



Your **Medicare Health** Team

GNOSO Diamond-Level Sponsor

2016

GREATER NEW ORLEANS DISTRICT SENIOR OLYMPIC GAMES

February 12 - April 9

Individual Entry Form

Register online at www.gnoso.net

2016 Requested Entry Deadline: February 5, 2016

(TO GUARANTEE T-SHIRT SIZE)

Mission: Our Mission is to provide Seniors over the age of 49, quality venues to participate in a variety of athletic, recreational and social activities, all of which promote wellness and an active lifestyle.

Life Begins at 50!







S	REATER	GREATER NEW ORLEANS SENIOR OLYMP	R OLYMI	PIC GAMES	MES FEBRUARY	12- APRIL 9,	2016 (DATE	E ORDER	
DATE	DAY	EVENT	CHECK-IN	START	SITE	ADDRESS	RESS	CONTACT	504
2/12	Friday	Table Tennis	8:30	9:00	Bridge City	400 11 th St.	Bridge City, 70094	Janey	296-8200
2/13	Saturday	Basketball Ladies	8:30	6:00	Little Farms	10301 South Park	River Ridge, 70123	Ann	828-9766
2/13	Saturday	Basketball Men	1:00	1:30	Little Farms	10301 South Park	River Ridge, 70123	Jim	455-2997
2/19	Friday	Throws Men	00:6	9:30	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Thais	835-1562
2/19	Friday	Throws Ladies	12:30	1:00	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Thais	835-1562
2/20	Saturday	Cycling	7:30	8:00	I-55 Ruddock Exit	Hwy. 51	Ruddock, 70068	Robin	908-8771
2/20	Saturday	Texas Hold 'Em	1:00	2:00	Jefferson G.A. Center	4100 South Dr.	Jefferson, 70121	Janey	296-8200
2/23	Tuesday	Billiards	10:00	10:30	Corner Pocket	2424 Williams Blvd.	Kenner 70062	Sonya	450-9506
2/27	Saturday	Volleyball Ladies	Captains N	ot	Miley & Girard	Captains will be notified	of	Janey	296-8200
2/28	Sunday	Co-Ed Cabbage Ball	10:00	10:30	JPRD Softball Complex	6928 Saints Dr.	Metairie, 70003	Tammy	484-7019
2/28	Sunday	Swimming	6:00	10:00	UNO Aquatic Center	6801 Franklin Ave	New Orleans, 70148	Ellen	737-4262
3 /1	Tuecdon	Chooting	8.30	0.00	St. Bernard Indoor	212 Avench C+	Arabi 70032	Bill	888-7044
3/2	Wednesday	Bean Bag Basehall	8:30	9:00	Val Reiss Center	899 Magistrate St.	Chalmette, 70043	Susan	278-7355
3/3	Thursday	Bridge	00:6	9:30	Metairie G.A. Center	1521 Palm St.	Metairie, 70005	Carolyn	885-5193
3/2	Saturday	Softball	9:30	10:00	Lassalle Park	6600 Airline Dr.	Metairie, 70003	Henry	401-3688
3/6	Sunday	Track & Field	8:00	6:00	Joe Brown Memorial Park	5601 Reed Blvd	New Orleans, 70127	Paul	458-6766
3/8	Tuesday	Darts Men 8:30 /Ladies 10:00	0 8 :30	L 10:00	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Neil	201-2019
3/6	Wednesday	Washer Pitch	8:30	6:00	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Joyce	341-6439
3/10	Thursday	SENIOR EXPO		Pontc	Pontchatrain Center	4545 Williams Blvd		9:00-1:00	
3/11	Friday	Shuffleboard/Doub.55,65,75,85,90	8:30	6:00	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Darrell	225 615-1053
3/11	Friday	Shuffleboard /Doub. 50, 60, 70, 80	1:00	1:30	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Led	340-7902
3/12	Saturday	Shuffleboard / Singles	8:30	9:00	Belle Terre	5600 Belle Terre Rd.	Marrero, 70072	Darrell	225 615-1053
3/12	Saturday	Weightlifting	10:30	11:00	Capitano's	5524 Yale St.	Metairie, 70003	Sean	717-0146
3/13	Sunday	TRACK & FIELD	RAIN D	ATE	Joe Brown Memorial Park	5601 Reed Blvd	New Orleans, 70127	Paul	458-6766
3/15	Tuesday	Bowling (Mix Doubles)	12:30	1:00	Colonial Lanes	6601 Jefferson Hwy.	Harahan, 70123	Dee	341-1876
3/16	Wednesday	Miniature Golf	10:00	10;30	City Putt @ City Park	8 Victory Dr.	New Orleans, 70124	Howard	885-0635
3/17	Thursday	Bowling (Doubles)	12:30	1:00	Colonial Lanes	6601 Jefferson Hwy.	Harahan, 70123	Dee	341-1876
3/18	Friday	Bowling (Singles)	12:30	1:00	Colonial Lanes	6601 Jefferson Hwy.	Harahan, 70123	Dee	341-1876
3/19	Saturday	Volleyball Men	8:00	8:30	Miley	6716 West Metairie	Metairie, 70003	Janey	296-8200
3/19	Saturday	Volleyball Mixed	Follows	s men	Miley	6716 West Metairie	Metairie, 70003	Janey	296-8200
3/19	Saturday	Arts & Crafts	1:00	1:30	Miley	6716 West Metairie	Metairie, 70003	Mattie	436-7340
3/20	Sunday	Tennis	Check web-site	eb-site	City Park/Pepsi Courts	5900 Marconi Dr.	New Orleans, 70124	Bill	427-3334
27.72	Moderation	וויאסווסאסוו	7.20	0.00	Miley & Delta	6716 & 8301 W. Metairie 6601 10th St	Metairie, 70003	lono	700 007
3/29	Tuesday	Golf	8:30	0.00	Stonebridge Golf Club	1500 Stonebridge Dr.	Gretna, 70056	lerry	885-8330
4/2	Saturday	Archerv	8:30	00:6	Our Lady of the Angels	6851 River Road	Waggaman. 70094	Claude	467-8140
4/2	Saturday	Horseshoes 55, 65, 75, 85, 90	00:6	9:30	Waggaman Pits	516 Dandelion Dr.	Waggaman, 70094	Landry &	431-9092
4/2	Saturday	Horseshoes 50, 60, 70, 80.	12:30	1:00	Waggaman Pits	516 Dandelion Dr.	Waggaman, 70094	lennv	431-9092
4/2	Saturday	Dance (Team)	1:00	1:30	Pontiff Playground	1521 Palm St.	Metairie, 70005	Starrlynne	494-5470
4/3	Sunday	Bocce	10:30	11:00	Ital. Amer. Bocce Club	2340 Severn Ave.	Metairie, 70001	John	835-4456
		APRIL 7, THUI	THURSDAY 6:00 PM	:00 PM	CELEBRAI	CELEBRATION OF PARTICIPANTS BANQUET	ANTS BANQUET		
		THE FOUR COLUMNS	NINS	3711	WESTBANK EXPR	EXPRESSWAY H	HARVEY, 70058		
4/9	Saturday	5K Run. Racewalk	7:00	7:30	West Bank Bridge Park	Under I 310 Bridge	Luling 70070	Ellen	737-4262
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GREATER NEW ORLEANS DISTRICT

SENIOR OLYMPIC GAMES

Program Director: Janey Perez (504) 296-8200 jperez.gnoso@gmail.com Treasurer: Bernice Bordelon (504) 834-5279 Fax (504) 834-5279

GNO Senior Olympics P.O. Box 6255

Metairie, LA 70009-6255

GNOSO Website: www.gnoso.net

GENERAL ENTRY INFORMATION

DATES:

Friday, February 12 - Saturday, April 9, 2016

REGISTRATION: Register online, or return the attached entry form, fees and signed liability waiver by suggested entry deadline, **February 5, 2016.**

FEES:

Entry Fee (for three [3] sports)*	\$ 25.00
Each additional sport	\$ 3.00

*Official t-shirt and banquet are included.
ADDITIONAL fees are REQUIRED if you sign up for the following sports:

Bocce	\$	5.00
Bowling	\$	8.00
Golf	\$	35.00
Miniature Golf	\$	6.00
Tennis	\$	5.00
Additional banquet guests: Each	\$	10.00
5-K Run & Race Walk	\$	15.00
(Mississinni Bridge Run)		

(Mississippi Bridge Run)

ELIGIBILITY: Any person 49 years or older as of December 31, 2016 is eligible to participate. Athletes 40 and over may sign up for Track & Field, Basketball and Softball events.

