

**ESMS 2015 OKTOBER SPLASH INVITATIONAL**  
**Saturday October 17, 2015**  
**SHORT COURSE YARDS MASTERS MEET**  
**Fairhope, Alabama**

Sanctioned by Southeastern Masters Swimming for United States Masters Swimming, Inc., Sanction No. 155-S007

**HOSTED BY:** Eastern Shore Masters Swimming. Meet Director: Bob McLaughlin. Phone: 251-554-3430; Fax: 251-952-3199.  
Email: [esmsclub@gmail.com](mailto:esmsclub@gmail.com)

**MAIL ENTRIES TO:** Bob McLaughlin, 370 Francilla Cir. Fairhope, AL 36532.  
Make checks payable to: Eastern Shore Masters Swimming.

**ENTRY DEADLINE:** Entry deadline is Wednesday, October 14 2015. Entries must be received, not postmarked, by the deadline. Late entries arriving by email and by fax after that date will be accepted at the discretion of the Meet Director up to Friday October 16th, but will incur an additional fee of \$15. Entries received by October 14th will be seeded. Any entries received after Friday October 16<sup>th</sup> will be considered deck entries and will incur an additional fee of \$50. Please sign the attached waiver form and return with your signed entry form.

**DECK ENTRIES:** Deck entries will be allowed at the discretion of the meet director.

**FACILITY:** The Fairhope Municipal Pool, in beautiful Fairhope, Alabama, is an indoor 25 yard, 8 lane competition pool with touch pads and electronic scoreboard. Up to 6 lanes will be used for competition and 2 lanes for warm-up available before and during competition.

**POOL LENGTH:** The length of the competition course without a bulkhead is in compliance and on file with USMS, in accordance with articles 105.1.7 and 107.2.1.

**RULES:** 2015 USMS Rules and Southeastern LMSC Safety guidelines and warm-up procedures will govern. Safety guidelines specify feet-first entry during warm-ups except for designated sprint lanes.

**ELIGIBILITY:** All swimmers must be registered with United States Masters Swimming, Inc. Please enclose a photocopy of your year 2015 USMS registration with your entry materials. If not provided in advance, you will be asked to show a 2015 USMS registration card when you check in. Swimmers will not be able to register with USMS at the meet.

**ENTRIES:** A swimmer may enter up to 5 individual events for the meet, exclusive of relays. Please submit entries on the attached form. Entry times will be assumed to be in yards unless otherwise indicated. If you are using times for short-course or long-course meters, please so indicate. We will convert your time and seed you based on short-course yards equivalents (converted SCY times will be shown on the heat sheets). NT entries will be seeded as slowest times. Please avoid using NT times whenever possible, and please use realistic entry times.

**SCHEDULE:** Check-in starts at 11 a.m., warm-up at noon with competition starting at 1 pm. A break will occur to feed and water our volunteers. Pacing of events considered based on participation.

**SCORING:** First 6 finishes in each event, by age and gender, will be scored as follows: Individual events 6-5-4-3-2-1; Relay events -12-10-8-6-4-2. Automatic timing system, with touch pads, will be used this year.

**RELAYS:** Relays will be deck-entered using forms provided at the meet. Relay team members must be registered with the same club. For purposes of awards and scoring, the age of the youngest relay team member shall determine the age group in the following age categories: 18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+, 95+, etc.

**INDIVIDUAL AWARDS:** High point awards will be given to top male and female swimmers in each age group based on points scored in individual events. Relay points will not count towards individual awards, but they will count for team awards. Additional spirit awards will be presented as determined by the meet director and meet committee.

**TEAM AWARDS:** An award will be presented to the top team. The host team will not be a contender for team award.

**EMERGENCY PHONE CONTACT:** The phone number at the pool office is 251-990-0175. This number is for emergency purposes only during competition.

**DISABLED SWIMMERS:** An information sheet for disabled swimmers is available. This provides information necessary to prepare the facility and officials. Please contact Bob McLaughlin, Meet Director.

