

**BOISE YMCA SWIM TEAM  
THANKSGIVING INVITATIONAL  
WEST FAMILY YMCA/BOISE CITY AQUATIC CENTER  
NOVEMBER 20, 21, and 22, 2015**

**SPONSOR:** Boise YMCA Swim Team  
USMS

**SANCTION:**  
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**SANCTION:** This meet is held under sanction of USA Swimming, Inc. and Snake River Swimming, Inc. "In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet."

**TYPE:** Timed Finals; Split Meet Format

**LOCATION:** West Family YMCA/Boise City Aquatic Center; 5959 N. Discovery Place, Boise, ID 83713; (208) 377-9622. From I-84, take Eagle Road exit and follow Eagle Road north to Chinden Blvd. Turn right on Chinden. Go approximately  $\frac{3}{4}$  mile to Discovery Place, turn right. Follow Discovery to West YMCA/Aquatic Center. From Highway 55, turn right on Highway 44 (State Street) and travel west through the town of Eagle. Turn left on Eagle Road, travelling south to Chinden Blvd. Turn left on Chinden and follow directions as above to Discovery Place.

**FACILITIES:** 25-yard x 50-meter indoor pool with depth not less than four feet nor more than 13 feet; 10 eight-foot lanes; paragon-style blocks; 6" anti-wave lane lines; spectator seating for 800 people.

The minimum water depth, measured in accordance with Article 103.2.3 is 6' 9" at the start end and 6' 9" at the turn end.

The competition course has been certified with USA Swimming in accordance with 104.2.2C(4).

**TIMING:** Daktronics Omnisport 6000 Timing System with ten lane scoreboard; Hy-Tek Meet Manager for Windows software with Timing Console Interface.

**MEET REFEREE** Vicki Marsh  
7642 W. Rygate Drive, Boise, ID 83714  
(208)995-6029 Email: [vicki50marsh@gmail.com](mailto:vicki50marsh@gmail.com)

Protests will be handled in the manner described in Section 102.11 of the USA Swimming Rules and Regulations.

**OFFICIALS:** We expect the help of USA certified officials from each participating team. If you know of an official attending the meet, please have them contact the meet referee in advance.

**MEET DIRECTOR:** **Joan Wong**  
2178 E. Solitude Ct.,  
Boise, ID 83712  
(208) 870-7789 Email: [joan.lee.wong@gmail.com](mailto:joan.lee.wong@gmail.com)

**ELIGIBILITY:** The meet is open to all USA Swimming registered swimmers. All age group/senior swimmers must hold a current USA Swimming registration card by the meet entry deadline of November 11, 2015.

All Masters swimmers must be registered with USMS. Age of the swimmer on the first day of the meet (i.e. November 20, 2015) will determine swimmer's age group.

**SCHEDULE:**

Friday, Nov. 20	Coaches Mtg: 3:45 pm Warm-Up: 4:00 – 4:40 pm	Officials Mtg: 4:15 pm Start: 5:00 pm
Saturday a.m., Nov. 21 & Sunday a.m., Nov. 22	Coaches Mtg: 7:15 am (both Sat & Sun) Warm-up: 7:30 – 8:20 am	Officials Mtg: 7:45 am Start: 8:30 am

The afternoon session will begin one hour after the end of the morning session. Warm-ups will begin immediately at the conclusion of the morning session. The afternoon officials meeting will be 45 minutes prior to the afternoon start time. The approximate afternoon start time will be posted on the Boise Y website: [www.boiseyswimteam.org](http://www.boiseyswimteam.org)

To help the sessions adhere to the projected time line, flyover starts will be used.

Snake River Swimming safety guidelines and warm-up procedures will apply. These are included with the invitation and will also be posted. NO DIVING off the starting blocks or pool during warm-ups. Racing starts will be allowed in designated sprint lanes the last 15 minutes of warm-up. Two lanes in the competition pool will be available for warm-ups during the entire course of the meet for all USA Swimming members. One warm up lane will be reserved for USMS members throughout warm up and cool down sessions.

**MEETINGS:** COACHES: There will be a mandatory meeting for coaches/team representatives 15 minutes before the start of warm-ups on Friday afternoon 3:45 p.m. and Saturday morning at 7:15 a.m. Team packets (heat sheets and relay cards) will be available at the Friday meeting.

OFFICIALS: There will be an official's meeting 45 minutes prior to the start of each session each day (Friday afternoon at 4:15 p.m., mornings at 7:45 a.m., and afternoons 45 minutes before the afternoon session start time. Please check the Boise Y website for the approximate afternoon start time.)

**ENTRY LIMIT:** As prescribed in Article 205.3.1 F of the USA Swimming Rules and Regulations, entries will be limited to those swims that allow the events for swimmers 12 years and younger to be completed within the prescribed time limit of 4 hours.

**ALL SWIMMERS MAY ENTER 2 EVENTS ON FRIDAY AND NO MORE THAN 3 EVENTS PLUS 1 RELAY ON SATURDAY AND 3 EVENTS PLUS 1 RELAY ON SUNDAY. EVENT LIMIT INCLUDES TIME TRIALS.**

## ENTRIES:

- Entries must include swimmer's name, age, event name and number, and the swimmer's best short course yard time.
- "No times" (NT) will be accepted for all events except the 400 IM, 500, and 1000 Freestyles. Swimmers entering the 400 Yard Individual Medley and 500 and 1000 Freestyles must have a SCY, SCM, or LCM time in order to enter these events.
- For the 500 Free Events 13, 14, 15, & 16, coaches should provide an official time equal to or faster than 8:30.49 for the Girls 500 Free and 8:22.79 for the Boys 500 Free. These times are based on the 2015-16 National Age Group Motivational B Minimum Times for 10 year olds. No Times (NT) will not be accepted. Slower heats will be eliminated, if necessary. Teams will be notified (by email) if any of their swimmers are eliminated from the 500.
- 11-12 swimmers entering the 200 Back, Breast, and Free must have a 100 SCY, SCM, or LCM time in order to enter these events. 11-12 swimmers entering the 200 Back, Breast, and Fly events using their corresponding 100 yard time will be seeded last. Coaches should not enter swimmers who they estimate will swim slower than 4 minutes in each of these events. If necessary, slower heats of the 11-12 200 Breast, 200 Fly, and 200 Back will be eliminated. Teams will be notified (by email) if any of their swimmers are eliminated from these events.
- Be sure to include coach's name, phone, and address. Coach's signature will be verification that all swimmers entered are currently registered members of USA Swimming. **DECK REGISTRATION WILL NOT BE ACCEPTED.**
- Relay only swimmers must be entered in the meet and pay the meet surcharge.
- Entries need to be sent as described below via email. Submit team entries via the Hy-Tek TEAM MANAGER software meet entries file using the "Export" option.
- EMAIL (required): Email entries as an attachment to the following email address: [barberajm@cableone.net](mailto:barberajm@cableone.net). We require the following files: meet entry file with individual and relay entries, Meet Entry Report, including Relays, and Meet Entry Fee Report. These reports can be generated in Teamunify or in TEAM MANAGER.
- The Meet Results file and Meet Manager Backup file, as well as the results will be posted on the team website: [www.boiseyswimteam.org](http://www.boiseyswimteam.org), under the "Events" tab.

Please Note: Teams who do not have Hy-Tek's Team Manager program may obtain free of charge HY-TEK LITE at the following URL: <http://www.hy-tek ltd.com/downloads.html>  
According to the Hy-Tek website: TEAM MANAGER Lite is basically TEAM MANAGER with the following features enabled:

### **Standard Set-Up and Options Features**

**Enter Teams, Athletes, Relays, Meets and Browsers**

**Specifying Meet Entry Custom Times by Event or by Name**

**Import of Meet Events from a Hy-Tek MEET MANAGER Database**

**Export of Meet Entries to send to the meet host by diskette or over the internet**

**Meet Entry Report**

***This free download will allow teams to create the necessary meet entry file. We strongly encourage teams to obtain this free download if they do not currently own the Hy-Tek TEAM MANAGER software.***

**FEES:** \$2.50 per event; \$6.00 per relay; \$19.00 per swimmer (\$1.75 pool rental, \$3.25 lifeguard fee, \$2.00 timing equipment, \$3.00 hospitality & \$9.00 LSC Surcharge)

**All fees must accompany entries and reach the entry address by the deadline.** Do not plan on bringing the check to the meet—it must be received by the entry deadline in order for your entries to be accepted. **ONE CHECK PER TEAM!** Make checks payable to the **Boise Y Swim Team.**

**DEADLINE:** Entries must be postmarked by **Monday, November 9, 2015** and received no later than 6:00 p.m. **on Wednesday, November 11, 2015.** **LATE ENTRIES WILL NOT BE ACCEPTED.**

Mail entries and entry fees to: **Michelle Barbera** (208) 850-3805  
6129 E. Settlement Court  
Boise, ID 83716  
barberajm@cableone.net

Web Site information: [www.boiseyswimteam.org](http://www.boiseyswimteam.org)

**RULES:** All age group events, as well as all Master's events, will be governed by current USA Swimming rules. All events will be swum as timed finals.

