

A Carter Family Update

[Street Address], [City], [State][Postal Code]

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8353 Legacy

Frisco, Texas

75034



A Carter Family Update

[Street Address], [City], [State][Postal Code]



**MASTERS SPRING ZONE CHAMPIONSHIPS**

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**April 8th -10th**

**HOSTED BY:** Texas Ford Aquatics Masters

**TYPE OF MEET:**  25-yard timed finals.

**DATES & TIMES & WARM-UP:**

**Friday, April 8th**

**Session 1:**

Warm-up 4pm

Meet Start 5pm

**Saturday, April 9th**

**Session 2:**

Warm-up 7:30 am

Meet Start 8:30 am

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**Session 3:**

Warm up: 11 am

Meet Starts: 12 noon

**Sunday April 10th**

**Session 4:**

Warm-up 7:30 am

Meet Start 8:30 am

**LOCATION:**  8353 Legacy Frisco, Texas 75034

**POOL SPECS:** 10 lane 25 yard pool.

8-lane Warm-up and Warm Down available (25 yards)

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1

**TIMING EQUIP.:**  Colorado timing system with scoreboard, Touchpad software and LIVE updates and results. MEET ASSISTANT.

**ELIGIBILITY:** All participants must be registered with United States Masters Swimming. A copy of your 2016 USMS card is required with the completed entry.

**SEEDING:**  Times will be seeded Short Course Yards. All events (except the 1650 yard Free) will be seeded slow to fast without regard to age. The 1650 yard Free will be seeded fast to slow without regard to age. Women and Men may swim in a combined heat of the 1650 depending on number of entries.

*The 1000 yard freestyle will be combined heats of women and men.*

**AGE GROUPS**: 18-24, 25-29, 30-34, 35-39, 40-44, etc.

Relays: 18+, 25+, 35+, 45+, etc.

**SCRATCHES:** No penalty for scratching on the block.

**ENTRY LIMIT:** Five (5) individual events per day, plus relays.

No limit to the number of relays entered - indicate as "A", "B", "C", etc.

Swimmers over entered will be removed from their last event on each day over entered.

**TIME STANDARDS IN ORDER TO ENTER:**

500 Freestyle <10:00

1000 Freestyle <40:00

1650 Freestyle <60:00

**ENTRIES :** Online Entry is preferred and available for this meet. Online entry can be found at the following link below:

**Online entries will open January 18th and will close April 4th**

**All mail-in entries must be received by March 30th.**

**ENTRY FEES**: $50 per swimmer for full meet

$25 per swimmer for 1-day

\*\*\*NO DECK ENTRIES\*\*\*

**Mail in Entries**

Masters Spring Zone Championships

ATTN: Lindsay Kenney

8353 Legacy Frisco, Texas 75034

Please Make Checks Payable to: Texas Ford Aquatics

**CHECK IN:** Swimmers are considered checked-in for all individual events with a distance of 200 Meters and less.

\*\*Swimmers must have a positive check in for 400 IM, 1650 Freestyle, 500 Freestyle and 1000 Freestyle\*\*

**AWARDS:** Individual Events & Relay Events: 1st – 3rd Medals & 4th – 8th Ribbons

Championship Team Awards will be presented for combined team, Men’s team and Women’s team.

**SCORING**: Individual: 9-7-6-5-4-3-2-1

                 Relays are double points.

**OFFICIALS:**

Head Referee: Tom Osterland

Starter: Toni Kline

Chief Stroke & Turn: Ben Mok

Head Marshall: Samantha Kluttz

Meet Directors: Lindsay Kenney

Computer: Kathy Reddin/ Max Sachau

**RULES:** Current USMS Swimming Rules and Regulations will govern the meet.

**INFORMATION:**

Lindsay Kenney

[CoachLindsay@texasfordaquatics.com](mailto:CoachLindsay@texasfordaquatics.com)

**From East of Dallas North Tollway**

1. Head west on Main Street from the Dallas North Tollway.
2. **Take a left** at Legacy Drive.
3. The pool is located about .4 miles down the road **on your right**.

