Casual sign ins 7:00am

Open Water Practice sessions begin: 7:30am-9am

\*all training equipment and SUP's welcome at lake!

BREAKFAST FOLLOWS @ ReJavanation Cafe! (<http://rejavanationcafe.com/>)

Facility Addresses:

Asheville School: 360 Asheville School Rd., Asheville, NC, 28806

Take I-40 West of Asheville to exit 44. Turn left (north) onto Smokey Park Hwy (also Route 19/23). Proceed 1 mile north past hotels and shopping centers. Follow Asheville School signs to entrance drive on right. Pool is in fitness center past academic buildings.

Biltmore Lake: 80 Lake Drive, Biltmore Lake, NC 28715

Take I-40 West of Asheville to exit 44. Turn right (south) onto Smokey Park Hwy, also 19/23. Proceed 1 ½ miles south and turn left on Sand Hill Road. Turn Right into Biltmore Lake Subdivision. The lake is straight ahead on the right. No parking is available at the lakefront, all swimmers must park past the lake on-street.

Meet Directors: tbd

Meet Referee: tbd (USA Swimming Certified Referee)

The Asheville School competition pool is a 25-yard x 6 lanes "certified pool" with USMS, with non-turbulent lane lines and electronic timing.

Five lanes will be used for competition and the sixth lane will be for continuous warm-up/warm-down.

Water depth ranges from 4 feet at the shallow end to 12 feet at the deep end.

Women's and men's locker rooms are available.

Enter ONLINE, please. Entries close at 11:59pm on Sept 7, 2016.

Online entries are paid by credit card to ClubAssistant.com Events.

Rules: Swimmers must be registered with U.S. Masters Swimming (USMS). The 2016 USMS rules shall prevail. Relay swimmers must swim at least one individual event to be eligible for relays.

Max of five (5) individual entries for pool events.

Fees:

Pool Events \$40 flat fee (this includes access to Biltmore Lake for practice session on Sunday morning)

Fees are non-refundable.

No fees for relays.

Late and deck entries may be accepted at the discretion of the Meet Director upon payment of all applicable entry fees plus a \$20 late fee. Online entries are paid by credit card to "ClubAssistant.com Events".

Sunday Open Water Practice @ Biltmore Lake (6 minutes from pool), followed by breakfast at Rejuvenation

Awards: Placing within each age group in each event will be the extent of the "award." Team awards will be recognized with a hand shake and offer of a local pint.

Scoring: Scoring will be 7-5-4-3-2-1 for individual events and 14-10-8-6-4-2 for relays.

Lodging:

1. Ramada-Asheville @ River Ridge  
800 Fairview Rd., Asheville, NC  
phone 828-298-9141

[www.ramadariverridge.com](http://www.ramadariverridge.com)  
(9 miles, 15 min. from swim sites)

2. Renaissance Hotel, Downtown Asheville  
31 Woodfin St, Asheville, NC  
phone 828-252-8211

<http://www.marriott.com/hotels/travel/avlbr-renaissance-asheville-hotel/>

This hotel is in downtown Asheville right next to The Thomas Wolfe House and across the street from the YMCA.

3. Grove Park Inn  
290 Macon St, Asheville, NC  
Phone: (828) 252-2711  
[www.groveparkinn.com](http://www.groveparkinn.com)

This is a 4 Star Hotel in Asheville

4. Crowne Plaza Resort  
1 Resort Dr. Asheville, NC  
Phone: (828) 254-3211  
[www.crowneplaza.com](http://www.crowneplaza.com)

5. Four Points by Sheraton, Downtown Asheville  
22 Woodfin St., Asheville, NC

Phone (828) 253-1851

[www.starwoodhotels.com](http://www.starwoodhotels.com)  
located next to I-240 and YMCA

6. Aloft, Downtown Asheville  
51 Biltmore Ave., Asheville, NC

Phone (828) 232-2838  
<http://www.aloftashevilledowntown.com/>

7. Hotel Indigo, Downtown Asheville  
151 Haywood St, Asheville, NC  
828-239-0239 or 800-951-4667

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2. Renaissance Hotel, Downtown Asheville 31 Woodfin St, Asheville phone 828-252-8211  
<http://www.marriott.com/hotels/travel/avlbr-renaissance-asheville-hotel/> This hotel is in  
downtown Asheville right next to The Thomas Wolfe House and across the street from the  
YMCA.

3. Grove Park Inn 290 Macon St, Asheville Phone: (828) 252-2711  
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4. Crowne Plaza Resort 1 Resort Dr. Asheville, NC 28806 Phone: (828) 254-3211  
[www.crowneplaza.com](http://www.crowneplaza.com)

5. Four Points by Sheraton, Downtown Asheville 22 Woodfin St. Phone (828) 253-1851  
[www.starwoodhotels.com](http://www.starwoodhotels.com) located next to I-240 and YMCA

6. Aloft, Downtown Asheville 51 Biltmore Ave Phone (828) 232-2838 <http://www.aloftashevilledowntown.com/>

7. Hotel Indigo, Downtown Asheville 151 Haywood St, Asheville, NC 28801 828-239-0239  
or 800-951-4667  
<http://www.ashevillehotellodgingdowntown.com/>

Saturday, September 10, 2016 - Session 1 - Morning POOL

Warm-ups start at 8:00 AM

Meet Session starts at 9:00 AM

#	Sex	Event
1	Mixed	200 Y Medley Relay
3	Women	400 Y IM
4	Men	400 Y IM
5	Women	100 Y Free
6	Men	100 Y Free
7	Women	50 Y Breast
8	Men	50 Y Breast
9	Women	100 Y Fly
10	Men	100 Y Fly
11	Women	200 Y Back
12	Men	200 Y Back
13	Women	50 Y Free
14	Men	50 Y Free
15	Women	200 Y Breast
16	Men	200 Y Breast
17	Women	100 Y IM
18	Men	100 Y IM
19	Women	50 Y Fly
20	Men	50 Y Fly
21	Women	100 Y Back
22	Men	100 Y Back
23	Women	200 Y Free
24	Men	200 Y Free
25	Women	100 Y Breast
26	Men	100 Y Breast
27	Women	200 Y Fly
28	Men	200 Y Fly
29	Women	50 Y Back
30	Men	50 Y Back
31	Women	200 Y IM
32	Men	200 Y IM
33	Women	500 Y Free

34 Men 500 Y Free  
35 Mixed 200 Y Free Relay