**HOTEL ACCOMMODATIONS:** There are a number of options for lodging in the Fairhope area;

### **Bed & Breakfast**

[Away at the Bay](#), 251-928-9725

[Bay Breeze Guest House](#), 251-928-8976, 1-866-928-8976

[Bayside Guest House](#), 251-990-4810

[Church Street Inn](#), 251-928-8976, 1-866-928-8976

[Emma's Bay House](#), 251-990-0187

[Fairhope Inn and Restaurant](#), 251-928-6226

[Fairhope's Storybook](#), 251-928-4347

[Fellers Cove Bed & Breakfast](#), 251-928-4248, 251-928-1929

[Montrose Hideaway Bed-and-Breakfast Retreat](#), 251-625-4868, 1-866-443-3299

[Point of View](#), 251-928-1809

### **Hotels**

[Holiday Inn Express](#), 251-928-9191

[Keywest Inn](#), 251-990-7373

[Marriott's Grand Hotel Spa & Resort](#), 251-928-9201

[Hampton Hotel Fairhope, AL](#) 251-928-0956

Marriott's Grand Hotel's is very nice but somewhat \$. Holiday Inn is good too and has free breakfast. Any of the bed and breakfasts are great. The Hampton is right in downtown Fairhope and is brand new.

**DIRECTIONS TO POOL:** When driving on I-10 (from Pensacola, FL or Mobile) exit on US Hwy 98 at exit 35A. Take 98 east toward Fairhope, continue on Hwy 98 approximately 8.5, miles pool is on the right. Physical street address of the pool is 801 N. Greeno Rd (Hwy 98), Fairhope, AL 36532

Volunteers needed. Please encourage your friends and family to attend. We always take good care of our volunteers.

\*\* Post meet gathering (party) will be at the Fairhope Brewing Company and good food and soft drinks will be provided (as part of your entry fee) to all participants and volunteers. Beer and wine will be available for purchase at the venue. Instructions to the party location will be provided at the meet.

**THE 2015 ESMS OKTOBER SPLASH INVITATIONAL**  
**Eastern Shore Masters Swimming, Fairhope, Alabama**  
**Saturday October 17, 2015**

NAME \_\_\_\_\_ SEX \_\_\_\_\_ AGE \_\_\_\_\_  
                     Last                                      First                                      (As of 10/17/15)

POSTAL ADDRESS \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

USMS REGISTRATION NO. \_\_\_\_\_

*(Please attach copy of 2015 USMS registration card)*

DAYTIME PHONE (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

EVENING PHONE (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

BIRTHDATE \_\_\_\_\_

CLUB NAME \_\_\_\_\_

CLUB ABBREVIATION \_\_\_\_\_

**Entry Fees: Please make checks  
to Eastern Shore Masters Swimming**

Meet entry fee: \$30.00 \_\_\_\_\_

Late fee (after Oct. 14th): 15.00 \_\_\_\_\_

Exception fee: (after 16<sup>th</sup>) \$50.00 \_\_\_\_\_

Total enclosed \_\_\_\_\_

SATURDAY OCTOBER 17, 2015

Warm-ups at 12:00 noon., competition at 1:00 p.m.

WOMEN

Event No.

Entry Time

1 Deck Entry  
 - Deck Entry  
 3 \_\_\_\_\_  
 4 \_\_\_\_\_  
 5 \_\_\_\_\_  
 6 \_\_\_\_\_  
 7 Deck Entry  
 8 \_\_\_\_\_  
 9 \_\_\_\_\_  
 10 \_\_\_\_\_  
 11 \_\_\_\_\_  
 12 \_\_\_\_\_  
 13 \_\_\_\_\_  
 14 \_\_\_\_\_  
 15 Deck Entry

200 yard Medley Relay (women)

200 yard Medley Relay (men)

200 yard Free

200 yard Individual Medley

50 yard Breaststroke

100 yard Backstroke

200 yard Mixed Medley Relay

500 yard Freestyle

50 yard Backstroke

100 yard Breaststroke

50 yard Free

50 yard Butterfly

100 yard Freestyle

100 yard Individual Medley

200 yard Mixed Free Relay

Entry Time

Deck Entry  
Deck Entry  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
Deck Entry  
 \_\_\_\_\_  
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 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
Deck Entry  
 \_\_\_\_\_  
Deck Entry

MEN

Event No.

-  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9  
 10  
 11  
 12  
 13  
 14  
 15

(MAX OF 5 INDIVIDUAL EVENTS)

**Please read and sign the waiver on the following page.**



## PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M      F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	