



South Carolina SCM Championships

December 5 - 6, 2015

Meet Location: Carolina Natatorium, Sol Blatt P.E. Center, 1300 Wheat Street, Columbia, SC 29205

Host: Columbia Masters

Sanction: Sanctioned by South Carolina LMSC for USMS, Inc. #555-S004

Meet Director: Barry Clark

Facility: The Carolina Natatorium pool is 50 meters in length and 25 yards wide. The pool features a movable bulkhead and will be set up for 10 lanes of 25 meter competition. The remaining 25 yard wide area of the pool will allow for continuous warm up and warm down during the event. The facility also features a state-of-the-art Colorado Timing System as well as a Full Color Video Display Board. For more information on the facility <http://www.gamecocksonline.com/facilities/scar-facilities-swim-dive.html>



Rules: The meet will be conducted according to 2015 U.S.M.S. rules and this meet information.

Eligibility: This meet is open to all USMS registered swimmers. When registering online for this meet, your USMS membership will be verified instantly online. USMS One Event registrations are available for non USMS registered participants. Age determined as of the last day of 2015.

Fees: \$40.00 per swimmer for data processing, electronic timing, and heat sheet, maximum of 10 individual events and relays. Deck entries will be accepted for available lanes only at \$5.00 per event plus the \$15.00 swimmer surcharge. Online meet entries are paid by Visa, MasterCard, or Discover. Your credit card statement will reflect a charge by "ClubAssistant.com Events".



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Entries: Online entries **ONLY** at Club Assistant must be completed by midnight eastern time on November 28, 2015. Link: https://www.clubassistant.com/club/meet_information.cfm?c=1581&smid=7012 A psych sheet will be posted at www.sportstiming.com on or before Monday, November 30th. Corrections will be accepted until 2:00 pm on Wednesday, December 2nd. IT IS YOUR RESPONSIBILITY TO CHECK THE WEBSITE FOR ERRORS WITH YOUR ENTRY. THE MEET WILL NOT BE RE-SEEDED AFTER November 30th. Participants are limited to a maximum of 5 individual events per day, 10 individual events total.

Time of the Meet: Warm-up Saturday at 9:00 am, Meet starts at 9:30 am. There will be a 30 minute warm-up in the competition end of the pool at the conclusion of event 1 (1500M Free). Warm-up Sunday at 8:00 am, Meet starts at 9:00 am.

Awards: High point award for each age group (minimum of at least 5 events to qualify). Team awards to top 3 teams in and out of state. Scoring is to 8 places.

Seeding: Heats will be seeded from slowest to fastest using submitted meter times. Ages and sexes will be combined for competition but separated for awards. No time (NT) entries will be seeded in the early heats. All events 400 meters and longer will be deck seeded fastest to slowest. Check-in for all events 400 and longer will close 30 minutes before the start of the event/meet. Swimmers not checked in will be scratched. The 1500 Free may be limited to the first 30 swimmers received. Others may be placed on a waiting list.

Directions: Map Link <https://www.google.com/maps/place/Solomon+Blatt+Physical+Education+Center/@33.9938631,-81.0287052,17z/data=!4m5!1m2!2m1!1ssol+blatt+pe+center+address!3m1!1s0x88f8bad0ab0db437:0x808d100f81efecf5>

Accommodations

Info to follow...



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Events

Saturday, December 5

- 1 _____ 1500 Free
- 30 Minute Warm Up
- 2 _____ 100 IM
- 3 _____ 50 Breast
- 4 _____ 200 Fly
- 5 _____ 100 Back
- 6 200 Mixed Medley Relay
- 7 _____ 200 Breast
- 8 _____ 50 Fly
- 9 _____ 200 Free
- 10 200 Women's Free Relay
- 11 200 Men's Free Relay
- 12 _____ 400 I.M.

Sunday, December 6

- 13 _____ 200 I.M.
- 14 _____ 50 Free
- 15 _____ 100 Breast
- 16 _____ 200 Back
- 17 200 Mixed Free Relay
- 18 _____ 100 Free
- 19 _____ 50 Back
- 20 _____ 100 Fly
- 21 200 Women's Medley Relay
- 22 200 Men's Medley Relay
- 23 _____ 400 Free



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed