

# SAGINAW YMCS SHARKS AND SAGINAW VALLEY STATE UNIVERSITY 2016 MASTERS' SWIM MEET

Sunday, February 21, 2016

- Location: Saginaw Valley State University – Ryder Center      Sanction# 196-S007  
7400 Bay Road; University Center, MI 48360
- Eligibility: The meet is open to all registered USMS members. Only swimmers who have a **current USMS 2016** registration will be allowed to compete. Registration is available online at <http://www.usms.org/reg> **Enclose a photocopy of your USMS membership card with your entry.**
- Facility: The facility will be configured as two 25 yard courses in the 50 meter pool. The main competition pool has 8 racing lanes. The second pool will be used for warm-up/warm-down during the meet. There is plenty of deck space and spectator seating.
- Entries: Pre-entries are \$25; pre-entries should be in our hands by February 18<sup>th</sup>. Deck entries will be accepted until 9AM on the morning of the meet and Deck Entry fee will be \$35. All relays will be deck entered. Swimmers may swim a maximum of 5 individual events and 3 relays.
- Awards: Awards will be given to the top 3 places for each event.

Warm-up will begin at 8:30AM, the meet will begin at 9AM. Enter the pool feet first; no diving is allowed during warm-up except in the designated “diving” lane. Warm-up will be allowed in the non-competition course during the entirety of the meet.

The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Meet Directors:

Megan Will (989) 964-7487 & Tina Swanton (989) 753-7721  
[mwill1@svsu.edu](mailto:mwill1@svsu.edu)      [tmswanton@saginawymca.org](mailto:tmswanton@saginawymca.org)

**Mail entries, payment, waiver and a photocopy of your USMS card to:**  
**YMCA of Saginaw Attn: Tina Swanton**  
**1915 Fordney St. Saginaw, MI 48601**

MAKE CHECKS PAYABLE TO:

YMCA of Saginaw –

with ‘Masters Meet’ clearly written in the memo area on the check

Proceeds from this meet will benefit Saginaw YMCA Sharks and Saginaw Valley State University Ryder Center Natatorium THANK-YOU for your support.

# Saginaw Valley Meet Entry, February 21, 2016

Name:		Email:	
Street Address:			
City:		Date of Birth:	
Phone#:	SEX:	AGE:	USMS#
EVENT#	EVENT	SEED TIME	
1	200 yd. Backstroke		
2	50 yd. Butterfly		
3	200 yd. IM		
4	50 yd. Breastroke		
5	200 yd. Freestyle		
6	400 yd. Medley Relay	Will be deck entered	
7	50 yd. Backstroke		
8	100 yd. Butterfly		
9	50 yd. Freestyle		
10	400 yd. IM		
11	400 yd. Free Relay	Will be deck entered	
12	100 yd. Freestyle		
13	200 yd. Butterfly		
14	100 yd. Backstroke		
15	100 yd. Breastroke		
16	100 yd. IM		
17	800 yd. Free Relay	Will be deck entered	



## PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M      F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed