



**2016 Swim Devil Masters Heat-Stroker
Long Course Meters Swim Meet
July 23, 2016**

Meet Director: Katy James, katyjamesswims@hotmail.com, 480-897-6411

Sanction: Held under the sanction of U.S. Masters Swimming and the Arizona Local Masters Swim Committee (AZLMSC), sanction #486-500?

Facility: Competition will be held at Mona Plummer Aquatic Center at 601 N College Ave, Tempe, AZ. The facility is an outdoor 50 meter, 8 lane pool operated at 80 F with non-turbulent lane lines and electronic timing. There will be a 25 yard course available for warm-up and loosen-down during the actual meet.

Parking: Parking is available adjacent to the facility in the parking structure to the east for a fee.

Rules: 2016 USMS rules apply. All events are timed finals. There is a limit of four (4) individual events per day. Your age as of December 31, 2016 determines your age group for the meet.

Entries/ Fees: Entries must be received by July 20, 2016. Late entries will not be accepted. There is a \$40.00 fee for the meet **IF YOU ENTER ONLINE**. The meet info can be found at www.azlmsc.org by clicking on "EVENTS".

Swimmers are encouraged to enter online. This covers all events that a swimmer wishes to enter. Use this link:

Swimmers may still choose to mail their entry for a fee of \$45.00. Please use the new Arizona Consolidated entry card for this method. Fill it out completely and be sure to enter seed times for all the events that you wish to swim. You must also send a copy of your USMS registration card. There will be **no deck entries**. Make checks out to **Sun Devil Masters Swimming**. Mail your entry card, check and photocopy of your USMS Card to:

Katy James
723 East Diamond Drive
Tempe, AZ 85283

If you need an Arizona Consolidated entry card or USMS application, go to www.azlmsc.org and look under forms.

Seeding: All events will be pre-seeded (women & men swim together) by time, slowest to fastest.

Long Distance: The 800 free will be limited to the first 16 entries received. There will be a maximum of 2 heats. Swimmers will be responsible for providing their own

timers and counters. Please contact the meet director if you need help in obtaining either a timer or a counter.

Results: During the meet, results will be posted. At the conclusion of the meet, results will be listed at www.azlmsc.org.

Order of Events

Saturday - Warm-ups at 7:00 am and the meet begins at 8:00 am.

Event Order			
1	Mixed	400	Free
2	Mixed	200	Breast
3	Mixed	50	Back
4	Mixed	200	IM
5	Mixed	100	Fly
6	Mixed	50	Breast
7	Mixed	100	Free
8	Mixed	200	Back
9	Mixed	100	Breast
10	Mixed	50	Fly
11	Mixed	200	Free
12	Mixed	100	Back
13	Mixed	200	Fly
14	Mixed	50	Free
15	Mixed	400	IM
16	Mixed	800	Free