AGE GROUPS: 49-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90+. Age groups are determined by age as of December 31, 2016. Age divisions for doubles/teams determined by youngest partner/member.

EVENT SELECTION: It is the responsibility of the participants to carefully select their events, considering possible overlap. Event start times will be strictly enforced. Absentees will be scratched.

CANCELLATIONS/ POSTPONEMENTS:

Game officials reserve the right to cancel or postpone events due to inclement weather, unusual circumstances or insufficient entries. All changes in the scheduled events will be posted to www.gnoso.net

ENTRY DEADLINE: February 5, 2016 (unless indicated in special instructions section of event schedule). No refunds given after February 5, 2016

LATE FEE: ALL REGISTRATIONS RECEIVED POSTMARKED AFTER FEBRUARY 5, MUST INCLUDE A \$5.00 LATE FEE & DOES NOT GUARANTEE A T-SHIRT IN YOUR SIZE.

AWARDS: Medals will be presented to first through third place individual winners in-district and actual order for out-of-district participants.

TEAMS AND DOUBLES: Each member must submit an individual signed application, release and entry fee. **Team captains** must submit a team roster for the team to be eligible for team competition.

PARTNER FIND

Are you looking for a partner in a sport that is doubles or four to a team? In most cases, the venue coordinator will make every effort to find you a partner. You may contact the coordinator before the event (all coordinators and their phone numbers are listed in this packet); however, this is not necessary. Every effort will be made to place you with someone.

YOU ARE TO SHOW UP AT YOUR EVENT UNLESS NOTIFIED BY GAME ORGANIZERS.

GUESTS: Family and friends are welcome and encouraged to attend all events free of charge.

EVENT ADDRESS AND PHONE NUMBER INFORMATION

EVENT SITE	ADDRESS	CITY, ZIP	PHONE
Belle Terre Playground	5600 Belle Terre Rd.	Marrero, 70072	504 349-5044
Bridge City Playground	400 11 th St.	Bridge City, 70094	504 736-8466
Capitano's Tennis & Athletic Club	5524 Yale St.	Metairie, 70003	504 455-4754
City Park/Pepsi Tennis Courts	5900 Marconi Dr.	New Orleans, 70124	504 483-9383
City Putt @ City Park	8 Victory Dr.	New Orleans, 70124	504 483-9385
Colonial Lanes	6601 Jefferson Hwy.	Harahan, 70123	504 737-2400
Corner Pocket	2424 Williams Blvd.	Kenner, 70062	504 469-2003
Delta Playground	8301 W. Metairie Ave.	Metairie, 70003	504 736-8463
Four Columns	3711 Westbank Expy.	Harvey, 70058	504 340-4109
Italian American Bocce Club	2340 Severn Ave.	Metairie, 70001	504 838-7123
Jefferson Gym & Golden Age Center	4100 South Dr.	Jefferson, 70121	504 838-1032
JPRD Girls Softball Complex	6928 Saints Dr.	Metairie, 70003	
LaSalle Park	6600 Airline Dr.	Metairie, 70003	504 731-4726
Little Farms Playground	10301 South Park St.	River Ridge, 70123	504 736-8470
Metairie Golden Age Center	1521 Palm St.	Metairie, 70005	504 838-1035
Miley Playground	6716 West Metairie Ave.	Metairie, 70003	504 736-8461
Our Lady of the Angels Church	6851 River Road	Waggaman, 70094	
Pontiff Playground	1521 Palm St.	Metairie, 70005	504 838-1035
St. Bernard Indoor Shooters Club	212 Aycock St.	Arabi, 70032	504 982-5433
Stonebridge Golf Club	1500 Stonebridge Dr.	Gretna, 70056	504 394-1300
University of N. O. Aquatic Center	6801 Franklin Ave.	New Orleans, 70148	504 280-7238
Val Reiss Multi Purpose Center	899 Magistrate St.	Chalmette, 70043	
Waggaman Gym & Horseshoe Pits	516 Dandelion Dr.	Waggaman, 70094	504 736-8468
West Bank Bridge Park (Mississippi Bridge Run)	Under I-310 Bridge	Luling, 70070	

