

2016 AUBURN MASTERS SHORT COURSE YARDS INVITATIONAL

AUBURN, ALABAMA, FEBRUARY 13-14, 2016

Sanctioned by Southeastern Masters Swimming for United States Masters Swimming, Inc., Sanction No. 156-S003.

HOSTED BY: Auburn Masters Swimmers. Meet Director: Conner Bailey. Phone: 334.844.5632 (day); 334.332.1955 (evenings)
Fax: 334.844.5639. Email: cbailey@ag.auburn.edu.

FACILITY: The James E. Martin Aquatics Center <http://aquatics.auburn.edu/> on the campus of Auburn University is an indoor 25 yard, 8 lane competition pool equipped with Competitor non-turbulent lane lines, state-of-the-art gutter systems that absorb waves, minimum 9' depth, and a fully automatic Colorado timing system. A separate warm-up and warm-down pool will be available before and during competition. The pool is FAST!

ONLINE ENTRY: We encourage online entries through the Club Assistant system. Entry information is at https://www.clubassistant.com/club/meet_information.cfm?c=1582&smid=6981. You will be able to submit your entry times, use a secure site for payment of fees, sign the standard USMS waiver electronically, and have your USMS membership verified through this system. You will also be able to access the USMS database of times associated with your USMS registration number to help you determine appropriate seed times. Online entries will reduce the workload associated with putting together a meet. Your credit card statement will show a charge from "ClubAssistant.com Events."

DEADLINE FOR ONLINE ENTRIES: The online entry system will not allow late entries. Entry deadline for online entries is 11:59 p.m. Central Standard Time on Sunday, February 7, 2016.

DEADLINE FOR PAPER ENTRIES: Paper entries are available at the Dixie Zone webpage <http://www.dixiezone.org/Meets.htm> or the USMS Calendar of Events http://www.usms.org/comp/event_search.php?utm_campaign=top_nav&utm_medium=events_and_results. Paper entries must be received (not postmarked) by Friday, February 5, 2016. Paper entries received after that date will incur a late fee of \$20. Paper entries received after Tuesday, February 9th will be considered deck entries. Please mail to Conner Bailey, 323 Brookside Drive, Auburn, AL 36830.

ENTRY FEES: \$60 flat rate for all entries, including individual events and relays.

DECK ENTRIES: Deck entries will be allowed at the discretion of the Meet Director. We will try to accommodate deck entries but only if such entries do not require additional heats. The fee for deck entries is \$80 (\$60 entry fee plus \$20 late fee).

PSYCH SHEET: A psych sheet based on online entries will be posted at http://www.swimphone.com/mobile/meets/meet_menu.cfm?smid=6981 before 5 p.m. on Monday, February 8, 2016. Please send any necessary corrections to the Meet Director (cbailey@ag.auburn.edu). Corrections will be accepted until noon Central Standard Time on Wednesday, February 10, 2016, at which time the meet will be seeded and heat sheets printed.

COMPETITION COURSE COMPLIANCE: USMS requires the following statement be included in all meet information. The Meet Director and staff of the Auburn Aquatics Center will be diligent in making sure that the pool is measured and the course is in compliance. Here is the obligatory wording: The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead placement.

RULES: 2015 USMS Rules and Southeastern LMSC Safety guidelines and warm-up procedures will govern. Safety guidelines specify feet-first entry during warm-ups except for designated sprint lanes.

ELIGIBILITY: All swimmers must be registered for 2016 with United States Masters Swimming, Inc. If you are not already registered with USMS, online registration will allow you to register with USMS when you register for the meet. You will not be able to register online without being a USMS member.

ENTRIES: A swimmer may enter up to 4 individual events per day and 8 individual events for the meet, exclusive of relays. Entry times shall be in yards. During online registration you will find a link to a conversion calculator from meters to yards, if needed. No Time (NT) entries (00:00.00 in online form) will be seeded as slowest times. Please avoid using NT times whenever possible, and please use realistic entry times (no sandbagging!)

1650 FREE ON SATURDAY: We will offer a 1650 free event Saturday morning to the first 32 swimmers who register for this event. Positive check-in required in person at the registration desk by 10:00 a.m. on the day of the event. We will seed the event at 10:15 a.m. If there are swimmers who have not checked in by that time, other swimmers on "stand by" will be given

their place. Swimmers wishing to swim the 1650 are especially encouraged to use the online system. The system will accept entries as long as the limit has not been reached. After the limit has been reached, the system will put you on a waiting list. If you use a paper entry form, we will enter you in the 1650 as quickly as we can after receipt of your entry. But please understand that the delay of sending a mailed entry may result in your being on the waiting list.

SEEDING: The 1650 free will be seeded fast to slow without regard to age or gender. All other events will be seeded slow to fast without regard to age or gender. Results will be tabulated by gender and age group as defined by USMS.

