

# Colonies Zone Short Course Yards Championship

## April 8 - 10, 2016

Hosted by Patriot Masters & George Mason University Swimming & Diving  
Fairfax, Virginia  
Sanctioned by Potomac Valley LMSC for USMS, INC. #

### Estimated Event Start Times

#### Friday April 8, 2016

	<u>Shallow end</u>		<u>Deep end</u>
1	4:00 pm	<b>1000 Free Mixed</b> <b>1650 Free Mixed</b>	4:00 pm      3

#### Saturday April 9, 2016

	<u>Women – Shallow end</u>		<u>Men – Deep end</u>
5	10:00 am	<b>100 Free</b>	10:00 am      6
7	10:29 am	<b>200 Fly</b>	10:37 am      8
9	10:53 am	<b>400 Mixed Free Relay</b>	(swum in shallow end)
11	11:23 am	<b>200 Mixed Medley Relay</b>	(swum in shallow end)
13	11:38 am	<b>50 Breast</b>	11:38 am      14
15	11:50 am	<b>200 IM</b>	11:52 am      16
17	12:11 pm	<b>500 Free</b>	12:21 pm      18
19	1:09 pm	<b>100 Back</b>	1:12 pm      20
21	1:28 pm	<b>200 Breast</b>	1:30 pm      22
23	1:47 pm	<b>50 Fly</b>	1:50 pm      24
25	2:05 pm	<b>800 Free Relay</b>	2:07 pm      26
27	2:20 pm	<b>400 Medley Relay</b>	2:27 pm      28
29	2:35 pm	<b>200 Free Relay</b>	2:47 pm      30

#### Sunday April 10, 2016

	<u>Women – Deep end</u>		<u>Men – Shallow end</u>
31	10:00 am	<b>200 Free</b>	10:00 am      32
33	10:31 am	<b>100 IM</b>	10:40 am      34
	(swum in shallow end)	<b>800 Mixed Free Relay</b>	11:05 am      35
	(swum in shallow end)	<b>400 Mixed Medley Relay</b>	11:25 am      37
	(swum in shallow end)	<b>200 Mixed Free Relay</b>	11:45 am      39
41	12:00 pm	<b>50 Back</b>	12:00 pm      42
43	12:14 pm	<b>100 Breast</b>	12:11 pm      44
45	12:27 pm	<b>400 IM</b>	12:29 pm      46
47	12:47 pm	<b>50 Free</b>	12:50 pm      48
49	1:03 pm	<b>200 Back</b>	1:10 pm      50
51	1:27 pm	<b>100 Fly</b>	1:34 pm      52
53	1:41 pm	<b>400 Free Relay</b>	1:50 pm      54
55	1:56 pm	<b>200 Medley Relay</b>	2:10 pm      56