Register online at www.gnoso.net

Please check the website for any changes And start times for your age group

YOU ARE TO SHOW UP AT YOUR EVENT UNLESS NOTIFIED BY GAME COORDINATORS YOU WILL NOT RECEIVE CONFIRMATION

INDIVIDUAL ENTRY/ PARTICIPANT WAIVER FORM

RETURN THIS FORM, AFTER COMPLETING AND INCLUDE ALL FEES

Mail to: Greater New Orleans Senior Olympics, P.O. Box 6255 Metairie, LA 70009-6255

_ast Name:	First Name: MI					
Address	• <u> </u>		City:			
State:	Zip	o: Parish: _	Home Phone	:	Cell Phone:	
Email:						
] Viale	[] Female	Age as of 12/31/16	Date of Birt	h:	1 1	
Olymagree 1. Telegraphic permitter is 2. If FROI 3. It was partice 4. If the Company of the extension of the	npic Games pes that: The risk of injanent disability sk of serious ir KNOWINGLY M THE NEGLIGWILLING AND GREATER STAND ITSELY AND VOLUTE 1 TAME:	jury from the activities in and death, and while participant to me does exist. AND FREELY ASSUME GENCE OF THE RELEASS to comply with the stated concern in my readinessing such to the attention of on behalf of my/or heirs, Orleans Senior Olympics is, sponsors, advertisers, sees"), with RESPECT TO incident to my involvement THE RELEASEES OR OTHOLD HARMLESS all dicipation in these prografiaw. THE Greater New Orleads sees fit for art, advertisem THIS RELEASE OF L	rticipate in any way in the os and activities, the undersign and activities, the undersign and activities, the undersign and activities, the undersign and activities, equipment, and activities, equipment, and activities, or others, and assume for and customary terms and confor participation and/or in the post the nearest official immediate assigns, personal representatives, its officers, officials, agents and, if applicable, owners and of ANY AND ALL INJURY, DISTANT AND ALL INJURY, DISTANT AND ALL INJURY, DISTANT AND ARISING FROM THERWISE, to the fullest extension of the above Releasees from ams, EVEN IF ARISING FROM THE GREAT NEW Orleans Senior Olympics without materit, exhibition, editorial, or any IABILITY AND ASSUMPTICED THAT I HAVE GIVEN UP S	gned acknowless significant, in personal disciples own and unknowll responsibility ditions for particular personal responsibility. It is and/or employ lessors of the particular permitted by land any and allow THEIR NEGROUND THEIR NEGROUND OF RISK	Orleans District Senior ledges, appreciates and ledges, own, EVEN IF ARISING y for my participation. Cipation. If I observe any I will remove myself from the kin, HEREBY RELEASE by ees, other participants, oremises used to conduct the remove of the participants, oremises used to conduct the remove of the participants, or ledges, other participants, or ledge	
SIGNA	ATURE:				DATE:	
EMER	EMERGENCY CONTACT: PHONE:					

2016 ENTRY FEE SCHEDULE

RETURN THIS PAGE with CHECK or MONEY ORDER with fees to:

Greater New Orleans Senior Olympics, P.O. Box 6255 Metairie, LA 70009-6255

REGISTER ONLINE at WWW.GNOSO.NET

Entry fees must be sent with this form to be eligible.