SCHEDULE: Warm-up for the 1650 will begin at 10 a.m. The first heat of 1650 will start at 10:45 a.m. Warm-ups for the Saturday afternoon session will begin at 12:30 p.m. with competition to follow at 1:15 p.m. Sunday morning warm-ups will start at 8:45 a.m. with competition at 9:30 a.m.

SCORING: First 8 finishes in each event, by age and gender, will be scored as follows: Individual events 9-7-6-5-4-3-2-1; Relay events 18-14-12-10-8-6-4-2.

RELAYS: Relays will be deck-entered using forms provided at the meet. Relay team members must be registered with the same club. For purposes of awards and scoring, the age of the youngest relay team member shall determine the age group in the following age categories: 18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+, 95+, etc. No charge for relay entries.

INDIVIDUAL AWARDS: Individual ribbons will be awarded for 1st through 3rd place by age group and gender. High point awards will be given to top male and female swimmers in each age group based on points scored in individual events. A swimmer must swim in at least four individual events to qualify. Relay points will not count towards individual awards, but they will count for team awards.

TEAM AWARDS: Trophies will be awarded to the top three teams in each of three categories: large, medium, and small teams. The Meet Director will determine the break-off point between the three categories once entries have been received. The host team will not be a contender for team awards.

SWIM GEAR SALES: All American Swim Supply www.allamericanswim.com from Florence, Alabama, will be on hand and offer suits, goggles, and sundry other items and toys for Masters swimmers. All American Swim Supply is an official USMS sponsor.

EMERGENCY PHONE CONTACT: The phone number at the pool office is 334.844.4182. Campus security is 334.844.4158. These numbers are for emergency purposes only during competition.

DISABLED SWIMMERS: Disabled swimmers are welcome. Please let Conner Bailey, Meet Director, know what accommodations are necessary and also communicate these needs to the meet referee on the day of the meet.

HOTEL ACCOMMODATIONS:

Auburn University Hotel & Conference Center. Recently renovated. Special room rates are \$124 plus taxes (13%). A block of 20 rooms have been reserved for Friday, February 12th and 40 rooms for Saturday, February 13th. Cutoff date for making reservation at this rate is January 29, 2016. Reservations at 334.821.8200 or 800.228.2876. If you call in, tell the reservations clerk you want the rate for "Auburn Masters Swimmers 2016." The direct link for making online reservation: <https://bookings.ihotelier.com/The-Hotel-at-Auburn-University/bookings.jsp?hotelID=6493&groupID=1547341>

Auburn Marriot Opelika Hotel & Conference Center at Grand National, 3700 Robert Trent Jones Trail, Opelika, AL 36801. This hotel is a 15 minute drive from the pool and is on one of Alabama's famous Robert Trent Jones golf courses, for those who want to come early or stay afterwards and get in a round or two of golf. Reservation at 800.593.6456.

- EconoLodge, 2145 South College St., Auburn (800.553.2666 or 334.887.3462.
- Fairfield Inn & Suites Auburn Opelika, 2257 Interstate Drive · Opelika, Alabama 36801.
- Crenshaw Guest House (Bed and Breakfast), 371 North College St., Auburn (800.950.1131 or 334.821.1131). Rooms can be viewed at <http://www.crenshawguesthouse.com/>.
- Holiday Inn Express, 2013 S. College Street, Auburn (334.502.1090)
- Comfort Inn, 2283 S. College St., Auburn (821.6699)
- Hilton Garden Inn, 2555 Hilton Garden Drive, Auburn (800.445.8667 or 334.502.3500)
- Hampton Inn, 3000 Capps Way, Opelika. Exit 58 on I-85. 334.745.4311. www.opelikasuites.hamptoninn.com
- Golden Cherry Motel, 1010 2nd Avenue, Opelika (334.745.7623). About a 20 minute drive from Auburn. This place is for fans of the movie Norma Rae, part of which was filmed at this 1950s style motel.

DIRECTIONS TO POOL: Approaching Auburn via I-85 from either North or South, take Exit 51 (Hwy 29, also known as South

College St.). Follow South College approximately 3 miles until you reach the Auburn University campus, on your left. Turn left on Samford Street and follow approximately 1 mile to Donahue. Turn right at Donahue and then left at first street (Biggio). You will see the old Coliseum, a large oval structure. The pool is immediately to the west of the Coliseum. Campus map at: www.auburn.edu/its/ducapps/aumap/main.html. If you are coming to Auburn from the northwest via U.S. Hwy 280, turn right at Alabama Hwy 147 (which becomes North College St.) Follow for approximately 5 miles. Campus will be on your right immediately after downtown. Turn right at Samford Street, just after the Heart of Auburn Motel and just as you are leaving campus. From there follow directions above.

PARKING: The best parking is immediately to the east of the old Coliseum. Parking is free and open to the public on Saturday and Sunday. Short 2 minute walk to the pool.

NO SATURDAY NIGHT SOCIAL THIS YEAR: There has been a proliferation of good restaurants in Auburn in the past few years. Since our meet is on Valentines weekend, the restaurants will be busy, so you might want to make a reservation. The Saturday afternoon session should be done by 5 pm and making a reservation for very early evening may be to your advantage.

DINING OPTIONS IN AUBURN: Most of the top restaurants in the area have online menus which you can peruse. Among the restaurants you might want to consider, listed in alphabetical order:

- Acre. 210 East Glenn Ave, Auburn. 334.246.3763. Emphasis on local sourced foods. www.acreauburn.com
- Amsterdam Café. 410 South Gay St, Auburn. 334.826.8181. www.amsterdamcafeauburn.com
- Ariccia. 241 South College St., Auburn (the hotel at the Auburn University Hotel & Conference Center. 334.844.5140. <http://www.auhcc.com/dining/ariccia-auburn-restaurant/>
- Hamilton's. 174 East Magnolia Ave., Auburn. 334.887.2677. www.hamiltonsonmagnolia.com
- Pho Lee. 756 East Glenn Ave., Auburn. 334.209.2979. Vietnamese. Probably do not need reservation. <https://www.facebook.com/pholeeauburn>
- The Depot. 124 Mitcham Ave., Auburn. 334.521.5177. <http://allaboardauburn.com/#> =
- The Hound. 124 Tichenor Ave., Auburn. 334.246.3300. <http://thehound-auburn.com/#> =

Trip Advisor ratings for restaurants in Auburn can be found at http://www.tripadvisor.com/Restaurants-g29006-Auburn_Alabama.html. I have left off barbeque and pizza joints, which as a college town there are many in Auburn.

There are also a number of good places to eat in our neighboring town of Opelika. Conner's favorite is "Acre" but feel free to ask people at the meet registration desk for their own take on local food options.

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USE THIS FORM ONLY IF YOU CANNOT USE THE ONLINE ENTRY

LAST NAME _____ FIRST NAME _____ EMAIL _____ POSTAL ADDRESS _____

DAYTIME PHONE (____) _____ - _____ **Pls make checks to Auburn Masters Swimming**

EVENING PHONE (____) _____ - _____ Meet entry \$60.00 \$ _____

BIRTHDATE _____ Late entry fee, \$20.00 _____

AGE AS OF 2/14/2016 _____ Total enclosed \$ _____

USMS REGISTRATION NUMBER _____

CLUB NAME _____ **Mail to:** Conner Bailey, 323 Brookside Drive, Auburn, AL 36830

CLUB ABBREVIATION _____

MORNING SESSION, SATURDAY FEBRUARY 13, 2016

Warm-ups at 10:00 a.m., competition at 10:45 a.m.

WOMEN				MEN
Event No.	Entry Time		Entry Time	Event No.
1	_____	1650 yard Free	_____	1

SATURDAY FEBRUARY 13, 2016

Warm-ups at 12:30 p.m., competition at 1:15 p.m.

WOMEN				MEN
2	_____	100 yard IM	_____	2
3	_____	200 yard Fly	_____	3
4	_____	50 yard Free	_____	4
5	_____	100 yard Breast	_____	5
6	_____	100 yard Back	_____	6
7	_____	200 yard Free	_____	7
8	_____	50 yard Fly	_____	8
9	_____	400 yard IM	_____	9
10	///////	200 yard Medley Relay (women)	///////	-
-	///////	200 yard Medley Relay (men)	///////	11
12	///////	200 yard Mixed Free Relay	///////	12

MORNING SESSION, SUNDAY FEBRUARY 14, 2016

Warm-ups at 8:45 a.m., competition at 9:30 a.m.

13	_____	500 yard Free	_____	13
14	_____	100 yard Fly	_____	14
15	_____	200 yard Breast	_____	15
16	_____	50 yard Back	_____	16
17	_____	100 yard Free	_____	17
18	_____	200 yard Back	_____	18
19	_____	50 yard Breast	_____	19
20	_____	200 yard IM	_____	20
21	///////	200 yard Free Relay (women)	///////	-
-	///////	200 yard Free Relay (men)	///////	22
23	///////	200 yard Mixed Medley Relay	///////	23

IF YOU ARE USING A PAPER ENTRY FORM:

- 1. SIGN THE RELEASE ON THE NEXT PAGE**
- 2. INCLUDE A COPY OF YOUR 2015 USMS REGISTRATION**
- 3. INCLUDE A CHECK MADE OUT TO AUBURN MASTERS SWIMMERS FOR YOUR ENTRY**



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	M.I.	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street address, City, State, Zip				
Signature of Participant			Date signed	

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Revised 07/01/2014