Elko High Altitude Invitational Swim Meet

**JUNE 25 & 26, 2016**

**ELKO, NV**

**USA Swimming Sanction Number 16-14 and USMS Sanction Number xxx**

**SPONSOR:** Elko Swim Team

**SANCTION:** The meet is held under sanction of USA Swimming and Snake River Swimming, Inc. Sanction No. 16-14 and USMS Sanction No. xxx. In granting these sanction numbers, it is understood and agreed USA Swimming and USMS shall be free from any liabilities or claims for damages to anyone during the conduct of this meet.

**LOCATION:** Elko Municipal Swimming pool

1500 College Avenue

Elko, NV

**TYPE:** Invitational

**COURSE:** 25 meter, six lane, outdoor pool with Paragon starting blocks and Adolf Keifer waveless racing lane lines. Pool depth from 3.5 to 6 feet (blocks at 6 feet). The competition pool has not been certified in accordance with USA Swimming Rule 104.2.2C(4).

**TIMING:** Colorado Timing System will be used on the six lanes.

**MEET REFEREE:** Roger Wright/rogerwright@cableone.net

**MEET DIRECTOR:** Heidi Draper/draperj@frontiernet.net

**OFFICIALS:** We appreciate the help of certified officials from each participating team.

**ELIGIBILITY:** Swimmers must hold a current USA registration card. Age of the swimmer on the first day of the meet will determine swimmers age group **(June 25, 2016)**. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding. Any swimmer entered who is not registered with USA Swimming will be subject to a $50.00 fine.

**SCHEDULE:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Day** | **Who** | **What** | **Time** | **Meet Starts** |
| **Saturday & Sunday** | Coaches | meeting | 7:30am | 9:00am |
| Officials | meeting | 8:15am |  |
| 11 and over | warm-ups | 7:45am-8:15am |  |
| 10 and under | warm-ups | 8:15am-8:45am |  |

**MEET FORMAT:** All events will be swum as timed finals, ***mixed gender and mixed age groups.*** Heats will be ordered slowest to fastest. This is a no card meet. Swimmers in the 1500 Meter must check in with the Clerk of Course by 8:00am Saturday. Swimmers in the 400 Meter must check in with the Clerk of Course by 9:30 A.M. Saturday. Swimmers in the 800 Meter must check in with the Clerk of Course by 9:30 A.M. Sunday. These will be deck seeded. **Swimmers must provide 1 timer and their own lap counter for the 1500m, 800m and 400m**. All other events will be pre-seeded.

**RULES:** Current USA Swimming rules will apply and SRS Safety Guidelines will govern the meet and warm-ups. NO DIVING or BACKSTROKE starts off the starting blocks or pool deck during warm-ups. Racing starts will be allowed in designated sprint lanes the last 10 minutes of warm-ups.

Protests will be handled in the manner described in Section 102.11 of USA Swimming Rules and Regulations.

Relay cards will be given to the coaches in their packets. Relay cards must include first and last names and ages of the swimmers in order of their swim. Relays requiring a start on the shallow end of the pool will need to start in the water.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. If we do not receive verification signed by the swimmer’s coach with the entries, the swimmers will be required to start from the water.

Coaches should report scratches to the meet referee before the events begin each day. Use of Audio or Visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms or behind the starting blocks.

Deck Change - Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity is prohibited.

**TIMERS:** Each team is expected to provide timers during the course of the meet.

**ENTRIES:** Swimmers may enter up to 4 events and 1 relay per day. *Note that relays on Saturday will be run only if by doing so the meet will be completed within the 4-hour constraint*. Entries must include: swimmers name, age, registration number, team name, team code, event name and number, and best time in SHORT COURSE YARDS. NO TIMES will be accepted, however *please submit an estimated time for 200m or longer events*. Teams using HyTek may send entries on a disk, a hard copy and entry fees must also be sent. Relay-only swimmers must be on the master entry form and fees paid. **DECK ENTRIES AND REGISTRATION WILL NOT BE ACCEPTED.**

As prescribed in Article 205.3.1 of USA Swimming Rules and Regulations, entries will be limited to those swims that allow the events for swimmers 12 years and younger to be completed within the prescribed time limit of 4 hours.

Swimmers starting on the end where the pool depth is 3’6” (less than 4 feet) will start from within the water.

Times achieved at this meet may use the altitude of 4,251-6,500 feet as per USA Swimming rule 207.9.6. A swimmer or relay may use the adjustment to meet a qualifying time standard.