Entry Fee (allows participation in up to 3 Sports):	\$25.00	\$ 25.00				
\$3 for each additional sport: LATE FEE (POSTMARKED AFTER 2/5/16)	x \$3.00 \$5.00	\$				
· · · · · · · · · · · · · · · · · · ·	φ3.00	Ψ				
Sports Requiring an Additional Fee over the Entry Fee:	Φ 5.00	ф				
Bocce Fee:	\$ 5.00	\$				
Bowling Fee: (Singles, Doubles or Mixed Doubles) each	\$ 8.00	\$				
Golf Fee:	\$ 35.00	\$				
Miniature Golf:	\$ 6.00	\$				
Tennis Fee: (Balls Provided)	\$ 5.00	\$				
*5-K Run & Race Walk (NORSI Event, SEE *Note below)	\$ 15.00	\$				
I WILL ATTEND THE BANQUET: [] YES [] NO N/C Participants must check in at the door I will bring guest(s) @ \$10.00 each PAYABLE AT DOOR ONLY						
To Help Support GNOSO, I have enclosed a donation of		\$				
(All donations are tax deductible)Thank You!!						
TOTAL AMOUNT ENCLOSED		\$				
Make Checks Payable to: GNOSO						
Check shirt size preference []S []M []L []XL []2XL []3XL (Size not guaranteed after deadline)						
YOU ARE TO SHOW UP AT YOUR EVENT UNLESS NOTIFIED BY GAME ORGANIZERS						

*United Way Mississippi River Bridge 5K Run/Walk:

GNOSO will enter you in the NORSI Event. Get both shirts on the day of the race.

This is the largest run/walk among the numerous races held on bridges across the Mississippi River in the nation.

REGISTER ONLINE at WWW.GNOSO.NET

Mail Entry Form and Fees to:

GNO Senior Olympics
P.O. Box 6255
Metairie, LA 70009-6255
(Include pages 5, 6, 7 and 8.)
Team Captains, call Janey for team roster.
504 296-8200

REGISTER ONLINE at WWW.GNOSO.NET

2016 INDIVIDUAL SPORTS	(Return this page with your entry.)
[] 5K Run [] 5K Race Walk United Way	SWIMMING Women Men *USMS#
Mississippi River Bridge Run by NORSI–	(Events listed in order as they will occur on day of Event. Women
NOTE: If you Register for this event through GNOSO	precede men.) Limit 5 events for USMS, all others 6 events
you will save \$10.00 on the entry fee and get both the	Event Seed Time
NORSI race T-Shirt and the GNOSO T-Shirt with	[] 100y Butterfly
admittance to the GNOSO Banquet that includes food and	50y Freestyle
entertainment. For more information see page 11.	[] 100y Breaststroke
	[] 200y Backstroke
[] ARCHERY [] Barebow	[] 200y Freestyle
[] Compound Barebow [] Recurve Barebow	[] 50y Butterfly
[] Compound Fingers [] Compound Release	[] 50y Breaststroke
LIAPTE CONTENTS OF LCA	[] 200y Individual Medley
[] ARTS & CRAFTS – Circle Categories Needlework, Ceramics, Woodworking,	[] 100y Backstroke
Photography, Painting Beading/Jewelry	[] 100y Freestyle [] 100y Individual Medley
Thotography, Taming Beauing seweny	[] 50y Backstroke
[] BASKETBALL 3 ON 3	[] 200y Breaststroke
DIGITAL CONT	500y Freestyle
[] BILLIARDS	The length of the course is in compliance and on file with USMS in accordance with Article
[] BIELINIES	105.1.7 and 107.2.1, but as a bulkhead course is subject to length confirmation. Eligibility of times for USMS top 10 and records will be contingent on verification of bulkhead
[BOWLING Singles	*USMS number not mandatory
[] Mixed Doubles (Partner)	TRACK & FIELD EVENTS
Doubles (Partner)	Track Events Field Events
[] = 0.0000	[] 50m Dash [] Long Jump
[] BRIDGE (card game)	[] 100m Sprint [] Triple Jump
	[] 800m Race Walk [] High Jump
[] CABBAGE BALL (Co-Ed) You will be placed on team	[] 800m Run [] Javelin
	[] 200m Run [] Discus
[] CYCLING [] 5K [] 10K	[] 1500m Race Walk [] Shot Put
I IDADTO	[] 400m Run
[] DARTS	[] 1500m Run
I I COLE (Chrester Diago)	[] TENNIC Cincles
[] GOLF (Stroke Play)	[] TENNIS Singles [] Doubles (Partner)
[] HORSESHOES	[] Mixed (Partner)
[] HORDESHOED	[] Whited (Turner
[] MINIATURE GOLF	[] TABLE TENNIS Singles (Ping Pong)
	[] Doubles (Partner)
PICKLEBALL	[] Mixed (Partner)
[] Doubles (Partner)	
[] Mixed (Partner)	[] TEXAS HOLD'EM
[] SHOOTING [] Rifle [] Pistol	THE THROWS
[] CHITEEL EDGARD C']	[] Football Accuracy [] Softball Accuracy
[] SHUFFLEBOARD Singles [] Doubles (Partner)	[] Frisbee Accuracy [] Softball Distance [] Basketball Free Throw
[] Doubles (Partner)	[] Daskettrall Flee Tillow
The \$25.00 registration fee entitles you to 3 sports.	[] WASHER PITCH
A sport is defined as anything in a gray box on this page.	
For example, track & field, you can do any number of	WEIGHTLIFTING
Eventsbut it is still 1 sport. Any team event is 1 sport.	[] Bench Press [] Dead Lift
ANYTHING OVER 3 SPORTS IS \$3.00 EACH.	Arm Curl

