Cornhusker State Games

Master’s Short Course Swim Meet

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| SANCTION: | * All swimmers are welcome to compete in the Short Course Master’s Swim Meet.
* Meet will be a USMS approved meet.
* It is understood and agreed that Cornhusker State Games, USA Swimming, Y Swimming, Lincoln Y Dolphins, Lincoln Southeast High School, and Lincoln Public Schools shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
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| LOCATION: | Lincoln Southeast High School2930 South 37th StreetLincoln NE, 68506 |
| POOL: | 25 Yards, 8 lanes, Daktronics 2000 Timing System, 8 lane readout scoreboard and anti-turbulent lane lines. Pool depth of 3.5 ft at 1M, 4 ft at 5M from turn end. Depth of 13ft at 1M, 12.5ft at 5M from start end. USA-S Rule 202.3.4.D. Pool has not been certified in accordance with 104.2.2C(4) |
| FACILITY: | * CSG Staff reserves the right to remove any individual from the premises who might jeopardize safety and facility privileges.
* Use of audio or visual recording devices, including a cell phone, is not permitted behind the block, in changing areas, rest room, or locker rooms.
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| SCHEDULE: | Saturday, July 16, 2016 Warm-up 8:00 AM Meet Starts 9:00 AM |
| MEET DIRECTOR: | Tabetha Burnham Phone: 402-434-6267 Email: tburnham@ymcalincoln.orgAnalisa Peterson Phone: 402-598-1578 Email: apeterson@ymcalincoln.org |
| OFFFICIALS: | Referee: Bob Mahlman Admin Officials: Analisa Peterson, Zac Roberts |
| MEET FORMAT: | Timed finals. Events placed by age & gender. |
| DISABILITY SWIMMERS: | Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Directors.  |
| RULES: | Current USMS Swimming Rules will apply. |
| ELIGIBILITY: | * Any Nebraska resident is eligible to compete in the Cornhusker State Games Master’s Short Course Swim Meet.
* Cornhusker State Games also welcomes athletes from neighboring states which either a) have no official State Games of their own or b) don’t offer State Games of America qualifying sports that are offered at the Cornhusker State Games.
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| ENTRY LIMITS: | * Swimmers my enter a maximum of 4 individual events and 2 relays
* Please register for relays when registering for CSG. If swimmers are requesting to swim together on a relay, please emails names to Analisa at neaquatic@ymcalincoln.org.
* Deck entries for relays will still be accepted.
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| EVENT FEES: | $30.00 registration fee/one event (Price will change based on different entry deadlines)$4.00 each additional event$2.00 each relay |
| ENTRY PROCEDURE: | Go to CornhuskerStateGames.com to register. You may also register via phone by calling 402-471-2544 |
| ENTRY DEADLINE: | See CornhuskerStateGames.com when available |
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| GENERAL MEET: CONDUCT: | * All events are timed finals.
* Meet will be pre-seeded. The official Meet Program will indicate swimmer’s heat and lane.
* Swimmers of each age group/gender will be seeded together based on entry times.
* Swimmers will swim together but scored separately based on age divisions.
* In-water breaks will be inserted if needed and timeline allows.
* Swimmers will be required to report promptly to their assigned lane prior to the start of each race in which he or she is entered.
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| WARM-UP PROCEDURES: | * 1st 30 minutes of warm-up will be “Sit & Slide” entry will be in effect. No Diving will be allowed in the 1st 30 minutes of warm-up.
* Last 15 minutes, racing starts will be allowed in Lanes 1-7
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| TEAM SUPERVISION: | * Changing into or out of swimsuits outside designated locker room areas by athletes at any level of competition is prohibited.
* When in crash areas, please do no block walk-ways and pick up trash in your area.
* To reduce confusion and congestion on the pool deck, only swimmer, officials, and CSG volunteers will be allowed on deck.
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| AWARDS: | * Gold, Silver, & Bronze medals will be awarded to both Women & Men for each age division in each event.
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| MEET RESULTS: | * Meet results will be posted on Meet Mobile.
* Results will be posted in the pool area and in the hallway crash areas.
* Final CSG Short Course Master’s swim meet results will be available on the CSG website within 48 hours of the meet conclusion.
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| GENERAL INFORMATION: | * Shoes must be worn when going upstairs to seating area
* Meet Programs will be available.
* No food or beverages allowed in the pool area (water bottles w/ water only).
* Concessions will be available.
* T-shirt customization available.
* Equipment/Apparel available for sale.
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