

Rinconada Masters Spring Short Course Meet

Saturday March 12, 2016

Sanctioned by Pacific Master Swimming Inc. for USMS Inc., Sanction No: # 386-S005

Location: Rinconada Pool. Embarcadero and Newell Road. Palo Alto.

HWY 101 exit Embarcadero west to Newell. Park on Embarcadero Rd. or turn right on Newell. From 280, exit Page Mill east. Page Mill becomes Oregon Expwy east of El Camino Real. Turn north (left) on Middlefield, east (right) on Embarcadero to Newell.

Facility: 14 lane x 25 yd pool (8 competition, 5 warm-up /down, 1 buffer). Note: Timing system is push button only with no pads. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. Snack Bar available.

Time: Warm-up 7:30am - 8:45 am. Meet starts at 9:00 am.

Check In: Swimmers in events #1-2 must check in before 8:30 am. All others must check in at least 30 minutes before the estimated start of their event. Event #3 will not start before 11 am.

Entries: Swimmers may swim up to 5 individual events.

Option 1 – Online Entry – Due by 11:59 pm, Wednesday, March 9, 2016.

Enter at: https://www.ClubAssistant.com/club/meet_information.cfm?c=1469&smid=7084. You will receive immediate confirmation of acceptance via email. The “billing information” email must be brought to the meet as proof of entry.

Online entry requires payment by credit card using our secure site. The cost to enter this meet is a surcharge of \$6.75 per swimmer and \$5.25 per individual event entered. Please note that the online processing fee of \$1.50 plus 5% is included in these fees. Your credit card will be charged by “ClubAssistant.com Event Billing” for this meet. Online Meet Entry is in no way required of swimmers.

Option 2 – Mail In Entry (No Refunds) – Due by Wednesday, March 9, 2016 (or postmarked by March 2, 2016).

You must use the consolidated entry form on the Pacific Master Swimming website or request an entry form from Shawn Sasse (see below). The cost to enter this meet is a surcharge of \$6.75 per swimmer and \$5.25 per individual event. There is an additional \$10.00 surcharge for late or deck entries. Mail entry and check payable to Rinconada Masters along with a copy of your 2016 USMS registration card to:

Rinconada Masters Spring Meet 2016
c/o Shawn Sasse, 836 Live Oak Ave, Menlo Park, CA 94025
(tel. 650.224.0494; email: 2016Rinconada@gmail.com)

NO DECK ENTRIES FOR 1000 FREE. RELAYS ARE DECK ENTRY ONLY. THERE IS A \$6 ENTRY FEE PER RELAY TEAM. All swimmers must be registered (number on file) with USMS to enter this meet.

Awards: Ribbons 1st through 6th in each age group. Special Memorial Awards: Women’s 80-84 Bernice Silber Award (100 Back), Women’s 90-94 Ellen Tait Award (50 free).

Meet Director: Steve Fisher (tel. 206.595.4829)

Referees: George Cleveland, Harrison Race

Events: (Odd numbered events are Women, even are Men – except relay which is mixed. Events are swum slow to fast.)

1 2 1000 yd Free

NOTE: Event #3 will not start before 11 a.m.

3		200 Free Relay – Mixed Men & Women			
5	6	200 yd Breast	17	18	50 yd Back Novice *
7	8	50 yd Free Novice *	19	20	200 yd IM
9	10	50 yd Free	21	22	100 yd Breast
11	12	100 yd Fly	23	24	50 yd Fly
13	14	100 yd Back	25	26	400 yd IM
15	16	200 yd Free	27	28	100 yd Free

* Novices are those with no prior competitive masters experience.

1650 yd Fly (Special Event - commences after the 100 yd Men’s Free)

Special Event records are kept. Entry is free. Email entry to 2016Rinconada@gmail.com, or, deck enter. There will be only one heat of 14 lanes, and lanes will be filled in order of registration. Bring your own counter and timer. Watches will be provided. Event must be completed within 45 minutes.