REGISTER ONLINE at WWW.GNOSO.NET

2016 TEAM EVENTS FOR INDIVIDUALS

EACH COACH OR CAPTAIN MUST CALL JANEY 504 296-8200 FOR TEAM ROSTER. ROSTER MUST BE RETURNED BY FEBRUARY 5th TO PARTICIPATE. INDIVIDUAL PLAYERS COMPLETE THIS FORM TO MARK THE TEAM YOU ARE PLAYING WITH.

Basketball 3 or	n 3 M or F	Age Group
Team Name		
Captain's Name		Phone: ()
Bean Bag Basel	ball	
Team Name		
		Phone: ()
Bocce Ball – 4-l	Player Team	
Team Name		
Captain's Name		Phone: ()
Player 3:		Player 4:
	neIf you do not	have a foursome, we will place you in one. Individual competition. Player 2:
Player 3:		Player 4:
Softball (Men)		Age Group
Team Name		
Captain's Name		Phone: ()
Volleyball	M or F	Mixed Age Group
Team Name		
		Phone: ()
Team Dance _	_RecreationalA	AdvancedLine Dance Age Group determined by team average
Team Name		
Captain's Name		Phone: ()

REGISTER ONLINE at WWW.GNOSO.NET

Event	Check-in	Start	Date/ Site	Special Instructions
ARCHERY		-	April 2, Saturday	
	8:30AM	9:00AM	OUR LADY OF THE ANGELS Claude Matherne	CHURCH (504) 467-8140
A DIEG & CD A FIEG	0.30AW	9.00AW		(304) 407-8140
ARTS & CRAFTS			March 19, Saturday MIKE MILEY PLAYGROUNI	<u> </u>
	1:00PM	1:30PM	Mattie Whitney	(504) 436-7340
NOTE: ARTICLE SH			D WITHIN THE YEARONE ENTRY	` /
BASKETBALL			February 13, Saturday	
			LITTLE FARMS PLAYGROU	
LADIES	8:30AM	9:00AM	Ann Hassenboehler	(504) 828-9766
MEN	1:00PM	1:30PM	Jim Young	(504) 455-2997
BEAN BAG BASEI	BALL		March 2, Wednesday	
	8:30AM	9:00AM	VAL REISS MULTI PURPOSE Susan McNeil	E CENTER (504) 278-7335
DILLIADDO	0.3071141	J.007 HVI	-	(301) 270 7333
BILLIARDS			February 23, Tuesday CORNER POCKET	
	10:00AM	10:30AM	Sonya Belgard	(504) 450-9506
BOCCE		-	· · · · · · · · · · · · · · · · · · ·	5.00
20002			ITALIAN AMERICAN BOCC	
	10:30AM	11:00AM	John Wolken (:	504) 835-4456
BOWLING MIXE	ED DOUBLES		March 15, Tuesday \$	8.00 No registrations after March 5
			COLONIAL LANES	(504)
	12:30PM	1:00PM	Nova Dee Carbo & Joyce Plaisance	Dee 341-1876 Joyce 341-6439
BOWLING DOU	BLES			8.00 No registrations after March 5
			COLONIAL LANES	(504)
	12:30PM	1:00PM	Nova Dee Carbo & Joyce Plaisance	Dee 341-1876 Joyce 341-6439
BOWLING SING	LES		March 18, Friday \$	8.00 No registrations after March 5
			COLONIAL LANES	(504)
	12:30PM	1:00PM	Nova Dee Carbo & Joyce Plaisance	Dee 341-1876 Joyce 341-6439
BRIDGE		-	March 3, Thursday	
	0.00434	0.20434	METAIRIE GOLDEN AGE CE	` /
	9:00AM	9:30AM	Carolyn Abadie & Lynne Peterson	Carolyn 885-5193 Lynne 837-4532
CO-ED CABBAGE			February 28, Sunday	ADV DV
FRED EITMANN	MEMORIAL . 10:00AM	10:30AM	JPRD GIRLS SOFTBALL CON Tammy Eitmann Yrle	(504) 484-7019