**Any swimmer entered in the meet who is not registered with USA Swimming by the above stated deadline will be subject to a \$50.00 fine.**

**Masters must submit a copy of their USMS card, their entry form which includes the waiver form (included with this invitation), and their fees by the entry deadline.**

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. If we do not receive verification signed by the swimmer's coach with the entries, the swimmers will be required to start from the water.

**THIS IS A NO CARD MEET EXCEPT FOR RELAY EVENTS. ALL OTHER SWIMMERS SHOULD BE ON DECK AT THE DESIGNATED HEAT AND LANE FOR THEIR EVENTS.**

Relay cards will be given to coaches in their packets Friday night at the Coaches' Meeting. All relay cards must have the first and last names and ages of the swimmers, in order, written on the card. Please turn in any relay scratches to the meet referee.

All individual events will be scored and awarded 8 & Under, 9-10, 11-12, 13-14, and 15-19. 13 & Over individual events will be swum, scored, and awarded 13-14 and 15-19. 13 & Over Relay events will be scored and awarded as 13 and Over.

Events for ages 15 and Over will include both Masters and USA Swimming members, seeded together according to entered times. Scoring for 15 and Over events will be for USA swimming members only. Masters will not score points.

At the Meet Referee's discretion, events may be combined by age, gender, distance, and/or stroke. **The meet referee will waive the empty lane requirement with the concurrence of the coaches of the affected swimmers for all combined events.**

This is a preseeded meet for all events except the 400 IM, 500 and 1000 Freestyles, all of which will be deck seeded. **The 400 IM, 500 Free, and 1000 Free will be swum fastest to slowest, alternating women and men and may be combined at the referee's discretion.** Heats in the 500 Free on Friday night may be limited to the number of heats that allows us to meet the 4 hour rule.

In order to be seeded, swimmers must check in at the Clerk Of Course no later than 5:00 pm on Friday for events # 7, 8, 13, 14, 15, & 16 and 2:30 pm on Saturday for events 77 and 78, the 1000 Freestyle.

**SCORING:** Individual Events: 11-9-8-7-6-5-4-3-2-1                      Relays: 22-18-16-14-12-10-8-6-4-2

**AWARDS:** Individual Events: Medals: 1<sup>st</sup>--8<sup>th</sup>                                      Ribbons: 9<sup>th</sup> to 16<sup>th</sup>  
Relay Events:              Ribbons: 1<sup>st</sup> – 4<sup>th</sup>

**Each meet participant will receive a participant award**

**TIME TRIALS:** Time trials will be offered at the conclusion of the Saturday afternoon session, time permitting and at the referee's discretion. Time Trials will be limited to only those events offered in the meet but will not include the 1000 Free. Each trial swim will count as one (1) event toward the daily limit, with a combination of time trials and meet events not to exceed (3) per day. If a swimmer is signed up for 3 events on one day of the meet and wishes to do a time trial, the swimmer must scratch one of his events by telling the Administrative Official at the computer table at the time he/she signs up for the time trial. Sign-ups for time trials will close approximately one hour before the conclusion of that day's events. Time Trials sign-ups must be accompanied with the \$5.00 fee. Swimmers must be entered in the meet and must have paid the meet surcharge in order to swim in time trials.

**HEAT SHEETS:** Heat sheets will be available for \$6.00. Heat sheets will also be posted. Results will not be mailed but are available as noted below.

**RESULTS:** **Real time Results will be available online at the Boise YMCA Swim Team website: [www.boiseyswimteam.org](http://www.boiseyswimteam.org).** Follow the link to the results file. Results will also be available on Meet Mobile. Complete meet results, the meet results Team Manager File, and meet backup will available at the Boise Y Swim Team website after the conclusion of the meet. Daily results will be posted as soon as possible following the completion of each session.

**MISC:** **THERE WILL BE A SIGN-UP SHEET FOR TIMING SHIFTS FOR ALL TEAMS UNDERNEATH THE SCOREBOARD. ALL TEAMS WILL BE EXPECTED TO HELP OUT AND SIGN-UP BEFORE THE MEET BEGINS.** A schedule of assigned lanes will be posted and listed in the heat sheet. The visiting teams' timing lane assignments will be posted on the Boise Y Swim Team website.