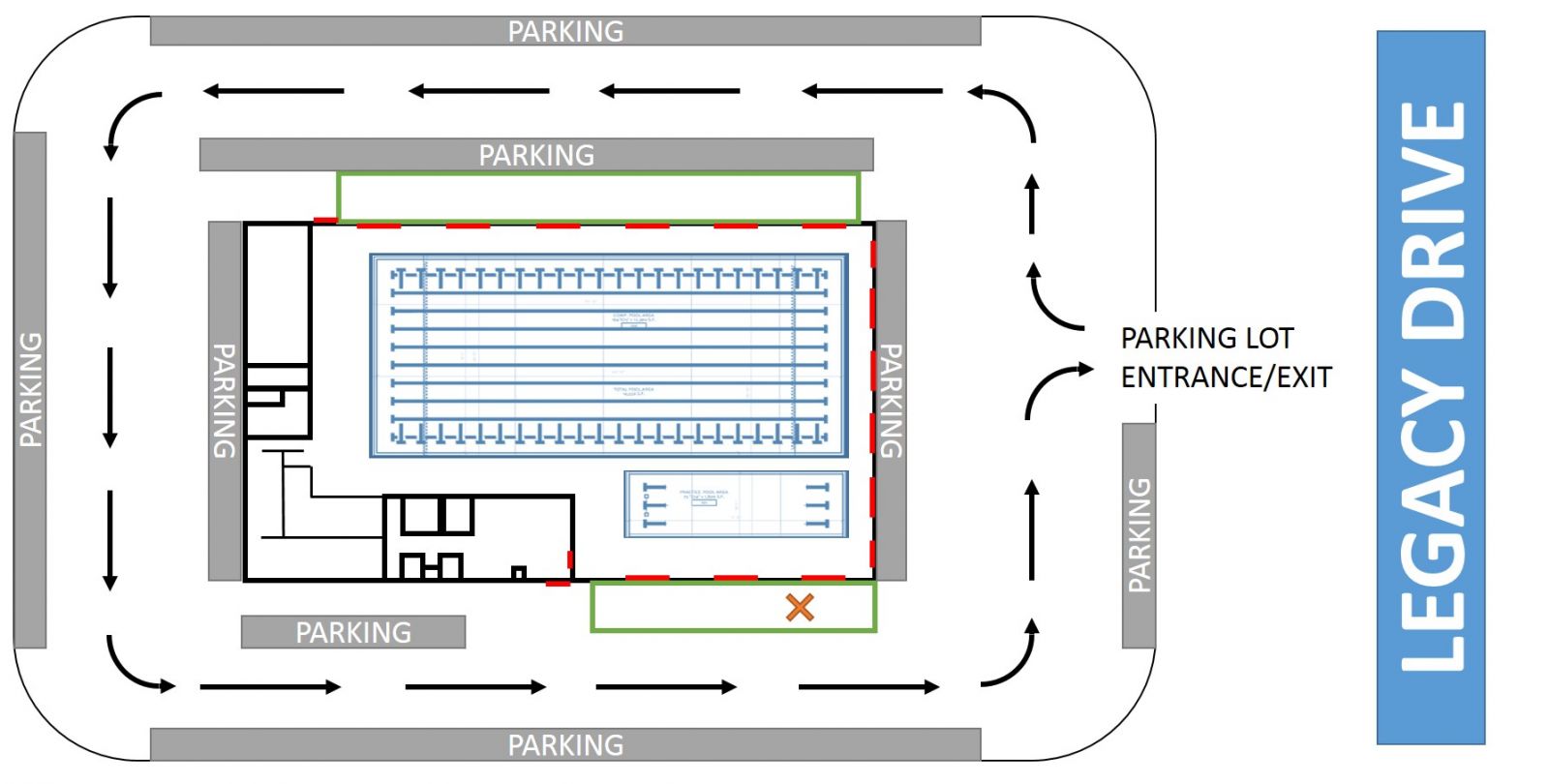
**From South of Dallas North Tollway**

1 Head North on Dallas North Tollway

2 Exit **Cotton Gin Road**

3 **Take a left** on Cotton Gin Road

4 **Take a right** on Legacy, pool located **on your left.**



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| --- | --- | --- |
| Number | Gender | Event |