CYCLING 5K & 1		10.3071111		(301) 101 7015
(Time trials)	UK		February 20, Saturday I-55 RUDDOCK EXIT (HWY.	51)
(Time triais)	7:30AM	8:00AM	Robin Robert	(504) 908-8771
DANCE (TEAM	(DANCE)		April 2, Saturday	
DITTOL (IEAN	Diffice)		PONTIFF PLAYGROUND	
	1:00PM	1:30PM	Starrlynne Morgan	(504) 494-5470
D. I. DET			16 10 F	
DARTS			March 8, Tuesday	VID.
MEN	8:30AM	9:00AM	BELLE TERRE PLAYGROUN Neil Whitney	(504) 201-2019
LADIES	10:00AM	10:30AM	1.011 Williams	(501) 201 2017

Event	Check-in	Start	Date/ Site	Special Instructions
GOLF			March 29, Tuesday	\$35.00
			STONEBRIDGE GOLF CLUB	(504)
	8:30AM	9:00AM	Jerry Logreco & Pierre Hjartberg J	erry 885-8330 Pierre 394-1590
HORSESHOES			April 2, Saturday	
HORSESHOES			WAGGAMAN HORSESHOE PITS	<u> </u>
55+ 65+ 75+ 85+ 90+	9:00AM	9:30AM	Wilderman	,
50+60+70+80+	12:30PM	1:00PM	Landry & Jenny Camardelle	(504) 431-9092
MINIATURE GOLI	F	-	March 16, Wednesday	\$6.00
			CITY PUTT @ CITY PARK	
	10:00AM	10:30AM	Howard Davenport	(504) 885-0635
PICKLEBALL			March 23, Wednesday	Please register by March 18
Everyone checks in			MILEY, DELTA & HARAHAN PI	LAYGROUNDS
At Miley	7:30AM	8:00AM	Carol Bradford	Carol H 488-9564 C 577-0321
SHOOTING			March 1, Tuesday	
Rifle22 caliber bolt act			ST. BERNARD INDOOR SHOOTI	
Pistol.22 caliber handgun	8:30AM	9:00AM	Bill Connick	(504) 888-7044
Revolver or semi autom	atic pistol		Skip Blanchard	(504) 887-5842
SHUFFLEBOARD	DOUBLES		March 11, Friday	
			BELLE TERRE PLAYGROUND	
55+65+75+85+90+		9:00AM	Darrell Acosta &	(225) 615-1053
50+60+70+80+	1:00PM	1:30PM	Ted Matherne	(504) 340-7902
SHUFFLEBOARD SINGLES			March 12, Saturday	
			BELLE TERRE PLAYGROUND	
ALL AGES	8:30AM	9:00AM	Darrell Acosta &	(225) 615-1053
			Ted Matherne	(504) 340-7902
SOFTBALL			March 5, Saturday	
	0.0043.5	40.0043.5	LASALLE PARK	(504) 404 2500
	9:30AM	10:00AM	Henry Francalancia	(504) 401-3688
SWIMMING			February 28, Sunday	
DICK BOWER ME			UNIVERSITY OF NEW ORLEAN	
	9:00AM	10:00AM	Ellen Hall	(504) 737-4262
TABLE TENNIS			February 12, Friday	
(Ping Pong)	0.0013	0.00.13	BRIDGE CITY PLAYGROUND	(504) 20(0200
	8:30AM	9:00AM	Janey Perez	(504) 296-8200
TENNIS			March 20, Sunday	\$5.00
			CITY PARK/PEPSI TENNIS COU	
TI	1 211.1	.1 1 1	Bill Pryor	(504) 427-3334
		on the website	(www.gnoso.net) or call Bill for actual	start times
TEXAS HOLD 'EM			February 20, Saturday	
	1.00	2.00	JEFFERSON GOLDEN AGE CEN	
	1:00pm	2:00pm	Janey Perez	(504) 296-8200
THROWS			February 19, Friday	
			BELLE TERRE PLAYGROUND	/ N · ·
MEN	9:00AM	9:30AM	Thais Lacrouts &	(504) 835-1562
LADIES	12:30PM	1:00PM	Lucille Walker	(504) 838-9385