**Friday 500 Freestyle swimmers and Saturday 1000 Freestyle swimmers must provide their own counters and timers.**

Swimmers are asked to use the Aquatic Dressing Rooms only. Day passes for the YMCA facility will be available for purchase by visiting teams and families.

Under USA Swimming Rule 102.8 for Deck Changing - Changing into or out of swimsuits outside designated locker room areas by swimmer at any level of competition is prohibited at USA Swimming sanctioned meets. Prohibited areas include, but are not limited to, team and spectator seating sections, as well as warm-up and competition pool decks.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**CONCESSIONS:** **Concessions will be available all day Saturday and Sunday.** No food will be allowed on deck. All food will be confined to the bleacher and concession areas. Coolers will be allowed in the bleacher area only.

**VENDOR:** Swim and Sun Shop & Northwest Design Printing T-Shirt Sales

**HOSPITALITY:** A hospitality room will be provided for coaches and officials.

**HOUSING:** **Special Rates Available for 2015 Thanksgiving Invitational!**

TownePlace Suites by Marriott: 208-884-8550

\$79- Studio King; \$84 Double Queen--last day to make reservation is November 7

Springhill Suites: 208-939-8266

\$92.00 standard

**BOISE YMCA THANKSGIVING INVITATIONAL  
ORDER OF EVENTS**

**Friday Evening, November 20, 2015  
Warm-Ups: 4:00-4:40 p.m. Meet Starts: 5:00 p.m.**

<b>Girls</b>	<b>QT</b>	<b>Event</b>	<b>QT</b>	<b>Boys</b>
1		8 & Under 100 Yard Individual Medley		2
3		9-10 200 Yard Individual Medley		4
5		11-12 200 Yard Individual Medley		6
7		11 & Over 400 Yard Individual Medley		8
9		8 & under 100 Yard Freestyle		10
11		9-10 200 Yard Freestyle		12
13	8:30.49	11-12 500 Yard Freestyle	8:22.79	14
15	8:30.49	13 & Over 500 Yard Freestyle	8:22.79	16

**Events #7, #8, #13, #14, #15, & #16 will be swum fastest to slowest, alternating women and men.**

Swimmers must have the qualifying time in order to enter Events 13, 14, 15, & 16.

8:30.49 for the Girls 500 Free and 8:22.79 for the Boys 500 Free.

These times are based on the 2015-16 National Age Group Motivational B Minimum Times for 10 year olds.

Heats in the 500 Free on Friday night may be limited to the number of heats that allows us to meet the 4 hour rule. Slower heats will be eliminated, if necessary. Teams will be notified (by email) if any of their swimmers are eliminated from the 500.

## BOISE YMCA THANKSGIVING INVITATIONAL ORDER OF EVENTS

**Saturday Morning, November 21, 2015**  
**Warm-Ups: 7:30-8:20 a.m. Meet Starts: 8:30 a.m.**

Girls	Event	Boys
17	8 & Under 50 Yard Backstroke	18
19	9-10 100 Yard Backstroke	20
21	11-12 100 Yard Backstroke	22
23	8 & Under 100 Yard Medley Relay	24
25	10 & Under 200 Yard Medley Relay	26
27	12 & Under 200 Yard Medley Relay	28
29	8 & Under 50 Yard Freestyle	30
31	9-10 100 Yard Freestyle	32
33	11-12 100 Yard Freestyle	34
35	8 & Under 25 Yard Breaststroke	36
37	9-10 50 Yard Breaststroke	38
39	11-12 50 Yard Breaststroke	40
41	11-12 200 Yard Breaststroke	42
43	8 & Under 25 Yard Butterfly	44
45	9-10 50 Yard Butterfly	46
47	11-12 50 Yard Butterfly	48
49	11-12 200 Yard Butterfly	50

Events #41 & #42, 11-12 200 Breaststroke, & Events #49 & #50, 11-12 200 Fly, may be limited to the number of heats that allows us to meet the 4 hour rule. Slower heats will be eliminated, if necessary. Teams will be notified (by email) if any of their swimmers are eliminated from these events.

