

TEXAS FORD AQUATICS MASTERS CHALLENGE

Saturday, June 25, 2016

WARM –UP: 10:00 AM

MEET STARTS: 11:00 AM

Women	Event Description	Men
1	800 Freestyle	2
3	100 Butterfly	4
5	400 Freestyle	6
7	50 Breaststroke	8
9	100 Backstroke	10
11	200 Freestyle	12
13	50 Butterfly	14
15	100 Breaststroke	16
17	100 Freestyle	18
19	50 Backstroke	20
21	200 IM	22
23	50 Freestyle	24

FACILITY: Texas Ford Aquatics pool located at 8353 Legacy in Frisco, Texas. Pool is an indoor, 10-lane 50-meter x 25-yard pool. Colorado Timing will be provided for competition. A 3-lane 25-yard warm up/warm down pool will be available at all times.

ELIGIBILITY: Current USMS rules will govern. For long course meters, the eligibility of a participant for a particular age group shall be determined by the age as of December 31 of the year of competition (102.2.2). Athlete's age on December 31, 2016 determines age group. Athletes must have the current year registration with U.S. Masters Swimming. Non U.S. citizens should have a letter of introduction from their own swimming associations FINA affiliate.

ENTRIES & FEES: Entry fee of \$10 and \$3 per event. **Online and Mail-in entries available. Online entry will open May 26th.** Swimmers may enter a maximum of five individual events per day. All entries must be received by Monday, June 20th, 2016, at 11:59pm. LATE ENTRIES will be accepted until 30 minutes before meet start time, \$10 per event.

SEEDING, SCORING and AWARDS: There will be no team scoring. Ribbons awarded for 1-3rd place for individual events. All events will be swum in numerical order, slow to fast. The 400 Free and 800 Free will swim mixed gender. All age groups will swim together but scored in age groups: 18–24, 25–29, 30–34, 35–39 ... (five-year increments as high as necessary).

Breaks in the meet will be taken at the discretion of the meet referee.

Course: The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 & 107.2.1

Sanction: USMS, INC. and North Texas Masters Swim Committee sanction the meet



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	

ENTRY FORM (Mail in)

Name: _____ Gender: M / F

Address: _____

City/State: _____ Zip: _____ Phone: (____) _____

E-mail Address: _____

Age as of Dec 31, 2016: _____ Date of Birth: _____ Sex: _____

USMS Registration #: _____ Team Initials: _____

Please circle event numbers and enter a time

Women's Events Entry Time Event in Meters Men's Events Entry Time

1	_____	800 M FREE	2	_____
3	_____	100 M FLY	4	_____
5	_____	400 M FREE	6	_____
7	_____	50 M BR	8	_____
9	_____	100 BK	10	_____
11	_____	200 FR	12	_____
13	_____	50 FLY	14	_____
15	_____	100 BR	16	_____
17	_____	100 FR	18	_____
15	_____	50 BK	16	_____
17	_____	200 IM	18	_____
17	_____	50 FR	18	_____

ENTRY FEE (Make check payable to Texas Ford Aquatics) – Entry fee of \$10 and \$3 per event.

Must be received by Monday, June 20th (Entry and waiver)

MAIL TO: Lindsay Kenney – 8353 Legacy Frisco, Texas 75034