Order of Events

Session 1: Friday, April 8th

|  |  |  |
| --- | --- | --- |
| 1 | Mixed | 800 Free Relay |
| 2 | Women | 400 IM |
| 3 | Men | 400 IM |
| 4 | Women | 1650 Freestyle |
| 5 | Men | 1650 Freestyle |

Saturday, April 9th

Session 2:

|  |  |  |
| --- | --- | --- |
| 6 | Women | 500 Freestyle |
| 7 | Men | 500 Freestyle |
| 8 | Women | 800 Free Relay |
| 9 | Men | 800 Free Relay |

**Session 3:**

|  |  |  |
| --- | --- | --- |
| 10 | Mixed | 400 Medley Relay |
| 11 | Women | 200 Backstroke |
| 12 | Men | 200 Backstroke |
| 13 | Women | 100 Breaststroke |
| 14 | Men | 100 Breaststroke |
| 15 | Women | 50 Freestyle |
| 16 | Men | 50 Freestyle |
| 17 | Women | 100 IM |
| 18 | Men | 100 IM |
| 19 | Women | 400 Free Relay |
| 20 | Men | 400 Free Relay |
| 21 | Mixed | 200 Medley Relay |
| 22 | Women | 100 Butterfly |
| 23 | Men | 100 Butterfly |
| 24 | Women | 50 Breaststroke |
| 25 | Men | 50 Breaststroke |
| 26 | Women | 200 Freestyle |
| 27 | Men | 200 Freestyle |
| 28 | Women | 400 Medley Relay |
| 29 | Men | 400 Medley Relay |

Session 4: Sunday, April 10th

|  |  |  |
| --- | --- | --- |
| 30 | Women | 1000 Freestyle |
| 31 | Men | 1000 Freestyle |

Session 5:

|  |  |  |
| --- | --- | --- |
| 32 | Mixed | 400 Free Relay |
| 33 | Women | 200 Breaststroke |
| 34 | Men | 200 Breaststroke |
| 35 | Women | 50 Butterfly |
| 36 | Men | 50 Butterfly |
| 37 | Women | 100 Backstroke |
| 38 | Men | 100 Backstroke |
| 39 | Women | 200 Medley Relay |
| 40 | Men | 200 Medley Relay |
| 41 | Women | 100 Freestyle |
| 42 | Men | 100 Freestyle |
| 43 | Women | 200 Butterfly |
| 44 | Men | 200 Butterfly |
| 45 | Women | 50 Backstroke |
| 46 | Men | 50 Backstroke |
| 47 | Women | 200 IM |
| 48 | Men | 200 IM |
| 49 | Mixed | 200 Free Relay |
| 50 | Women | 200 Free Relay |
| 51 | Men | 200 Free Relay |

Hotels

**Hilton Garden Inn**

7550 Gaylord Pkwy, Frisco, TX 75034

(469) 362-8485

Attractions

*Frisco*

**DrPepper Ballpark, Home of the Rough Riders**

7300 Roughriders Trail, Frisco, TX 75034

**Stonebriar Centre**

2601 Preston Rd, Frisco, TX 75034

**Manny’s Tex-Mex**

6705 Main St, Frisco, TX 75034

**Babe’s Chicken Dinner House**

6475 Page Street Frisco, Texas 75034

**Aloft Frisco: Frisco Hotel**

3202 Parkwood Blvd, Frisco, TX 75034

(972) 668-6011

*Plano*

**Arbor Hills Nature Preserve**

6701 W Parker Rd, Plano, TX 75093

**Shops at Legacy**

5741 Legacy Dr Suite 315, Plano, TX 75024

**Whiskey Cake**

3601 Dallas Pkwy, Plano, TX 75093

*Dallas*

**Klyde Warren Park**

2012 Woodall Rodgers Freeway, Suite 403, Dallas, TX 75201

**NorthPark Center**

8687 N Central Expy, Dallas, TX 75225

**Nick and Sam’s Steakhouse**

3008 Maple Ave, Dallas, TX 75201