**Saturday Afternoon, November 21, 2015**  
**Warm-Ups: Conclusion of Morning Session Start: One Hour After Morning Session Ends**

Girls	Event	Boys
5	13-14 200 Yard Backstroke	52
53	15 & Over 200 Yard Backstroke	54
55	13 & Over 200 Yard Medley Relay	56
57	13-14 200 Yard Freestyle	58
59	15 & Over 200 Yard Freestyle	60
61	13-14 100 Yard Breaststroke	62
63	15 & Over 100 Yard Breaststroke	64
65	13-14 100 Yard Butterfly	66
67	15 & Over 100 Yard Butterfly	68
69	13 & 14 50 Yard Freestyle	70
71	15 & Over 50 Yard Freestyle	72
73	13-14 50 Yard Backstroke	74
75	15 & Over 50 Yard Backstroke	76
77	13 & Over 1000 Yard Freestyle	78

Events #77 & #78 will be swum fastest to slowest, alternating women and men. Please consider this when looking at the meet timeline for your event start time.



**BOISE YMCA THANKSGIVING INVITATIONAL  
ORDER OF EVENTS**

**Sunday Morning, November 22, 2015  
Warm-Ups: 7:30-8:20 a.m. Meet Starts: 8:30 a.m.**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
79	11-12 200 Yard Freestyle	80
81	8 & Under 100 Yard Freestyle Relay	82
83	10 & Under 200 Yard Freestyle Relay	84
85	12 & Under 200 Yard Freestyle Relay	86
87	8 & Under 50 Yard Backstroke	88
89	9-10 50 Yard Backstroke	90
91	11-12 50 Yard Backstroke	92
93	11-12 200 Yard Backstroke	94
95	8 & Under 50 Yard Breaststroke	96
97	9-10 100 Yard Breaststroke	98
99	11-12 100 Yard Breaststroke	100
101	8 & Under 25 Yard Freestyle	102
103	9-10 50 Yard Freestyle	104
105	11-12 50 Yard Freestyle	106
107	8 & Under 50 Yard Butterfly	108
109	9-10 100 Yard Butterfly	110
111	11-12 100 Yard Butterfly	112
113	9-10 100 Yard Individual Medley	114
115	11-12 100 Yard Individual Medley	116

Events #93 & #94, 11-12 200 Backstroke, may be limited to the number of heats that allows us to meet the 4 hour rule. Slower heats will be eliminated, if necessary. Teams will be notified (by email) if any of their swimmers are eliminated from this event.

**Sunday Afternoon, November 22, 2015  
Warm-Ups: Conclusion of Morning Session Start: One Hour After Morning Session Ends**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
117	13 -14 100 Yard Backstroke	118
119	15 & Over 100 Yard Backstroke	120
121	13 & Over 200 Yard Freestyle Relay	121
123	13-14 200 Yard Butterfly	124
125	15 & Over 200 Yard Butterfly	126
127	13-14 100 Yard Freestyle	128
129	15 & Over 100 Yard Freestyle	130
131	13-14 200 Yard Breaststroke	132
133	15 & Over 200 Yard Breaststroke	134
135	13-14 200 Yard Individual Medley	136
137	15 & Over 200 Yd Individual Medley	138
139	13-14 50 Yard Breaststroke	140
141	15 & Over 50 Yard Breaststroke	142
143	13-14 50 Yard Butterfly	144
145	15 & Over 50 Yard Butterfly	146

**THANKSGIVING INVITATIONAL ENTRY FORM  
FOR SWIMMERS NOT USING TEAM MANAGER**

Team Name:			
Team Code:		LSC Code:	
Coach name:		Home Phone:	
E-Mail Address:			
Team Mailing Address:			
City, State, Zip		Office Phone:	
		Cell Phone:	

Name:				USA #:	Age:	Gender: M/F
Event #	Time	SCY/SCM	Date	Meet Where Time Was Done		
Name:				USA #:	Age:	Gender: M/F
Event #	Time	SCY/SCM	Date	Meet Where Time Was Done		

Name:				USA #:	Age:	Gender: M/F
Event #	Time	SCY/SCM	Date	Meet Where Time Was Done		

**BOISE Y THANKSGIVING INVITATIONAL  
ENTRY FORM FOR MASTERS SWIMMERS**

Team Name:			
Team Code:		LSC Code:	
Coach name:		Home Phone:	
E-Mail Address:			
Team Mailing Address:			
City, State, Zip		Office Phone:	
		Cell Phone:	

Name:				USMS #:	Age:	Gender: M/F
Event #	LC Time	SCY/SCM	Date	Meet Where Time Was Done		

“I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITES. In addition, I agree to abide by and be governed by the rules of USMS.”

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date