**ALTITUDE ADJUSTMENTS ACCORDING TO USA SWIMMING:**

200’s 1.20 Seconds

400 & 500’s 5 Seconds

1000’s 10 Seconds

1500 & 1650’s 23 Seconds

**TIME TRIALS:** Time trials will be offered at the conclusion of Saturday’s and Sunday’s events at the referee’s discretion. Each trial swim will count as one (1) toward the daily event with the combination of time trials and meet events not to exceed four (4) events per day. Entries must be turned in to the Clerk of Course with a $2.00 fee one-half hour before the projected end of the day’s events.

**FEES:** Entry fee is $33.00 per swimmer ($2.00 SRS timing system, $9.00 SRS fees, $6.00 pool rental, $16.00 awards, admin and hospitality).

Make check payable to **ELKO SWIM TEAM**. All fees MUST accompany entries. One check per team please.

**DEADLINE:** All entries must be postmarked no later than June 20th, 2016. Mail entries to:

Elko Swim Team

PO Box 2721

Elko, NV 89803

E-mail entries may be sent to Michelle Smith at [**twosmiths@citlink.net**](mailto:wtjboldon@frontiernet.net). Please send entries as an attachment. All entry fees must be received by **June 17, 2016**.

**SCORING:** Individual events: 13-11-10-9-8-7-6-5-4-3-2-1

All events will be separated into 6 & Under, 7-8, 9-10, 11-12, 13-14 and 15-19 age groups for scoring purposes.

**AWARDS:** Individual Events: Medals 1st - 3rd; Ribbons 4th - 12th

Individual High Points: Trophies 1st - 6th (by Age Group)

Relay Events: Ribbons 1st - 3rd

Awards will be given by age groups for each event swum:6 & Under, 7-8, 9-10, 11-12, 13-14, and 15-19.

**MISCELLANEOUS:** Breakfast and lunch concessions will be provided. ***The water slide and pool will be opened after the meet on Saturday***. City ordinance prohibits dogs in the park or pool area.

**ORDER OF EVENTS**

*11 and Over warm up at 7:45am*

*10 and Under warm up at 8:15am*

*Meet starts at 9:00am*

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Saturday, June 25, 2016** | | | |  | **Sunday, June 26, 2016** | | | |
| **event** | | | **Age Group** |  | **event** | | | **Age Group** |
| **1** | **1500** | **free** | 99 & under |  | **25** | **50** | **fly** | 99 & under |
| **2** | **100** | **free** | 12 & under |  | **26** | **400** | **IM** | 99 & under |
| **3** | **100** | **free** | 13 & over |  | **27** | **100** | **back** | 12 & under |
| **4** | **25** | **fly** | 99 & under |  | **28** | **100** | **back** | 13 & over |
| **5** | **200** | **fly** | 99 & under |  | **29** | **25** | **free** | 99 & under |
| **6** | **100** | **IM** | 99 & under |  | **30** | **200** | **free** | 99 & under |
| **7** | **100** | **breast** | 12 & under |  | **31** | **100** | **fly** | 99 & under |
| **8** | **100** | **breast** | 13 & over |  | **32** | **25** | **breast** | 99 & under |
| **9** | **50** | **back** | 12 & under |  | **33** | **200** | **breast** | 99 & under |
| **10** | **50** | **back** | 13 & over |  | **34** | **50** | **free** | 12 & under |
| **11** | **25** | **back** | 99 & under |  | **35** | **50** | **free** | 13 & over |
| **12** | **200** | **back** | 99 & under |  | **36** | **800** | **free** | 99 & under |
| **13** | **50** | **breast** | 12 & under |  | **37** | **100** | **free** | **10&U Girls relay** |
| **14** | **50** | **breast** | 13 & over |  | **38** | **100** | **free** | **10&U Boys relay** |
| **15** | **200** | **IM** | 99 & under |  | **39** | **200** | **free** | **12&U Girls relay** |
| **16** | **400** | **free** | 99 & under |  | **40** | **200** | **free** | **12&U Boys relay** |
| **17** | **100** | **IM** | **10&U Girls relay** |  | **41** | **200** | **free** | **14&U Girls relay** |
| **18** | **100** | **IM** | **10&U Boys relay** |  | **42** | **200** | **free** | **14&U Boys relay** |
| **19** | **200** | **IM** | **12&U Girls relay** |  | **43** | **200** | **free** | **99&U Girls relay** |
| **20** | **200** | **IM** | **12&U Boys relay** |  | **44** | **200** | **free** | **99&U Boys relay** |
| **21** | **200** | **IM** | **14&U Girls relay** |  |  |  |  |  |
| **22** | **200** | **IM** | **14&U Boys relay** |  |  |  |  |  |
| **23** | **200** | **IM** | **99&U Girls relay** |  |  |  |  |  |
| **24** | **200** | **IM** | **99&U Boys relay** |  |  |  |  |  |