Special Instructions

Date/Site

Event

Check-in

Start

TRACK & FIELD			March 6, Sunday	RAIN DATE MARCH 13.
BILL KLOCK MEMO	ORIAL TRAC	CK MEET	JOE BROWN	
			MEMORIAL PARK	40+ YEAR OLDS MAY
Track Events	8:00AM	9:00AM		PARTICIPATE
Field Events	8:30AM	9:15AM	Paul Bowman	(504) 458-6766
	Same day re	gistration ac	eceptedT-Shirt not guaranteed.	Order of events on page 7
VOLLEYBALL LAI	DIES		February 27, Saturday	
			MILEY & GIRARD PLAYGRO	UNDS
Captains will be noti	fied of times a	nd gyms	Janey Perez	(504) 296-8200
VOLLEYBALL MEN & MIXED March 19, Saturday				
VOLLEYBALL ME	N & MIXED		March 19, Saturday	
			MILEY PLAYGROUND	
MEN	8:00AM	8:30AM		
MIXED Follows Men,	(If time pern	nits)	Janey Perez	(504) 296-8200
WASHER PITCH			March 9, Wednesday	
			BELLE TERRE PLAYGROUND	
	8:30AM	9:00AM	Joyce Plaisance	(504) 341-6439
WEIGHTLIFTING			March 12, Saturday	
			CAPITANO'S TENNIS & ATHL	ETIC CLUB
	10:30AM	11:00AM	Sean Sellers	(504) 717-0146

NORSI 5K RUN & RACE-WALK MISSISSI	PPI RIVER BRIDGE RUN April 9, Saturday \$15.00	
NORSI 5K Run and Race-walk (United Way N	Aississippi River Bridge Run a NORSI event)	
Mississippi River Bridge Run	Ellen Hall (504) 737-4262	
(Start at east bank and race to west bank park)	Pick up packet early from 5-7 on Friday at the GNOSO	
NOTE: This GNOSO event is managed by	site located at the West Bank Bridge Park.	
New Orleans Running Systems.	Early pick up recommended to receive the requested shirt size.	
Senior Olympians register with GNOSO	Check in on race day with GNOSO rep at the West Bank	
and GNOSO will take care of registering	Bridge Park before 7:00 AM, and ride the bus to the start	
you with NORSI to receive both shirts.	line Race Time 8:30 AM	

THURSDAY APRIL 7, 2016 CELEBRATION OF PARTICIPANTS BANQUET

THE FOUR COLUMNS 6:00 PM

3711 WESTBANK EXPRESSWAY HARVEY, LA 70058



Greater New Orleans Senior Olympics P.O. Box 6255 Metairie, LA 70009-6255

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2016 **GREATER NEW ORLEANS DISTRICT SENIOR OLYMPIC GAMES**

NEW ORLEANS, LA. FEBRUARY 12 - APRIL 9, 2016





Your **Medicare Health** Team